



Freshman Scheduling Worksheet

(Total credits can range from 60-80)

Required Courses		Credits
English	English 9	10
Theology	Intro. To Scripture and Christology	10
Math	Placement written on form	10
Science	Placement written on form	10
Modern & Classical Language	French 1/Italian 1/Spanish 1/Latin 1 or placement	10
Social Studies	Historical Geography (if summer, no credit here)	0 or 5
	Subtotal	50 or 55
Summer School	Written on form if enrolled (5 credits given in summer)	

Choosing your other classes:

Pick 15 credits (2-3 classes)	(If taking summer school, choose 20 credits)	Credits
Health		5
Physical Education		5
Athletics	Fall Winter Spring	*5
Fine Arts		5 or 10
Technology		5 or 10
Leadership		5 or 10
	Subtotal	
	Total	

* These 5 credits are not a class during the day.

Pick 15 Credits (2-3 classes) Options

Health

Health (5)

Physical Education

Yoga, Recreational Fitness, Dance Styles, Intro to Show Choir (5)
 Intermediate Dance Techniques (some dance experience required) (5)
 Show Choir, Hula (audition required) (5)

Athletics

Circle the season the sport is offered, write in sport (5)
 Non-SF Sport (application required – see Class of 2024 webpage)

Fine Arts

Digital Photography 1, Drawing 1, Figure Sculpting 1, or Painting 1 (5)
 Digital Photography 2, Drawing 2, Figure Sculpting 2, or Painting 2 (5)
 Theater Arts 1 (10)
 Theater Tech and Design (10)
 Concert Choir, Chamber Singers (10)
 Concert Orchestra, Chamber Orchestra (10)
 Apprentice Dance Company, SF Dance Company (10)

Technology

Computer Graphics (5)
 Digital Concepts (10)
 Computer Programming C-STEM (Prerequisite: Completion of IM1) (10)

Leadership

Ministry Leadership (5)
 Student Leadership (application & interview required) (10)