

The Mandolin

St. Francis High School

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"Spread the word."

Issue 81

2015 School Year Wrap Up!

By MANDOLIN STAFF

From Homecoming Week to Every Fifteen Minutes, this school year has been eventful to say the least. We hit the ground running first semester with the unveiling of our new dining hall. It has greatly reduced the lines for lunches and introduced some fancy new dining choices. In addition to the new building, SF has added a digital mosaic of screens to project images of our beautiful campus. The new dining hall opened the opportunity



The plaque that dedicates the new tree to Mr. Dodson

PHOTO COURTESY AVA RUTTER '16

for daily community lunches, which were implemented about halfway through the semester. These community lunches have been a big hit with SF girls.

Homecoming Week was filled with anxiety this year. The seniors and the juniors were neck and neck down to the last minute; however, in the end the seniors took first place. Next year's Spirit Week should be just as competitive as the rising juniors strive to prove themselves.

The Arts Department had a busy year as well. With *You're a Good Man, Charlie Brown*, *Macbeth*, *Winterfest*, and more, Troubies showed off their talent on

the stage this year.

On the sports side, St. Francis' cross-country and water polo teams represented the school well as they both made it to sections. We're excited to see how our spring sports play out in playoffs this year.

As a school, we came together in mourning with the passing of our friend, mentor, and teacher, Mr. Dodson. On April 29th, we honored him by planting a Japanese Maple tree in the front of the school. As we move forward into summer and the coming school year, we know that we will never forget him.

As for us at *The Mandolin*, it's been a pleasure putting together the newspaper this year. As our senior editors move on, we know that the paper is in good hands with our fellow editors.

What's Inside

Senior Surveys!	1-8
Sports Wrap-Up	9
Academic Teams Wrap-Up	9
Every 15 Minutes	10
#MLISF	10
Horoscopes	10
Honor Guard Asks	10

SENIOR SURVEYS

The Mandolin asked the seniors 5 questions, and here are their responses!

Senior Survey questions:

1. What college will you be attending?
2. What are you planning to major in?
3. If you could pick any teacher to have lunch with, who would it be?
4. What advice do you have for the underclassmen?
5. Describe your St. Francis experience in 5 words.

Sabrina Abero

1. University of Nevada Reno
2. Nursing
3. Mr. Pitton
4. Cherish each moment you have here. Because before you know it, all the time you thought you had becomes time you wish you had.
5. A beautiful and priceless journey

Bailey Aguilar

1. Bryn Mawr College
2. Russian Language & Art History
3. Ms. Walker & Mrs. More
4. Don't be afraid to challenge yourself and try new things.
5. Lifelong friendships and rigorous academics.

Erin Alberts

1. Seattle University
2. bio, I want to be a vet
3. G DAWG
4. enjoy high school while it lasts cause 4 yrs go by fast
5. laugh, stress, cry, lunch detention, kairos

Alyse Andre

1. University of San Francisco
2. Business
- 3.
- 4.
- 5.

Brooke Aprea

1. USC
2. English, maybe business
3. Mr. Gracyk (G-Dawg)
4. Be involved and be open, because you can meet so many wonderful people. From best friends to class friends to acquaintances, there are so many people to surround yourself with and many great memories to make. Savor every moment, even if it is hard with stress. But most importantly, be yourself.
5. Exciting, crazy, loving, incredible, and fabulous!!

Gabriella Arostegui

1. college of the holy cross
2. English and Classics
3. Briggs or Kirstien
4. Enjoy your time here.
5. Interesting and full of studying

Helen Hope Asmuth

1. University of Notre Dame
2. Biology
3. Madame L'Hermine
4. Work hard in school because having a strong work ethic will pay off in the long run. Also, go on retreats!
5. Once in a lifetime friendships

Dee Bailey

1. University of California
2. Communications
3. Mr. Williams
4. Enjoy high school while you can
5. Crazy, long. Interesting, eventful, and life

Isabel Barichievich

1. Gonzaga University
2. Italian/International Business
3. Signora Bertini
4. Sometimes sleep is just more important.
5. Take all the spoons/forks.

Sarah Basharkhah

1. UC Davis
2. Biology (Thanks Ms. Ownbey)
3. Don't make me choose, I love too many of them (but if you're twisting my arm: Mrs. McDonald, Mrs. Sharon, Mrs. Freeberg, Ms. Ownbey, and Mr. Strawn).
4. If you're still reading, please remember that you are worth more than the sum of your GPA and SAT score.
5. Challenging, yet still strangely worthwhile

Mariel Monet Benigno

1. UC Merced
2. Biochemistry
3. Mr. Williams
4. Enjoy your 4 years at St. Francis because it goes by so quickly.
5. Friendships that will last forever.

Sydra Bera

1. Seton Hall University
2. Criminology/ Law
3. Mr. Pitton
4. Study if thought you really don't want to, make time for your friends, don't let the little things bring you down and also live in the moment :)
5. Never had a better time

Peyton Bilo

1. Cal Poly SLO
2. Kinesiology
3. Mr. Gracyk
4. Befriend your teachers
5. It was all worth it

Amanda Blake

1. UC Davis
2. Neurobiology, physiology, and behavior
3. Ms. Kirstien
4. You do you
5. Missing pink striped pencil bag

Ryleigh Bone

1. Fresno State
2. Business
3. Mr. Gracyk
4. Be you & have fun.
5. I love my laxing chickens.

Sophia Bonenfant

1. Seton Hall University
2. Nursing
3. Signora Bertini
4. _(ツ)_/
5. i love my trouble sisters!!

Bailey Boone

1. Sierra College
2. Social Work
3. Mr. Poggi
4. Choose sleep over homework.
5. Create friends for a lifetime

Camille Boudreaux

1. Occidental College, L.A.
2. Economics and French
3. Garcia, Willow, & the Madames, of course!
4. Stress Less. Do your Best. Don't Be like the Rest. (& this rhymes! Cool!)
5. A Whole Lot of CRAZZAY!

Catie Brown

1. Southern Methodist University
2. Physiology
3. Madame L'Hermine
4. Go on Kairos!
5. I love my trouble sistas

Kerrie Buehler

1. Gonzaga University
2. Biochemistry
3. Mrs. Sharon
4. Take AP Chem. Best. Class. Ever.
5. I need to sleep more.

Angeline Carambas

1. USF
2. nursing
3. ms. Sharon
4. Treasure your free blocks and sleep while you can
5. well the food is good

Julia Carlyon

1. Cal Poly San Luis Obispo
2. Viticulture and Enology, Winemaking
3. Mr. Dodson at least one last time, or Mrs. Roman
4. Don't put things off!! It's better to get things done as soon as possible and have time to relax later or even get ahead on stuff.
5. Making memories with lifelong friends

Izzy Chelini

1. Cal Lutheran University
2. Exercise Science
3. Mrs. Williams
4. Breathe it all in, love it all out.
5. Always remember to finish your

Sophia Cima

1. Seattle University
2. Nursing
3. Signora Bertini
4. Don't worry too much about your

grades--enjoy high school to the best of your ability.
5. Fun, stressful, busy, enriching, and eye-opening.

Maureen Cobile

1. University of San Diego
2. Biology
3. Mrs. Sharon
4. Give your underclassmen a chance because one of them might become your best friend #shoutouttoeafy:)
5. Fish are friends, not food

Samantha Collins

1. Oregon State University
2. Bioengineering
3. Mrs. McDonald
4. Don't stress yourself out. You'll get into college and go where you're supposed to go.
5. Friends, Family, Food, Faith, unForgettable

Trinity Connaughton

1. Cal Poly SLO
2. Philosophy
3. I love Dr B and A. Thom but I feel like a lunch date with both the Williams' would be absolutely delightful
4. Put in the effort to make your grades. Also, take an ACT prep class or something because scores can really help you get into schools, even if your grades aren't the best! But really, don't let school or the stress of school consume you. SF is an awesome place but if you are staying home studying instead of staying after school for spirit week, you're missing out on what makes this school so great.
5. Frazzling
Dazzling
Super Duper Enlightening

Audrey Cooper

1. Sacramento state university
2. Nursing
3. Mrs. Kropp
4. Don't slack off junior or senior year. Keep a positive attitude and you can achieve anything.
5. crazy. Fun. Amazing. Rewarding. Happy

Courtney Coss

1. UCLA
2. Psychology
3. The Williams'
4. GO ON KAIROS (the earlier the better!), avoid procrastination, and be kind to everyone; it doesn't go unnoticed.
5. Best friends I've ever had :)

Lauren Costan

1. American River College
2. Psychology
3. Mr. Strawn
4. Don't let anyone control you.
5. Stress is pretty much inevitable.

