

## 2020 Career Day Options

*Who better to inspire Troubies than their Troubie sisters who are already working in myriad careers. With more than 65 Troubies returning to campus on Friday March 13<sup>th</sup>, you're sure to gain some insights and begin building your Troubie network for college and career success!*

**Aerospace ::** Aerospace is the human effort in science, engineering, and business to fly in the atmosphere of Earth (aeronautics) and surrounding space (astronautics). Learn how aerospace organizations research, design, manufacture, operate, or maintain aircraft or spacecraft.

**Architecture ::** Architects design structures such as office buildings, businesses, stadiums, schools, malls, and homes. They might also design outdoor spaces. An architect will collect all information for a project to include site selection, environmental impact, zoning laws, building codes, and access to buildings for the disabled.

**Biotechnology ::** This Troubie works as a Global Studies Manager for Genentech where she does clinical research in the areas of immunology, infectious diseases, ophthalmology and neuroscience. She works closely with creating the clinical trial protocols and ensuring they run smoothly at the hospitals.

**Business ::** Our business professionals work in areas like strategy and business development for Visa in San Francisco and business management for McMaster-Carr based near Chicago, IL. There is a diversity of careers in the area of business.

**Dentistry ::** From dental assistant to Dentist, this Troubie can talk about many of the career options in the world of dentistry and private practice.

**Design ::** If your passion is design, there are various career options. Here from a local interior designer who has built a thriving business, as well as someone who has used her skills as a Milliner, Maker and Makeup artist working in the music industry.

**Doctor ::** Enjoy learning about the education path that took this alum into a career as an ObGyn physician in San Francisco, as well as a Distinguished Professor in the Department of Family and Community Medicine at UC Davis.

**Education ::** From hands-on teaching to school administration, you'll hear from a current teacher on special assignment for Buckeye Union School District as an English Language Coordinator and an elementary school principal in the Sacramento City Unified School District.

**Emergency Ambulatory Transport / EMT ::** From a hands-on Emergency Medical Technician to a Troubie family that runs the largest quality advanced life support ambulance services in the North San Francisco Bay area, you'll learn about the many career areas in this exciting field.

**Entertainment ::** Hear about the work involved in being a Script Supervisor for film and TV where you are the liaison between post production and what is shot on the set. We also have a professional actor/singer/writer and member of the LA Writers Center who has written two musicals and also has her own YouTube Channel.

**Entrepreneur / Digital Media ::** Hear the unique story of the women who created SimplyRecipes.com and grew it into one of the most popular cooking websites in the world. Before diving into the food world, she was a marketing executive for internet startup companies in Silicon Valley as well as Apple.

**Environmental Sciences ::** These two Troubies enjoy careers in Environmental Sciences working for the State of California at CalRecycle who is committed to challenging Californians to achieve the highest waste reduction, recycling, reuse goals in the nation.

**Executive / Government ::** If you want to learn more about an executive officer position in the federal government, this session is for you. This Troubie served for 25 years as a foreign service officer in the developing world and has a lot of career experience to share.

**Finance ::** Learn what it is like to rise through the finance ranks with the California State Retirement Service. Currently a Portfolio Manager in the Fixed Income Unit, this Troubie leads a team that is responsible for billions of dollars.

**Gaming ::** Many individuals love playing video games and may want to make a living by finding a career that involves gaming in some way. This Troubie is the Senior Manager of Creative Services at PlayQ – a mobile gaming company located in Santa Monica, CA.

**Government Relations / Public Affairs ::** There are many career opportunities in the areas of government relations and public affairs. Hear from a partner and lobbyist in a prestigious downtown firm representing issues such as worker's compensation, cable and internet legislations, pharmaceuticals and more. She's joined by a Legislative Aide in the California State Senate.

**Hospitality & Tourism ::** Hear from a Troubie with a vast career in hospitality and tourism having worked for Visit Rancho Cordova, the Sacramento Kings, Universal Orlando Resort and Walt Disney World.

**Human Resources ::** One of our Troubies is the west Region Recruiting Manager for entry level and campus recruiting for a global professional services company; she's joined by a Troubie who works as a benefits consultant helping employers of all sizes and industries to design benefits programs to attract top talent.

**Information Technology ::** Learn about research and technology positions with the State of California from a Troubie who is a Research Data Supervisor in the field of data analytics, specifically managed health care. Joining her is a project manager at Hewlett Packard Enterprise who has worked on two large transformation projects.

