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On the Cover

"Graduating Young Women Who Change the World" means not only being smart and strong minded, but also being examples to the world through kindness, respect and love. Read more on pages six through seventeen.



The Pax et Bonum magazine seeks to share with the reader the spirit of St. Francis Catholic High School. Stories and pictures of the activities and accomplishments of students, parents, staff and alumnae provide glimpses into the ways in which the school's mission is carried out and its legacy continued. St. Francis benefactors are gratefully acknowledged in the Annual Report of Donors.

St. Francis Catholic High School 5900 Elvas Avenue • Sacramento, CA 95819 Phone: 916.452.3461 • Fax: 916.452.1591 www.stfrancishs.org



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President's Message

DEAR FAMILIES AND FRIENDS OF St. FRANCIS CATHOLIC HIGH SCHOOL,

With the winter rains behind us, we welcome spring with open arms and the hope of sunny days ahead. Spring is a busy time at school as we are in the midst of planning for end of year festivities, including graduating the Class of 2017!

This spring I hosted three opportunities for "Conversations with the President" in which I shared my vision for the school and heard feedback from our constituents about how we are meeting their needs. These forums were excellent opportunities for community input and I am grateful to all who joined me for these conversations. During these discussions, I highlighted the different roles of the president and principal positions. The President serves as the chief advancement officer, advancing the mission of the school through faith, fundraising, finance, facilities and planning for the future. In regards to each of these areas, I discussed the following:

FAITH: We must infuse our Catholic identity and perspective into all we do with a joyful heart. We live, learn and worship together as a dynamic Catholic community. We will make efforts for stronger outreach to parents in the areas of faith. We remember that what we do at St. Francis has eternal significance.

FACILITIES: As we look toward the future building needs of our campus, we will garner feedback from all of our constituents about their desires for space utilization. There are many considerations involved for creating a master plan, including clean closure of the landfill surrounding the Armory property and assessing the need for future programs.

FUNDRAISING: To ensure our long-term financial sustainability, we need to engage all our constituents in sharing their time, talent and treasure to advance our mission. We will begin by encouraging a "culture of philanthropy" beginning with our students. We need to create opportunities for greater alumnae involvement and engagement, in addition to further developing our major gifts and planned giving program.





GRADUATING YOUNG WOMEN WHO CHANGE THE WORLD



FINANCE: We want to provide more tuition assistance for students and families desiring a quality, Catholic education, whilst enhancing the quality of programs we offer. We need to continue to build our annual fund and endowment to help in this area. We also need to raise salaries to attract and retain quality faculty and staff.

FUTURE: As we plan for the future of our school, we need to anticipate cultural changes and their effect on Catholic education. We will continue to improve services and resources for diverse learners, focus on STEM education, and forge partnerships with businesses and universities to create opportunities for our Troubies to gain real world experience.

I have heard that the phrase, "Graduating young women who change the world," leads our Troubies to believe that they must be famous or make a lot of money in order to live up to this expectation. I was excited when one of our teachers asked her freshmen to explain what this phrase meant to them and how they planned on changing the world. Here is how some of our Troubies' interpreted this statement:

- · "This means that girls who attend St. Francis will graduate as women who will make a difference in the lives of people all around the world. They will spread love and kindness, being persons of dignity and love. They will be ministers of charity."
- "To me, this means that St. Francis graduates women who break down barriers."
- "SF prepares young women to do amazing things after they graduate. SF teaches and encourages women to have confidence, intelligence and virtue to make the world a better place."

When asked HOW they planned on changing the world, here are a few of their responses:

- "I can be a strong and compassionate person by using the knowledge I was taught to stand up for myself and others. I can also use the Catholic teachings to reach out and help those in need."
- "I am going to be a therapist and help people. I may not change the whole world but I will change some people's lives, and that is enough for me."
- · "I want to change the world by living a life of virtue. I want to practice good and inspire others in the world to do good as well. I want to be a good example to everyone."
- · "I will always be loving in my every action and work. I will be a positive person who helps people who are in need. I will use all the skills that I have been blessed with to the benefit of others and the world. I will spread the good news of Jesus Christ by the way that I act, speak, smile and live my life. I will be love!"

When I read these student statements, I am inspired and hopeful for the future. In this edition, you will read how Troubies, past and present, are changing the world by sharing their God-given gifts and talents in their communities, touching lives by being Christ to others. I am honored to serve this community that values faith, excellence, leadership, and service—inspiring women to be the best version of themselves. I can't think of a holier purpose!

May the spring season bring you warm days and warm thoughts and may God continue to bless you and yours.

Sheroa Rodges



Graduating Young Women Who







"Graduating young women who change the world" is the motto you see when you first walk into the front office at St. Francis. These are words we want our students to live out in action, but not the way that you might think.

At St. Francis we teach young women to be smart and strong minded, but we also want them to be examples to the world through kindness, respect and love. Each student is challenged to see all people as important, from the smallest child to the oldest member of society. All have a story to tell. Remembering through everyday action and prayer that "a person is a person no matter how small" and that helping just one person at a time will have a ripple effect throughout the world.

To become women who change the world, each student at St. Francis has the opportunity to explore her talents and passions and who she is as an individual. Our students will become CEO's, doctors, engineers, teachers, and moms who do significant things each and every day that will change the world. Changing the world means taking time to get to know the people around you, giving of yourself through service, and being examples of peace and goodness to all you meet.











Pax et Bonum Week By Kate Caraska '17

Pax et Bonum week gives the students and staff the opportunity to come together to celebrate our faith and recognize the blessings that come with receiving a Catholic education. St. Francis teaches us love. They teach us the love of learning, to love each other, to love our faith and God, preparing us to go out into the world and be a part of something larger than ourselves. It is when the staff and students come together that something extraordinary occurs.

Last summer, I got the opportunity to go on a St. Francis service trip to San Diego with fellow students and staff members. Together we worked at a low-income school painting, gardening, and working with young children, helped organize a food bank, and created a labyrinth at a local church. We were only there for a week, but we inspired one another and discovered how to make a difference in our own community.

Now that I am a senior, I take pride in knowing that I am prepared to head off into the world next year, ready to face the challenges ahead of me. Over the past few years, I have strengthened my faith, embraced my love of learning, and have become a better person. I am confident that St. Francis truly is four years to last a lifetime, between the love, sisterhood, and it becoming my home. That is why Pax et Bonum Week is so important to me - I get to celebrate how thankful I am to receive a Catholic Education.



Kate has been a member of Student Council all four years at St. Francis, and currently serves as the Student Body Ministry Coordinator. She is a member of the California Scholarship Federation and National Honor Society. She is a Board Member for Hope Abides, a non-profit devoted to helping orphans in India, a Junior Board member for the Leukemia and Lymphoma Society, and volunteers weekly at Mercy General Hospital. Next year she will be a Biology major on the Pre-med track, and plans on working in pediatrics or oncology.







Kenya Clean Water Project By Ellen Dahl '13

Each day women in Africa walk over three miles to collect water. Freshwater sources used in the past are insufficient today, and women resort to using contaminated water. I was inspired to serve in Africa because of the teachings of St. Francis and our lessons of peace and goodness. When I traveled to Kenya in January, our mission was to create clean water solutions and build community support for our project. Kenya taught me about resilience and happiness, even with limited resources. They take pride in their hospitality and value family time. I also gained a newfound appreciation for international aid workers and for the public service St. Francis engages in every day.

I spent two weeks in Kenya working on a rainwater collection system and a training workshop for the locals. The system collects water off roofs and can support a family through the dry seasons. We first constructed a system connected to a women's group center. Our manual labor demonstrated to the community that women can perform hard labor too.

Then we held a community training to demystify construction of rainwater collection systems. Thirty women and contractors learned how to calculate tank size for their family and which local materials to build with. They also learned the correct ratio for mixing concrete so that the storage tank will not crack under pressure. These small actions can have a ripple effect and reach much further than one rural village in Kenya. My experiences continue to inspire me to live in action and in service.



Ellen graduates in May 2017 from Tulane University with a Bachelor of Science in Anthropology and minors in Business and Psychology. In the fall, she will continue her studies at Tulane as a candidate for a Masters of Art in Anthropology. After graduation, she hopes to find a career that promotes and engages in public service.



Can Do Anything I Want. Anything at All!

EIGHT-YEAR-OLD SOFIA SANCHEZ DELIVERS A POWERFUL MESSAGE TO TROUBADOURS

Our 2016-2017 theme, "A Person is a Person No Matter How Small," was driven home when the school welcomed Sofia Sanchez, daughter of Alumnae Jennifer Varanini Sanchez '88, to our special Advent celebration. This powerful, pint-sized eight--year-old didn't flinch as she took the microphone to address more than 1,000 Troubadours, faculty, staff and guests.