Katie Coughlin

1. University of Portland
2. Pre-med
3. Mr. Moore
4. St. Francis is the only place where it's socially acceptable to wear socks and sandals, embrace it
5. Wait, that was due today?

Kimberly Crane

1. Oklahoma State University
2. Undecided
3. My dog
4. Get a dog
5. Thank goodness for my dog

Erin Crooks

1. Trinity University
2. Communications/marketing or Econ
3. Mrs. Willow
4. Go all out for spirit week- you'll never have anything like that again after high school. Get involved in decorations, skit etc.
5. APUSH. Swim. Cookies. Spirit Week.

Sarah Crowley

1. UCLA
2. Business Economics
3. Ms. Kirstien
4. Parking in the gravel overflow lot prevents door dings. Also try out for ERA
5. I commuted hours for this

Maggie Cummins

1. Creighton
2. Business and/or History
3. Mrs. Herrera
4. Get some sleep and treasure time with your friends.
5. Advanced Placement United States History

Camerin Cunningham

1. UCSD!!!!!!!
2. Physiology and Neuroscience
3. Hyde Basco/Mr. Tholke (it is a tie)
4. 1) Don't ride scooters down the language hall and break your arm.
2) Go to Latin Convention no matter what language you take. Just do it.
3) After it rains, put on boots and run through all the puddles in the parking lot. If you're brave...go barefoot.

4) Don't sweat the small stuff, the lighter you take yourself the higher you'll fly.
 5) Talk to God every once in a while. He's a hecka amazing, loves you through and through, and He's always rooting for you, even when it's the day before AP tests and you just bought the review book. He's got your back todos los dias.
 DISCLAIMER: Take advice at own risk. Cami is not responsible for any injuries, unsatisfying results, JUGs, etc. Best results occur when done with lots of happiness, love, and trust in God.
 5. We have a test today?

Emma daly

1. Sac state
2. Lol no idea yet
3. Mama Robs!
4. Plan so that you have easy classes senior year because it is magical. Also, express yourself without caring what others think and don't be afraid to change friend groups. It's as easy as asking to join them. It took me till the middle of my junior year to do this but I'm so glad I did. I finally found my people :)
5. 1. whoa
2. alright!
3. *internal screaming*
4. hahabyeee!

Sofia Deiro

1. University of Oregon
2. Political Science
3. Mrs. Roman
4. Whatever you do in this life, it's not legendary unless your friends are there to see it.
5. Is this on the test?

Erin DeMarois

1. University of Colorado Boulder
2. Journalism and Media Communications
3. Mr. Chen because he finds me hilarious
4. Don't feel bad if you fail at science
5. Super hecka awesome cool times

Tess Derby

1. New York University
2. Philosophy
3. Bonnie Roman, for a delightful day spent discussing women's issues throughout history :)
4. Pay attention to the news (even if the news program you decide to watch is on Comedy Central-- remember, the Colbert Report was quite profound and informative in its day), figure out what you believe as an emerging voter, and remember that YOU can make a difference in our changing world.

5. Join Young Dems please&thanks

Danielle DesRosier

1. University of Nevada, Reno
2. Education
3. Mrs. Thomsen or Mrs. Williams
4. Where you are is where you are meant to be. Accept that, and make the most out of this journey. Get involved, and cherish the little moments. Above all, always trust the process and live the 4th.
5. Life changed for the better!

Kate Diamond

1. University of San Diego
2. Behavioral Neuroscience (pre-med)
3. Mr. and Mrs. Williams
4. Go on retreats (especially Kairos)! Also, get to know your teachers and classmates before senior year. High school goes by as fast as everyone says it will so take advantage of your time at SF!
5. Good friends, hard work, Kairos

Anna Donald

1. UC Davis
2. I have no idea
3. Mr. Pitton
4. the wind only touches what the leaves can feel....
5. I woke up like this

Jessica Duncan

1. University of Alabama
2. Psychology
3. Mrs. Williams duh
4. go on kairos
5. went by way too fast

Bridget Eason

1. University of Oregon
2. Marketing and Film - to make commercials
3. Ms. Hanusek
4. Don't be embarrassed to put yourself out there. Embarrassment does not last nearly as long as success.
- 5.

Kristienne Edrosolan

1. UCLA
2. Poet Doctor
3. Dodson
4. Go on Kairos! Enjoy the people you have in your life because time goes by so, so fast. Also, try everything you can (without putting too much on your plate) and just try to meet new people because there are some pretty amazing people at SF.
5. Demanding, love, kaleidoscopic, surprises, unforgettable

Abbott Edwards

1. Cal Poly SLO
2. Philosophy
3. Madame L'Hermine
4. Get involved and take advantage of every moment you can to get to know people and be a part of what goes on on campus.
5. Faith-filled
Eye-opening
Loving
Positive
Hard

Julia Eggert

1. Southern Methodist University
2. Communications and/or Management
3. Mr. Blanchard
4. Your skirt is your napkin, just accept it. Go on all the retreats. Mrs. Wootton is a homie, don't be discouraged just because she gives you a detention :)
5. Horrible stress to fantastic joy

Gaby Enos

1. Cal Poly Slo
2. Political Science
3. Mr. Chen
4. Freshman year counts.
5. Stressful, Fun, Crazy, Fast, Stressful.

Melissa Fidler

1. California State University Monterey Bay
2. Nursing
3. Ms. Kirstien
4. Don't be afraid of any experience and don't worry about what people think of you. Other people's judgement of you don't matter. Stay calm and breath, everything will get better!
5. Every day was an adventure

Chelsea Franklin

1. Washington State University
2. Computer Science and Electrical Engineering
3. The Williams'
4. Make the most of every moment
5. "Ladies..." -Mrs. Cost :)

Carey Fuchs

1. Cal Poly SLO
2. Engineering
3. Mr. Pitton
4. Enjoy all the time you have SF and do what you enjoy! And go on Kairos :)
5. Volleyball, Calculus, and Lifelong Friends

Emily Gennuso

1. Sierra Community College
2. Teaching
3. Madame (Shout out to K51G2)
4. Just take the time to get to know everyone in your class before senior year, because you never know who you might connect with. Also go on Kairos, because it's beyond amazing!
5. Socks and Sandals are life.

Alexandra Gini

1. Sonoma State
2. Nursing
3. Sra. Diver and Madame L'Hermine
4. Never take any day for granted here at St. Francis. Enjoy all of the big and little moments because four years fly by. Even when the going gets tough, keep at it because all of your hard work will pay off in the end. Remember to get involved in something each year to meet new people and to make sure you're still having fun! Take advantage of opportunities here because in just four short years, you will be out in the real world! Don't be afraid! Good luck!
5. Best years of my life!

Clare Gisla

1. Thomas Aquinas College
2. Liberal Arts
3. Madame because she doesn't intimidate the heck out of me like the other teachers
4. Value respect more than admiration. Also, if someone tells you that saving your college apps until the night before the deadline is a good idea, they're lying.
5. snooze snooze snooze snooze snooze

Katy Glime

1. The University of Alabama
2. Chemical Engineering
3. Mrs. Roman
4. Study hard, have fun, don't stress too much, and go on Kairos :)
5. Talk fast and eat lots.

