# Summer Classes & Camps



For 5<sup>TH</sup>-12<sup>TH</sup> Grade Girls & Boys • Arts, Academics, Sports & More!

## REGISTER ONLINE: WWW.STFRANCISHS.ORG/SUMMER



5900 Elvas Avenue · Sacramento, CA 95819 · 916.737.5040

## 9TH -12TH GRADE BOYS AND GIRLS

## SUMMER ACADEMIC CREDIT COURSES, SPORTS CAMPS, REVIEW & ENRICHMENT

## Arts Courses

### Art 1

| June 16 - July 3   | 8:00-1:00 PM     |
|--------------------|------------------|
| 9th-12th grades    | \$470            |
| Prerequisite: None | No Book Required |

This semester introductory survey course is the prerequisite for all year long visual art classes: Digital Photo, Painting, and Sculpture. Students are introduced to the visual arts through instruction in drawing, sculpture, architecture, painting, and art history. This course focuses on the elements of art through hands-on experience. **5 credits** 

### PAINTING 1, SESSION 1

| June 7 - July 3     | 8:00 AM-1:00 PM  |
|---------------------|------------------|
| 9th-12th grades     | \$480            |
| Prerequisite: Art 1 | No Book Required |

### PAINTING 1, SESSION 2

| July 7 - July 25    | 8:00 AM-1:00 PM  |
|---------------------|------------------|
| 9th-12th grades     | \$480            |
| Prerequisite: Art 1 | No Book Required |

This course introduces students to the basic materials, painting techniques and skills used in painting and are designed to develop student's observation, imagination, and creativity through artistic expression. Using the vocabulary of visual arts, students will also gain the ability to analyze and respond to various works, including their own. Through critiques, students will display the ability to aesthetically value and appreciate works of art, as well as understand the relationship between art, culture and history. This semester course, when taken with Painting 2, fulfills the SF and UC Fine Arts requirement. **5 credits** 

## Science Courses

### Biology

| June 16 - July 25  | 8:00 AM-1:00 PM |
|--------------------|-----------------|
| 10th-12th grades   | \$750           |
| Prerequisite: None | Book Required   |

This course is designed to teach the student the basic concepts necessary for investigating and understanding living organisms, with an emphasis on the interrelationships between organisms and their environment. Students develop a concept of the unique characteristics common to all living organisms, and are presented with a background in cellular and molecular biology, genetics, evolution, and ecology. While covering the kingdoms of life, the concept of increasing complexity and organization is developed through a study of structure and function, with emphasis on human physiology. Lots of great hands-on lab work! UC/CSU approved. **10 credits** 

### PAINTING 2

| July 7 - July 25         | 8:00 AM-1:00 PM  |
|--------------------------|------------------|
| 9th-12th grades          | \$480            |
| Prerequisite: Painting 1 | No Book Required |

Students further their understanding of painting techniques. They learn to express themselves through their own creative paintings and through critiques. Students analyze various artists' works as well as their own. Through critiques, students continue to appreciate works of art, as well as understand the relationship between art, culture and history. This semester course fulfills the SF and UC Fine Arts requirement. UC/CSU approved. **5 credits** 

### CHEMISTRY

| June 16 - July 25     | 8:00 AM-1:00 PM |
|-----------------------|-----------------|
| 10th-12th grades      | \$750           |
| Prerequisite: Biology | Book required   |

This course is designed to teach the fundamental principles of chemistry and to prepare students for physical science classes on high school and university levels. The class stresses basic problem solving techniques and understanding the major theories in chemistry through written and lab work. Chemistry is an experimental science so students will have lots of hands-on learning in the SF science labs! UC/CSU approved. **10 credits** 

## Math Courses

### Algebra 1 Review, Session 1

| June 16 - July 3   | 8:00 AM-1:00 PM  |
|--------------------|------------------|
| 9th-12th grades    | \$400            |
| Prerequisite: None | No Book Required |

## Algebra 1 Review, Session 2

| July 7 - July 25   | 8:00 AM-1:00 PM  |
|--------------------|------------------|
| 9th-12th grades    | \$400            |
| Prerequisite: None | No Book Required |

This course is suitable (upon recommendation from the Assistant Principal for Academics) for some incoming freshmen who will be enrolling in Geometry as a freshman, or for a current freshmen rising to sophomore year who are in need of some additional preparation prior to enrolling in Geometry in the fall. **0 Credit** 

## Algebra 2

| June 16 - July 25       | 8:00 AM-1:00 PM  |
|-------------------------|------------------|
| 10th-12th grades        | \$750            |
| Prerequisite: Algebra 1 | No Book required |

This course is the standard second year course in Algebra. Students must have received a B or better in Algebra 1 to take this class. Basic concepts are extended to include three-dimensional systems and their solutions; also developed are functions, relations, irrational and complex numbers, conics, exponential functions, log functions, and sequences and series. UC/CSU approved. **10 credits** 

