

Campus Ministry is the heart of the St. Francis Catholic High School campus, both literally and figuratively! Campus Ministry is located in the Campus Life Center (CLC), right in the middle of campus. You'll find students in the CLC all throughout the day on their free blocks, attending a club meeting at community lunch, participating in Christian Service Leadership, or preparing for retreats. Prayer, retreats, service, and community are the main focus on Campus Ministry. At St. Francis we have students from many different faith traditions, and our goal is for each Troubie to grow in her own faith journey.

## Prayer

- School-wide Liturgies and prayer services mark key moments in the liturgical and school year. The Mass is the source and summit of our Christian life. Our Eucharistic celebrations call together the whole community to give thanks for God's work in creation, redemption and saving grace.
- Opportunities for involvement in Mass include Altar Servers, Lectors, and Extraordinary Ministers of Holy Communion (EMs).
- Individual and small group prayer opportunities available to all students and staff include Eucharistic Adoration, Rosary, and Contemplative Prayer.
- The Sacrament of Reconciliation is available by appointment with our Chaplain, Fr. Arnold, by emailing him.

## Retreats



- **Body and Soul:** Freshmen attend a mandatory one-day retreat with their Theology class to reflect on what it means to be created in the image of God.
- **Finding Strength in God:** Sophomores explore the way they are living their lives, what they value, and how they can create their ideal life.
- **Celebrating the Gift:** Juniors reflect upon their lives by exploring their personalities, their gifts and talents, and the many blessings they have received.
- **Kairos – The Lord's Time:** Seniors explore the roles of spirituality, religion, and God in their lives. Graduating seniors often cite Kairos as one of the best things about attending St. Francis.
- **Mother-Daughter Retreat** is an annual tradition for many students, mothers, and grandmothers. Themes change yearly but each retreat offers participants the opportunity for reflection, prayer, and renewal.
- **Father-Daughter Spirit Day** is a great way for dads and daughters to spend time together enjoying a little friendly competition at the Sac State Aquatic Center or Ropes Course.

## Service



Through direct service to our marginalized sisters and brothers, students expand their worldview and develop their gifts and talents for the greater glory of God. Below are minimum service requirements for each grade; all service must be completed at approved, non-profit organizations.

**Grade 9: 10 hours at two different organizations**

**Grade 10: 15 hours at two different organizations**

**Grade 11: 20 hours at one organization**

**Grade 12: 30 hours at one organization**

- On-campus charity events benefit local, national, and international non-profit organizations that help meet the basic needs of the poor and vulnerable and communities impacted by natural disasters.
- Week-long trips are offered at spring break and in the summer to help students connect their faith and service through immersion opportunities throughout the country.

## Community



The **Big Sister Mentoring Program** matches seniors and freshman small groups together to ease new Troubies' transition into high school and make the most of the opportunities available to be an active part of the St. Francis community.

The annual **St. Francis Day Celebration** is a school-wide celebration of our patron, St. Francis of Assisi. The day includes Mass, arts and craft activities, food, music, and a closing rally.

For more information on Campus Ministry, please see [stfrancishs.org/faith-service](http://stfrancishs.org/faith-service).