



Sports Camp Information Page

Please refer to the list below for information about appropriate attire and required equipment for each St. Francis Sports Camp.

Basketball Camp

Students should wear comfortable sports attire—preferably shirts and shorts suitable for playing basketball— and athletic shoes. Though not required, knee pads are recommended as the camp will take place in the St. Francis High School Gym. All basketballs and other equipment will be provided. Students should bring a water bottle, and feel free to bring a snack if desired.

Volleyball Camp

Students should wear comfortable sports attire—preferably shirts and shorts suitable for playing volleyball—athletic shoes, and knee pads. Students may choose to bring their own volleyballs, but the camp will provide practice balls as needed. The camps will take place in the St. Francis High School Gym. All other equipment will be provided. Students should bring a water bottle, and feel free to bring a snack if desired.

Lacrosse Camp

Students should wear comfortable clothing, athletic cleats or turf shoes, and may bring goggles to wear if they choose. Students are responsible for bringing their own lacrosse stick to participate in camp. All other equipment will be provided. Because the camp will take place outdoors on the St. Francis High School field, students should wear sunscreen. Students should bring a water bottle, and feel free to bring a snack if desired.

Softball Camp

Students should wear comfortable clothing that is appropriate to slide on the dirt infield, and cleats. Students will bring their own gloves and personal bats. Balls, batting machines and cages, tees for hitting demonstrations and all other equipment will be provided. Because the camp will take place outdoors on the St. Francis High School softball field, students should wear sunscreen. Students should bring a water bottle, and feel free to bring a snack if desired.

Soccer Camp

Students should wear comfortable clothing—preferably proper soccer attire—soccer cleats, and shin guards. Students may choose to bring their own soccer balls, but the camp will provide practice balls. All other equipment will be provided. Because the camp will take place outdoors on the St. Francis High School field, students should wear sunscreen. Students should bring a water bottle, and feel free to bring a snack if desired.