St. Francis CATHOLIC HIGH SCHOOL

Class of 2026 Freshman Course Requests

Student Name: _____

One semester course = 5 credits   Full-year course = 10 credits

SUBJECT	CLASS	CREDITS
English	English 9	10
Theology	Introduction to Scripture & Christology	10
Math	☐ Integrated Math 1 —or— _____ Challenge Placement	10
Science		10
Modern & Classical Languages	☐French ☐Italian ☐ Latin ☐Spanish —or— _____ *Challenge Placement*	10
Social Studies	Early World History & Geography	5
	Subtotal	55
Health (Optional; recommended for freshman or sophomore year)	☐ Health (5)	
PE/Sport (Students who play a St. Francis sport or participate in a dance-based class may have their PE waived; you do not need to choose a PE class if you plan to play a St. Francis sport).	☐ Dance Styles (5) ☐ Yoga (5) ☐ Full Force Training (5) ☐ Intermediate Dance Techniques (5) ☐ Intro to Show Choir (5) --or-- I plan to try out for the following sport(s): _____	
Fine & Performing Arts (Optional; recommended for freshman or sophomore year. If choosing two five-credit courses they must be in the same medium).	*Choose one or two five-credit courses, or one ten-credit course* ☐ Digital Photography 1 (5) ☐ Digital Photography 2 (5) ☐ Drawing 1 (5) ☐ Drawing 2 (5) ☐ Painting 1 (5) ☐ Painting 2 (5) ☐ Figure Sculpting 1 (5) ☐ Figure Sculpting 2 (5) ☐ Concert Choir (10) ☐ Concert Band (10) ☐ Theater Arts 1 (10) ☐ Theater Tech & Design (10) ☐ Digital Film & Animation (10) —or— _____ *Performing Arts Audition Placement*	
Electives (Optional, if there is room in your schedule)	☐ Ministry Leadership (5) ☐ Computer Graphics (5) ☐ Computer Programming with C-STEM (10) ☐ Computer Science Discoveries (10)	

Please note: *The courses requested are course preferences, and some requests cannot be fulfilled due to master schedule conflicts or incompatibility with a student's overall schedule.*

Total credits: _____

SFHS recommends 60-75 credits, not including SF sports.