"I can do anything I want! Anything at all," zealously declared Sofia. Reiterating many words of wisdom from a video Sofia created with her mom Jennifer for Down syndrome awareness month, this video immediately went viral and has been viewed by millions.

Jennifer is the mother of four children; her three oldest are boys. Their third son was born with Down syndrome. "It was a surprise and a shock to us, but we quickly found out it was a blessing as well," Jennifer recalls. With a determination to learn more about Down syndrome, the Sanchez family became aware of an organization that places children from different parts of the world who were abandoned at birth based solely on their diagnosis. When they saw Sofia's picture on the website they couldn't get her out of their minds and took a leap of faith adopting her into their family.

The Sanchez family dispels the myth that Down syndrome is something to be looked down upon or something to fear. When asked if Down syndrome is "scary" Sofia confidently responds, "No, it's not scary! It's so exciting!" Together, these ladies have turned those misconceptions upside down and shown that Down syndrome is not to be feared but rather something to be celebrated.

Irma Wirick, mother of Troubadours Alyssa'16 and Gabby '18, wrote to say her silent prayer had been answered. Like











Jennifer, Irma's third child and only son, RJ, was born with an extra chromosome. "To think that my daughter's school would be teaching the student body the value of ALL people," brought tears to my eyes. "When families like

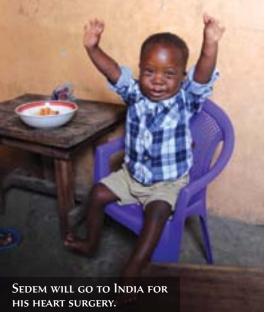


ours are showcased through events like this with Jen and Sofia, our son will have a life full of acceptance. We pray that when people are educated about Down syndrome they won't fear it and perhaps if ever faced with a prenatal diagnosis will choose life because they were educated."

Sofia is living her dream to be a model and actress. "I'm smart. I am kind. I am patient. I'm capable. And yes, I'm beautiful!" And the entire St. Francis community agrees.

















THE PATIENCE PROJECT By Olivia Godby '12

I have never had a problem with trying new things, but I have always been afraid of chickens. Sitting on a little chair under a mango tree with eleven people I'd only just met, somewhere so far into the backwoods of the Eastern Region of Ghana that I couldn't have pointed to myself on a map, I was preoccupied with dodging the chickens freely roaming around my feet. By that point, the thick heat, unreliable vehicles, and impending thunderstorms were something of a routine.

For weeks, I had been with a group of Ghanaian social workers and disability rights advocates, conducting interviews of health professionals and families to better understand the obstacles to healthcare for people with intellectual disabilities. Straight out of my first year at the University of Notre Dame, I was nineteen, naïve, and restlessly curious. Throughout hundreds of interviews, I had quickly learned to slow down my English and approach difficult questions without accusations. I knew when to dig deeper and when to back off, humbled by the varying perspectives I heard on this topic.

Again and again, the situation made itself clear. People with intellectual disabilities had healthcare rights on paper, but the systems in place were failing in action. As complex problems almost never have a singular cause, the obstacles ranged from lack of medical training in disabilities to misunderstanding of the basic rights that people with disabilities were guaranteed by their government.

As we traveled from town to town, I met children and adults with special needs whose spontaneity and zest for

life reminded me of many of my dear friends from Camp ReCreation, my friends at camp who had the opportunity to sing songs, play games, and be rock stars for a week every year. A simple stroke of chance and these wonderful campers may never have had the opportunity to work, attend school, or see a doctor. For some of them, just leaving their homes would have presented enormous obstacles.

This was the case for Richard, a young man we visited on one of our first interviews in the Volta Region of Ghana. At the time, he was another person in a sea of new faces, but our first encounter would come to divide my life into everything that had happened before it, and everything after, and the two felt inalterably different. The twenty-two year old with cerebral palsy sat on the dusty floor of his one room home, smiling at the interview team and assorted neighbors as we arranged ourselves in a customary circle of plastic chairs.

His mother, Patience, spoke to us in Ewe, the local dialect, but shortly into the interview, our translator, Etornam, struggled to ask Patience our questions about Richard's experiences at the doctor. Etornam turned to our team and sighed, "She says she cannot answer these questions. Richard has not been to the doctor in over ten years. He cannot walk."

A crushing realization swept over me as I remembered the health clinic we had passed just down the road, a clinic where Richard was guaranteed free health care. The goal of our interviews was to produce an action plan for improving health care access for people like Richard. Yet even in an unrealistically perfect world in which all of these efforts created a perfect system,

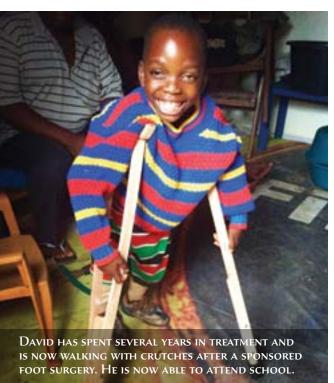
Richard would still be sitting right here, on this floor, unable to see a doctor, because he could not walk, and the world would go on moving around him like it always had.

Patience knew this. Before we left, she asked us what we could do for them. She asked us for a wheelchair for her son. For reasons unclear to me at the time, acquiring a wheelchair in a small village like hers was very difficult, and we had to say no, and then we left.

After seven weeks, I left Ghana, sliding back into an American world of oversized everything and people who told me how good of a person I was for volunteering my summer in Africa. But I was shaken. Returning for my second year at Notre Dame, I often sat in class, frustrated and unable to justify spending my time analyzing metaphors when all I could think about was Richard and Patience and why something as simple as a wheelchair had to be so hard.

A few months passed. I buried myself in music and poetry, found myself thawing out after the frozen Midwest winter and emerging strengthened by the gentle encouragement of my favorite professors and the persistence with which my friends from St. Francis reminded me that I was a person who had things to contribute, wheelchair or no wheelchair. I decided that I could either be upset about how the world worked, or I could do something, even if my actions only touched one or two people.

With the gracious assistance of a law professor at Notre Dame, I filed for non-profit status for The Patience Project in





January of 2015, and used every forum I could to tell the story of Richard and Patience. The idea to provide mobility equipment to one family quickly morphed into an effort to provide such equipment to a number of families in the region. The Patience Project soon established a crucial partnership with The Kekeli Foundation, a disability rights organization in the Volta Region of Ghana. Kekeli, run by an American woman living in Ghana, had personal relationships with each of the families who could benefit from such equipment. Working with their Ghanaian staff proved essential in cultivating a sustainable effort, for our American perspectives most often lacked the cultural context to suggest effective solutions.

Since the project's beginning, we have raised thousands of dollars hosting concerts and fundraisers, applying for grants, and receiving generous donations from people all over the country. I have been back to Ghana twice to continue to refine how best to work holistically within the community of the Volta Region. Each time I return, my understanding of the project within the greater context of disability rights becomes more nuanced. Our emphasis has shifted from just mobility equipment to working with families to

help children with disabilities access physical therapy, surgeries, and in-home tools for gaining strength and mobility. We have sent so many children to the regional physical therapy center for weekly treatment that the hospital had to hire a second physical therapist to meet the demand. More recently, The Patience Project has been emphasizing local involvement in the process, funding trainings to teach community members to make basic physical therapy equipment from readily available materials and working with the region's head physical therapist to develop an early intervention program to be implemented in rural communities.

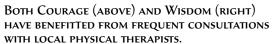
The Patience Project now partners with over thirty families, working with The Kekeli Foundation to empower each family not only to demand the best for their children with special needs, but also to encourage each other to continue moving forward despite the powerful stigma surrounding children and adults with disabilities. I have learned in countless discussions with my Ghanaian colleagues and friends that the march towards mobility is ultimately a march toward independence, a steady unlocking of doors for opportunities in schooling and business and for becoming more active and accepted members of the community.



(Left) We interview 17 year old Nelson and his FAMILY TO FIND OUT HOW MOBILITY EQUIPMENT COULD HELP NELSON ATTEND SCHOOL. (BELOW) BABY MERCY ATTENDED COUNTLESS DOCTORS APPOINTMENTS WITH HER MOTHER BEFORE HER SURGERY.









It is fitting, then, that this May, I will return to St. Francis to share The Patience Project in the place where it found its roots so long ago, not only in the school's commitment to the dignity of all life, but also in the unwavering and inspiring friendships I made while I was there. In light of this year's Christian Service theme, "A person's a person no matter how small," I will spend a day in theology classes, sharing the stories of the amazing families with whom we work, and the students will participate in a free dress fundraiser the following Friday. I hope that in our honest discussions, the students can understand the importance of having the resilience to follow what—and who—affects us deeply.