#### GEOMETRY

| June 16 - July 25       | 8:00 AM-1:00 PM |
|-------------------------|-----------------|
| 10th-12th grades        | \$750           |
| Prerequisite: Algebra 1 | Book required   |

The course continues to review basic Algebra skills, but focuses on completing the state standards for Geometry. Major topics include geometric proofs, properties of parallel and perpendicular lines, congruent triangles, basic properties and area and volume of two-dimensional and three-dimensional figures, similarity and proportions, basic trigonometric functions, constructions, and coordinate Geometry. UC/CSU approved. **10 credits** 

## Social Studies Courses

## **Civics/Economics**

| June 16 - July 25           | 8:00 AM-1:00 PM |
|-----------------------------|-----------------|
| 12th grade                  | \$750           |
| Prerequisite: U. S. History | Book required   |

Civics and Economics analyzes government and politics in the United States and enables students to use economic concepts in a reasoned and careful manner in dealing with the personal, community and national economic issues students confront or will confront. The course examines the philosophical and constitutional bases of U.S. government, economy and the beliefs and behaviors of citizens. This class fulfills the senior year Social Studies requirement. UC/CSU approved. **10 credits** 

## World Geography, Session 1

| June 13 - July 3 -    | 8:00 AM-1:00 PM |
|-----------------------|-----------------|
| 9th grade SESSION FUL | \$400           |
| Prerequisite: None    | Book Required   |
|                       |                 |

## World Geography, Session 2

| July 7 - July 23<br>9th grade SESSION FUL | 18:00 AM-1:00 PM |
|---|------------------|
| 9th grade SESSION FOR                     | \$400            |
| Prerequisite: None                        | Book Required    |

This beginning social sciences course serves as the first semester of a three semester World History survey. Students develop geographic literacy and ability to link geography and its effect on human culture, with an emphasis on non-western history and culture. Students learn map reading as well as research and writing skills, while developing an empathetic socio- economic awareness of non-western culture. There is a special emphasis on the interpretation of history as a universal discipline. UC/CSU approved. **5 credits** 

## Other Courses & Non-Credit Camps

### **DRIVER EDUCATION**

| June 2 - June 12   | 8:00 -11:15 AM   |
|--------------------|------------------|
| 15 years old       | \$110            |
| Prerequisite: None | No Book Required |

## **DRIVER EDUCATION**

| June 2 - June 12   | 12: 00- 3:15 PM  |
|--------------------|------------------|
| 15 years old       | \$110            |
| Prerequisite: None | No Book Required |

This course is designed to help the student become a responsible driver who is well aware of and better able to manage the risks of distracted driving. With this goal in mind, responsible driving also addresses such issues as resisting harmful peer pressure and social pressure, exercising emotional control, and developing social responsibility. Course includes 26 hour class time and 4 hours of independent study; 30 hours total for course completion in compliance with DMV regulations. Students who successfully complete this course will receive a certificate of completion and will be eligible to take the permit test. You must be 15 ½ years old to take the CA permit test and 15 to take this class. **0 Credit** 

### HEALTH SESSION 1

| June 16 - July 3<br>9th-12th grade SESSION FUL | 8:00 AM-1:00 PM |
|--|-----------------|
| 9th-12th grade SESSION FOR                     | \$400           |
| Prerequisite: None                             | Book Required   |

### **HEALTH SESSION 2**

| July 7 - July 25<br>9th-12th grade SESSION FUL | 8:00 AM-1:00 PM |
|--|-----------------|
| 9th-12th grade SESSION FOR                     | \$400           |
| Prerequisite: None                             | Book Required   |

Health class focuses on helping students understand and develop healthy behaviors and lifestyles. Students assess their current lifestyle choices and set personal goals aimed at improving their quality of life. Students learn to identify teenage health risks, and investigate health issues and health related careers. In addition, they research health risks created by poverty, domestic violence and child abuse. This is a required course for graduation from SF. UC/CSU approved. **5 credits** 

## **STUDY SKILLS SESSION 1**

| June 16 - June 20  | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 7th - 9th grade    | \$125             |
| Prerequisite: None | No Book Required  |

## **STUDY SKILLS SESSION 2**

| July 7 - July 11      | 1:00 PM - 3:00 PM |
|-----------------------|-------------------|
| 5th - 9th grade Girls | \$125             |
| Prerequisite: None    | No Book Required  |

In junior high and high school, great study skills are the key to academic success. This class will use traditional methods and technology-based apps to demonstrate effective note taking, annotation, organization, prioritization and time management. **0 Credit** 

### **COOKING & BAKING**

| June 16 - July 3   | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 7th - 9th grade    | \$325             |
| Prerequisite: None | No Book Required  |

Do you love watching the Food Channel or experimenting in the kitchen? Then spend some time building your culinary skills this summer! Cook, bake, and grill your way through the afternoon. Pick herbs from the St. Francis garden, braid and bake bread, grill seasonal vegetables, and add a few new dishes to your repertoire. Yum! **0 Credit** 

