



**Class of 2025**

---

**Parent Meeting**

**January 24, 2024**

Planning for  
Senior Year!





# Agenda for today

Planning for Course  
Registration

&

College Planning Introduction



# The Counseling Department



**Ms. Nora Anderson:** A - Gri

**Ms. Katrina Fox:** Gut - O

**Mr. Joe Poggi:** P - Z

**Ms. Debbie Austin:** A-K College Advisor

**Ms. Naomi Lee:** L-Z College Advisor

*\*Appointments with College Advisors will start in  
February*

**Ms. Sunny Rivera-** Administrative  
Assistant to Counseling

# Course Registration Timeline

Jan-  
Feb

Feb  
2

Feb  
23

March  
4-8

March  
11-13



Meet with  
Counselor  
about course  
requests

Honors/AP  
Applications  
Due

Notified of  
acceptance  
AP/Honors

Request  
Courses in  
PowerSchool

Course  
Verification  
Days



# Graduation Requirements

Subject	# of Required Semesters
THEOLOGY	8 (every semester of attendance)
ENGLISH	8
SOCIAL STUDIES	7
MATHEMATICS	6
SCIENCE	6
MODERN & CLASSICAL LANGUAGES	4
VISUAL & PERFORMING ARTS	2
PHYSICAL EDUCATION	3
HEALTH	1
ELECTIVES	3
<b>TOTAL</b>	<b>48 semesters</b>

**Note: Our courses align with the A-G Requirements for UC/CSUs.**

# New Courses



- **Ethnic Studies**
- **AP Microeconomics**
- **Honors Advanced Studio Art**
- **Theology Electives:**
  - **Feminine Icons: Women Who Shaped the Catholic Church**
  - **Francis and the Franciscans: Origins and Enduring Legacy**
- **Advanced Media Productions**
- **Applied Academic Strategies**

# AP/Honors Courses

## ❑ Cap Lifted

- ❑ SFHS Administration is piloting the removal of limiting AP/Honors classes next school year
- ❑ 8 AP/Honors will still be “most rigorous” for class of 2025

## ❑ **Important for your daughter to meet with her counselor to discuss:**

- ❑ The rigorous academic demands and time commitment required for H/AP level courses, including summer work
- ❑ Her outside commitments and extracurricular activities
- ❑ **Balance**

## ❑ **Limitations with the Master Schedule**

- ❑ It's very possible there will be schedule conflicts and students may not get all of the H/AP courses they select.

***\*It is still recommended that students take no more than 3 H/AP courses per school year.***



# Things to Remember

- 1. Your daughter is “requesting” courses.**
- 2. She is committing to take these courses her entire senior year.**
  - a. There is no such thing as “trying a class”
  - b. Schedule changes will not occur after May 22 including in the summer.
  - c. Drops that occur once the school year has began result in a W on the transcript. Drops that occur after Q1 result in a WF on the transcript.
- 3. She should be sure to request courses that fulfill the entrance requirements at all colleges she is considering.**
  - a. Example: Santa Clara University uses the following verbiage: Language Other Than English: 2 years required, 3 years recommended; 4 years preferred
  - a. Ex: University of Arizona and Arizona State University require 4 years of math (1 year beyond IM3)

# Summer School

- **Registration opens Feb 15th**
- **June 10- July 19**
- **St. Francis Summer School Offerings (subject to change)**
  - **Chemistry**
  - **English Remediation**
  - **Math Remediation**
  - **Auto Shop**
  - **Driver's Education (2 weeks)**

Students must have a conversation with her Counselor prior to enrolling in summer school at other high schools or colleges.

## **Community College Class**

- **Introduction to Sociology (subject to change)**
- **In partnership with American River College**
- **After school Fall semester only (2 days per week)**
- **Priority given to juniors and seniors**
- **Watch for an email from Principal Mendoza in March/April**
- **No additional fees except course materials (textbook, supplemental materials, etc.)**

Your daughter should have a conversation with her Counselor prior to enrolling in this class to review her courseload and extracurricular activities.