Ultimately, this project finds its purpose in the conscious and equal partnership of people working cross culturally to achieve a common goal. Though Richard passed away just weeks before we were able to provide his family with a wheelchair, his gentle spirit lives on in each of the children who are now taking their first steps, and I am honored to share a piece of his story with this community in such a special way.

> For more information, please visit thepatienceproject.org

Our Sisters Across the World

We were blessed to welcome Sister Martha Kello, FMM, from our sister school, St. Francis Girls Senior High School, in Jirapa, Ghana in January 2017. Her visit is a continuation of a journey started in 2005. St. Francis Catholic High School, Sacramento sent staff and students to visit students in Ghana twice over a six year period and we were treated like royalty by our sisters. When our 75th school year anniversary celebration was being planned it seemed the time was right for the next step in our sister school relationship.

In the 2015-2016 school year we invited members of our sister school to come help us celebrate. Our students and staff had raised enough money, purchased airline tickets and sent them an official invitation. Our plan was to have them visit in January of 2016 but the U.S. Embassy in Accra, Ghana denied the entire group travel visas. Not to be deterred, we planned for the following school year. In January of 2017 the same group of students met with U.S. Embassy officials in Accra and the outcome was only slightly better. Sr. Martha was granted a travel visa while the others were denied. Initially Sr. Martha pondered returning to Jirapa with the group in a sense of solidarity but changed her mind when she looked at the big picture of future endeavors.

Sister Martha Kello's visit was official. She came to talk, interact, and experience the daily life of a St. Francis Troubadour. During Sister Martha's visit, each theology class had the opportunity to talk with her in the Campus Life Center. She shared what the typical daily life of a female student in a developing world was

like. She brought to life the similarities and difference in the lives of our students despite the distance between the two schools. She also helped lead prayer at Holy Hoops, participated in the Pax et Bonum Mass to celebrate Catholic Schools Week, and attended the Winter One Act plays.

Betsy Tanner '17 said of her visit, "Sister Martha brought life and love to our campus that has radiated through it ever since. She taught us that although miles, an ocean, numerous countries may separate us from our sister school it is the love we spread that will bind us. Sister Martha was a pivotal part in growing our relationship with our sister school in Ghana because we found a common bond, love."

Sister Martha dined with the Conlin family (Grace '18 and Rose '19) so as to experience a little more of the life of our students. She also shared a meal with Auxiliary Bishop Myron Cotta who welcomed her on behalf of the Diocese of Sacramento.

Sr. Martha visited Stanford University, the Golden Gate Bridge, Shriner's Hospital and a number of local sites. However, Sister's visit to America would not be complete without seeing snow for the first time and a final visit to Starbucks before heading home to Ghana...you know, we've really gotta turn her into an SF girl.

Troubies look forward to continuing our sister school relationship through the pen pal relationships, daily prayers said on each others behalf and future visits. Until we meet again - Pax et Bonum!



Sister Martha's visit brought so much joy to the St. Francis community. She fully embraced the culture of America, and especially St. Francis. She reminded me of all of the blessings we have. Her joy made everyone around her happy. I am so grateful I was able to meet her and



that we shared our community with her. It was truly a blessing and a highlight of my high school experience to have ber visit us.

IESSICA HUTCHINSON '17











How IT ALL BEGAN...

The seeds of our Ghana sister school relationship were planted during the spring of 2005 when our students listened to Mr. Thomas Awiapo from Catholic Relief Services, talk about his life growing up in Ghana. During his presentation, he spoke about the challenges young women living in poverty face when it comes to their education. Encouraged and inspired by Thomas' talk, students from Mr. Norman's, Ms. Garcia's and Deacon McFadden's theology classes decided to reach out to the school he suggested, St. Francis Girls Senior High School in Jirapa, Ghana, Africa. As another Catholic school named St. Francis that educated young women to become future leaders, we were destined to become sisters.

With the assistance of St. Francis' Campus Ministry department, our chaplain, Fr. Pepka, and Catholic Relief Services, our sister school relationship was formalized. During the first year, students raised nearly \$2,000 for our sister school's scholarship fund. While on a "Partners In Mission" trip with Catholic Relief Services our Campus Minister of Service, Tanya Davis '97, was able to visit our sister school in Ghana in 2008 helping to set up a future visit for students and staff. In the summer of 2010, with the help of CRS, twelve students from the Class of 2011 and three faculty members traveled to Ghana to visit our sister school in person.

When we experience different cultures, we have the opportunity to gain a deeper understanding of ourselves and the world around us. When Troubies went to Ghana in 2010, they had opportunities to see how our Ghanaian sisters study, work, pray and play. During their trip, the group stayed at the school, had lunch with the bishop in his home, visited an orphanage, and toured a sustainable farm for blind farmers. They saw the rainforest canopy, crossed a giant rope bridge and saw elephants on safari in the bush; their eyes were opened to the beauty of God's creation.

The kind and welcoming people of Ghana helped our Troubies feel at home in new and unfamiliar places. Supportive ambassadors both at the school and with Catholic Relief Services offered the group eye-opening and heart-warming experiences to help them understand both the interconnectedness of humanity and the differences that create the beautiful tapestry of God's people.

To this day, we continue to pray for and support our sisters by collecting donations. We are humbled to know that our support enables our sisters on the other side of the world to have access to an education that will improve their lives and the lives of those they touch.

CRAB FEED A TOTAL SUCCESS

More than 750 supporters filled the St. Francis gym for another sell-out Crab Feed on February 4th. We served over 2,000 pounds of crab and raised over \$102,000! Meal preparation is serious business for the dedicated crew of volunteers, many of whom have guarded the secret meat sauce recipe of "Mike the Barber" for years. The gym was rockin' late into the night with the return of Clean Slate!

Thank you to all of our sponsors, volunteers, and committee members, who helped make this night a success. St. Francis would like to give a special thank you to our event chairs Maile Imboden (Natalie'18) and Wendy Klokkevold (Katherine '18). The Crab Feed would not have been as successful without their dedication and the hundreds of parent volunteers who made the 2017 Crab Feed another huge success.



















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WELCOME MARYANNE KELLY! New Director of Advancement

I am incredibly excited to join the St. Francis community, especially the dynamic Advancement team! I come to St. Francis as a proud and grateful Troubie Mom (Hannah Mae, 2009). Not only did Hannah benefit from four years of faith formation, quality academics, inspiring arts experiences and that one semester in sports, I was blessed with the opportunity to



participate in and experience the St. Francis community (four years as a Patron of the Arts and two years as Chair of Revelry). St. Francis truly does serve the whole family.

I believe my professional and civic experience and connections will help us advance the mission of St. Francis. Most recently I served as the Associate Director for the trade association DBA International where I was focused on strategic initiatives including outreach, fundraising, marketing and PR and the day-to-day operations of the association. I was fortunate to have many opportunities and experiences with some exciting companies in the Sacramento-area including EdFund, Nehemiah Corporation and The Money Store. I was also able to use my marketing and fundraising experience serving on non-profit boards including the Sacramento Children's Chorus, the Rancho Cordova Chamber of Commerce and Rebuilding Together. I also turned a passion for bike riding into fundraising for the Leukemia & Lymphoma Society and Team Will.

I feel like I'm where I belong joining the St. Francis community and working with such talented, dedicated and spirit-filled people. I look forward to continuing to meet our many families and supporters.

Thank you for welcoming me home!

May Cirre Keely MaryAnne Kelly (Hannah '09)



MARYANNE ATTENDED KAIROS 63 AS AN ADULT LEADER IN MARCH.













On the evening of March 31st our gym was transformed for the highly anticipated Mom Prom 2017. All of the decor was hand created by students with the help of our talented Facilities crew and deserts were in abundance including a donut wall! Nearly 500 moms, aunts, loved ones and students danced the night away. Our second annual Mom Prom was a hit!



WITNESSING HISTORY

FIONA ROSS '19 REPORTS FROM WASHINGTON DC

By Fiona Ross '19

In the fall of 2015, I applied to serve as a youth reporter through a group called Envision. Envision provides career and leadership opportunities to middle and high schoolers around the world. As an alumna of Envision's programs, I was eligible to follow the 2016 Presidential election as a reporter. I submitted a video of myself, then found out I was a finalist, and a Facebook vote led to me being one of the 12 students from across the United States who had the honor of reporting on the Presidential election.

