

80<sup>th</sup>  
ANNIVERSARY  
of



# COVID-19 SYMPTOM SELF-CHECK REFERENCE CARD

**Before arriving on campus, please conduct a self-check of possible symptoms.**

Do you have any of the following:

- Fever (100.4° or higher)
- Sore throat
- New cough
- New shortness of breath
- New muscle aches
- Diarrhea
- Headache
- Unexplained loss of taste or smell

**Have you had close contact with someone diagnosed with COVID-19 or been notified that you may have been exposed?**

If you answered yes to any of these please **do not** come to campus and:

**STUDENTS** please alert your parent(s).

**FACULTY/STAFF** please contact your supervisor

**PARENTS** contact the attendance office to report your student ill (916-737-5050)

If you have any concerns please contact your health care provider