## FLIPPED WITH IPADS SESSION 1

| June 30 - July 3   | 1:00 PM - 3:30 PM |
|--------------------|-------------------|
| 7th - 9th grade    | \$140             |
| Prerequisite: None | No Book Required  |

## FLIPPED WITH IPADS SESSION 2

| July 21 - July 25  | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 7th - 9th grade    | \$140             |
| Prerequisite: None | No Book Required  |

Learn using iPads! As classrooms begin to adapt the "flipped" model of learning, be ahead of the game and learn to use the iPad apps for taking notes, homework, test taking, projects and much more. **0 Credit** 

### **LEADERSHIP SESSION 1**

| June 23 - June 27  | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 7th - 9th grade    | \$125             |
| Prerequisite: None | No Book Required  |

### LEADERSHIP SESSION 2

| July 14- July 18   | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 7th - 9th grade    | \$125             |
| Prerequisite: None | No Book Required  |

Have you always wanted to run for a school office or lead a club or sports team? Our leadership class will help you understand what makes a great leader. You'll receive coaching on personal development, communication, organization, community building, and ethics in leadership. This class will give you the tools to motivate and lead others while working on your unique strengths and talents. **0 Credit** 

## Speech & Debate Session 1

| June 16 - July 3   | 8:00 AM - 10:00 AM |
|--------------------|--------------------|
| 7th - 9th grade    | \$275              |
| Prerequisite: None | No Book Required   |

### Speech & Debate Session 2

| July 7 - July 25   | 10:10 AM - 12:10 PM |
|--------------------|---------------------|
| 7th - 9th grade    | \$275               |
| Prerequisite: None | No Book Required    |

Debate class/camp seeks to develop students' skills and confidence in public speaking, research and debate, through study, practice and experience. The program will cover both logic and argumentation as well as the fundamentals of effective public speaking: preparation, pace, tone, expressiveness, and organization. This course is highly recommended for students who wish to compete in any SVFL (Southern Valley Forensic League) tournaments as novice (first year) competitors. Students in this class will prepare for successful performances by learning proper debate format, terminology and techniques. Students will participate in class debates and other activities required of students preparing for competition. **0 Credit** 

## MUSIC THEORY BOOTCAMP FOR SINGERS

| June 16 - June 20  | 1:30 PM - 3:30 PM |
|--------------------|-------------------|
| 7th - 12th grade   | \$125             |
| Prerequisite: None | No Book Required  |

Do you love to sing but don't know how to read music? Come join our Theory of Music Boot Camp for Singers and learn the basics! We'll study note names, rhythms, intervals and basic scales. You'll learn musical terms and concepts all singers should know in a fun and relaxed setting. Open to singers from 7th-12th grade. **0 credits** 

### THEATRE MUSICAL WORKSHOP

| June 16 - July 3   | 9:00 AM-12:00 PM |
|--------------------|------------------|
| 6th - 9th grade    | \$400            |
| Prerequisite: None | No Book Required |

Theatre-Music-Dance-Art, Oh My! This hands-on, active camp encompasses theatre, music, dance and visual arts. Students perform shortened musicals, sing, dance, design costumes, make props, build sets, paint backdrops, and design performance programs. Campers design their own t-shirt! Three teachers and two high school assistants work with the campers every day. It is important that campers attend all sessions. The camp will culminate in a wonderful mini-production which friends and family are invited to attend in the St. Francis Theatre on the last day of the camp. **0 Credit** 

### DANCE FOR FITNESS

| June 16 - July 3   | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 5th - 9th grade    | \$275             |
| Prerequisite: None | No Book Required  |

Students develop their knowledge of dance techniques while improving their body flexibility, strength, endurance, balance, coordination and relaxation. A variety of dance genres are explored, including jazz, modern, hip-hop, funk, and character. Participants will have the opportunity to collaboratively create choreography. Dance shoes not required. **0 Credit** 

## SOFTBALL CAMP

| June 23 - 27                | 9:00 AM - 12:00 PM |
|-----------------------------|--------------------|
| 5th through 9th grade Girls | \$125              |
| Prerequisite: None          | No Book Required   |

A softball camp for all levels of players that will emphasize all aspects of the game: throwing, hitting, catching, sliding and playing your position. Work with SFHS softball coaches and players during camp! **0 Credit** 

#### LACROSSE CAMP

| July 7 - July 11      | 9:00 AM - 12:00 PM |
|-----------------------|--------------------|
| 5th - 9th grade Girls | \$125              |
| Prerequisite: None    | No Book Required   |

Participants are introduced to the rules and fundamentals of this fast paced sport. Skills developed include sprinting, precision passing and dodging, and use of the crosse (stick) to throw, catch and scoop the ball. Bring your own crosse if you have one. Meet and work with SF lacrosse coaches and players during camp. **0 Credit** 