In February of 2016, I went to Houston, Texas and attended an early Republican debate. The field was still incredibly open with 12 Republican presidential candidates. It's been over a year since that day, and now one of those candidates is our President.

In January of this year, I went to DC for a huge leadership summit with high schoolers from all over the world. Thousands of us were separated into "Delegations for Change" groups - groups of roughly twenty people focusing on an issue facing our world. I requested to be part of the Women in



Fiona is a sophomore at St. Francis. She is involved in student leadership, speech & debate, the arts, and CSF. Outside of school, Fiona is a member of Sacramento Theatre Company's Young Professionals Conservatory for four years. She followed the 2016 Presidential election as a Chase the Race youth reporter.



Leadership group, and found myself part of a diverse group of women. All of us were of different religions, ethnicities, backgrounds, and even countries, but we were all focused on empowering women and standing up for our rights. Meeting these girls and finding unity in our diversity was absolutely one of the most incredible and humbling experiences of my life.

At this summit, we also had the honor of hearing from many revered speakers. Spike Lee, Malala and Ziauddin Yousafzai, Abby Wambach, General Colin Powell, and many more attended and shared amazing stories with us. Having the opportunity to hear Malala Yousafzai speak was one of the most amazing experiences of my life. Malala was shot in the head by the Taliban in 2012 because of her advocacy for women's rights and access to education. She survived and has furthered her work through the Malala Fund and is the youngest ever recipient of the Nobel Peace Prize at seventeen. I've looked up to Malala since I was twelve years old and her message of tolerance, peace, and education is a pivotal one in our world today. Hearing all of these people share their opinions about the election, our nation, and current social issues was eye-opening.

On January 20th, 2017, I attended the inauguration. That morning, I thought about the words of the Declaration of Independence that make up the very essence of being American: "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness." I find solace in those words. Through this program I was able to witness history and feel like a true equal with girls from all over the world. I was incredibly empowered after the conference, and still am, by all of the inspirational women in my life. I have been blessed to grow up with exceptional female role models and the opportunity to attend an all-girls school. This has proven to me that women are the future, and always will be. I'm proud to be a part of that future and to continue finding unity in diversity.

Brace Yourself

THE JOURNEY OF AN SF GIRL WITH SCOLIOSIS

By Sarah Larson '17

On my first day at St. Francis Catholic High School, I looked like any other freshman: freshly pleated skirt, no sense of direction in the hallways, and that excited look on my face as I began a new adventure. Though few people knew that I walked around campus in a three pound plastic corset, commonly known as a back brace.

In my Freshman English class, Mrs. McDonald assigned our class to write a vignette. At the time, I had just been freed from the confinement of my back brace and decide to write my vignette about my experience with scoliosis and how it changed my life. Two summers later, I transformed this vignette into a book.

Brace Yourself is about my personal journey with scoliosis and life in a back brace. It is the story of my experience living with my spine shaped like an "S" and how I learned to embrace my imperfection. Along with better posture, wearing a brace has given me strength to conquer challenges and an optimistic attitude to last me a lifetime. Brace Yourself captures an experience that changed my life and transformed me into the young women I am today.

According to a study conducted by the National Scoliosis Foundation: "Scoliosis affects 2-3 percent of the population, or an estimated 6 to 9 million people in the United States. Scoliosis can develop in infancy or early childhood. However, the primary age of onset for scoliosis is 10-15 years old, occurring equally among both genders. Females, however, are eight times more likely to progress to a curve magnitude that requires treatment. Every year, scoliosis patients make more than 600,000 visits to private physician offices, an estimated 30,000 children are fitted with a brace, and 38,000 patients undergo spinal fusion surgery."

My purpose in writing this book is to share my story and reach out to other girls who are diagnosed with scoliosis and facing the challenge of wearing a brace. I encourage everyone with scoliosis to stand tall in the world and hope to inspire them to share their personal stories.



Sarah is the author and illustrator of Brace Yourself. She was diagnosed with scoliosis in 2011 at the age of twelve and wore a Boston-style back brace for over two years. Although Sarah no longer needs a brace, she will have scoliosis for life. Sarah continues to practice yoga to strengthen her spine and aspires to become a yoga teacher. Following her graduation from high school, Sarah will pursue her dream of becoming a pediatrician of Naturopathic Medicine.



Peter Strawn is in his ninth year at St. Francis. He taught English for seven years before moving into his role as Academic Technology Specialist. CS50 ignited his love for computer science, and he is passionate about creating new computer science opportunities for students. Mr. Strawn is also a Google Certified Educator and a Raspberry Pi Certified Educator.

THIS. Is. CS50.

By Peter Strawn

"This. Is. CS50." The first time I spoke those words in front of my students, I felt an adrenaline rush. These are the same words that Professor David J. Malan of Harvard University uses to open each lecture of Harvard's Introduction to Computer Science, commonly known as CS50. Thanks to the work and guidance of Malan and the wonderful CS50 staff, we here at St. Francis are teaching CS50 AP, a high school-level adaptation of CS50 designed to meet the curriculum requirements of AP Computer Science Principles (AP CSP).

AP Computer Science Principles is a new course offered by the College Board this year. Students focus on seven "Big Ideas" throughout the year: Creativity, Abstraction, Data and Information, Algorithms, Programming, the Internet, and Global Impact. In addition to taking the AP test in May, students complete two tasks throughout the year: Explore, a research assignment focusing on an innovation in technology, and Create, a programming challenge that requires students to develop an original program from scratch. This year, students are creating programs with Scratch, C, and Python, the three languages most heavily focused on in CS50 AP.

In addition to our new partnership with Harvard, we are offering another new computer science course this year thanks to our affiliation with UC Davis' C-STEM Center. This course—Computer Programming for Solving Applied Problems (more simply, C Programming)—introduces students to code using C, the language also used as the foundation of CS50. Taking this course prepares students to meet the challenges of AP CSP. Upon completion of AP CSP, students are prepared for success in AP Computer Science A (Java).

The student response to our expansion of and commitment to computer science has been overwhelmingly positive. Junior Larissa Liden reflected, "Programming has been an interest of mine for a couple of years now and having the opportunity to finally delve into coding has been a dream come true." Kate Fernandez, another junior, wrote, "Before this class, I would never have had the confidence to pursue a college degree in computer science, but now I'm considering programming as a career option. The CS50 class has opened a new world to me by sparking a deeper interest in computer science."

CS50 AP has also been an opportunity for innovation to take place in the classroom itself. First, the course has been tailor-made for the switch from iPads to Chromebooks. Using the Cloud9 IDE, students work in a cloud-based development environment effectively and collaboratively. Second, rather than traditional desks set in rows, the computer science classroom uses brand new modular, whiteboard-top







"While programing is much harder than I expected, the reward of writing your own programs and watching them run is by far worth it."

Melia Dowd '18





desks. Students immediately took to them for note-taking and brainstorming. Reimagining the classroom space has been a key element in increasing student collaboration and critical thinking.

While this year has seen a number of changes technologically, from increased computer science offerings to the adoption of Chromebooks, these are just the beginning. We are continually examining other curricular and co-curricular opportunities. Next year, we look forward to starting a Girls Who Code chapter on campus and increasing the number of students participating in the CyberPatriot Competition. Additionally, we are working towards a full four-year sequence of classes in computer science that would culminate with iOS app development using Swift.

FUN FACTS

- Nicole Danuwidjaja '18 and Anna Makarewicz '20 were recognized this year with awards from the National Center for Women in Technology (NCWIT).
- Students in CS50 AP learn how to program using Scratch, C, and Python and also learn the basics of HTML and CSS.
- In addition to learning programming languages, students learn how to navigate and run programs using only a Linux command line.
- There are currently 20 high schools in California teaching CS50 AP.

CS50's Philosophy

CS50's philosophy is built upon three pillars: accessibility, culture, and rigor. Accessibility in the context of this course means reaching both those more comfortable and those less comfortable alike. The course requires no background knowledge, yet it can provide different levels of challenge for those who do come in with some experience. The rigor is demonstrated in the detailed and challenging, yet rewarding and relevant, problem sets.

What sets CS50 apart is the intentional focus on culture - one that celebrates the formation of a class community centered on a common intellectual endeavor. Here is CS50's own description of what culture means for the course: "A social (and dare we say, fun?) aspect of the course promotes collaboration, teamwork, and positive student-student and student-educator interactions."

One way this culture manifests itself is through the Puzzle Day event held each semester. This event challenges teams of students to collaborate on solving a series of elaborate critical thinking puzzles. We held our first CS50 AP Puzzle Day on campus last September and look forward to making it a tradition.

