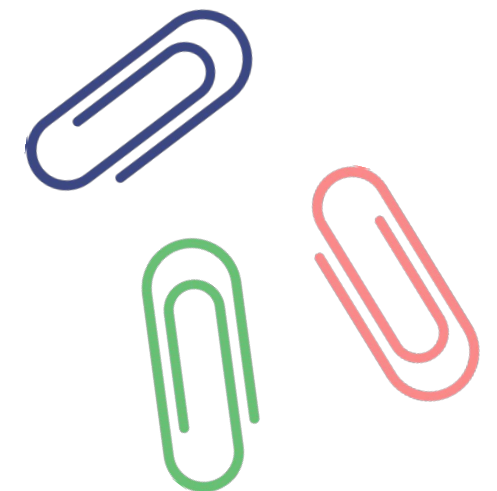




Freshman Parent Night

Class of 2028

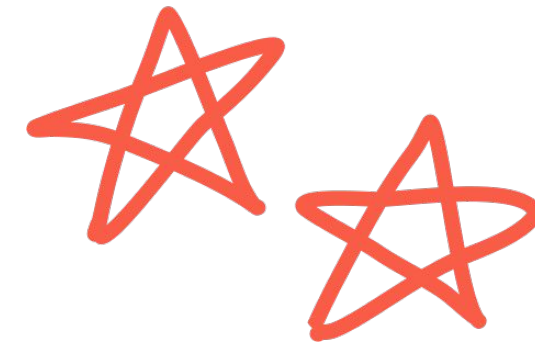
January 22, 2025



Overview of

Presentation

- ❑ Overview of the Counseling Department
- ❑ St. Francis Graduation Requirements and College Requirements
- ❑ Typical Sophomore Schedule
- ❑ Course Pathways
- ❑ Honors & AP Information
- ❑ Registration Dates
- ❑ Summer School Information

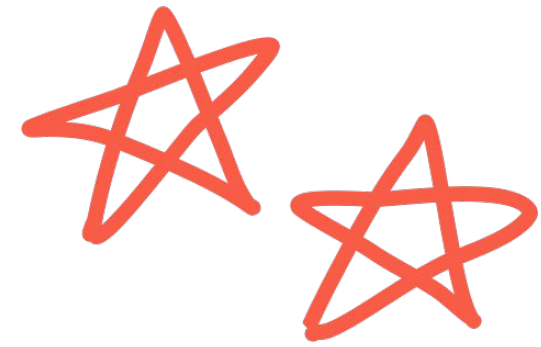


Counseling Department - Overview

- ❑ Assigned Counselor
 - ❑ Students stay with their assigned counselor for all 4 years
 - ❑ Assist with class schedules / conflicts / challenges
 - ❑ Support the Minnies
 - ❑ Start the College Search Process
- ❑ Sunny Rivera - Administrative Assistant to Counseling
- ❑ College Advisors - Debbie Austin or Naomi Lee
- ❑ Melissa Thompson - School Registrar



Counselor Assignments



Nora Anderson: Aba - Gon



Wendy Mok: Gre - Pat

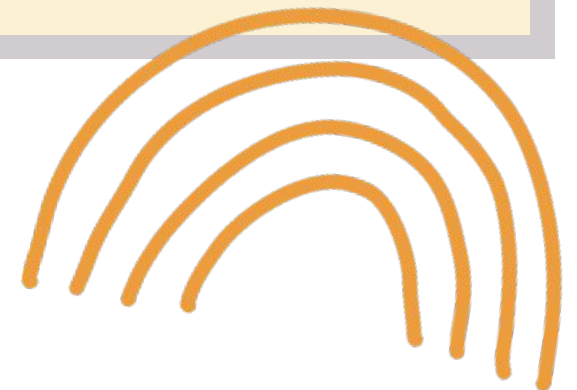


Joe Poggi: Per - Zer



Overview of SF Graduation Requirements

- ❑ SF requires 240 credits for graduation
- ❑ There are prerequisites for many classes
 - ❑ Please refer to Course Catalog and AP / Honors Application chart from Assistant Principal Ms. Moloney (emailed 12 / 20)
 - ❑ She can also ask her Counselor



