

Sophomore Parent Night Class of 2025

January 18, 2023





Tonight's Topics

- Course Registration Process and Information for Selecting Courses
- Introduction to College Planning
- Updates and next steps



The Counseling Department



Class Counselors

Ms. Nora Anderson: Abr-Gue

Ms. Katrina Fox: Gup-Obe

Mr. Joe Poggi: Odg-Z

College Advisors

Ms. Debbie Austin

Ms. Naomi Lee

Ms. Sunny Rivera- Administrative
Assistant to Counseling

Graduation Requirements: 240 credits

* each semester class= 5 credits

Theology
4 years

English
4 years

Math
3 years

Social Studies
3.5 years

Science
3 years

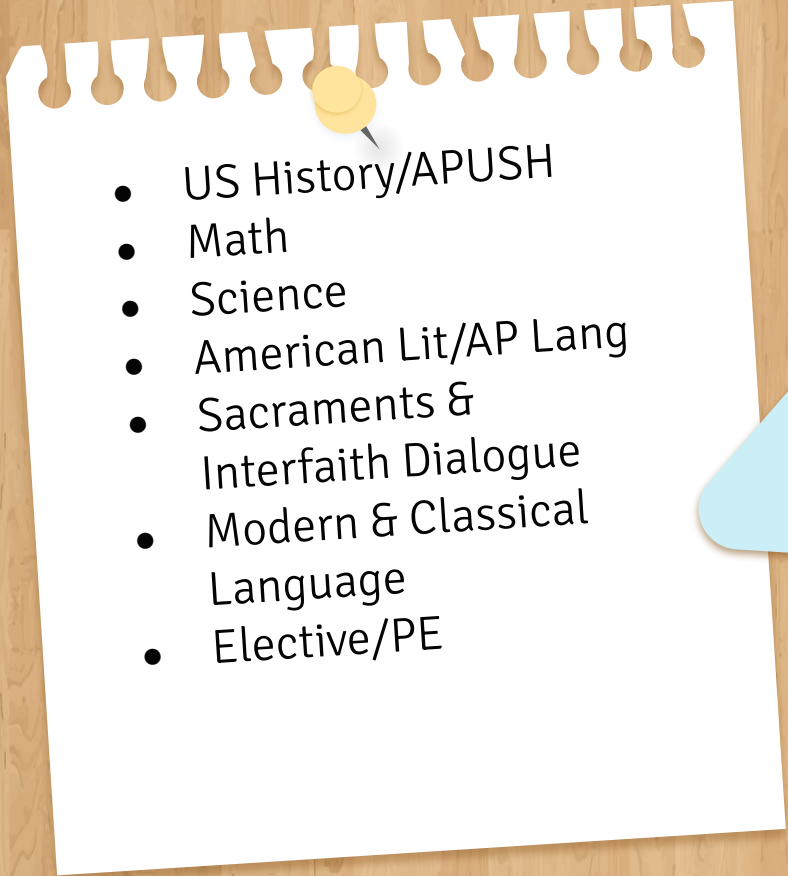
**Modern &
Classical Lang**
2 years

Fine Art
1 year

PE
3 semesters

Health
1 semester

Electives
3 semesters

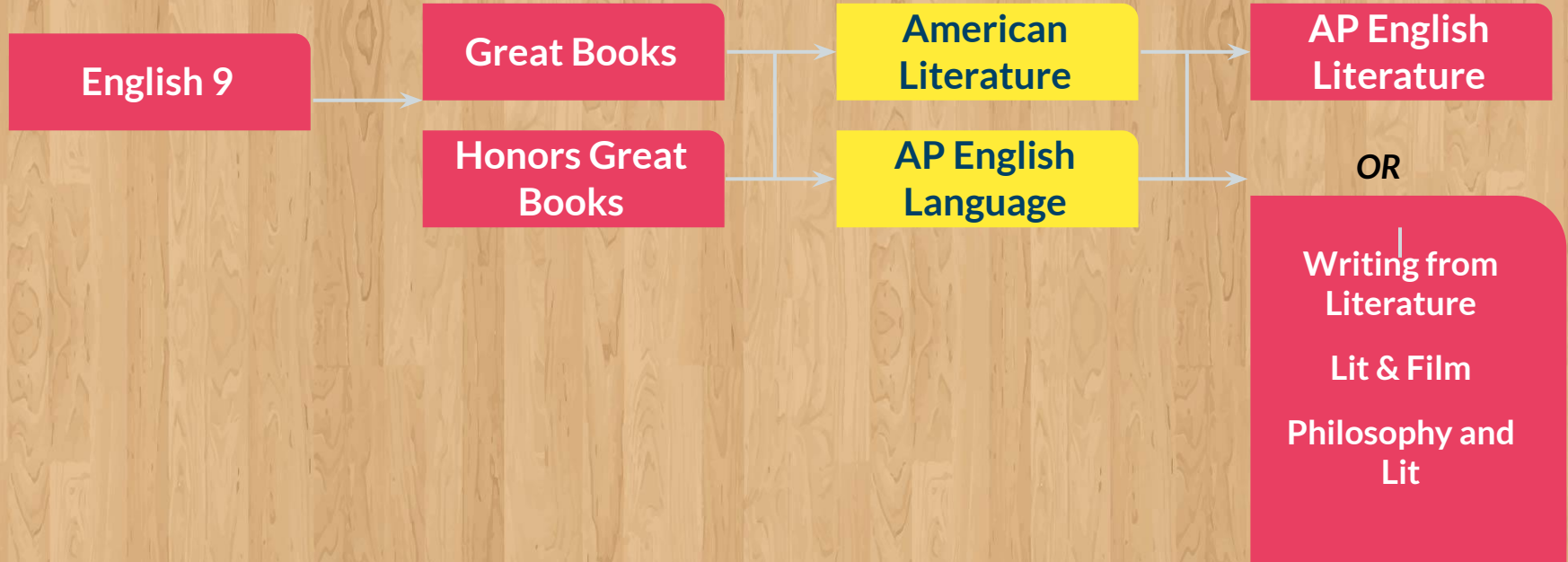
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- US History/APUSH
 - Math
 - Science
 - American Lit/AP Lang
 - Sacraments & Interfaith Dialogue
 - Modern & Classical Language
 - Elective/PE