Marissa Gollnick

1. Rose-Hulman Institute of Technology
2. Mechanical Engineering
3. Mrs. Kropp
4. Surround yourself with people you love and spend time doing the things you love to do because those are the things you are going to remember when the four years are over.
5. Incredibly stressful, totally worth it.

Melia Granath-Panelo

1. St. Mary's College

2. Biology
3. Prof. Edens
4. Having the thought of "I can do my homework tomorrow morning or at lunch" is always a terrible, terrible idea.
5. Worth a thirty minute commute.

Kylie Green

1. UC Irvine
2. criminology
3. Mrs. Kropp
4. Sway with the wind, but don't let the wind sway with you.
5. highfalutin
bodacious
flabbergasting
kenspeckle
razzle-dazzle

Anna Gregg

1. Colorado College
2. Bio
3. Mr. Strawn
4. Beware of the parking lot
5. You only need one skirt

Abby Gruenwald

1. Folsom Lake College
2. Probably Early Childhood Education
3. Mrs. Fig!
4. Don't be afraid to get involved because there will be so many fun opportunities and you will meet people along the way!
5. friends crazy fun chaotic amazing

Nina Gutierrez

1. UCLA
2. Microbiology, immunology, and molecular genetics
3. Ms. Trip
4. Don't get too caught up in stress and school. Step back and enjoy the small, fun moments.
5. A crazy, quirky four years

Sarah Gutierrez

1. Folsom community college
2. Not sure yet
3. Madame chamberlain
4. Stay motivated!
5. Kept my head above water!

Natalie Hahn

1. Portland State University
2. Social Work and Child and Family Studies
3. Madame L'Hermine
4. Don't be afraid to stand up and speak out. "The duty of youth is to challenge corruption". Also, just have fun. High school is not supposed to be about getting straight A's and pulling your hair out. Let yourself off the hook once and a

- while.
5. comfortable, inspiring, challenging, friendly, helpful

Kayla Hall

1. Pepperdine
2. Biology
3. Mr. Gracyk
4. DO YOUR HOMEWORK! ALWAYS STUDY! USE A PLANNER! PRAY A LOT! And most importantly if you need help don't be afraid to ask for.
5. Something I will forever treasure.

Zoe Halliday

1. SBCC
2. Nursing
3. Mr. Williams
4. Don't be afraid to branch out! Make friends with everybody, it's extremely rewarding.
5. Three words- Irreplacable, indescribable sisterhood.

Kristin Hanf

1. The University of Alabama
2. Biology with a pre-Pharmacy track
- 3.
- 4.
- 5.

Tess Hanson

1. UC Berkeley
2. Cog Sci
3. McDonald
4. This is one chapter out of many. It matters, but this is by no means the end.
5. Counting headbands during mass

Kennedy Harris

1. University of Oregon
2. Business Administration
3. Mr. Gracyk
4. Do what you love, not what you think you have to.
5. Ew is that a boy?

Lauren Hayes

1. University of Southern Mississippi
2. Forensic Science
3. Ms. Kropp
4. Enjoy your time at Saint Francis and appreciate everyone around you because it will be over before you know it.
5. crazy, fun, exciting, amazing, awesome

Maddie Hemmen

1. Sonoma State
2. Psychology
3. Mr. Pitton
4. Go on Kairos, don't stress too much, senior isn't easy

5. Are you gonna eat that?

Janice Hernandez

1. idk yet
2. Psychology
3. Ms. Trippet
4. Always keep your grades up, don't slack off
5. enjoy every moment with friends

Bianca Hernandez

1. SDSU
2. International Business
3. Mrs. Kropp
4. Don't stress out too much, it's not worth it. Just get your work done and do the best to your abilities.
5. eye-opening
unexpected
different
moderate
regulative

Amanda Hoffman

1. Sierra College then onto a UC
2. Biotechnology
3. Madam L'Hermine Vlach
4. It goes by faster than you think. So enjoy it while it's happening.
5. Loud. Energetic. Hectic. Chaotic. Stressfull

Angela Houston

1. University of Nevada, Reno
2. English
3. Ms. Kirsten
4. Enjoy your years at St. Francis, they go by so fast. Be open to new experiences and new people, your friends will change and you will change. Go on the retreats! Go on the retreats! Go on the retreats! [Kairos:]] . And just soak it all up because it only lasts for four years
5. Chaotic. Thrilling. Incandescent. Trying. Worthwhile.

Sarah Huber

1. San Francisco State University
2. photography
3. Ms. Garcia
4. Give whatever you're working towards time to develop. It won't come overnight but the ride to getting there is worth your while. You can't accomplish something that you aren't truly passionate about so pursue the things you love doing.
5. highs and lows create strength.

Julie Huff

1. University of Southern Mississippi
2. Business and minor in speech pathology

3. Mr. Pitton
4. Take advantage of every opportunity because you only do high school once. Never be afraid of doing something and looking dorky, because that's when you're having the most fun!
5. To stressed to be blessed!

Christen Hughes

1. University of Redlands
2. Biochemistry
3. Ms. Kirstien
4. Go on all of the retreats you can.
5. loving, caring, kairos, community, sisters

Isabella Jacinto

1. Dominican University of California
2. Business Management
3. Mrs. Macugay
4. Learn to be content and happy without losing the drive to become better. St. Francis is very competitive and sometimes it can be VERY stressful, but we eventually have to learn that the B we got on that test is okay, and is still a good grade. And that C on that project is NOT failing, even if it isn't the grade we hoped for. We need to learn to be happy with life but know that we can still improve ourselves.
5. Crazy. Stressful. Unique. Food. Expensive

Raegan Jobe

1. San Diego State University
2. Athletic Training
3. Mr. Strawn
4. Enjoy your time at SF because it does go by really fast
5. Something I will never forget

Zaire Johnson

1. renselaer polytechnic institute
2. Computer Engineering
3. Mrs. Roman
4. You will be okay. The Earth will keep spinning, time will move forward. You will be okay.
5. FamBam! Quick. Memorable. Kairos. Strange.

Tori Johnson

1. University of Minnesota
2. BFA Acting
3. Mrs. Chryssee
4. time flies! Don't stress too much and be in the moment!
5. im going to the caf

Bailey Jones

1. Brown University
2. Applied Math and Classics

3. Ms. Kirstien and Dr. Briggs. It would be a lot of fabulous hair all in one place.
4. Make more time for yourself and be appreciative of the blessings in your life.
5. grateful grateful grateful grateful grateful

Amanda Kaeser

1. University of Colorado, Boulder
2. Marketing/Public Relations
3. Mr. Gracyk
4. Don't stress to much. Everything works out.
5. It's been a crazy ride

Julia Kamilos

1. TCU
2. Ballet
3. Norman
4. Enjoy the little moments of high school because it goes by so fast.
5. Fun, Fresh, Funny, Friendships, Faith

Chloe Kardasopoulos

1. University of Montana
2. Communications
3. Mr. Wootton
4. Listen to what you're teachers have to say, ask a lot of questions, and then decide for yourself who you are as a person and what you believe in. And have fun.
5. Valuable, Humbling, Faith, Challenging, Home

Anna Kashuba

1. CSU Monterey Bay
2. Marine Science
3. Mrs. Kropp
4. Do track and go on Kairos.
5. Fun, but glad it's over.

Makenna Kelley

1. University if Wyoming
2. Speech Pathology
3. Mrs. Roman, Ms. Kirstien, or Mrs. Austin
4. If you ever feel like giving up, just remember there's a little girl watching who wants to be just like you!
5. One day at a time.