### Soccer Camp

| July 21 - July 25  | 9:00 AM - 12:00 PM |
|--------------------|--------------------|
| 9th grade Girls    | \$125              |
| Prerequisite: None | No Book Required   |

All elements of the soccer game are emphasized, including warm-up, trapping, dribbling, passing, shooting, small-sided games and stretching to end the session. Both individual fundamentals and team strategies will be accentuated. Work with SF soccer coaches and players during camp! **0 Credit** 

### **BASKETBALL CAMP SESSION 1**

| June 23 - June 27     | 9:00 AM - 12:00 PM |
|-----------------------|--------------------|
| 5th - 9th Grade Girls | \$125              |

### BASKETBALL CAMP SESSION 2

| July 7 - July 11      | 9:00 AM - 12:00 PM |
|-----------------------|--------------------|
| 5th - 9th Grade Girls | \$125              |

Individual basketball camp that works on all the basic skills: dribbling, passing, shooting, and incorporating those in a team atmosphere. Meet and work with SF basketball coaches and 16 players during camp! **0 Credit** 

| Volleyball Camp (5th -6th) |                    |
|----------------------------|--------------------|
| June 16 - June 20          | 9:00 AM - 12:00 PM |
| 5th - 6th Grade Girls      | \$125              |

## Volleyball Camp (7th- 9th)

| June 16 - June 20     | 1:00 PM - 4:00 PM |
|-----------------------|-------------------|
| 7th - 9th Grade Girls | \$125             |

All elements of the game are emphasized: passing, setting, hitting, serving– both overhand and underhand, and defensive moves. Skills are taught and reviewed daily. On the last two days of camp, mini games are played. Work with SFHS volleyball coaches and players during camp! **0 Credit** 

## **REQUIRED & RECOMMENDED COURSES**

## TROUBIE SUCCESS (ALGEBRA 1 & ENGLISH 9)

| June 16 - July 23  | 8:00 AM -1:00 PM |
|--------------------|------------------|
| 9th grade          | \$600            |
| Prerequisite: None | No Book Required |

This course is available by invitation only.

This enrichment course is designed to provide support to incoming freshmen who need to strengthen pre-algebra and early algebra skills in preparation for completing Algebra 1. This course also focuses on the academic and study skills necessary to succeed at St. Francis and gives students the tools they need for their four years of high school. The goal of this course is to empower and inspire students as they transition to a new academic environment. **0 Credit** 

### **ENGLISH 9 PREP**

| June 16 - July 3   | 8:00 AM-10:00 AM |
|--------------------|------------------|
| 9th grade          | \$300            |
| Prerequisite: None | No Book Required |

Priority enrollment in "English 9 Prep" will be given to those students whose acceptance letters recommend this class.

This class supports the academic development of students in the following areas: study skills, reading comprehension, writing, vocabulary and research. This course is open to all incoming freshman who need to strengthen their English skills to be prepared to complete English 9. **0 Credit** 

### Algebra 1 Readiness

| July 7 - July 25   | 8:00 AM-1:00 PM |
|--------------------|-----------------|
| 9th Grade          | \$300           |
| Prerequisite: None | Book Required   |

Priority enrollment in "Algebra 1 Readiness" will be given to those students whose acceptance letters require or recommend this class.

This course is for incoming freshmen who need to strengthen pre-algebra and early algebra skills to be prepared to complete Algebra 1. This is open to students who must satisfactorily complete Algebra during the school year. **0 Credit** 

## 5TH -8TH GRADE BOYS AND GIRLS

## SUMMER ART CAMPS

## Art CAMP Session 1

| June 16 - July 3 | 1:00 PM-3:00 PM |
|------------------|-----------------|
| 6th - 8th grade  | \$295           |

## Art CAMP Session 2

| July 7 - July 25 | 1:00 PM-3:00 PM |
|------------------|-----------------|
| 6th - 8th grade  | \$295           |

Explore art through drawing, painting, and sculpture. Campers will work together and individually on a number of pieces. You will be surprised at the wonderfully creative work that the campers show at the end of the session. This is for the beginning and intermediate artist. If you have experienced this camp, you may want to take the Advanced Art Camp. **0 Credit** 

### Advanced Art Camp Session 1

| June 16 - July 3 | 1:00 PM-3:00 PM |
|------------------|-----------------|
| 6th - 8th grade  | \$295           |

### Advanced Art Camp Session 2

| July 7 - July 25 | 1:00 PM-3:00 PM |
|------------------|-----------------|
| 6th - 8th grade  | \$295           |

Explore the exciting and fun-filled world of art through drawing, painting, and mixed media sculpture. The camper's creative juices will flow while creating their hands on individual and group art projects. This camp is designed for girls and boys who have taken art classes before and want to further their understanding and skills. Art camp is not a prerequisite for Advanced art camp. **0 Credit** 

### THEORY OF MUSIC BOOTCAMP FOR SINGERS

| June 16 - June 20 | 1:30 PM-3:30 PM |
|-------------------|-----------------|
| 7th - 12th grade  | \$125           |