Graduation Requirements- 240 credits

Theology
4 years

English
4 years

Math
3 years

Social
Studies
3.5 years

Science
3 years

Modern &
Classical
Lang
2 years

VAPA
1 year

PE
3 semesters

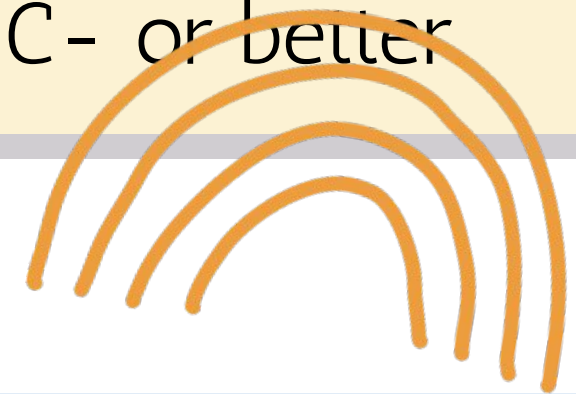
Health
1 semester

Other
Courses
3 semesters



UC/CSU A-G Requirements

- ❑ SF graduation requirements meet most college admission requirements.
 - ❑ A-G requirements are the college admission requirements for the UCs and CSUs.
- ❑ St. Francis requirements exceed college admission requirements in some cases.
- ❑ Students are advised to check college websites for admission requirements.
- ❑ While the UCs and CSUs use grades after freshman year for the GPA calculation, grades in A-G classes freshman year need to be a C- or better.

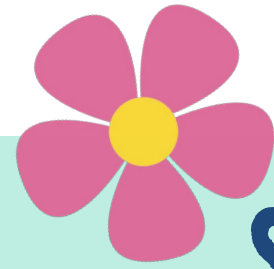


UC/CSU A-G Requirements



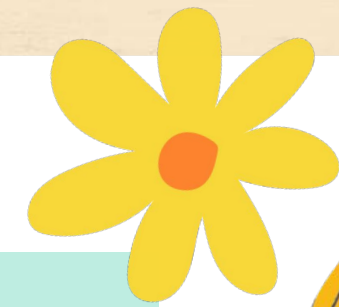
- (a) : History / Social Science - 2 years required
- (b) : English - 4 years required
- (c) : Mathematics - 3 years required, 4 years recommended
- (d) : Laboratory Science - 2 years required, 3 years recommended
- (e) : Language other than English (LOTE) - 2 years required, 3 years recommended
- (f) : Visual and Performing Arts (VPA) - 1 year required
- (g) : College Preparatory Electives - 1 year required (*Paschal Mystery & The Church*)

**UC/CSU calculate their own GPA using grades earned in all A-G courses completed between summer after 9th grade through summer after 11th grade. However, A-G classes in Freshman year need to be a C- or better.*



Sophomore Schedule at a glance

- Sophomore Theology
- English
- Math
- Science
- History
- Modern & Classical Language
- VAPA / PE / Elective / Health
- Free block



Theology

☐ Freshman Year

- ☐ Intro to Scripture/Christology

☐ Sophomore Year

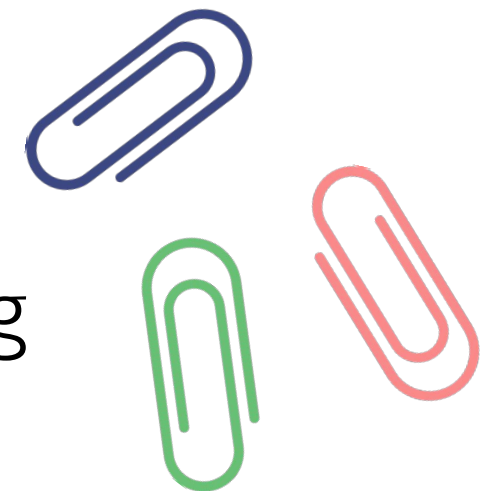
- ☐ Paschal Mystery / The Church

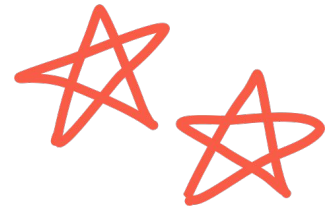
☐ Junior Year

- ☐ Moral Life in Christ / Catholic Social Teaching

☐ Senior Year (pick 2 of the 3 elective options)

- ☐ Feminine Icons, Francis and the Franciscans, Catholic Social Teaching





English

❑ Freshman :

- ❑ English 9

❑ Sophomore :

