



# Class of 2028 Freshman Course Requests

Student Name: \_\_\_\_\_

One semester course = 5 credits

Full-year course = 10 credits

SUBJECT	REQUIRED CLASS	CREDITS
English	English 9	10
Theology	Introduction to Scripture & Christology	10
Math	Algebra 1 - or-  Challenge Placement : _____ <b>*Counseling will fill out Math section</b>	10
Science	_____ <b>*Counseling will fill out Science section</b>	10
Modern & Classical Languages	<input type="checkbox"/> French <input type="checkbox"/> Italian <input type="checkbox"/> Spanish  Challenge Placement: _____	10
Social Studies	Early World History & Geography	5
<b>ELECTIVES: Pick 10-15 credits</b> <span style="float: right;"><b>subtotal</b></span>		<b>55</b>
<b>Health</b> (Optional; recommended for freshman or sophomore year)	<input type="checkbox"/> Health (5 )	
<b>PE/Sport</b> (Students who play a St. Francis sport or participate in a dance-based class may have their PE waived; you do not need to choose a PE class if you plan to play a St. Francis sport).	<input type="checkbox"/> Dance Grooves (5) <input type="checkbox"/> Yoga (5 ) <input type="checkbox"/> Fusion Fitness (5) <input type="checkbox"/> Intro to Show Choir (5) --or-- I plan to try out for a: <input type="checkbox"/> Fall Sport <input type="checkbox"/> Winter Sport <input type="checkbox"/> Spring Sport	
<b>Visual &amp; Performing Arts</b> (Optional; recommended for freshman or sophomore year.)	<i>Choose one ten-credit course</i> <input type="checkbox"/> Introduction to Studio Art (10) <input type="checkbox"/> Concert Choir (10) <input type="checkbox"/> Concert Band (10) <input type="checkbox"/> Theater Arts 1 (10) <input type="checkbox"/> Theater Tech & Design (10)*After school one day a week  Performing Arts Audition Placement: _____	
<b>Electives</b> (Optional, if there is room in your schedule)	<input type="checkbox"/> Ministry Leadership (5) <input type="checkbox"/> Computer Programming with C-STEM (10) <i>*Completion Algebra 1 or IM1</i> <input type="checkbox"/> Ethnic Studies (5) <input type="checkbox"/> Advanced Media Production ( <i>Application</i> ) (10) <input type="checkbox"/> Student Leadership ( <i>Application</i> ) (10) <input type="checkbox"/> Academic Strategies ( <i>by invitation only</i> ) (5)	

Total credits: \_\_\_\_\_

**Please note:** The courses requested are course preferences, and some requests cannot be fulfilled due to master schedule conflicts or incompatibility with a student's overall schedule.

**SFHS recommends 60-75 credits, not including SF sports.**