SCAN THE QR CODE BELOW TO ACCESS A SAMPLE PUZZLE FROM SPRING 2017'S CS50x Puzzle Day.







"I enjoy writing programs because they are like solving puzzles... Although I sometimes spend hours trying to debug my programs, it is always satisfying figuring it out and watching my program work correctly."





An Interwiew with Kiki Velez '17

What do you enjoy about computer science?

I like that computer science is based on fixed and logical principles but also allows for creativity in styling code and solving programming problems.

What would you like to do with a computer science degree?

I'm interested in the theoretical side of computer science. I plan to focus on algorithms, deep learning, and neural networks and would eventually like to work on the development of true artificial intelligence.

What did you enjoy about CyberPatriot?

I enjoyed being able to learn about the hardware and software that make possible the internet connections we take for granted each day. I've learned so many valuable things about computer networks while preparing for the Cisco portion of the CyberPatriot competition this year.

What has been your favorite aspect of studying computer science?

My favorite aspect is that it never feels like work. AP CS50 is a class I'm always happy to attend, and when assigned a computer science problem set, I look forward to spending lots of fun time creatively and logically developing solutions. I also love that computer science gives me the freedom to take my learning as far as I want. I am able to explore several different programming languages within the CS50 AP framework and then to utilize the many computer science resources online to delve further into the topics which interest me the most.



Kiki is a senior at St. Francis. She is involved in Robotics, Certamen, Latin Club, Mathletes, and various other clubs and academic teams on campus. Kiki loves learning languages and doing calculus, and is very excited to continue her study of computer science in college. She currently has been accepted at UC Berkeley, Harvard, Stanford, and Columbia University.

Reunions

1958 Tinkerbell Sylvester & Tweety 1976 1979 WINNIE THE POOH AND TIG Tweety Tonettes SERVICE

1984 Kermit the Frog 1962 Snoopy &
SPIRIT MICKEY AND MINNE MOUSE Woodstock
Winnie the Pool

1998 Gator Smurfette 1981 1966 Garfield

2014 Los Cabelleras 1974 WINNIE THE POOH AND TIGGER 1992 Marvin the Martian

MEMORIES 1957₂₀₀₆ T.M.N.T Mickey & Minn 1995 2003 1969 **FAITH** Ms. Piggy & Kermit Ms. Piggy & Kermit
SNOOPY AND WOODSTOCK Elmo 2008

FRIENDS **LOVE**1982 1994 PINK PANHER 1955 Red Riding Ho Michaelettes 1972 Minions 1975 Calvin & Hobbs Pink Panther 1980 TRADITION \$2002 2011 MICKEY AND MINNIE MOUSF 1988

L1MKKEY AND MINNIE MOÙSE Pebbles & BamBam

1985 Winnie the Pooh & Tigger 1991 Alice and the Rabbit 1952 Raggedy Ann & Andy 2004 Donald & Daisy SISTERHOOD 1978 \$MOOPY AND WOODSTOK SISTERHOOD 1954 Curious George 19772009 Mike & Sully

RETREATS Dory 1970 1996 1967 P AND DALI r Bunny

PEACE 1973 1971 Flower & 1990 Thumper Strawberry Shortcake

Strawberry Shorfcake
Cookie Monster 1989 Penguins
Thumper 1965 Raggedy Ann 2007
2005 PAX ET BONUM 2000
Stitch 1964 Winnie die Pooh 1968
2002 Snoopy Troubadours 2015
Los Cabelleras Happy Wanderers

CHEER 2001 2013 Pascal 1961 Tigger 1953 SYLVESTER AND TWEET

1956 **GIVE** Mushu 1960 Fighting Irish 2012 Taz 1997 **LAUGH** 1993 **1987** 1959 ST. FRANCIS CATHOLIC HIGH SCHOOL'S

REUNION

CLASS OF 1940 - CLASS OF 2017

JUNE 9, 2017 - JUNE 11, 2017

FRIDAY, JUNE 9

Alumnae Reunion Reception on the SFHS Campus

6:00рм - 10:00рм \$25 per person • Guests welcome

Join your classmates for a night of dancing, a hosted bar, and food stations. Take pictures with your mascot and lounge in the "Love Your Troubie Sister a Latte" coffee bar.

SATURDAY. JUNE 10

Individual Class Reunions

Classes meet for individual reunions at a location of their choosing. www.stfrancishs.org/reunions

SUNDAY. JUNE 11

Family Celebration on the SFHS Campus

Breakfast \$10 per person, Kids under 12 free

Celebration Mass at 9:30AM Family Continental Breakfast at 10:30AM

RSVP: Please RSVP by May 27th at www.stfrancishs.org/AlumnaeReunion

"I enjoyed both events. It was great visiting with my daughter, Kathleen Bertolani Haack's classmates from the Class of '82 on Friday night and meeting with my classmates at the breakfast on Sunday and being with my daughter, Mary Bertolani Liston who had attended the Reunion of the Class of '86 on Saturday night. The weekend was a win-win for St. Francis alumnae families in my opinion. I am really looking forward to it again next year!!!"

CATHY BERTOLANI '53

"Breakfast after the Mass was top notch, as were the table servers. As an "old" alum, it was great to see seven of my fellow classmates. As a current grandparent of three St. Francis girls (two alums and one upcoming senior), it's always a treat to come back to St. Francis."

PATRICIA "PAT" MERZ SHEBERT '53

"It was great to see so many mother/daughter combos at this event. St. Francis can be proud that it is a school for the "generations!"

Mary Geary Ellingson '67









Class of 1967 - 50th Reunion

The class of 1967 is celebrating their 50th Reunion on October 14, 2017 at the California Automobile Museum. To get involved in the planning, contact: Mary Geary Ellingson, mgern55@gmail.com or Sue Romanello Olson at sue@sueolson.net

Class of 1972 - 45th Reunion

Help plan your 45th reunion. Contact your Class Representative to be part of the planning committee: Freeda Lapos Babson, FreedaBabson@gmail.com

Class of 1977 - 40th Reunion

The Class of 1977 will celebrate their 40th Reunion at the Dante Club on June 24, 2017 at 6:00pm. For more details, contact:

Nancy Doyle, ndoyle@stfrancishs.org

Class of 1982 - 35th Reunion

Help plan your 35th reunion. Contact your Class Representative to be part of the planning fun: Janae Root Davis, jrdavis407@att.net

Class of 1987 - 30th Reunion

The class of 87's 30th reunion is being planned for October 2017. To help with the reunion, contact: Toni Little, prmadna4@gmail.com

"It was so much fun and so nice to see alums from every generation enjoying themselves. The food was awesome, the music was great but the ambiance was the best part of the night. Just a really good vibe over there:) Also, I just love those Girl Power shirts!"

ERIN McGuire '95

Class of 1992 - 25th Reunion

Planning has begun on the 25th reunion for the Class of 1992. To to get involved, please contact: Shannon Blecha, sblecha916@yahoo.com or Laura Hanusek, laurahanusek@hotmail.com

Class of 1997 - 20th Reunion

The Class of 1997 will celebrate their 20th Reunion on Saturday, June 10th. Free family event at Ashton Park from 10am to 2pm. The event continues at 7pm at Il Fornaio for Alumnae only, this is a spouse and child-free event. For questions, please contact: Miriam Feaster Deuel, medeuel@gmail.com

Class of 2002 - 15th Reunion

Help plan your 15th reunion. Contact your Class Representative to be part of the planning fun: Annie Arupo, aarupo@yahoo.com

Class of 2007 - 10th Reunion

The Class of 2007 is in the process of planning their 10th reunion on June 10th from 7:00 - 10:00pm. If you would like to be involved in the planning of the reunion, please contact:

Sarah Couch, scouch4@hotmail.com

Class of 2012 - 5th Reunion

Help plan your 5th reunion. Contact your Class Representative to help plan this fun event: Hannah Francesca Gonzales, hannahcgonzales@gmail.com

"It was fun mixing and mingling with alumnae from all different years."

DIANE NEURURER McGuire '67

It's Reunion Time!

If your class year ends with a 2 or a 7, then 2017 is your milestone year.

Don't miss out on connecting with your "SFHS Sisters." We are currently looking for organizers for the following reunions:

Class of 1947: 70[™] Reunion

Class of 1952: 65th Reunion

Class of 1957: 60th Reunion

Class of 1962: 55[™] Reunion

Please contact:

Dawn Winston Cullo '91 Alumnae & Constituent Relations dcullo@stfrancishs.org 916.737.5020







Welcome Back!