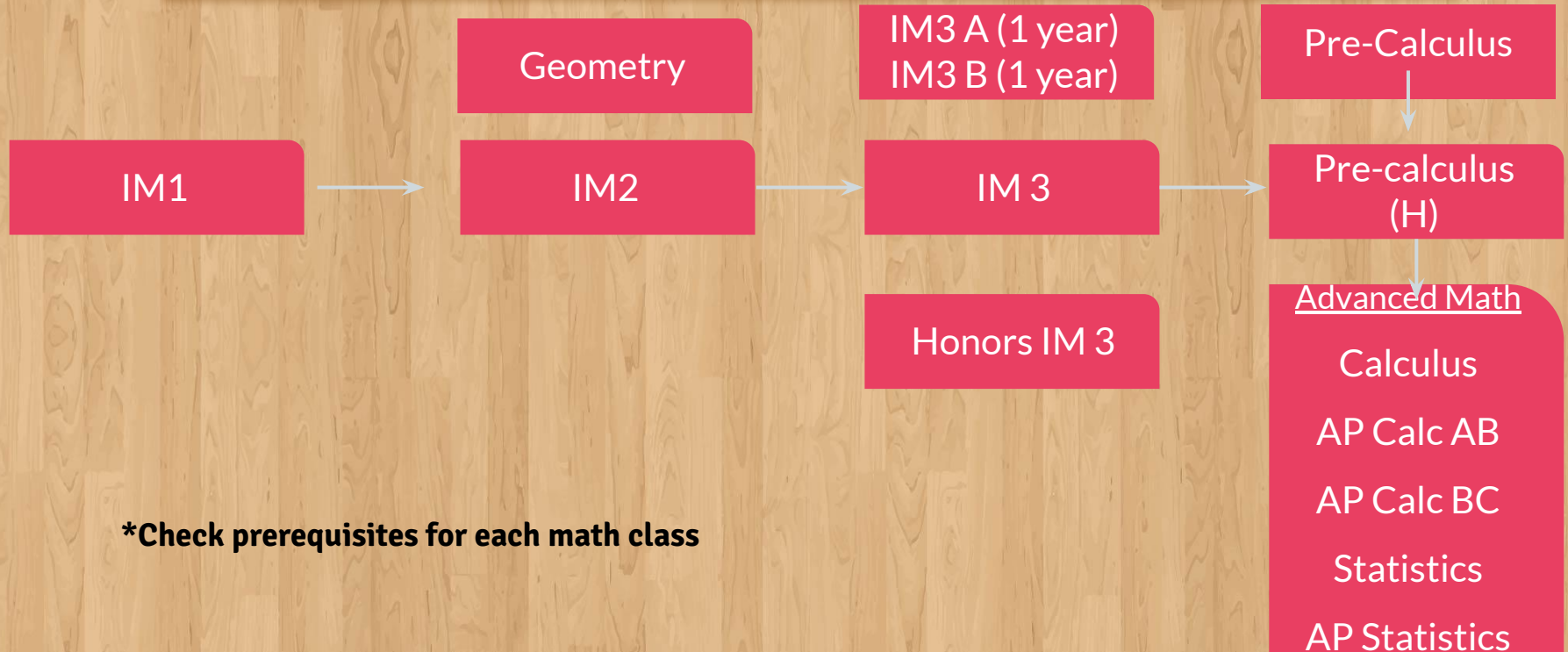
*Typical
Junior YR
Schedule*

***must be enrolled in a minimum of 6 classes each semester (but no more than 8)**

English

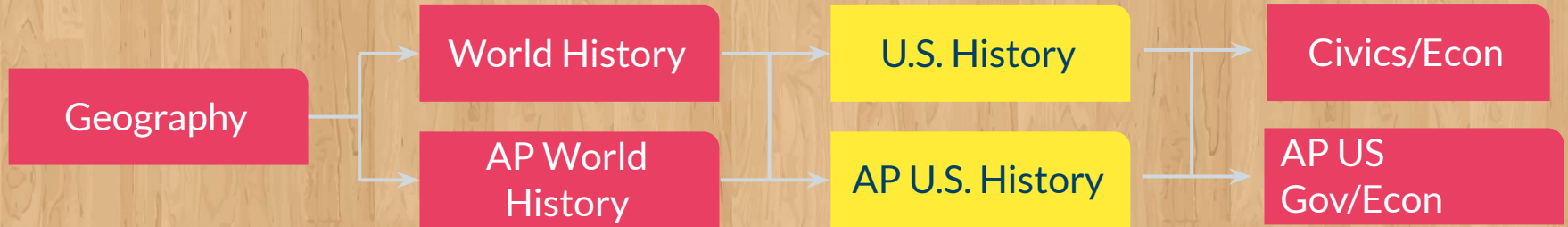


Math



***Check prerequisites for each math class**

History/Social Studies



Modern & Classical Language

Spanish

Levels

1, 2, 3/3H, 4
AP Spanish Lang
AP Spanish Lit

French

Levels

1, 2, 3/3H, 4
AP French 4

Italian

Levels

1, 2, 3,
AP Italian Lang &
Culture

Latin

Levels

1, 2, 3
AP Latin

Science

Int. Science

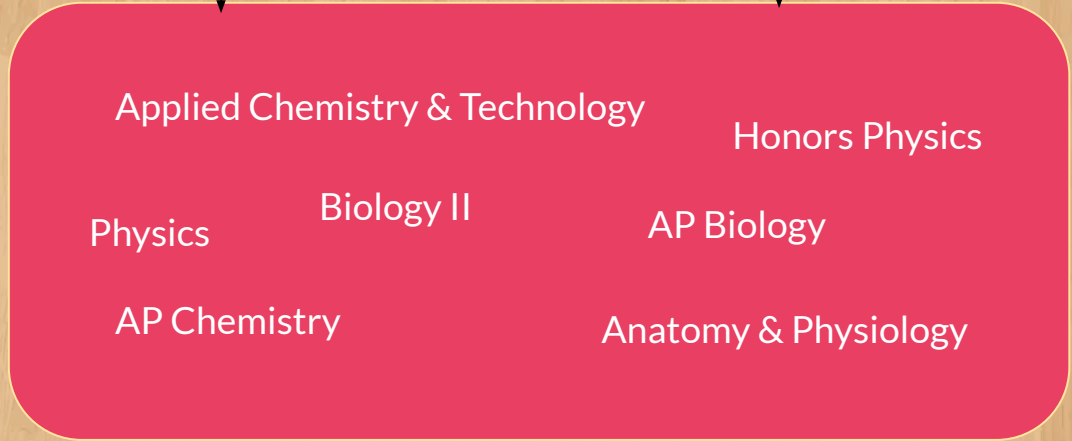
Biology

Biology

Honors Bio

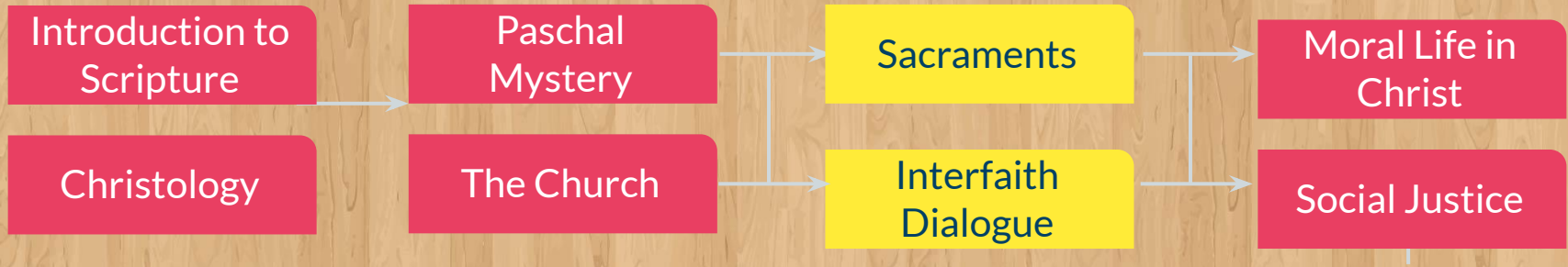
Chemistry

H. Chem



- *Be sure to check prereqs for ALL Science Classes
- * Some Science classes have Math prereqs as well

Theology



AP Capstone

- **AP Capstone** is a College Board diploma program based on two courses: **AP Seminar and AP Research**. Students who complete the two-year program can earn one of two different AP Capstone awards.
- Rather than teaching subject-specific content, these courses develop students' skills in research, analysis, evidence-based arguments, collaboration, writing, and presenting.