Madison Kimball

1. Loyola University Chicago
2. Sports Management
3. Mrs. Thomsen
4. Always find a reason to laugh
5. I can't, I have soccer

Kirsten Kjome

1. Chico State

2. Pre-Nursing
3. Sra. Herrera
4. don't give up!
5. super hard but worth it

Emma Kohagura

1. UCSD
2. Biochemistry
3. There's too many to choose from
4. Be active and try a lot of things SFHS has to offer but also don't overstretch yourself. Only committ to a few things. But go to sports events, see the dance shows, and go to school dances. They are part of the high school experience.
5. Fun, fast, frustrating, friendly, faithfilled

Madeline Kramer

1. Catholic University
2. Political Science
3. Mr. Pitton!
4. Go on Kairos!!!!!! And get involved in something at school :)
5. Find me in the theatre

Hayley Kusserow

1. St. mary's College
2. Art theort and criticism
3. Mrs. Bertini
4. Don't Procrastinate
5. It was a great experience

Whitney Kuwamoto

1. Northeastern University
2. Behavioral Neuroscience
3. Dr. Briggs or Mr. Strawn or Mr. Moore or Mrs. Thomsen or Ms. Kirstien
4. Be open to meeting your classmates. Even if you have a predisposition about a certain person, try to get to know them. Everybody is unique, and everybody has a story.
5. Overwhelming. Challenging. Impressive. Gratifying. Unparalleled.

Constance L'Hermine-Watkins

1. Catholic University of America
2. Nursing!!
3. Probs my mom
4. Visit the chapel!! Whether it's to pray, just sit, or sleep, it's almost always perfectly silent.
5. "Your mom was my sub"
Or
"I mastered procrastination and Netflix"

Kristen Lance

1. LMU
2. Political science and international economics

3. Ms. Kirsten
4. Get good grades freshman year because they do matter and do your college apps early.
5. Sisterhood, academics, athletics, friendships, fun

Kate Lathrop

1. Sonoma State
2. Business
3. Mr. Williams
4. make the best of these 4 years
5.

Aurora Le

1. St. Mary's College
2. Pre-Physical Therapy
3. (MAMA ROBS) Mrs. Williams or G DAWGGG
4. Be nice to people. Always look at the bright side of things. Go on kairos.
5. WHY CAN'T I STOP EATING

Isabella Lee

1. Oregon State University
2. Computer Science
3. Sra. Herrera
4. Try not to procrastinate because it really catches up with you and then you might regret not studying for that one test earlier... and sleep!
5. Exciting, competitive, caring, trusting, and faith-driven community of SFHS

Sydney Lewis

1. University of Oregon
2. Biochemistry
3. Mr. Poggi
4. Don't stress, relax, enjoy the moment.
5. It's not what I expected.

Lexi Luong

1. Saint Mary's College
2. Biology Pre-Med
3. Señora Herrera
4. Take time to enjoy the people you meet and the friendships your create.
5. A time so indescribable crazy

Jessica Lynn

1. Northern Arizona University
2. Psychology
3. Mrs. Kropp
4. Cherish everything and everyone.
5. An interesting roller coaster ride.

Maddy Martin

1. San Diego State
2. Undecided
3. Mrs. Scheuber
4. Take time to meet and get to know

everyone in your class. You never know who you are going to connect to.
5. Love, challenging, unique, memories, crying

Gabriela Mazzoni

1. University of arizona
2. Pre nursing
3. Mr. Pitton
4. Take junior year seriously, no matter how much work you have to do don't stress out and end up not studying as hard as you should or doing your homework. But also have fun, don't take school seriously all the time, your grades are important but you come before them and you should always take time for yourself.
5. Exciting, stressful, challenging, sisters and tiring

Colleen McClain

1. Loyola Marymount
2. Undecided
3. Mrs. Williams
4. DONT TAKE HARD CLASSES SENIOR YEAR
5. I can't believe I survived

Lacey McCormick

1. University of Idaho
2. Biology
3. Mr. Poggi
4. Remember to laugh and sleep occasionally.
5. Tea and the carpool lane.

Madison McKim

1. The University of Oklahoma
2. Education
3. Moore
4. Get a dog and become a true laxer.
5. I love my laxing dog.

Ariel Medina

1. Sacramento State
2. Engineering
3. Mrs. MacDonald
4. Don't stay up too late
5. Eat, Run, Study, Sleep, Repeat

Diane-Abigail Menardo

1. Santa Clara University
2. Communications
3. Dr. Brian Joseph Briggs, Ph.D
4. Whoever tells you that senior year is the easiest, know that she is lying! It doesn't get any easier, but when you see your friends in the hallway happy to see you, you know you'll be able to get through the stress. SLEEP IS MORE IMPORTANT THAN HOMEWORK. And go

on Kairos!
5. "Come get food with me."

Maddie Merwin

1. Syracuse University
2. B.S. Philosophy
3. Mr. Romo, but we already had lunch. So, definitely the entire English Department. But I'm not positive I used my comma right just then.
4. Love like I'm not scared Give when it's not fair Live life for another Take time for a brother Fight for the weak ones Speak out for freedom Find faith in the battle Stand tall but above it all Fix my eyes on You On You
5. St. Francis...ARE YOU READY?!?

Francesca Micheli

1. Chapman University
2. Undecided
3. Signora Bertini
4. Don't be afraid to get involved! Make every second count. Your time at SF goes quickly so enjoy it while it lasts. Senioritis is REAL.
5. Where did the time go?

Madison Miller

1. University of Portland
2. Biology
3. Mrs. Macugay & Mrs. Chyrisee Lee
4. Actually look up from your phone when you are walking in hallways. You can prevent yourself from running into poles and human interaction is good for the soul.
5. Work Hard, Pray Hard Whoooooooooooooooooooo!

Montana Miller

1. University of Washington
2. Business and political science
3. Mr. Dodson
4. Don't sweat the small stuff.
5. Remember that time freshmen year...

Stephanie Miranda

1. U.S. Coast Guard Academy
2. Marine and Environmental Sciences
3. Dr. Briggs!
4. Don't compare yourself to others :) And stress less!! If it won't matter 5 years from now then don't stress it.
5. Homework. Service. Soccer. Occasionally sleep.

Aubrey Mitsch

1. San Diego State University
2. Interior Design/Business
3. Mr. Gracyk
4. Don't stress yourself out too much, have fun, and enjoy life.
5. Stressful, stressful, stressful, stressful, stressful.

Caroline Mixon

1. Carnegie Mellon University
2. Drama/ Musical theatre
3. Mrs. Kropp
4. Take in every moment and every opportunity, even if you think you're not ready or good enough. YOU are enough, you are so enough. Make it count!
5. I actually learned a lot

Lydia Molitor

1. Gonzaga
2. Nursing
3. Madame
4. Have fun and do your best (:
5. crazy but I liked it

Katrina (Dot) Morin

1. University of Nevada, Reno
2. Business: With a concentration in Marketing and Entrepreneurship
3. Between Mr. Moore and Mrs. Agatstein
4. Procrastination IS YOUR WORST ENEMY! Get everything done before senioritis kicks in!
5. APUSH. Robotics. Homework. No Sleep.

Kayla Morrow

1. Northern Arizona University
2. Exercise Science
3. Mrs. Kropp
4. have fun while you're here! join clubs that you normally wouldn't(:
5. exciting, intense, loving, energetic, spirited

Candiss Murphy

1. BYU
2. English
3. Mrs. Figeroid
4. Study your best, but don't overstress.
5. I am very very tired.

Miranda Myers

1. Northern Arizona University
2. Education
3. G-Dog (Mr.Gracyk)
- 4.
5. It was all worth it.

Melissa Nemeth

1. Cal Poly SLO

2. Journalism
3. Mr. Williams
4. Get your license as soon as possible.
5. Blood, sweat, tears, and cookies

Lydia Nicolaus

1. Creighton University
2. Psychology/PreMed
3. Sra. Herrera
4. Sleep while you can; bring lots of snacks to classes; wait until you're a senior to wear college sweatshirts; and be happy!
5. Pants are in the uniform.