Do you love to sing but don't know how to read music? Come join our Theory of Music Boot Camp for Singers and learn the basics! We'll study note names, rhythms, intervals and basic scales. You'll learn musical terms and concepts all singers should know in a fun and relaxed setting. Open to singers from 7th-12th grade. **0 credits** 

### Theatre Musical Workshop

| June 16 - July 3 | 9:00 AM-12:00 PM |
|------------------|------------------|
| 6th - 9th grade  | \$400            |

Theatre-Music-Dance-Art, Oh My! This hands-on, active camp encompasses theatre, music, dance and visual arts. Students perform shortened musicals, sing, dance, design costumes, make props, build sets, paint backdrops, and design performance programs. Campers design their own t-shirt! Three teachers and two high school assistants work with the campers every day. It is important that campers attend all sessions. The camp will culminate in a wonderful mini-production which friends and family are invited to attend in the St. Francis Theatre on the last day of the camp. **0 Credit** 

## DANCE FOR FITNESS

| June 16 - July 3 | 1:00 PM - 3:00 PM |
|------------------|-------------------|
| 5th - 9th grade  | \$275             |

Students develop their knowledge of dance techniques while improving their body flexibility, strength, endurance, balance, coordination and relaxation. A variety of dance genres are explored, including jazz, modern, hip-hop, funk, and character. Participants will have the opportunity to collaboratively create choreography. Dance shoes not required. **0 Credit** 

## **IPAD PHOTOGRAPHY SESSION 1**

| June 16 - July 3 | 8:00 AM-10:00 AM |
|------------------|------------------|
| 7th - 8th grade  | \$295            |

### **IPAD PHOTOGRAPHY SESSION 2**

| July 7 - July 25 | 8:00 AM-10:00 AM |
|------------------|------------------|
| 7th - 8th grade  | \$295            |

Whether you love taking "selfies," snapping photos of your friends, or capturing the perfect sunset, the iPad is an incredible photography tool. In this class you'll use our St. Francis iPads to learn how to take great photos, creatively edit them, and share them in safe and fun ways. **0 Credit** 

## SUMMER ENGLISH CAMPS

## MIDDLE SCHOOL ENGLISH PREP SESSION 1

| June 16 - July 3 | 8:00 AM-10:00 AM |
|------------------|------------------|
| 5th - 7th grade  | \$ 275           |

## MIDDLE SCHOOL ENGLISH PREP SESSION 2

| July 7- July 25 | 8:00 AM-10:00 AM |
|-----------------|------------------|
| 5th - 7th grade | \$ 275           |

This important and highly effective course focuses on preliminary skills necessary to succeed in English class. Students improve their skills in close reading of literary texts, including using basic methods of annotation and locating and explaining basic literary techniques. They strengthen their essay writing skills by completing a variety of writing tasks and learning how to organize, draft and revise their writing. Techniques for word-building are introduced. **0 Credits** 

## HIGH SCHOOL ENGLISH PREP SESSION 1

| June 16 - July 3 | 10:10 AM-12:10 PM |
|------------------|-------------------|
| 7th - 8th grade  | \$ 275            |

## HIGH SCHOOL ENGLISH PREP SESSION 2

| July 7- July 25 | 10:10 AM-12:10 PM |
|-----------------|-------------------|
| 7th - 8th grade | \$ 275            |

This class supports the academic development of students in the following areas: study skills, reading comprehension, writing, vocabulary and research. This course is open for students who would like to strengthen their English skills to be prepared to complete a freshman English course. **0 Credit** 

## SUMMER ENRICHMENT CAMPS

## **STUDY SKILLS SESSION 1**

| June 16 - June 20  | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 7th - 8th grade    | \$125             |
| Prerequisite: None | No Book Required  |

### **STUDY SKILLS SESSION 2**

| July 7 - July 11   | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 7th -8th grade     | \$125             |
| Prerequisite: None | No Book Required  |

In junior high and high school, great study skills are the key to academic success. This class will use traditional methods and technology-based apps to demonstrate effective note taking, annotation, organization, prioritization and time management. **0 Credit** 

## Cooking & Baking

| June 16 - July 3   | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 7th - 9th grade    | \$325             |
| Prerequisite: None | No Book Required  |

Do you love watching the Food Channel or experimenting in the kitchen? Then spend some time building your culinary skills this summer! Cook, bake, and grill your way through the afternoon. Pick herbs from the St. Francis garden, braid and bake bread, grill seasonal vegetables, and add a few new dishes to your repertoire. Yum! **0 Credit** 

## FLIPPED WITH IPADS SESSION 1

| June 30 - July 3   | 1:00 PM - 3:30 PM |
|--------------------|-------------------|
| 7th - 9th grade    | \$140             |
| Prerequisite: None | No Book Required  |

