

Class of 2024

Freshman Registration



Guidance Department Overview

- The Class of 2024 Counselor will work with your daughter all four years.
- Troubies begin working with a College Advisor Junior year through graduation.
 - Wellness Counselors provide additional support.
- Students will meet with their Counselor in small groups during the fall semester, and then meet individually in the spring.
- We will have a Guidance Parent Night this fall.



Creating Balance at SFHS

Things to consider when choosing your classes:

- **Academic Demands**
- **Arts & Athletics**
- **Christian Service Hours**
- **Retreats**
- **Extracurricular Activities**
- **Family & Friends**
- **Personal Time**



Freshman Course Overview

- English 9 (10 credits)
- Theology (10 credits)
- Math (10 credits)
- Science (10 credits)
- Modern and Classical Languages (10 credits)
- Historical Geography (5 credits)
- PE or Sport (5 credits)/Health (5 credits)
- Fine Arts (5 and 10 credit courses)
- Electives (5 or 10 credits if room)



Course Requests

- 80 credits maximum
- 60 credit minimum - 80 credit maximum (per year)
Year-long course = 10 credits
Semester course = 5 credits
- We strongly recommend signing up for 70 credits, which guarantees a “free block” (an unscheduled block during the school day)



Why a Free Block?

- Balance
- Study and homework time
- Meeting with a teacher, counselor or tutor
- Community building, hanging out with friends
- Rest



Review Course Options

All freshmen have been placed in these required courses:

- English 9
- Theology - Introduction to Scripture & Christology
- Math- Integrated Math 1 or challenge placement
- Science- Based on the HSPT test scores
- Social Studies- Historical World Geography



Modern & Classical Languages

Indicate first and second choice on the Google form.

- French
- Italian
- Latin
- Spanish

The Registration Advisor will place you in the appropriate level based on your challenge test results.



Choices

Pick 15-20 Credits

- PE (5 credits)
- Athletics/SFHS Sport (5 credits)
- Health (5 credits)
- Visual and Performing Arts (5 and 10 credit courses)
- Electives (5 or 10 credits if room)

Choose 20 credits only if enrolled in Historical Geography in summer school. Do not count SFHS Sport



Choosing your other classes

Please review the following slides and refer to the Freshman Scheduling Worksheet (link below) before making your choices on the Google Form.

[Freshman Scheduling Worksheet](#)



Health

- It is recommended to be taken in the freshman or sophomore year.
- Health is available in summer (sophomores, juniors, and seniors have priority)



Physical Education

- **PE Classes: 5 credits**

- Yoga
- Recreational Fitness
- Dance Styles
- Introduction to Show Choir
- Intermediate Dance Techniques (some experience required)
- Hula (audition required)



Athletics/Sports

- **SF Athletics: 5 credits**
 - Participation on a SF team earns 5 PE credits toward the graduation requirement.
 - Because athletics takes place outside of school hours, you can choose a total of 75 credits and still have a free block both semesters.
- **Non SF Sport: 5 credits**
 - Application Required (Class of 2024 webpage)



Fine Arts

Visual Art Options:

- Digital Photography 1 and 2 (5 credits each)
- Painting 1 and 2 (5 credits each)
- Drawing 1 and 2 (5 credits each)
- Figure Sculpting 1 and 2 (5 credits each)

These are 1-semester classes that can be taken in different years. For example: Drawing 1 can be taken freshman year and Drawing 2 can be taken in any other year, or they can both be taken in the same year.



Fine Arts

Performing Arts Options:

- Theater Arts 1 - 10 credits (**no** audition required)
- Theater Tech & Design - 10 credits
- Concert Choir - 10 credits (**no** audition required)



Fine Arts

Audition-based Performing Arts

The Registration Advisor will place you in the appropriate class based on audition.

- Chamber Singers - 10 credits
- Concert Orchestra - 10 credits
- Chamber Orchestra - 10 credits
- SF Dance Company - 10 credits

Please remember these 10 credits count toward your 70 credit total.



Electives

Technology Electives:

- Computer Graphics (5 credits)
- Digital Concepts (10 credits)
- Computer Programming with C-STEM (10 credits)
 - Prerequisite Algebra 1/Integrated Math I



Electives

Leadership Electives:

- Ministry Leadership (5 Credits)
- Student Leadership: Interested students should refer to the Class of 2024 website



Action Items

- Use your **Freshman Scheduling Worksheet** to complete the **Google Form** by **Monday, March 23rd, 2020**.
- Once you submit the **Google Form** you will receive a confirmation with your requests.
- Don't forget to check out the **Class of 2024** webpage.
- If you have any questions, contact your **Registration Advisor**.



Registration Advisors

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Looking forward to seeing you in August