Troubles for Life

We are thrilled to announce an incoming Class of 2021 with more than 300 new Troubies! An unprecedented number of applications resulted in a robust enrollment. God has graced us with students from across our Diocese and the greater Sacramento region. We welcomed our newly admitted students to campus on March 22nd for Freshman Registration Night.

Many alums of St. Francis gave the school their greatest gift, their daughters. We would like to acknowledge and thank those alumna for entrusting St. Francis to educate their daughters and granddaughters. Welcome Class of 2021 Legacy Families!

Brooke Cameron Tonya Cardoso Cameron '85

Morgan Carroll Kathleen Arroyo Carroll '96

Mia DePaoli Allison Masters DePaoli '89

Natalie Dudensing Kathryn Newell Dudensing '86

Sarah Freeman

Lennore Della Villa Freeman '86

Rose Goyette Barbara Wakefield Goyette '55 (Grandmother)

Jane Gregory Ann Moritz Gregory '89

Gabriella Grinbergs Jill Evans Grinbergs '87

Daniella Guerrera Christina Troja Guerrera '89

Mikayla Hall Gloria Gonzales-Hall '66 (Grandmother)

Caroline Herrick Amy Carissimi Herrick '90

Makayla Hill-Cook Rosemary Hill Cook '96

Jasmin Hubbard Rachel Montoya Hubbard '97

Rebecca lelati Eleanor Gabrielli lelati '87

Kiley Kane

Judy Bagley Kane '84 Clare Binotto '68 (Grandmother)

Sophia Maggy Lillian Alvarez Maggy '87

Reese Mellor Sam Haddad Mellor '86 Elena Moorehead

Roseanne Davila Moorehead '84

Karissa Petersen

Amy Rooney Petersen '00

Parker Powell

Katherine Prudhomme '95

Izabel Quackenbush Leah Diaz Quackenbush '90

Courtney Rutherford Angie Caldwell Heitzeberg '96

Kayla Sanders

Sandra Kiernan Sanders '82

Regan Schwarz

Nicole Lange Schwarz '86

Anne Sedar

Carrie Benvenuti Sedar '88

Emma Simmermon Rosa Dinh '87

Daniella Skeoch

Christine Farley Skeoch '83

Julie SooHoo

Lynda Ubungen SooHoo '86

Hayley Spence

Teri DiPinto Harris '67 (Grandmother)

Siena Vincent

Megan Lucchetti Vincent '88

Cheyennne Wagner Nicole Lopes '90

Mia Walden

Stacey Ferrera Fairley '92

Claire Winter

Christine Lambert-Winter '87 Susan Schroeder Prudhomme '67 (Grandmother)











Carlos Valentino Photography

CLASS OF 2021 FAST FACTS

- We currently have 324 students in the Class of 2021
- Students come from 79 different partner schools
- 35% are from public schools
- 13% are from private schools
- 52% are from Catholic schools
- 70% of the incoming class is Catholic
- 31 girls are the only one from their school coming to St. Francis

as of 4/1/17



- 1. The Fairley Family; 2. The Hubbard Family; 3. The Sanders Family;
- 4. The lelati Family; 5. The SooHoo Family; 6. The Hill-Cook Family;
- 7. The Moorehead Family; 8. The Heitzeberg & Rutherford Family

CLASS REPRESENTATIVES

We have developed a Class Representative program for individuals or a group of classmates to become a liaison between their class and St. Francis. Class Reps are the first to know what is happening on campus, they come to events, and they get their Troubadour sisters to come for all the fun! We need Reps who can promote and support events, create and maintain an online community, help find missing classmates, plan reunions, or just be in close touch with us here at SFHS. There is so much in store for the coming year. Come be a part of it, and become a Class Representative today!

CLASS OF 1980

Mary Forster Franklin

Anne Geremia Sadler

Katy Calkin Ferguson

CIASS OF 1981

CLASS OF 1982

CLASS OF 1983

Catherine Kennedy Sullivan

Janae Root Davis

Jackie Childers

Michelle McClinton Vaden

Cathy Park Taylor

CIASS OF 1945 REP NEEDED!

CLASS OF 1946 Mary Desmond Mastalski

CIASS OF 1947

Denise Desmond Franzoia Margarette Bauer Schwartz

Class of 1948

Marion Kaeser Slakey

CIASS OF 1949-CLASS OF 1953

REPS NEEDED!

CLASS OF 1954

Joan Barden Carmella Cioli Gladys Butz Darling

CLASS OF 1955 REP NEEDED!

CIASS OF 1956 Marikate Varanini Firpo

CIASS OF 1957

REP NEEDED!

CIASS OF 1958

Marion Azevedo Porter Cynthia Speed

CLASS OF 1959

Carole Farris Sharkey

CLASS OF 1960 REP NEEDED!

CIASS OF 1961

REP NEEDED!

CLASS OF 1962

Carolsue Schaden Acres

CIASS OF 1963

Rosemarie Mattos Hunt

CLASS OF 1964 REP NEEDED!

CIASS OF 1965

Judi Baliel Jessen Cindy Walker Puppione **CLASS OF 1966**

Chris Bernardis Patricia O'Connell Suter Henri Santos Coy

CLASS OF 1967

Mary Geary Ellingson Susan Romanella Olson

CLASS OF 1968

Mary Leonard Conklin **CIASS OF 1969**

Nancy Leonard Szydelko

CLASS OF 1970 Barbara Black Burman

CIASS OF 1971

Linda Neal Danko Barbara Wells Zanze MaryAnne Riehl Campos Ann Marie Perry Faires

CLASS OF 1972

Freeda Lapos Babson

CLASS OF 1973 Kathi Moore Ridlev

CIASS OF 1974

Laura Macaulay Morales Judy Farina Montgomery Helen Manfredi Pierson Debra Cattuzzo

CLASS OF 1975

Debbie Sheehan Cairns

CLASS OF 1976 Karen Lawson Finn

CLASS OF 1977

Kristin Thompson Higgins Maura Twomey

CLASS OF 1978 REP NEEDED!

CIASS OF 1979 Catherine Stegner Nacey

Kristin Stassi Venegas **CLASS OF 1984**

Mokie Price Marchi

CLASS OF 1985 Deirdre Mullins French

Megan Whetstone Panson Jennifer Daft Ashley

CLASS OF 1986

Angela Kufasimes Gianulias Julie Sazaki

CIASS OF 1987 Kristian Arnold Foy

Cindy Stinson CIASS OF 1988

Kari Keating Corecia Davis Woo

CIASS OF 1989

Tammy Hennessy Burt Morgan Forrest Brigit O'Brien Shotts

CLASS OF 1990

Amy Watson Krause Kara LaBella Parker Mexa Wanger Youngblood

CLASS OF 1991

Dawn Winston Cullo Jennifer Perez Colleen O'Brien Warren

CLASS OF 1992

Laura Hanusek Whitney Pendergast Hunt **CIASS OF 1993**

Anne Smith Harty Erin Chargin Kramer Monika Lopez

CLASS OF 1994

Mariah Hudler Kathleen Lungren Jobe Brenda Roach Angela Ramos Saunders Anna Weitzenberg Vellanoweth

CIASS OF 1995

Rena DeNigris Fischer Erin McGuire Andrea Diaz Vaughn

CLASS OF 1996

Megan Barnett

CLASS OF 1997

Genevieve Caridi McNulty Tyree Dillingham

CLASS OF 1998

Megan Curry Jennifer DuCrav Max Stephanie Villanueva Libby Woolford

CIASS OF 1999

Kiera Mickiewicz Anderson Evelyn Hingsbergen Wilder

Class of 2000 Sandra Pierson Whaley

Class of 2001 Jenna Porter Connor

CLASS OF 2002 Annie Arupo

CIASS OF 2003

Katie Solie Brunetti Alicia Stefani Ashley Moore Thomsen

Class of 2004

Celina Spencer Class of 2005

Hayley Higgins Figeroid **Anneliese Guess**

CIASS OF 2006

Follow Us!

at St. Francis.

Keep up with everything here

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/SFHSTroubles

sfhs_troubles

Noelle Dyer Dear Annem Khan Christina Rotas

CLASS OF 2007 Kailey Cost

Sarah Couch **CLASS OF 2008**

Katie Mendenhall **CLASS OF 2009**

Jane Peterson Alana Piccone

CIASS OF 2010 Sara Fitzsimon

Class of 2011

Umna Khan Rachel Klas Amelia Evrigenis

CIASS OF 2012

Michelle Fat Hannah Francesca Gonzales

CLASS OF 2013

Carolina Brown Madeline Dyer Karly Hammack Abbey Williams-Campbell

Class of 2014

Katherine Chappelle Madisen Grinnell Brittani Klindworth **Emily Laskin** Sofia Molodanof Katie Schembri

Class of 2015

Danielle DesRosier Aurora Le

CLASS OF 2016 Tisien Palacio

Are you interested in being a Class Representative?