# Course Changes



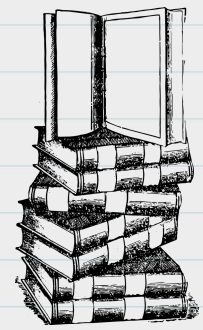
## Reasons for a course change

- Student was moved from waitlist
- Reconsider taking a course
- Grade concern
- Last day for course changes is May 22
- Schedules mailed in summer are FINAL

# Planning for College



**Starbucks  
Vs.  
College Admissions**



## **Factors for Deciding Where to Apply**

- Cost of Attendance**
- Size of College**
- Geographic Location**
- Academic Programs**
- Social and Spiritual  
Atmosphere**
- Sports**

# Cost of College

- **Learn as much as you can about cost of college and financial aid**
  - Go to Federal Student Aid Estimator and use the calculator to get an estimate of potential financial aid (studentaid.gov)
  - Research financial aid/scholarships at the college(s) your daughter is considering and use the net price calculator. Note additional requirements and deadlines.
  - Consider the Western Undergraduate Exchange (WUE) Scholarship [www.wiche.edu/wue](http://www.wiche.edu/wue)

**Have an honest conversation about what your family can realistically afford**



## College Options

### **Community College**

Over 100 Community  
Colleges in California

### **California State University**

23 campuses

### **University of California**

9 campuses

### **Out-of-State Public**

### **Historically Black Colleges & Universities**

### **Private Colleges & Universities**

### **U.S. Military Academies**

### **Universities Abroad**

*More information about these  
options will be shared throughout  
the college advising process.*

# Best Match...Where to Apply?!

## Yes! Yes! Yes!

You love it! You are admissible and it's affordable!

## Target

You fit the profile of an admitted student and it's probably affordable

Yes!Yes!Yes!

Target

Reach

Lottery

## Reach

Any school that accepts less than 50% of applicants (or financial reach)

## Lottery

Any school that accepts less than 10% of applicants

# Testing



- **UC + many West coast schools = Test Free**
- **CSU = Test Free**
- **$\frac{2}{3}$  of all colleges and universities in the U.S. = Test Optional or Test Free**
- **Check college websites for updated information as some colleges require test scores for admission and/or merit scholarships**

# Testing & Test Prep Opportunities



- **Optional Virtual Practice SAT**
  - January 27 - \$10 fee
  - Hosted by Revolution Prep
  - Immediate test score and 30-minute individual review available
- **Optional School Day SAT**
  - March 5
  - Mandatory Pre-Admin Session March 1
  - Sign up by January 26
- **Optional School Day ACT**
  - Fall 2024 - date TBA
- **See College Board and ACT websites for National Testing Days and sites**



# Use a Dedicated College Email Account!

- **Ensure that your daughter has a professional email for college use.**
- **DO NOT use Troubiemail!**
- **Keep track of usernames and passwords.**

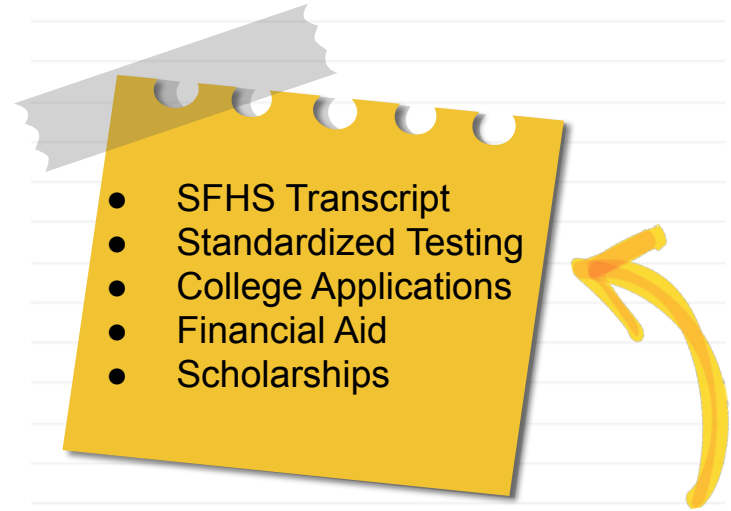
## Social Security Number and Name



This is important!

Here is your homework:  
Check your daughter's Social Security card and verify her formal name.

