## Junior Parent Night SFHS Counseling Department Fall 2022

September 7, 2022

# Tonight's Agenda:

• Overview of Counseling and College Advising Program for Junior year

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- Testing Updates and Opportunities
- Support on Campus
- Upcoming events

## **Counseling: Snap Shot of Junior Year**

- Individual Fall Check-in with Counselor (Anderson, Fox, Poggi)
- "Just For Junior Workshops" starting in January (dates TBD)
- Presentation of Course Offerings (January)
- Parent Night- College Advising Program & Course Planning (January)
- Honors/AP Applications Due late January
- Course Planning Meeting with assigned counselor (January-March)
- Individual College Advising meeting with assigned College Counselor (Spring Semester)

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- Student inputs Courses into PowerSchool (March)
- Course Verification by counselor (March-May)

## **Progress Reports, Quarter grades, and Transcripts**

- Progress reports every 4 weeks
  - Not every student gets these
- Quarter Grades (do not go on the transcript)
  - important for "athletic eligibility"
- Semester grade is the "final grade" that goes on the transcript (Semester 1 & Semester 2)
- \* Check **Schoology** for your daughter's **current** grades/assignments

	n view transcripts in PowerSchool ent/Student Portal
) PowerSchoo	
Student and	Parent Sign In

## **College Advising Program- Junior Year**

"Just for Juniors" Workshops

Cover an array of topics (College Systems, Scholarships, Building the College list)

Dates and more info coming soon (starting in January)

Individual College Advising Meetings

Assigned a College Advisor

Meetings start at the beginning of next semester Remind your troubie to check

her email

regularly for dates

Troubie College Week Sept 19-23

Mini College Fair w/ College Reps

Workshops

Paying for College evening virtual Presentation (all grades)

## College Process: Where should I be?

- Individual Process
- Researching Colleges
  - Naviance or directly on the College Websites
- Carve out specific time to talk about College as a family
  - Financial discussion
  - Campus Tours or Virtual Tours
    - <u>https://campustours.com</u>
    - <u>http://www.ecampustours.com</u>
  - Attending College Rep Visits and College Fairs
    - Students can view our College Rep Visits schedule in Naviance
  - NCAA Eligibility Center



- UC and CSU are officially Test Free indefinitely will not consider SAT/ACT scores for admissions.
  Currently many other colleges are Test Free as well as Test Optional. Over 1,600 colleges are Test Optional.
  - Test Optional schools will not penalize students who choose not to submit test scores.
- Some schools DO require SAT/ACT:
  - University of Tennessee, University of Georgia, University of Florida, Georgetown, MIT
- Keep updated by checking college websites and <u>https://fairtest.org/</u>

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more

## **Testing Opportunities @ SFHS**

#### • PSAT- October 12, 2022

• Students were emailed a sign up link from our Testing Coordinator, Ms. Sarah Cornell

CollegeBoard

PSAT

• Google form must be completed by Friday September 9, 2022 to ensure a spot

#### • Who should take the PSAT?

- Students who are trying to qualify for the National Merit Scholarship Program
- Students who are trying to qualify for one or more of the National Recognition Programs
  - African American Recognition Program/Award
  - Hispanic Recognition Program/Award
  - Indigenous Recognition Program/Award
- To determine if you want to take a future SAT
- Students who want a timed test experience
- To connect with Colleges

\*PSAT is a practice test–Colleges don't use PSAT scores in admissions

## Testing Opportunities @ SFHS cont...

#### • School Day SAT/ACT for class of 2024

- 1 in the Spring and 1 in the Fall (dates TBD)
- SFHS registers the students (fees apply) and the test takes place on campus with SFHS students only

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 If your daughter wants to take a test outside of these school test day opportunities, she will need to find a test site and test date directly through ACT or College Board

## **Student Support**

#### Academic Support

- Teacher assistance
- CSF Peer Tutor List (emailed to students & in Schoology)
- Set up a meeting with counselor for tips/advice
- Learning Support Specialist- Multi Tiered System of Support
- Tutor Lab [new]

#### Wellness Support

- Prioritize sleep, wellness, and self-care outside of school
- Wellness Counselor (Ms. Kym) & "Guardian Angel" Peer Team
- "Normalize" your teens feelings

#### Staying Connected/Balance

 Encourage your daughter to get involved with her peers (Clubs, Hoco decorating, Junior retreats, etc..)

## **Mark Your Calendars:**

### **Troubie College Week:**

## September 19-22,

- > Workshops
- ➤ Mini College Fair w/ College Reps
- Sept 20 at 6:00 pm: Paying for College and Financial Aid Virtual Presentation

## Club Rush:

September 12 & 13 during lunch





## Mark Your Calendars:

### Homecoming Week: September 26- 30

- Theme: Movie Musicals
  - > Class theme: Grease
  - > Special Schedule that week (early dismissal)
  - Lots of opportunities to get involved!

## **Optional PSAT School Test Day:**

- October 12, 2021
  - > Registration form due September 9

### **Finals**

December 9 (Friday)- 15 (Thursday)





# Questions?

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> Mrs. Anderson: Abril - Guerrera Mrs. Fox: Guppy- Oberman Mr. Poggi: Odgers- Zipser