Reilly Nycum

1. Southern Oregon University
2. English
3. Mrs. Roman
4. Don't let stress take over your life. You have a limited time here at Saint Francis and if you don't appreciate it now, you're going to regret it later. :)
5. I will miss you guys.

Alexandra Oliva

1. Arizona State University- Herberger School of Music
2. Musical Theatre
3. Mrs. Harris and Mr. B!!!
4. Don't worry about having free blocks-take as many arts classes as possible! They're good for the soul:-) Your teachers are your friends too. Don't stress too much over all the assignments- high school's all about the mark you the person, not you the grade, leave. Never Ever say "I can't sing!" Yes, you can!
5. Unforgettable, musical, BFFs, rewarding, laughter

Aly Pachter

1. Georgetown
2. Undecided
3. Mr. Dodson
4. Don't take high school too seriously. Go on Kairos!
5. Mandolin isn't just an instrument!

Hannah Page

1. UCLA
2. I have no idea.
3. Probably Mr. Gracyk
4. Think carefully before going on retreat during lent. The snack table is hard to resist and you'll be eating a lot of salad on Friday.
5. My skirt got way tighter.

Danielle Patton

1. Xavier University
2. Entrepreneurship
3. Mr. Williams
4. Definitely try freshmen year, it all counts in the end! Don't stress too much, make lots of friends, and have a great time!
5. Whoops...camels are not extinct.

Caila Pedroncelli

1. St. Mary's College
2. History
3. Mrs. Roman or Mr. Poggi
4. If you have to decide between homework and sleep just sleep.
5. I'm just winging it today.

Caila Pedroncelli

1. St. Mary's College of California
2. History
3. Mrs. Roman or Mr. Poggi
4. If you have to pick sleep or homework pick sleep.
5. I'm just winging it.

Tori Pefferle

1. University of Alabama
2. Business
3. Mr. Moore
4. No matter where you go to college you will love it and have a great time so don't be disappointed if you don't get into the most prestigious school. Name dropping isn't everything
5. It's been real St. Francis

Dulany Phillips

1. Cal Poly
2. Kinesiology
3. Williams couple
4. Don't get Saturday school senior year because then you'll have to take finals
5. Troubie pride is alive

Emily Piland

1. Oklahoma State University
2. Zoology
3. Mr. Poggi, Mr. Romo, Mrs. Gluvers, Mrs. Ownbey
4. Always do your homework. Start college apps and scholarship essays early. Go on kairos <3
5. It's been crazy SF

Marquel Plavan

1. The University of Dallas
2. English and Philosophy
3. Mr. Romo
4. Be organized with your time and materials.
5. How'd it go so fast?

Katie Poggi

1. Boise State University
 2. Zoology
 3. Dr. Briggs
 4. Get involved, go all out, and take time for a Disney movie marathon.
 5. Cookies
- Homecoming
Family
Fun
Faith

Heidi Pullmann

1. Westmont College
2. Biology
3. Mrs. Williams
4. What happens in high school really isn't that important. Work hard, but don't define your life based on your high school career. Life is a whole lot bigger than that.
5. Academics are the smallest part.

Annie Rafeld

1. UC Berkeley
2. Undecided
3. Mrs. Sharon
4. Enjoy school and friends--don't get too caught up in homework!!
5. Pretty cool

Victoria Ramirez

1. University of Arizona
2. Business
3. Mr. Moore with his wife and kids
4. Play softball ur freshmen year
5. Don't worry you'll be fine

Sophia Ramirez

1. Columbia University
 2. Biology and Classical Studies
 3. Striggs
 4. Don't procrastinate
- Embrace every moment
Try new things
5. Exhausting, Exhilarating, Unexpected, Spontaneous, Sisterhood

Annie Randle

1. Vanderbilt University
2. Communications/Business/Film
3. Mr. Williams
4. Get involved with something you love-it makes life so much better! :)
5. Study, theater, study, singing, STUDY!

Emily Reintl

1. Seattle University
2. Environmental Studies
3. Mrs. Tateishi
4. Don't worry so much about unimportant things. Family, friends and

your own happiness should always come first. You'll never truly succeed in life until you're happy!

5. One-of-a-kind education

Jana Reyes

1. Sac State
2. Communications with a minor in marketing
3. Mr. Norman and Mr. and Mrs. Williams :)
4. Go on Kairos, be nice to the freshmen, make friends with your teachers, and most importantly, enjoy your time here!
5. One big roller coaster ride

Miranda Reyes

1. University of Portland
2. Biology
3. Mr. Strawn
4. Do it because you love it.
5. Sorry, I was at practice.

Candice Reynoso

1. ARC then transfer to UCCS
2. business and marketing
3. Mr. Gracyk
4. Always have money in your cafeteria account and if you don't, never be afraid to go negative. Sleep when you can yes even during free blocks in the library or clc . Do not procrastinate unless you're really good at managing stress. Makes friends with your teachers because that always comes in handy . Make the most out of high school because it goes by really fast.
5. real life Nicholas Sparks movie

Olivia Righton

1. Ohio State University
2. Neuroscience
3. Señora Herrera
4. Don't forget to have fun. Find a good balance between studying and fun.
5. It's worth the hard work

Jasmine Roa-Rodriguez

1. Sacramento State
2. Education
3. THerrera and Ms. Garcia
4. Enjoy all the wonderful teachers and appreciate the effort they put into teaching.
5. a great time for growth.

Madeleine Roche

1. University of Southern California
2. Film and TV Production
3. Mrs. Kropp
4. Get some sleep every once in a while. Late night coffee is not always the best idea. Get your work finished early.

5. Wow. Two wow. Wow wow.

Susie Rogers

1. Cal Poly
2. Business
3. Ms. Hanusek
4. Have some fun!!!!!!
5. It has been pretty cool :P

Melanie Rogers-Martel

1. Stanford University
2. Creative Writing and Human Biology
3. Mrs. Borasi and Ms. Kirstien! <3!
4. Don't ever try to fit in. You were born to shine. Be confident. Enjoy life. Don't ever let anyone tell you, you are not worth it. You are worth everything. Be happy now and you will never regret.
5. Tough. Fulfilling. Eye-opening. Reflective. Unforgettable.

Hannah Roses

1. CSU Sacramento
2. Liberal Studies
3. Mr. Strawn
4. Be real. Life's too short to be anything but fake. Oh, and trust the process.
5. One exhilarating hectic crazy ride

Campbell Ruggles

1. University of San Fransisco
2. Business
3. Señora Herrera
4. Try your hardest on your grades, it will truly pay off.
5. Great community, even better friends.

Benite Rutaganira

1. UCLA!
2. Computer Science
3. I'd go with Mr. Pitton, Mrs. McDonald, Mr. Strawn, Ms. Garcia, Ms. Sharon, Madames.. Basically all of them lol
4. Go to as many social events as you can, but be sure to do homework too! All the points count.
5. Twas "screaming, crying, perfect storms" - Taylor Swift

Rameen Saeed

1. Sierra College
2. Engineering
3. Mr. Norman
4. Take the SAT subject tests!!!!!!
5. Stressful, comfortable community, exhausting, supportive

Pilar Sbisa

1. University of Oregon
2. International business
3. Mr. Gracyk
4. Do you homework

5. Very fun experience

Rachel Schaefer

1. Cal Poly SLO
2. Viticulture
3. Mama Robs
4. Go on junior kairos!!
5. I LOVE K50G5 and K51G7!!!

Mary-Kate Schildmeyer

1. Point Loma Nazarene University
2. undeclared
3. Mr. Gracyk
4. Get involved in as much activities as you can and be friendly to everyone:)
5. Experience I will treasure forever:)

Anna Scudder

1. ARC cause I'm cool
2. Pediatric nursing
3. Mrs. Kropp all the way
4. Wear really cool socks, laugh at teachers jokes they like that even if they aren't that funny. Be weird, I'm sure there is someone just as equally weird bam Anna Scudder is creating friendships one step at a time.
5. Sisterhood (not of the traveling pants) , love, stress, socks, ponytail/bun, work.