We are still looking for Class Representatives for the following classes:

1945 • 1949

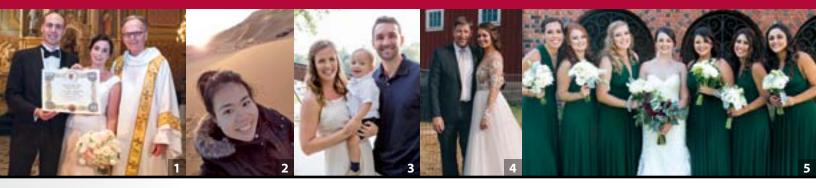
1950 + 1951 + 1952 + 1953 + 1955 + 1957

1960 + 1961 + 1964 + 1978

Interested? Please contact Dawn Winston Cullo '91, dcullo@stfrancishs.org, 916.737.5020.

If you know anyone who might be interested, please reach out to them and let us know! We encourage you to extend the Class Rep invite to your own friends and classmates.

Celebrating our Alumnae



UPDATES

Do you have exciting changes or news to share? We love staying connected and want to hear from you. Visit the alumnae page of the website (www.stfrancishs.org/ alumnae) to update your contact information and find out about upcoming events. You can also email your address, email and phone number as well as your updates and digital pictures for future Pax et Bonum magazines to:

St. Francis Catholic High School Dawn Winston Cullo '91 Alumnae & Constituent Relations dcullo@stfrancishs.org 916.737.5020



1992

Lisa Lungren '92 writes "It has been an auspicious decade, thus far! After working in crime prevention and citizen security initiatives in Latin America for most of my career, I recently accepted a position at the United States Conference of Catholic Bishops as part of the Anti-Human Trafficking team. In September 2015, I married the love of my life - a handsome Italian named Davide Sonzogni. One of the greatest moments was having Deacon Jim (aka Mr. McFadden to my cohort!) officiate our marriage. Thank you, Deacon Jim, and thank you, St. Francis, for helping me to become the woman I am today."

1999

Kiera Mickiewicz Anderson'99 has been accepted to Trinity College, Dublin. She will be attending the School of Education to pursue a Masters in Drama Education. Kiera will be spending two weeks at a summer intensive in Dublin, and the rest of the coursework can be completed online, so she can study from anywhere.

200I

On October 8, 2016, Megan Shea Sharpe'01 married her best friend, Patrick Sharpe in North Lake Tahoe. They are now living their happily married life together in San Diego following their African honeymoon.

2002

Annie Arupo '02 had a wonderful experience in Morocco in February 2017. It was her first international trip by herself. Annie writes, "Getting lost was an adventure but I was able to get back with some help. She can't wait to go back with her family." 2

2003

Kelsey Hayward Guestschow'03 completed her degree at the U.S. Air Force Academy in 2007 and served in the Air Force for six years as a hospital administrator, including a tour in Afghanistan at the largest trauma center in the war zone. Upon transitioning from the military in 2013, she entered the world of marketing, focusing on healthcare, customer experience, and digital strategy. She currently works at Med Touch as the Senior Director of Business Intelligence, leading activities related to strategic data-driven solutions for Hospitals and Health Plans across the U.S. She blogs at www.thethoughtfulstrategist.com, and travels coast to coast sharing poignant strategy, business tactics, and perspective on women in business and technology. She published her first book, "Get Customer Focused" in February 2017. 3

2003

On August 6, 2016 Nicole Burrows Strickland'03 married the love of her life Brian Strickland on beautiful Whidbey Island, WA. They will soon be a party of three as their first child is due June, 2017. 4

2004

Ciara Zanze'04 is the new owner of Downtown Sacramento's Rumpelstiltskin yarn shop. Ciara worked at the store part-time while in high school and for the last 15 years while also working a full-time job. Ciara married Devin Crain on October 1, 2016 at Sacred Heart Church in East Sacramento.

5 Ciara and bridesmaids Lauren Fitzsimon Sarran '04, Kari Turner '04, Ashley Flynn '08, Ciara Zanze '04, Lindsay Zanze, Daniela Jacobo '04, Sofia Reamer '04.

2007

Kelly Mennemeier '07 graduated magna cum laude, Order of the Coif from Northwestern Law School in 2016. While at Northwestern, she argued a case in front of the Seventh Circuit and wrote a prize-winning article for the Journal of Criminal Law and Criminology. She now clerks for a justice on Alaska's Supreme Court in Anchorage. In the fall, she plans to move to Seattle and join Foster Pepper PLLC as an associate. 6



St. Francis Alumnae Kaitlyn Cousins '13 (Michigan) and Maggie Oys '16 (Santa Clara) played in the 2017 Wolverine Invitational in Ann Arbor. The tournament also included Pacific and Brinnley Barthels '15. Oys scored twice against Michigan in the finale of the event.



2008

Sophie Tornatore '08 and Mark Ellinghouse tied the knot on February 18, 2017. Both proud natives of Sacramento, they wed at the historic Crest Theater with celebrations following at the Elks Tower Ballroom. The Ellinghouses were surrounded by their wonderful family and friends. Sophie's bridesmaids included two St. Francis alums, Allison Levitt '07 and Katie Catricala '08.

2012

Reagan Reade '12 and Alex McAfee (Jesuit '12) became engaged on December 16, 2016. Alex proposed to Reagan at San Jose's Christmas in the Park. The couple will tie the knot in Sacramento on December 16, 2017.

2014

Lyndsay Carpenter'14, a junior at Wheeling Jesuit University, was named the Mountain East Conference women's lacrosse defensive player of the week on March 13, 2017. She helped guide the Cardinals defense to its first ever victory over a Pennsylvania State Athletic Conference (PSAC) opponent in March. The Cardinals held Edinboro to 11 goals on their way to a 13-11 victory.

While studying abroad in Florence, Italy, Katie Chappelle'14, who attends Belmont University, and Erin Cairns '14, who attends Gonzaga University, met up for pizza and a glass of wine to catch up on life and share where their semester abroad adventures had taken them. 8

2015

Zaire Johnson '15 was named University Innovation Fellow at Rensselaer Polytechnic Institute. She collaborated on a project to create a "wall of opportunity" display that can aid in connecting students with entrepreneurial needs outside of the classroom. Zaire is also involved with a variety of student activities on campus including the Society of Women Engineers, Pi Beta Phi Fraternity and RPI 91.5 FM Radio station.

Aurora Le '15 is earning her Bachelor's in Communication with a minor in Law and Society at Saint Mary's College of California. She was an appointed member of the Dean's Student Advisory Board, is a Student Ambassador in the Admissions office, and acts as a member of the Student Rank and Tenure Committee. Aurora is currently studying abroad for the semester in Aix-en-Provence, France. When her semester abroad ends, Aurora will return to Saint Mary's College of California, where she will graduate in May of 2019.

9 Aurora in Italy with classmates Annie Randle '15 and Kerrie Buebler '15.

2016

Samantha Gallia'16 is in her second semester at the University of the Pacific. She is in the 3+3 accelerated dental program, and will attend Pacific for two more years and then continue to the Arthur A. Dugoni School of Dentistry for three years. At the beginning of this semester, Samantha participated in fall rush and joined the Delta Epsilon chapter of the Delta Gamma Fraternity for Women. Samantha said "Joining DG has given me the sense of sisterhood and friendship that St. Francis taught me to strive for." She is also a member of the Pacific Pre-Dental Society and the Honors Program and attends mass regularly at the Newman Center on campus. Sam writes, "I miss my Troubie sisters and their fun spirits every day, and I love keeping up with student government and everything else happening on campus. I am so grateful to all of the students, faculty, and staff for successfully preparing me for a great college experience. I can't wait to come back and experience homecoming all over again as an alum!" 10

After Emma Kuchera'16 graduated with a journalism degree from Cal Poly San Luis Obispo in June, she traveled for 3 months through Thailand, Laos, Vietnam, and Cambodia. While the culture and food were amazing, it was the people that made her trip so incredible. Emma said "Their kindness and gratitude was humbling." Some of her adventures included: rappelling down waterfalls, getting scuba certified, exploring remote mountain villages, and visiting an elephant sanctuary.

San Jose State freshman Katie McIntee'16 powers home in her preliminary heat of 200 Freestyle at the 2017 Mountain West Conference Women's Swimming and Diving Championships, February 15-18 at Texas A&M University (College Station, TX). McIntee touched in a personal best time of 1:52.27. She also competed in the 500 and 100 Freestyle events. 12



Vanity Fair's 2017 Hollywood Issue. Photograph by Annie Leibovitz.

