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## Swim Team Attendance Policy

Welcome to all new and returning swimmers. **Please read this policy carefully.** The following rules will be strictly adhered to and enforced. Please feel free to contact Coach Richard with questions regarding the policy.

### **Practice:**

1. Practice Schedule:
  - a. Red Group: Feb: 5:00 to 6:30, Mar – May: 6:00 to 7:30, Monday thru Friday
  - b. Gold Group: Feb 6:30 to 7:30, Mar – April: 7:30 to 8:30. Monday thru Thursday
  - c. Black Group: Feb 6:30 to 7:30, Mar – April: 7:30 to 8:30. Monday thru Thursday
  - d. Fridays: TBA depending on Jesuit's practice times.
  - e. Calendar Attached

### **Attendance Policy ~ NEW~**

- a. Swimmers who have **5 or more absences will not be allowed to travel with the team.**
  - b. Swimmers who have more than **8 absences will be referred to the Dean's Office for disciplinary action.**
  - c. Swimmers who have more than **10 absences will be dropped from the team and receive an 'F' in the course.**
  - d. **No Show-No Call:** A no show with no call or email will count as 2 absences.
1. **Excused Absences:**
    - a. **Absent from School:** The attendance office will be sending a daily update of the swimmers who were absent from school. **If a swimmer attends school for the day they MUST attend swim practice, if the swimmer cannot swim, they STILL must be present at practice or they will receive an unexcused absence.**
    - b. **School Related Activities:** Swimmers must provide the coaches with a note listing the dates they will be gone for a school related activity IN ADVANCE prior to missing practice. Christian Service will not be excused, students are able to plan when they do their service and need to plan accordingly. Do not plan your service during practice times. Jesuit functions such as the spring play do not count as school related absences.
    - c. **Unexcused Absences:** If a swimmer is late or tardy to practice they will receive ½ unexcused absences, this includes being late into the water for the start of practice. All non-school related activities such as SAT or ACT class that are not SF affiliated are unexcused. Missing practice due "Grandma's Birthday" are also unexcused and will count towards the above attendance policy. As student athletes, swimmers are expected to manage their time and avoid procrastination, missing practice because of course work will be unexcused and also counted toward the above attendance policy. Having to miss practice because of a job will count as an unexcused absence.
  2. **USA Swimmers:** Club swimmers are required to attend St. Francis practice each Friday. In the event a USA swimmer misses a Friday practice due to an excused absence including travel meets. Another practice during the week can be used to make up for the missed Friday practice. **USA swimmers will not be allowed to swim in a meet until the practice has been made up.** A USA swimmer must swim entire practice to be counted as 'made up'. Partial practices will not be

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counted as make up practices. **Missing two meets will lead to dismissal from team.** Failure to maintain 85% attendance with your club team will cause USA swimmers to lose the ability to swim with the club team and they will be required to swim with the high school team.

3. **Water Polo Players:** Water polo players doing spring water polo will be permitted to miss practice on Tuesday and Thursday. Water polo players must be at 100% of all other practices. **If a water polo player misses 1 swim practice, they will lose the privilege of missing Tuesdays and Thursdays and will be required to do double practices like in the past,** failure to adhere to these requirements will result in disciplinary action from the St. Francis coaching staff, including possible dismissal from the team and referral to the dean's office. Coach Moody will be sending a list of players who miss water practice and players will be accountable for the above attendance policy.

## Swim Meets:

1. All swimmers must attend each swimming meet in which they are entered. Swimmers failing to show for a meet that they are entered in will result in disciplinary action from the St. Francis coaching staff, including possible dismissal from the team. Missing a relay for which you have been signed up will result in referral to the dean's office.
2. Illness or emergency: If a swimmer must miss a meet due to a sudden illness or emergency, a coach should be notified at the earliest possible time by email. Notification can come prior to (preferable) or after the meet on the day of the meet.
3. If a swimmer must miss a meet due to a school activity, family function or non-St. Francis swim meet, the swimmer **must sign out of that meet ahead of time** on the team website.
4. To achieve our end of the season goals at League Championships and the Section Championships, all swimmers who qualify are required to attend these meets. Failure to attend these meets or more than four dual meets during the season will result in the swimmer not being eligible for a varsity letter.
5. Swimmers must swim in a minimum of two meets to get credit for the course, time trails and league champs can count towards this count.

## Miscellaneous

1. Meet warm-ups will be done as a team. A coach will run the warm-up which will be introduced at practice prior to the meet. USA Swimmers may do additional yardage during warm-up that is in line with their pre-meet warm-up for their club team. Being late to a swim meet may result in the swimmer being scratched from all or part of the meet.
2. Holidays: Practice will be held every day as listed above unless otherwise stated on the calendar or newsletter. Swimmers who will be out of town will be excused with a note from their parent listing the dates to be missed.
3. Students missing for college trips only be excused with a note listing the dates to be missed IN ADVANCE of missing meets or practice.

All Swimmers will agree to this policy when registering for swim team on:

<http://www.stfrancisswimming.com/>