Kiana Seto

1. University of Oregon
2. Undecided
3. Señora Herrera and Madame L'Hermine-Vlach of course!!!
4. Go on Kairos.
5. Is this on the final?

Grace Shelledy

1. UCSB
2. Biology
3. Mrs. Williams
4. Make the most of your time here
5. The stress is worth it

Mallory Shingle

1. Columbia University
2. Neuroscience &Behavior/Creative Writing
- 3.
- 4.
- 5.

Vanessa Silva

1. Sonoma State University
2. Kinesiology
3. Mrs. Figeroid
4. Drink coffee, then study!
5. I am so so tired!

Sienna Singh

1. Sonoma State
2. Undecided
3. Señora Herrera
4. Do not procrastinate on work because it will be hard to catch up. Enjoy every last minute of your high school career, go to dances, games, and hangout with friends as much as you can.
5. It has been a journey.

Isabella Smith

1. The University of Notre Dame
2. Biology
3. Mrs. Sharon
4. Don't be afraid to put yourself out there and take risks. It's in times like these where you find your true friends and make lasting memories.
5. Challenging. Spiritual. Meaningful. Unique. Joyful.

Isabel Soloaga

1. UC Berkeley
2. International Development
3. Mrs. Wootton
4. Don't work too hard; prioritize your relationships.
5. Frantic, fast, friends, hugs, wow

Mary Splan

1. UCLA
2. Human Biology & Society
3. Mrs. Kropp, Pog, or BWilliams
4. Don't be afraid to branch out and make friends with people outside of your friend group! I promise you that these four years at SF will FLY BY so make the most of it! Join a club, be in a play, try out for a sport you've never played before, GO ON KAIROS! Be true to who you are and don't forget to have fun :)
5. Memories to last a lifetime <3

Bella Stolo

1. Creighton University
2. Psychology (Pre Med)
3. Señora Herrera
4. We are all just troubles trying to survive in this world so drink lots of coffee, run to class, and bring a grill to school. Before you know it you'll be graduating.
5. Wait, that was due today?

Patty Sullivan

1. UCSD
2. Human Biology
3. Señora Herrera
4. Become friends with Camp Min.
5. Tired tired tired tired tired

ashLey sutter

1. It's a secret
2. Idk, I haven't consulted the Magic Conch yet
3. Dodson
4. There's more to St. Francis than grades
5. My favorite color is red

Tara Swanson

1. The University of Alabama
2. Biology- Pre Med
3. Madame L'Hermine
4. Go on Kairos and don't procrastinate
5. family, academics, KAIROS, love, community

Macie Tanaka

1. UC Davis
2. Animal Biology
3. Mrs. Roman, Mrs. Gluvers, and Ms. Kirstien (so much sassiness all at one table!)
4. Say "hi" to all your classmates and talk to everyone. People aren't as intimidating or exclusive as they seem. Also, take at least one nap in the library.
5. Wait, what's the schedule today?!

Kit Taylor

1. Saint Edward's University
2. Acting
3. Mrs. Figeroid
4. Time management. Like really.
5. Fun. Exciting. Stressful. Crazy. Sisterhood

Gabriella Turnbull

1. Boise State University
2. Pre-Med with a focus in Biology
3. Mr. Poggi
4. Don't procrastinate before a break
5. Friends to have forever

Erika Velasco

1. University of San Francisco
2. Biology
3. Señora Diver
4. Have courage and be kind.
5. A long roller coaster ride.

Alex Vergara

1. University of Arizona
2. Nursing
3. Mr. Gracyk
4. Cherish your time with your friends.
5. Difficult and sisterhood

Danielle Villaluna

1. Syracuse University
2. Public Relations

3. Signora Bertini
4. Life's too short NOT to belt "At the Beginning" at the end of mass. That's our jam.
5. Quizlets. All day, every day.

Megan Wagner

1. Sac State
2. Psychology
3. Mr. Pitton
4. Learn the rules like a pro, so you can break them like an artist.
5. Learn first and sleep second.

Elizabeth Wagstaff

1. UC Davis
2. Physiology
3. Ms. Trippet
4. Take advantage of the four years you have in high school. You need to realize how lucky you are to go to such an amazing school with such amazing students, teachers and staff who truly care about you. Take advantage of the opportunities and experiences that SF provides for you. Get involved!!! Make the most out of every moment of high school, it goes by so fast. Faster than you end up wanting it to. Oh and juniors, start your college apps EARLY!!!
5. Would attend again in heartbeat

Addison Wallace

1. Villanova University
2. Pre-Medicine
3. Mr. Dodson
4. Don't stress, it will all be okay.
5. Monumental.

Elizabeth Wilson

1. Santa Clara University
2. Political Science
3. Mrs. Faires (k54g4)
4. Enjoy it while you can because while the day-to-day can be grueling, you'll look back and wonder how it went by so fast. Also, go on Kairos!
5. sleep-deprived, stressful, amazing, worth it

Arianna Witham

1. Folsom lake college
2. Art History
3. Mr. Romo
4. Do not forget to take time for yourself.
5. I'm not exactly sure how

Ajiah Woo

1. Southern Oregon University
2. Psychology
3. Mrs. Kropp

4. I was never top in class and I struggled academically all four years at St. Francis but I tried my best and I'm going to my dream school! Being accepted into Southern Oregon University was the most amazing feeling I had ever felt in my life and all I have to say is that your life is too short to worry about a letter grade or a test score. Do the best you can and you will get through St. Francis and ultimately if you work hard enough, you will succeed. You can do anything you set your mind too and you CAN achieve any goal!
5. Difficult, scary, fun, wild, intense

Sophie Zepf

- 1.
2. Biology
3. Mrs. Borasi
4. As cliché as it may seem, I think it is most important to remain true to yourself.
5. Fulfilling, surprising, encouraging, worthwhile, inspiring.

#MLISF

By DANIELLE VILLACARLOS '16

Rushing out of the classroom to beat parking lot traffic but after five minutes realizing it's too late and then having to wait fifteen to thirty minutes to drive home. #PerksOfBeingADriverAtSF #MLISF

That time of the year when it's too cold in the mornings but too hot after lunch. #WhatDoIWear #WeatherIsTooBipolar

During community lunches having to zigzag between everyone's backpacks lying everywhere to get to where you sit. #BeCarefulWhereYouStep #Crowded #SisterlyBonding

Having to use the computers during Friday lunches to print the homework for the next block but everything's closed. #doomed

At the end of mass, silently crossing your fingers that your class doesn't have to put away the chairs. #MyClassPutAwayTheChairsLastTime #mass

Finally relieved that the season of pollen-fish-smelling trees is over and that there's actual trees outside the classrooms. #OnlyAtSF

Seeing the 'Where Are You Going Seniors' board and thinking "please don't go"

Spring Sports Update

By **ASHLEY SUTTER '15**

As the 2014-2015 school year comes to a close, we remember each sport season. Water Polo finished second in the section overall and recorded a 17-11 overall record. Volleyball advanced to the Sac-Joaquin Section semifinals before losing to eventual state runner-up Pitman. The team posted a 30-12 overall record. The tennis team advanced to the Sac-Joaquin Section quarterfinals for the second consecutive season before losing 5-4 at St. Mary's. The team posted a 14-4 overall record. Golf finished sixth at the Sac-Joaquin Section Masters Tournament. They went 6-1 in the inaugural season of the revamped Delta League, placing second overall. Cross Country finished third at the CIF State Championships, recording a Top-10 finish for the fourth consecutive season and third top-five



Track Seniors at Senior Night

PHOTO COURTESY SF WEBSITE

placing in the last four years. Basketball finished its season 20-8 and advanced to the Sac-Joaquin second round for the second consecutive season.