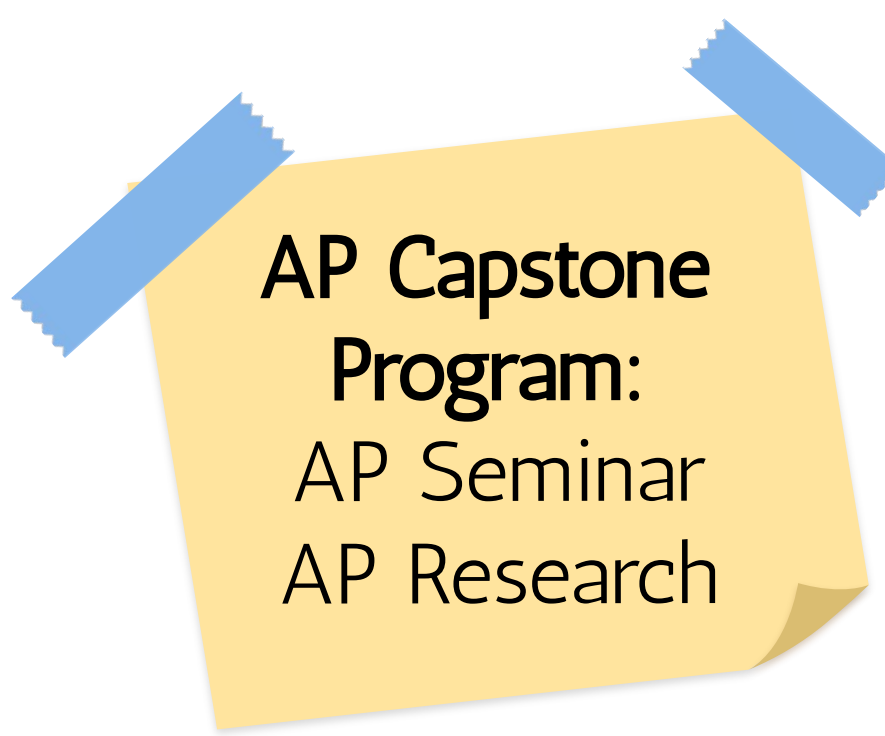
- ❑ Great Books or Honors Great Books

❑ Junior :

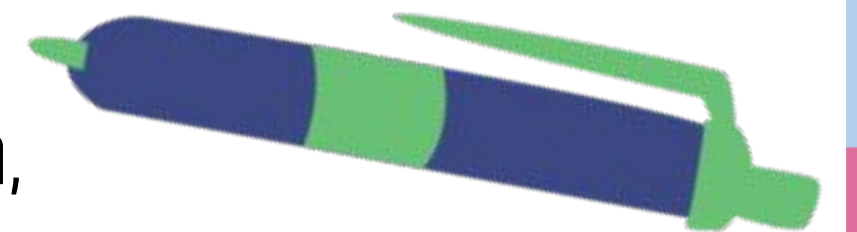
- ❑ American Literature or AP English Language

❑ Senior

- ❑ AP English Literature or English Elective (Lit & Film, Philosophy & Lit, Creative Writing)

