

Delta League Order of Events

Running Events:

The first event begins at 3:30pm and will progress in the following order:

110/100m hurdles

Varsity boys; Frosh Soph boys; Frosh Soph girls; Varsity girls

1600m run frosh/soph

Frosh Soph girls; Frosh Soph boys

(event may be combined at the discretion of the coaches)

4x100m relay

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

1600m run varsity

Varsity girls; Varsity boys

(event may be combined at the discretion of the coaches)

400m dash

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

100m dash

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

300m hurdles

Frosh Soph girls; Varsity Girls; Frosh Soph boys; Varsity Boys

800m run

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

200m dash

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

3200m run

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

(event may be combined at the discretion of the coaches)

4x400m relay

Frosh Soph girls; Frosh Soph boys; Varsity Girls; Varsity Boys

Field Events:

The events below begin at 3:30pm unless otherwise stated.

Discus (4 attempts)

Varsity Girls

Frosh Soph Girls

Varsity Boys

Frosh Soph Boys

Shot put (4 attempts)

Varsity Boys

Frosh Soph Boys

Varsity Girls

Frosh Soph Girls

High jump

High jump competition will begin at 4pm with the girls; boys to follow.

Frosh/Soph and Varsity Girls Combined

Frosh/Soph and Varsity Boys Combined

Pole vault

Pole vault competition will begin at 3:30pm; athletes should complete run-throughs, etc. before that time.

Long Jump/Triple Jump (4 attempts)

Open pit: long on one pit; triple on the other.

Pits will open for run-throughs at 3pm; competition will begin at 3:45pm.