**Journalism / Media ::** Journalism crosses many platforms from print to web to TV and more. Many will have seen this Troubie on campus; she is an anchor and reporter for Good Day Sacramento. She is joined by the Digital Editor for the Sacramento Business Journal responsible for the publication's website and social media accounts.

**Law Enforcement ::** This robust panel will include Troubies working for the City, County and State including a detective for the city, a parole deputy for the Governor's office, a human trafficking detective for the county and a K9 trainer and handler.

**Legal / Private practice ::** One of our Troubies works for the only law firm in the nation's history with offices in all 50 states; she works in the areas of Estate Planning, Workers' Compensation and Employment Law. The other is Associate General Counsel at The Golden 1 Credit Union where she focuses on consumer financial service, corporate compliance and employment law.

**Legal / Public Service ::** There are many legal professions in the public sector; this Deputy District Attorney for Sacramento County has covered areas including domestic violence, human trafficking, and reducing sexual exploitation and trafficking. She is joined by the Deputy Attorney General at the Department of Justice.

**Marketing & Advertising ::** Here what it takes to be a Social Media Associate for Ghiradelli Chocolate Company, or an Associate Media Director for a nationally recognized consumer marketing agency, or a Strategy Director for a multinational communications, advertising, public relations, technology, and commerce holding company headquartered in London, England.

**Mental Health / Psychology ::** A Clinical Psychologist at Stanford University, this Troubie works with women facing fertility challenges, pregnancy loss, postpartum depression, anxiety and relationship issues. She's joined by a licensed Marriage Family Therapist who has worked in juvenile probation, forensic mental health and private practice before joining Behavioral Health Provider Network as a Clinical Case Manager.

**Nonprofit Management ::** After a 17-year career in Dentistry, this Troubie began a second career in the world of development and fundraising. She has worked at Wind Youth Services and currently is the Development Officer for the Crocker Art Museum.

**Nursing ::** Returning to nursing school 30-years after graduating from SFHS and raising a family of four, this Troubie had a career in pediatric oncology and management as a clinical nurse educator. A board certified Family Psychiatric and Mental Health Nurse Practitioner, this Troubie specialized in medication management for children, adolescents, and young adults. They are joined by a Registered Nurse working for Kaiser in the areas of Med-Surg, Orthopedics, Acute/Emergency Psych and Home Health.

**Physical Therapy ::** This Troubie has 20 years of experience as a Physical Therapist working at

Mercy General Hospital with clientele from a multitude of cultures, age groups and socioeconomic backgrounds.

**Physician Assistant ::** This Troubie started working in Clinical Research with UC Davis Medical center specializing in HIV and Infectious Diseases before attending Physical Assistant School at UOF. She is now a Family Medicine PA in Sacramento.

**Public Relations ::** Learn what it takes to be a Senior Account Executive at Offleash, a high-touch, boutique B2B technology public relations agency in the Bay Area. Or a Communications Director for Full Court Press Communications working with clients focused on economic justice and affordable housing, to community building and ecosystems restoration.

**Real Estate ::** Real estate encompasses everything from buying and selling property to financing those transactions. One Troubie is a Real Estate Broker whose core work is marked by integrity, advocacy for her clients and unparalleled customer service. She's joined by a fellow realtor who is currently working as mortgage loan officer helping people secure the financing for their purchases.

**Regional Planning / Commercial Real Estate ::** Regional planning deals with the efficient placement of land-use activities, infrastructure, and settlement growth across a larger area of land than an individual city or town. This Troubie is an experienced Planning Consultant in both the public and private sector.

**Small Business Owner / Beauty, Health & Wellness ::** These Troubies own a variety of successful businesses from Willo Salons, A Collection of Aveda Salons to a Pure Barre studio in Davis to a sports massage clinic. Find out how you can turn your passion and career interest into a successful business.

**Speech & Language Pathologist ::** A licensed and certified Speech Language Pathologist, this Troubie has worked in neonatal intensive care, acute inpatient care, outpatient rehabilitation, cleft palate panel, skilled nursing facilities and a school setting.

**Veterinary Medicine ::** This Troubie works as a Regional Technician Director for VCA Animal Hospitals. She held various positions at a veterinary hospital chain in Sacramento including Assistant Director of Pet Nursing. She is joined by a current St. Francis grandfather who has had an extensive career as a Veterinarian working with both small and large animals.

**Vocation ::** Career or calling? Explore what a call to religious life might entail and the various opportunities to use one's strengths and gifts to make the world a better place through service, creativity, and leadership. Your vocation is the way God invites you to love and give yourself to others. It is not simply the giving of your skills, services and expertise, but the giving of your whole self as a path to holiness.