### FLIPPED WITH IPADS SESSION 2

| July 21 - July 25  | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 7th - 9th grade    | \$140             |
| Prerequisite: None | No Book Required  |

Learn using iPads! As classrooms begin to adapt the "flipped" model of learning, be ahead of the game and learn to use the iPads apps for taking notes, homework, test taking, projects and much more. **0 Credit** 

### **LEADERSHIP SESSION 1**

| June 23 - June 27  | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 7th - 9th grade    | \$125             |
| Prerequisite: None | No Book Required  |

### **LEADERSHIP SESSION 2**

| July 14- July 18   | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 7th - 9th grade    | \$125             |
| Prerequisite: None | No Book Required  |

Have you always wanted to run for a school office or lead a club or sports team? Our leadership class will help you understand what makes a great leader. You'll receive coaching on personal development, communication, organization, community building, and ethics in leadership. This class will give you the tools to motivate and lead others while working on your unique strengths and talents. **0 Credit** 

## Speech & Debate Session 1

| June 16 - July 3   | 8:00 AM - 10:00 AM |
|--------------------|--------------------|
| 7th - 9th grade    | \$275              |
| Prerequisite: None | No Book Required   |

### Speech & Debate Session 2

| July 7 - July 25   | 10:10 AM - 12:10 PM |
|--------------------|---------------------|
| 7th - 9th grade    | \$275               |
| Prerequisite: None | No Book Required    |

Debate class/camp seeks to develop students' skills and confidence in public speaking, research and debate, through study, practice and experience. The program will cover both logic and argumentation as well as the fundamentals of effective public speaking: preparation, pace, tone, expressiveness, and organization. This course is highly recommended for students who wish to compete in any SVFL (Southern Valley Forensic League) tournaments as novice (first year) competitors. Students in this class will prepare for successful performances by learning proper debate format, terminology and techniques. Students will participate in class debates and other activities required of students preparing for competition. **0 Credit** 

## MUSIC THEORY BOOTCAMP FOR SINGERS

| June 16 - June 20  | 1:30 PM - 3:30 PM |
|--------------------|-------------------|
| 7th - 12th grade   | \$125             |
| Prerequisite: None | No Book Required  |

Do you love to sing but don't know how to read music? Come join our Theory of Music Boot Camp for Singers and learn the basics! We'll study note names, rhythms, intervals and basic scales. You'll learn musical terms and concepts all singers should know in a fun and relaxed setting. Open to singers from 7th-12th grade. **0 credits** 

## THEATRE MUSICAL WORKSHOP

| June 16 - July 3   | 9:00 AM-12:00 PM |
|--------------------|------------------|
| 6th - 9th grade    | \$400            |
| Prerequisite: None | No Book Required |

Theatre-Music-Dance-Art, Oh My! This hands-on, active camp encompasses theatre, music, dance and visual arts. Students perform shortened musicals, sing, dance, design costumes, make props, build sets, paint backdrops, and design performance programs. Campers design their own t-shirt! Three teachers and two high school assistants work with the campers every day. It is important that campers attend all sessions. The camp will culminate in a wonderful mini-production which friends and family are invited to attend in the St. Francis Theatre on the last day of the camp. **0 Credit** 

#### **DANCE FOR FITNESS**

| June 16 - July 3   | 1:00 PM - 3:00 PM |
|--------------------|-------------------|
| 5th - 9th grade    | \$275             |
| Prerequisite: None | No Book Required  |

Students develop their knowledge of dance techniques while improving their body flexibility, strength, endurance, balance, coordination and relaxation. A variety of dance genres are explored, including jazz, modern, hip-hop, funk, and character. Participants will have the opportunity to collaboratively create choreography. Dance shoes not required. **0 Credit** 

## SUMMER MATH CAMPS

### MIDDLE SCHOOL MATH PREP SESSION 1

| June 16 - July 3 | 10:10 AM-12:10 PM |
|------------------|-------------------|
| 5th - 7th grade  | \$ 275            |

## MIDDLE SCHOOL MATH PREP SESSION 2

| July 7- July 25 | 10:10 AM-12:10 PM |
|-----------------|-------------------|
| 5th - 7th grade | \$ 275            |

Students strengthen arithmetic skills necessary to be successful in pre-algebra through work with basic operations (addition, subtraction, multiplication, and division of decimals, fractions, and integers), percent problems, and mental math including memorization of math facts. They also learn the math organizational skills needed to prepare for high school courses. Students explore simple, variable and multi-variable, multi-step equations to prepare for future Algebra courses. **0 Credits** 

## HIGH SCHOOL MATH PREP SESSION 1

| June 16 - July 3 | 8:00 AM-10:00 AM |
|------------------|------------------|
| 7th - 8th grade  | \$ 275           |

## HIGH SCHOOL MATH PREP SESSION 2

| July 7- July 25 | 8:00 AM-10:00 AM |
|-----------------|------------------|
| 7th - 8th grade | \$ 275           |