## Formal Name



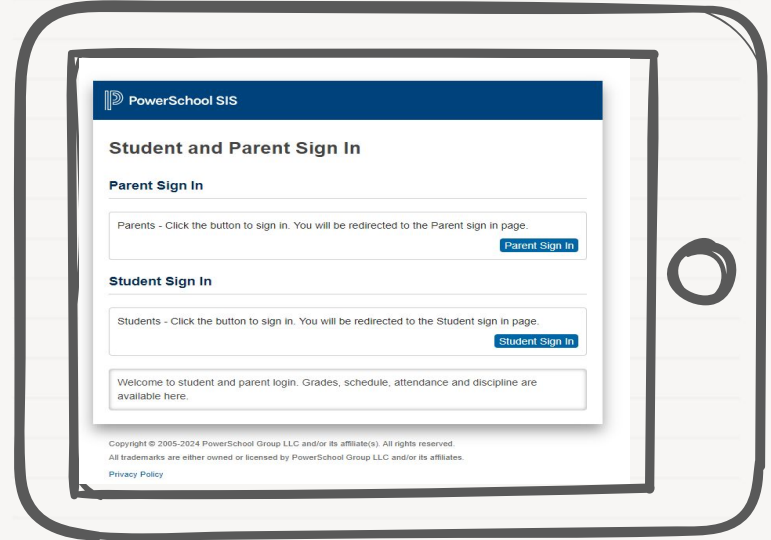
- SFHS Transcript
- Standardized Testing
- College Applications
- Financial Aid
- Scholarships

Ensure that she uses her formal name for all of these documents.

# Viewing the Transcript

You can view transcripts from the PowerSchool Portal!

*Fall Semester grades have been posted.*



# Grade Point Average



- How the SFHS GPA is calculated:

- Includes all classes except PE/Sports, Student Intern or Academic Teams
- Honors and AP classes will receive an additional grade point.

- SFHS will report the weighted, 6-semester GPA if requested by a college.
  - Note: Many colleges will recalculate during the application process.
    - UC & CSU only use a-g courses from Sophomore and Junior year.
    - UNR only uses English, Math, Science, & Social Studies in their GPA calculation.
- SFHS is a non-rank school.
  - St. Francis has a rigorous college preparatory program; therefore, a cumulative ranking system based on GPA does not fairly represent a student's relative achievement.





## What is Demonstrated Interest?

- Open emails from colleges and click on links
- Attend virtual or in-person college events hosted in our area (if possible/safe)
- Take virtual college tours
- Join mailing lists
- Correspond with admissions representatives
- Visit colleges in person, take official tours, and opt for interviews (if offered)
- Follow the college's official social media accounts

**Most public universities do not consider Demonstrated Interest**

**Critical Tip:**  
According to college admissions directors, colleges often subtract "interest points" when parents contact admissions offices on behalf of their student.

# College Advising Program for Spring 2024

- **January 24th: Class of 2025 Parent Night Presentation**
- **January 25th & February 28th: Junior Advisories / College Planning Presentations**
- **February, March, April, & May: College Planning Meetings with College Advisor**
- **March 5th: Optional School Day SAT**
- **March 6th: Mini College Fair at lunchtime**
- **March 12th: Fun with Numbers/GPA Calculation Workshop at lunchtime**
- **April 18th: College Essay Workshop at lunchtime**

# **What to Expect Senior Year**

- **College Application Labs - Early Start**
- **Senior Parent College Night**
- **Senior College Advisory**
- **Appointments, as needed, with College Advisor and Counselor**
- **Daily Drop-In College Advising During Lunch (ELEDEF)**
- **Lunchtime College Application Workshops**
- **Meet with College Representatives at SFHS**
- **College Fairs**
- **Troubie College Week / Essay Workshop**
- **Optional School Day ACT (fall)**

# Thanks!

Ms. Nora Anderson  
nanderson@stfrancishs.org

Ms. Katrina Fox  
kfox@stfrancishs.org

Mr. Joe Poggi  
jpoggi@stfrancishs.org

Ms. Debbie Austin  
daustin@stfrancishs.org  
Last Names A - K

Ms. Naomi Lee  
nlee@stfrancishs.org  
Last Names L - Z