Although the fall and winter sports concluded a while ago, spring sports are still in their prime as section finals are quickly approaching. In their most recent meet, Track and Field had 10 top-10 finishes at the Glynn Poole Invitational. At the 2015 Nor-Cal Swimming Championships, the swim team scored in 10 of the 11 events led by the 12 final appearances. Softball is 12-11 overall in the season and 6-4 in league right now. Their most recent game was a loss against Elk Grown. Their latest win was 12-1 at home over Davis. Soccer holds a 15-2-2 overall record with 9-2-2 in league.

They currently rank #5 in the state on MaxPreps. Their latest game was senior night against Monterey Trail with a win of 6-0. Lacrosse currently has a record of 5-8. Their most recent game was a loss at Granite Bay. Their latest win was

a 15-0 victory over Casa Roble. The diving team secured the top two positions at their latest meet held at Franklin High School against the Wildcats and the Sheldon Huskies. As the spring sports fight towards playoffs, we wish them the best of luck! (Statistics Courtesy of Steve Shaff)



The Varsity soccer team gathers before a game

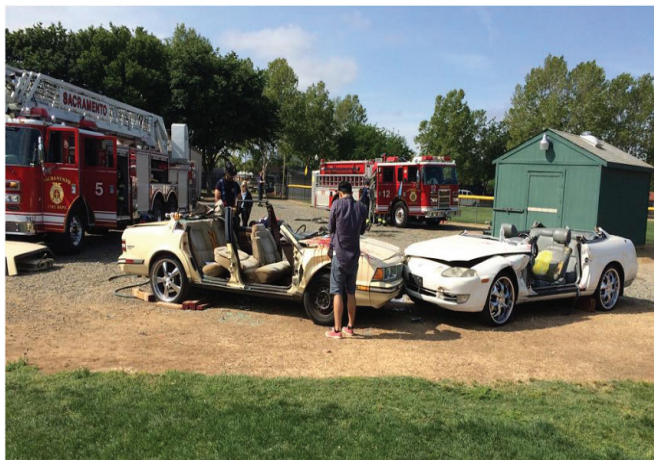
PHOTO COURTESY STEVE SHAFF

Every Fifteen Minutes 2015

By **KRISTI EDROSOLAN '15**

On April 21st and 22nd, our St. Francis community hosted the Every Fifteen Minutes program, which aims at informing students about making responsible choices involved with drinking and driving. The project takes its name from the sobering statistic that, "Every fifteen minutes, someone in the United States is injured or killed in an alcohol related collision."

On Tuesday, April 21st, students came out of their homeroom classes to see a simulated yet very realistic car collision involving both juniors and seniors, some who had made the choice of driving while intoxicated. The school watched in silence as firefighters, police officers, and paramedics came on scene to help those involved in the crash. And just like in real life, such a car crash can cause life-changing effects. Colleen McClain '15 and Bridget Foy '16 rushed out of the car, grateful just to be able to see their family. Miranda Myers '15, a senior committed to run cross country at Northern Arizona University, was



The simulated crash scene during Every Fifteen Minutes

PHOTO COURTESY AURORA LE '15

later pronounced paralyzed. Sarah Huber '15, the simulated drunk driver, took a field sobriety test and was taken to jail. And lastly, Jessie Leatherby '16, Jen Domingo '15, and Maddie Merwin '15 passed away in this collision. This emotional scene demonstrated that some of the effects of choosing to drive under the influence could result in legal consequences, severe injuries, and death.

However, this experience did not stop there. As students returned to lunch, a police officer and chaplain walked into Serra Court and announced the death of another student. This continued throughout the rest of the day; every fifteen minutes, a pre-determined student would be taken out of class, and an obituary would be read to the people still there. A graveyard with the tombstones of the Living Dead was set up in Serra Court. This was very impactful to many students who watched their friends, teachers, or staff members be so suddenly taken away from

them; it really highlighted that lives can be changed in an instance due to a single choice.

The next day, students gathered for an assembly that simulated a memorial service in honor of our loved ones who "passed away." We watched a video that gave students a better perspective of the actions that led to the collision and the impact it had on the students and families of the students involved. We also listened to speeches in honor of the lives of several of the participants and heard heartbreaking letters that parents had written to their daughters and vice versa. Several speakers also informed us of other statistics related to drunk driving, and a few even elaborated on how their own lives had been affected by loved ones who passed away due to a drinking-related car crash.

St. Francis Catholic High School worked with the California Highway Patrol, Office of Traffic Safety, Sacramento City Fire Department, UCD Medical Center and many other organizations to involve our school in this huge program. Although the events during the two days were staged, the emotional impact Every Fifteen Minutes had on our community was very real. The program showed us that the decision to consume alcohol and drive can affect more people than just one. We learned the dangerous consequences of driving while intoxicated and gained the knowledge of our responsibility to make the right choice. "Every Fifteen Minutes" was a very eye-opening and important experience that helped us learn and grow more aware that our choices can affect everyone around us.

Academic Teams Update

By CATHERINE DUGONI '16

The eight academic teams found on campus define what it means to strive for academic excellence. This school year our academic teams shared their love of learning in every competition they attended. From robotics to international issues, there is an academic team for any girl who has a passion for knowledge.

The **Mathletes**, under the guidance of Mr. Moore, used their problem solving techniques and math reasoning to conquer various subjects of math at monthly competitions against regional high schools. **Science Olympiad** studied earth science, biology, chemistry, physics, and technology to compete this year in a Sacramento Regional tournament.

The **Fembots**, one of the few all-female teams in the worldwide organization of FIRST (For the Inspiration and Recognition of Science and Technology), are split up into various sub-teams: Build, Design, Programming, Electronics, CAD, Media Relations, Outreach, Business, and Field Build. This year's competition task was called "Recycle Rush," where they had to create a robot that could stack storage bins and a recycling bin and then place a pool noodle inside the recycling bin. They created two robots, one of which they named MIR-LIN. At the Sacramento regional

competition, the Fembots were chosen to be apart of the 5th seeded alliance. They also received the Creativity Award for using different materials to change the weight of the robot.

Academic Decathlon, most commonly referred to as AcaDeca by team members, had an amazing season. The annual theme was "New Alternatives in Energy: Ingenuity and Innovation." Each member of AcaDeca specializes in an individual category such as art, economics, science, math,

music, and literature and then competes in that category. They also compete in a team Super Quiz. This year St. Francis ranked among the top ten High Schools from the Northern California region, taking sixth out of 23 schools. The team, which was lead by Riley Nycum '15, took home many individual awards as well.

Mock Trial used their excellent courtroom skills to take sixth

in the county of Sacramento. Mock Trial simulates a real life court case and competes at the Gordon D. Schaber Courthouse. This year's court case followed Even Shem, an art-loving intern who is accused of stealing the painting *Treason* from art collector Marty McCulloch.



The 2014-2015 Speech Team

PHOTO COURTESY SF WEBSITE

Who Will Bring Us Honor?

By DIANE MENARDO '15

With Prom and Ball season in our midst, the number of brownies, candy, cookies, and posters with kind-of-but-not-really-witty puns have been greatly increasing on and off campus. But forget prom and ball. What's *really* on everyone's mind is nothing other than...Honor Guards. Prom and Ball only last one night; the role of an Honor Guard lasts forever. (Well... Until the Honor Guard leaves St. Francis. But disregard that.) For those who don't know, Honor Guards are a longstanding tradition at SF. A soon-to-be-graduating senior chooses one student, a freshman, a sophomore, or a junior, to be her Honor Guard. The chosen Honor Guard continues the legacy of the graduating senior at SF, upholds her honor, and sends her off to college with love and support.

A lot of cute and fun Honor Guard asks this year include: leaving notes/gifts in each of the Honor Guard's classes, projecting a video montage in the CLC or gym, using the megaphone in the middle of Serra Court, singing an original song, and the always-reliable "punny" posters (with food).

But some seniors like to go big or go home. Actually, they go so big that going home isn't even option.