Students strengthen pre-algebra skills necessary to be successful in Algebra 1 by reviewing skills covered in Middle School Math Prep (not a pre-requisite); solve simple equations and inequalities, word problems, and ratio and proportion problems; and simplify expressions using order of operations. Students explore simple, variable and multi-variable, multi-step equations to prepare for future Algebra courses. **0 Credit** 

## SUMMER SCIENCE CAMPS

### **BASIC ANATOMY SESSION 1**

| June 16 - July 3 | 8:00 AM-10:00 AM |
|------------------|------------------|
| 6th - 8th grade  | \$ 275           |

## BASIC ANATOMY SESSION 2

| July 7- July 25 | 8:00 AM-10:00 AM |
|-----------------|------------------|
| 6th - 8th grade | \$ 275           |

Learn, explore, and dissect digitally using iPads different aspects of human anatomy. **0 Credit** 

### FORENSICS

| June 16 - July 3 | 10:10 AM-12:10 PM |
|------------------|-------------------|
| 5th - 7th grade  | \$ 275            |

Become a member of the SFHS CSI (Crime Scene Investigation) team this summer. The team will study the concepts and skills necessary to investigate a crime scene and solve a case by the end of camp. During the first week of camp, the team will develop microscopy skills to perform hair and fiber analysis, learn fingerprinting techniques, use synthetic blood to identify various blood types, and discover the art of chromatography. The CSI team will gather evidence to solve "THE CASE OF THE MISSING SKULL" using skills they learned the previous week. The project begins with "the scene of the crime" and concludes with issuing an arrest warrant to the suspect. **0 Credits** 

### **BEGINNING GAME & ANIMATION PROGRAMMING**

| July 14- July 25 | 9:00 AM-12:00 PM |
|------------------|------------------|
| 6th - 8th grade  | \$ 275           |

Explore your digital creativity and learn the basics of computer programming. Create interactive stories, animations, and games using MIT's Scratch programming language. **0 Credit** 

## SUMMER THEOLOGY CAMPS

### Faith Trust, & Pixie Dust

| June 16 - July 3 | 1:00 PM - 3:00 PM |
|------------------|-------------------|
| 5th - 8th grade  | \$275             |

This Theological course ties in the study of Morality, Theology and Philosophy by using the situations and themes of the Disney catalog of movies. This course will look at the folktales and fairy tales in the Disney catalogue to uncover the moral, ethical and philosophical nuances in the characters and the stories. This discussion oriented course investigates the older films: Snow White, Cinderella and Peter Pan and the later films: The Little Mermaid, Mulan, and Lion King. We will read articles, view film clips, do group work and develop our aesthetic critical thinking skills. These classic films will uncover great lessons of history and personal growth. **0 Credit** 

## **OLD TESTAMENT ADVENTURES**

| July 7 - July 25 | 1:30 PM - 3:30 PM |
|------------------|-------------------|
| 5th - 8th grade  | \$ 275            |

Old Testament Adventures challenges young minds to explore God's friendship through all 46 books of the Old Testament! Incredibly fun activities rocket campers through the epic stories of classic biblical heroes: Noah, Abraham, Joshua, Deborah, Samson, David, Ezekiel, Nehemiah, and others! Students working in teams study the evolution from oral traditions to the earliest written scriptures in this fast-paced, fun, activities-based adventure! **0 Credit** 

## SUMMER SPORTS CAMPS

## SOFTBALL CAMP

| June 23 - June 27           | 9:00 AM - 12:00 PM |
|-----------------------------|--------------------|
| 5th through 9th grade Girls | \$125              |
| Prerequisite: None          | No Book Required   |

A softball camp for all levels of players that will emphasize all aspects of the game: throwing, hitting, catching, sliding and playing your position. Work with SFHS softball coaches and players during camp! **0 Credit** 

## LACROSSE CAMP

| July 7 - July 11      | 9:00 AM - 12:00 PM |
|-----------------------|--------------------|
| 5th - 9th grade Girls | \$125              |
| Prerequisite: None    | No Book Required   |

Participants are introduced to the rules and fundamentals of this fast paced sport. Skills developed include sprinting, precision passing and dodging, and use of the crosse (stick) to throw, catch and scoop the ball. Bring your own crosse if you have one. Meet and work with SF lacrosse coaches and players during camp. **0 Credit** 

### Soccer Camp

| June 23 - June 27     | 9:00 AM - 12:00 PM |
|-----------------------|--------------------|
| 5th - 8th grade Girls | \$125              |
| Prerequisite: None    | No Book Required   |

All elements of the soccer game are emphasized, including warm-up, trapping, dribbling, passing, shooting, small-sided games and stretching to end the session. Both individual fundamentals and team strategies will be accentuated. Work with SF soccer coaches and players during camp! **0 Credit** 

## **BASKETBALL CAMP SESSION 1**

| June 23 - June 27     | 9:00 AM - 12:00 PM |
|-----------------------|--------------------|
| 5th - 9th Grade Girls | \$125              |