- **We plan to offer two sections of AP Seminar in 2023-24.** Students must be at grade-level, demonstrated by a minimum of a C+ in English and History in the most recent semester. Of those that meet this requirement, priority will be given to rising Juniors, on a first-come, first-serve basis.
- Students who take AP Seminar must also take AP Research the next year.

AP vs Honors Class

AP Course

- **AP= College Level Course**
- **Opportunity to earn College Credit**
- **Final in the Fall/ AP Exam in the Spring (scored 1-5)**

Honors

- **Honors=Advanced Level Course**
- **Final for each semester**

***Both earn 1 extra grade point per letter grade calculated into student's GPA**

AP/Honors Classes

Students take anywhere between 1-3 AP/Honors Classes each year

To take an Honors/AP class:

- They need to apply for them.
- They may also need to attend an informational meeting or take an assessment.
- Your daughter should watch her emails for information!

She should choose an AP/Honors

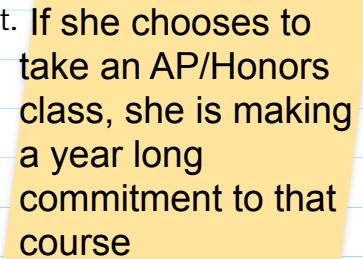
- To challenge herself in a subject of strength for her
- Preparation for College course
- Subject of interest

She should not sign up for an AP/Honors course

- Because her friend said she should
- She feels like she has to

If she chooses to register for 4 AP/Honors classes

- Her counselor will review the request and consider her academic history, outside commitments and long term goals. If there is a concern, I will reach out to her directly.



If she chooses to take an AP/Honors class, she is making a year long commitment to that course

Academic Rigor

- The term rigor is used by educators to describe instruction, schoolwork, learning experience and educational expectations that are academically, intellectually, and *personally* challenging.
- SFHS regards a total of eight (8) honors/AP courses taken throughout the high school career as a *most rigorous* course of study. We recommend students take no more than three (3) honors or AP courses per year, however students may enroll in no more than four (4) per year.
- St. Francis High School does not provide student ranking on transcripts.



Academic
rigor is
different for
each
student!

Remind your daughters:
When researching
your courses

- Review the Course Catalog
- Talk to current teachers
- Talk to teachers who will be teaching the course(always subject to change).
- Watch email for Course Registration information.



Things to keep in mind when choosing classes

Balance

After School Commitments

Homework Load

What story will my transcript tell to colleges?