Ashley Sutter '15 is one of those seniors. Her way of

asking Maya Solis '18 was a combination of the ideas listed above, but in a more extravagant fashion. Ashley recalled, "I came rolling through Upper Serra Court in a Krispy-Kreme vehicle (a decorated shopping cart) with a megaphone during lunch. Over the masses of people, I proclaimed, "MAYA! WILL YOU BE MY HONOR GUARD?" Then I proceeded with giving her four dozen donuts. She excitedly said yes. I have the best honor guard ever." Maya was definitely in for a surprise as she was not expecting Ashley to ask her at all. They've said hellos in the hallways a few times, but that's pretty much it. However, the level of closeness between the senior and the honor guard does not matter. The heart wants what the heart wants.



Senior Ashley Sutter with her honor guard, Maya Solis '18
PHOTO COURTESY ASHLEY SUTTER '15

friends, a picnic blanket, party hats, noisemakers, a sign that

Members of **Model United Nations** (MUN) share a dedicated passion for international affairs and present diplomatic arguments and solutions. MUN competed at two conferences this year—San Francisco State MUN Conference and Berkeley MUN Conference (BMUN). The St. Francis MUN team was recognized by the Chairs of the San Francisco State MUN Conference and received nine of the possible twelve awards.

The **Certamen** team competes annually in the Latin Ludi held in San Francisco. At Ludi, multiple teams of four compete to answer questions about the Latin language and Roman culture. Everyone on the team is responsible for learning Latin grammar and usage, but each team member can then specialize in areas such as mythology, history, daily life, and quotes and mottos of the Latin language. This year teams Latin 2 and Latin 4 advanced to compete at the state semi-finals in Orinda, where Latin 2 placed fourth in state.

The powerful voices of **Speech Team** dominated this year. At the John F. Kennedy High School Tournament, Mia Bonini, Tess Derby, and Sophia Fox qualified to attend the State Tournament at Vista Murrieta High School. At the Monterey Trail High School tournament many members placed high in their individual categories, while at the National Catholic Qualifier Tournament, Mia Bonini placed seventh in oral interpretation and Sophia Fox placed fifth in international exempt. Because of her placement in the competition, Sophia Fox is eligible to compete in Nationals in Fort Lauderdale, Florida on May 22.

All of the brilliant St. Francis academic team members represented the school well and displayed their voracious appetite for learning. All teams are extremely grateful for the opportunities they were given this year and are excited to compete again next season!

read "HAPPY BIRTHDAY KYRA!" and a taco piñata (yes, those exist). As if that wasn't enough, Jessica continued the



Seniors Maureen Cobile and Diane Menardo helped plan a birthday party so Jessica Duncan could ask Kyra Huffman ('16) to be her honor guard.
PHOTO COURTESY DIANE MENARDO '15

party by giving Kyra a birthday present. Inside the box were some of Kyra's favorite things: coca-cola, Ferrero Rocher, a mug with a shark on it, and... At the end of the birthday bash, Jessica flipped the sign over and asked "KYRA, WILL YOU BE MY HONOR GUARD? <3 JESS." Make asking an Honor Guard into a party

and everyone wins. Kristi Edrosolan '15 and Aurora Le '15 teamed up to ask their honor guards using their

various talents! Kristi asked multiple people to approach Marie Rhoads '16 from all around Serra Court; each person handed Marie a flower along with a piece of paper saying a reason why Kristi loved her. Eventually, Kristi and Aurora approached Marie dressed in choir dresses, handed her a bouquet of flowers, and sang along with Kristi's very original lyrics accompanying John Mayer's song, «Dear Marie.» Kristi says, "Although I'm not the best of singers, my song says it best that I was willing to do that because 'Marie, you're the best honor guard I could ever find.'" Yet all of a sudden, Kristi and Aurora revealed that underneath their choir costumes,

(cont. on page 11)

Horoscopes!

Aries (March 21-April 19): This month, do something new. Try a new food or hang out with someone you don't normally hang out with.

Celebrity who shares your sign: Emma Watson

Taurus (April 20-May 20): Instead of stressing over schoolwork, tests, and upcoming finals, try to give yourself a break and relax. Try listening to some music or watching a movie.

Celebrity who shares your sign: Channing Tatum

Gemini (May 21-June 20): Spend a lot of time with your family this month. Over the weekend, go to a movie or an amusement park with them.

Celebrity who shares your sign: Kanye West

Cancer (June 21-July 22): If you're feeling disorganized, try making yourself a to-do list or throwing away old items. Being more organized might reduce your

amount of stress.

Celebrity who shares your sign: Lana Del Rey

Leo (July 23-August 22): Try volunteering at a local clothing drive or soup kitchen. It can make you happier and help others.

Celebrity who shares your sign: Kylie Jenner

Virgo (August 23-September 22): Go to the mall or go online shopping and splurge on something you want. Focus on doing things that make you happy, not what makes other people happy.

Celebrity who shares your sign: Beyoncé

Libra (September 23-October 22): Try to develop a new hobby, whether it's a sport or just a fun pastime. New hobbies can help you make new friends and gain new skills.

Celebrity who shares your sign: Snoop Dogg

Scorpio (October 23-November 21): If

you're feeling up to it, try exercising more this month. It may not seem like a good idea, but you'll feel great afterwards.

Celebrity who shares your sign: Katy Perry

Sagittarius (November 22-December 21): Get concert tickets for a new artist you like. Concerts are a great place to have fun with your friends and meet new ones.

Celebrity who shares your sign: Nicki Minaj

Capricorn (December 22-January 19): Have a movie night with your friends or sleep over at a friend's house. Spending time with a close friend can help relieve stress and make you happier in general!

Celebrity who shares your sign: Zayn Malik

Aquarius (January 20-February 18): Make a bucket list. It's fun to see all the things you want to accomplish later in life. Also, listing them out can give you more motivation to

do them.

Celebrity who shares your sign: Ed Sheeran

Pisces (February 19-March 20): Take a road trip. Going to see new places can be refreshing if you don't travel a lot.

Celebrity who shares your sign: Rihanna

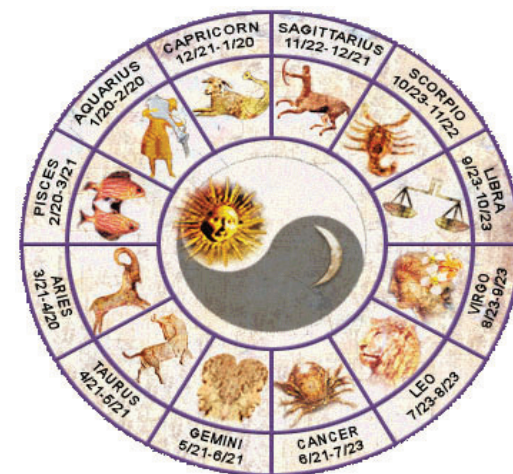


PHOTO COURTESY GOOGLE IMAGES

Who Will Bring Us Honor? Continued

they were both wearing kimonos. Aurora and Kristi danced in a circle around Julianna Tanjuakio '16, singing along to *Mulan*'s "Please Bring Honor to Us All." Julianna looked a little flustered but was very happy when Aurora asked her to "Please bring honor to us all." Both Marie and Ju loved their unique, musical honor guard ask!

This tradition truly shows the sisterhood of the St. Francis community. Although the graduating seniors will be dearly missed, the chosen Honor Guards will be a reminder of the Pascal presence. MINIONS! You're up next! Hopefully some of these ideas will inspire you in your Honor Guard asks next year. Maybe you'll make it into the unofficial



Aurora Le and Kristi Edrosolan with their honor guards

PHOTO COURTESY KRISTI EDROSOLAN '15

Honor Guard Ask Hall of Fame next year. Strive for greatness, strive for honor.



Jessica Duncan with her honor guard
PHOTO COURTESY JESSICA DUNCAN '15

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Here's a photo re-cap of our school year.
Have a wonderful summer!

Love,
The Mandolin Staff