## BASKETBALL CAMP SESSION 2

| July 7 - July 11      | 9:00 AM - 12:00 PM |
|-----------------------|--------------------|
| 5th - 9th Grade Girls | \$125              |

Individual basketball camp that works on all the basic skills: dribbling, passing, shooting, and incorporating those in a team atmosphere. Meet and work with SF basketball coaches and 16 players during camp! **0 Credit** 

## **VOLLEYBALL CAMP SESSION 1**

| June 16 - June 20     | 9:00 AM - 12:00 PM |
|-----------------------|--------------------|
| 5th - 6th Grade Girls | \$125              |

## **VOLLEYBALL CAMP SESSION 2**

| June 16 - June 20     | 1:00 PM - 4:00 PM |
|-----------------------|-------------------|
| 7th - 9th Grade Girls | \$125             |

All elements of the game are emphasized: passing, setting, hitting, serving– both overhand and underhand, and defensive moves. Skills are taught and reviewed daily. On the last two days of camp, mini games are played. Work with SFHS volleyball coaches and players during camp! **0 Credit** 



#### **Summer School Policies and Procedures**

#### **General Policies**

All rules and regulations of St. Francis High School are in effect during the summer sessions. Infractions (e.g. dress code or phone violations, tardiness – see <u>Student Parent Handbook</u> on the St. Francis website) may result in detentions being issued. Students who receive three or more detentions may be asked to leave summer school with no credit and no refund.

#### **Dress Code**

Our summer school dress code is casual and comfortable. Students are expected to dress in clean, decent attire. No hats are to be worn in the classroom. Tank tops, sports shorts, crop tops, bathing suits and clothing with inappropriate language are not acceptable. Shorts and tops must be modest. Shorts should be no shorter than 3 inches above the knee. Tops must cover the back and stomach.

#### Supervision

St. Francis High School is not responsible for supervision of students outside of class time, this includes lunch breaks.

#### Attendance

Attendance is taken daily. If a student is absent, parents are to call the Summer Session Attendance Office at 916-737-5050 before 9:00AM on the day of the absence to advise the school of the reason for the absence. Students enrolled in credit courses may not miss more than 1 day during each 3-week session or semester if they wish to be granted credit for the course. The campus is closed on July 4, 2014.

#### **Tuition Policy**

Tuition cost for each camp or course is indicated by camp/course description. Our online registration process requires payment by credit card at the time of registration. To make alternate payment arrangements, please call 916-737-5040. If paying by check, 1/2 tuition is due with registration and the other half is due 30 days after registration or by June 1, 2014, whichever comes first.

Cancellation Policy: A full refund, less \$25 per camp or \$50 per course will be issued if cancelled by May 15, 2014, after which time a full refund will be issued only if the course/camp is cancelled by St. Francis High School.

Students will be denied class admission if tuition is unpaid. St. Francis High School reserves the right to cancel classes that do not have sufficient enrollment. Classes will be filled on a first come, first serve basis. St. Francis students have priority admission to academic courses. Class rosters will be posted at the front of the school on the first day of the class.

#### Books

If there is a required book, it is indicated on the course description. Hardbound, iBooks, eBook links will be available on May 10. Although books can be purchased through any vendor, the <u>ISBN and edition</u> must match exactly. Students are responsible for purchasing textbooks and/or materials required for all classes, including pens, pencils, paper and notebooks.

In those classes with limited enrollment, students who are NOT accepted into the Summer School Program will be notified prior to the first day of class.

#### **iPad Policy**

All SFHS students, including incoming freshmen taking academic courses, are required to pick up their iPads from SFHS during the week of June 9-13<sup>th</sup> between 8:00am – 3:00pm.

All non-SFHS students taking academic courses who wish to rent an SFHS iPad will also be required to pick up their iPad from SFHS during the week of June 9-13<sup>th</sup> between 8:00am – 3:00pm. A \$75 deposit check or credit card hold will be needed for any student rental.

All students will be responsible for having downloaded/purchased any iBook or other materials required prior to the first day of summer school. Ordering and tutorial information will be provided at a later date.

Academic course students may take their iPads home. Camp students will utilize their iPads on campus and may take them home at the determination of the teacher.

#### Cafeteria

The St. Francis High School cafeteria will offer lunch and snack items for purchase during the summer session from 8am-1pm. Students/Campers may bring their own food and snacks which can be eaten in the cafeteria or in Serra Court at the tables provided.

#### **Media Policy**

St. Francis High School reserves the right to include in its print or digital publications and advertising materials photographs with or without identification of summer school students, whether or not they attend St. Francis High School during the regular school year, unless specifically requested not to do so by any individual (or parent/guardian, in case of a minor). To rescind permission, please notify the Summer School Director at <u>summer@stfrancishs.org</u>.



5900 Elvas Avenue · Sacramento, CA 95819 · 916.737.5040

WWW.STFRANCISHS.ORG/SUMMER