**Interests
&
Strengths**

College entrance requirements

When requesting classes, remember:

- She is requesting classes, not registering for them.
- There is no guarantee she will get all of the classes she requests
- There is no such thing as “trying out a class”
- Be very intentional about choosing classes
- It’s not easy to change her schedule
- W and WF Policy
 - Drops that occur once the school year has began result in a W on the transcript. Drops that occur after Q1 result in a WF on the transcript.

Course Registration Timeline

Jan-
Feb



Meet with her
counselor
about course
selection

Jan
20



Honors/AP
Applications
Due

Feb
10



Notified of
acceptance
AP/Honors

Feb
20-25



Request
Courses in
PowerSchool

Feb 27-
March 1



Course
Verification by
counselor

Course Registration Process

- Your daughter will receive an email describing how to input her courses into PowerSchool.
- She will also mark which classes she plans to take on the Course Registration Form. She can review the form with you and have you sign it.
- She will then bring in the signed form during Course Verification Days to the Dining Hall during her free block so a counselor can verify the courses in Powerschool.



New Process

Schedule Changes

Reasons for a schedule change

- Student was moved from waitlist
- Reconsider taking a course
- Grade concern
- Last day for schedule changes is **May 15th**
- Schedules mailed in summer are FINAL



Introduction to College Planning



College Process: What to Expect

10th
grade

- Academic Planning
- Strengths/Career Exploration
- Begin researching colleges

11th
grade

- Research Colleges
- Assigned College Advisor(Spring Sem)
- Create a testing Plan
- Build College List

12th
grade

- Finalize List
- Request Letters of Rec
- Submit Letter of Rec Packets
- Submit Applications
- Apply for Financial Aid

How to start researching:

- Naviance Student
- Visit Colleges
- Virtual College Visits
 - <http://www.ecampustours.com>
 - <https://campustours.com>
 - Directly from College Website
- View College Websites
- College Rep Visits

 Naviance | *Student*



College Options

Community College

**Over 100 Community Colleges
in California**

California State University

23 campuses

University of California

9 campuses

Out of State Public Universities

Private Colleges & Universities

U.S. Military Academies

International

A-G Requirements

- (a): History/Social Science - 2 years required
- (b): English - 4 years required
- (c): Mathematics - 3 years required, 4 years recommended
- (d): Laboratory Science - 2 years required, 3 years recommended
- (e): Language other than English (LOE) - 2 years required, 3 years recommended
- (f): Visual and Performing Arts (VPA) - 1 year required
- (g): College Preparatory Electives -1 year required (Interfaith Dialogue and Economics)
- For additional information regarding the University of California a-g subject requirements, please visit the UC's [Articulation website](#).

UC & CSU Eligibility

California State Universities (CSUs)

- GPA in “A-G” college preparatory classes taken in 10th and 11th grades
- Minimum gpa is 2.0 in A-G courses *to apply*
- Test scores not considered for admission

University of California schools (UCs)

- GPA in “A-G” college preparatory classes taken in 10th and 11th grades
- Minimum gpa is 3.0 in A-G courses needed *to apply*
- Test scores not considered for admission

Testing Updates SAT

- **Junior Year: PSAT in October**
 - Can take your first ACT/SAT Spring Semester
 - May offer a School Day SAT or ACT
- **Senior Year: Last attempts to take ACT/SAT if desired**
- **Several colleges and universities are test blind/test optional.**
 - Test Blind
 - Test Optional

Summer School

- June 12th-July 21st
- Registration open Feb. 15th
- St. Francis Summer School Offerings (subject to change)
 - Integrated Math 2
 - Chemistry
 - Physics
 - Driver's Education

If she plans to take a summer class that is not at St. Francis, she needs to discuss it with her counselor.

Student To do's

- Review Course Registration documents posted in Schoology
 - Course Catalog, Course Registration Form
- Schedule meeting with her counselor sometime between now and the end of Feb to go over course selection or her counselor will reach out to her.

What's Next for her?

- Attend the AP Information sessions and apply for AP courses if they are interested in AP classes
- Review course plans with parents
- Students will register for classes at the end of February in PowerSchool
- Course Verification Days - students turn in signed Course Registration Form

Questions?



Nora Anderson: nanderson@stfrancishs.org Aki - Gri

Katrina Fox: kfox@stfrancishs.org Gui - Olv

Joe Poggi: jpoggi@stfrancishs.org Org - Zuc

Meeting link in Schoology for Mrs. Anderson and Mrs. Fox. Mr. Poggi will assign a meeting for your daughter.