Actress, Writer, Producer and Director Greta Gerwig '02 appeared in the "The 2017 Vanity Fair Hollywood Portfolio: Wonder Women." She was one of 11 actresses who posed for Annie Leibovitz and have riveted moviegoers this year. Greta appeared in the movie "20th Century Women" co-starring Annette Bening and Elle Fanning. "20th Century Women" is the story of three women who explore love and freedom in Southern California during the late 1970s.



Once a Troubie always a Troubie!! Fun photo of Maddy Grinnell '14 and Alanna Appel '16 at the Army/Navy game December 2016.

JUNE

ALL-ALUMNAE WEEKEND

June 9-11, 2017

Calling all Troubadours home! Alumnae, join us for a weekend packed with fun on- and off-campus activities.

ALL-ALUMNAE RECEPTION ON CAMPUS

Friday, June 9th at 6:00pm-10:00pm

Come back to St. Francis High School and reconnect with your classmates. Take pictures with your mascot and dance the night away with a decade of hits and enjoy the delicious food stations. \$25 per person. Guests are welcome.

Make your reservation: www.stfrancishs.org/alumnaereunion

Individual Class Reunions

Saturday, June 10th

All classes are encouraged to meet for individual reunions at a location of their choosing. Visit www.stfrancishs.org/class-reunions to find where your class is meeting.

Mass & Family Breakfast

Sunday, June 11th at 9:30AM-12:00PM

Join your fellow Troubie Sisters for a Mass at 9:30am on campus and a wonderful continental breakfast at 10:30am. Breakfast is \$10 per person, kids under twelve are free.

Make your reservation: www.stfrancishs.org/alumnaereunion

SEPTEMBER

THE FEAST OF ST. FRANCIS CELEBRATION

Saturday, September 23, 2017 at 3:30-7:30pm

Join us for a totally 80's St. Francis Celebration. Be there or be square! Featuring live 80's music by Rebel Yell. Enjoy Booster BBQ, music, drinks and activities for the entire family. This is a complimentary event - all are welcome!

For more information on Alumnae events, visit www.stfrancishs.org/alumnae.

OCTOBER

OPEN HOUSE

Sunday, October 8, 2017 from 12:00pm-3:00pm

St. Francis Catholic High School will host an Open House for prospective families. Guests at our Open House will have the opportunity to meet and talk with all of our teachers and coaches, see a wonderful arts showcase, tour the campus, and participate in fun activities that will give them a taste of life as a Troubadour. Although pre-registration is not required, guests who want to sign up in advance can do so: www.stfrancishs.org/openhouse.

Day of Giving: "Thankful Thursday"

Thursday, October 12, 2017

MANY GIFTS MAKE ONE BIG IMPACT! Please join us for our 6th annual Day of Giving, and make your gift to the scholarship needs at St. Francis Catholic High School. Without your generosity, nearly 30% of our Troubies would not be able to attend St. Francis. Please support our mission and provide opportunities to those who seek the St. Francis experience.

FALL MUSICAL: "THE BOY FRIEND"

October 13-21, 2017

The Jazz Age lives on in Sandy Wilson's The Boy Friend, a light romantic spoof of 1920s musical comedy. Set against the backdrop of the French Riviera, this musical comedy tells the story of English heiress Polly who is longing for only one thing: a boy friend. Love proceeds to find its way charmingly through nearly every member of the cast and brings them all to a happy ending.

February

CRAB FEED

Saturday, February 3, 2018

GET CRACKIN'! Don't miss out on the best high school crab feed in town! Mark your calendar now.

For more information, visit www.stfrancishs.org/crab-feed-dance.

April

Revelry Gala & Auction

Saturday, April 28, 2018

Revelry is our premier fundraising event of the year. The funds raised at Revelry allow for important school programs such as scholarships, facility improvements, technology enhancements, spiritual enrichment, academic excellence, performing arts and athletic and opportunities.

Sing to the Lord, all creatures!

Worship God with your joy;

Praise God with the sound of your laughter.

Know that we all belong to God,

That God is our source and our home.

Enter God's light with thanksgiving;

Fill your hearts with God's praise,

For God's goodness is beyond comprehension

And God's deep love endures forever.

Psalm 100

St. Francis Catholic High School Memorial and Tribute Program

Contributions in honor or memory of a loved one go directly to the St. Francis Fund, providing financial assistance for students. Your gift will be recognized in the *Pax et Bonum* Annual Report edition in the fall. Remembrance cards are sent to the family as requested, with no donation amount mentioned.

☐ In honor of __

Address_

| Occasion, if applicable | |
|---------------------------------|--|
| ☐ In memory of | |
| Please send remembrance card to | |

DONOR INFORMATION

Your name(s)

Address _____

Phone Number _____

E-Mail Address

Send to: St. Francis Catholic High School

Donation to Scholarship Fund \$_

5900 Elvas Avenue + Sacramento, CA 95819

THE ST. FRANCIS HIGH SCHOOL COMMUNITY MOURNS THE LOSS OF THE FOLLOWING ALUMNAE:

Sr. Stephanie Termini, Teacher

Monsignor James F. Church, Teacher

Mary Farrell Kehew '49

Lilly Tamaki '52

Joanne R. Brust '54

Geraldine "Gerry" Cook Sulivan '56

Percilla J. Kraintz '58

Karen Klimek '65

Marilyn Williams Walker '71

Theresa Roebuck Raynor '83

Sarah Brideson '08





5900 ELVAS AVENUE SACRAMENTO, CA 95819

For information about important dates and upcoming events, please visit our website: www.stfrancishs.org

Parents of Alumnae:

Please forward this publication and notify the Advancement Office of updated address.

1958 Tinkerbell Sylvester & Tweety 1976 1979 WINNIE THE POOH AND TIGGER Tweety Tonettes **SERVICE** 1984 Kermit the Frog 1962 Snoopy & SPIRIT MICKEY AND MINNIE MOUSEWoodstock Winnie the Pooh

1998 **Gator** Fleurettes 1999 Smurfette1981

1966 Garfield 2014Los Cabelleras 1974 WINNE THE POOH AND TIGGER 1992 Marvin the Martian

MEMORIES 1957₂₀₀₆ T.M.N.T Mickey & Minnie 1995 2003 1969 **FAITH**

Ms. Piggy & Kermit SNOOPY AND WOODSTOCK Elmo 2008

LOVE 1982 FRIENDS 1994 PINK PANTHER 1955 Red Riding Hood Michaelettes 1972 Minions 1975 Calvin & Hobbs Pink Panther

1980**TRADITION\$**2002 2011MICKEY AND MINNIE MOUSE 1988 Pebbles & BamBam

1985 Winnie the Pooh & Tigger 1991 Alice and the Rabbit 1952 Raggedy Ann & Andy 2004 Donald & Daisy SISTERHOOD 1954 SMORY AM WOOMSTOK 1954 Curious George 1977 2009 Mike & Sully

RETREATS Dory 1970 1996 1967

986 CHIP AND DALE nergizer Bunny 2010 PEACE 1973

1971 Flower & 1990 Thumper Strawberry Shortcake Cookie Monster 1989 Penguins Thumper 1965 Raggedy Ann 2007 2005 PAX ET BONUM2000 Stitch 1964 Winnie the Pooh 1968 2002 Snoopy Troubadours 2015 Los Cabelleras

CHEER 2001 2013 Pasca 1961 Tigger 1953 SYLVESTER AND TWEET

1956 **GIVE** Mushu 1960 Fighting Irish 2012 Taz 1997

1993 1987 1959

ST. FRANCIS CATHOLIC HIGH SCHOOL'S

REUNIO

CLASS OF 1940 - CLASS OF 2017

JUNE 9, 2017 - JUNE 11, 2017

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FRIDAY, JUNE 9

Alumnae Reunion Reception on the SFHS Campus

6:00рм - 10:00рм \$25 per person Guests welcome

Join your classmates for a night of dancing, a hosted bar, and food stations. Take pictures with your mascot and lounge in the "Love Your Troubie Sister a Latte" coffee bar.

SATURDAY, JUNE 10

Individual Class Reunions

Classes meet for individual reunions at a location of their choosing. www.stfrancishs.org/class-reunions

SUNDAY, JUNE 11

Family Celebration on the SFHS Campus

Breakfast \$10 per person, Kids under 12 free

Celebration Mass at 9:30AM Family Continental Breakfast at 10:30AM

RSVP

Please RSVP by May 27th www.stfrancishs.org/AlumnaeReunion