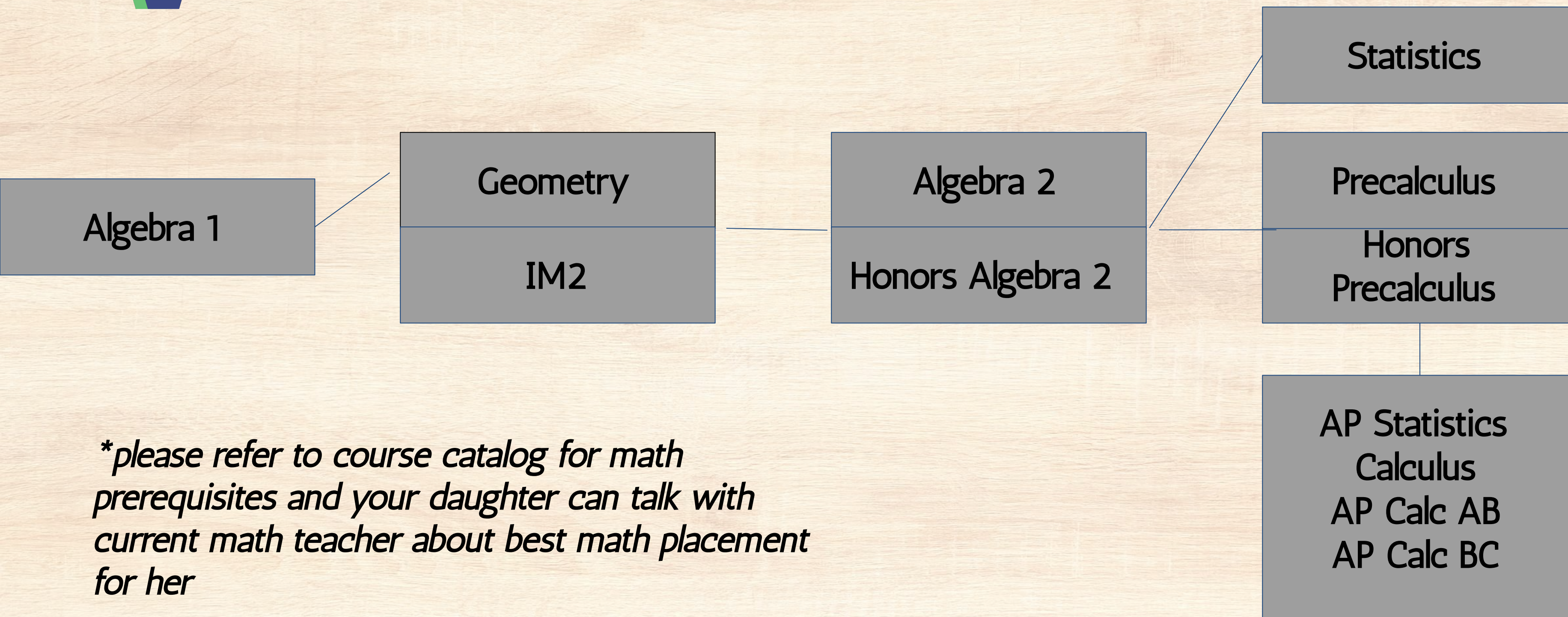


AP Capstone
Program:
AP Seminar
AP Research





Math



**please refer to course catalog for math prerequisites and your daughter can talk with current math teacher about best math placement for her*

History/Social Studies



Early World and
Geography

World History

AP World History

US History

AP US History

Econ / Civics

Econ / AP Gov

AP
Microecon / AP US
Gov



Modern and Classical Language



French

Levels

1,2,3
AP French Lang
and Culture

Italian

Levels

1,2,3
AP Italian Lang
and Culture

Latin

Levels

2, 3
AP Latin

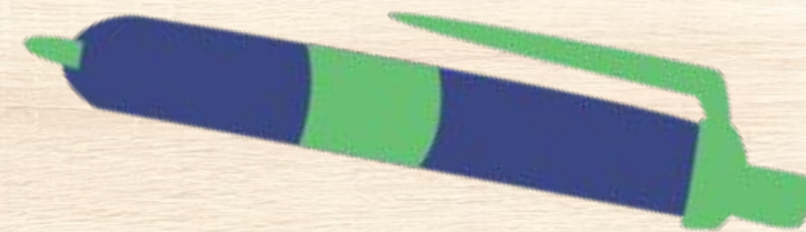
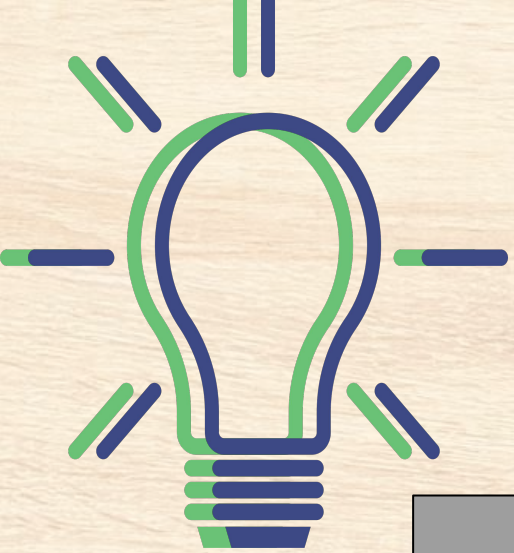
Spanish

Levels

1,2,3 / 3H, 4
AP Spanish Lang
and Culture, AP
Spanish
Literature



Science



Integrated Science
Grade: 9



Biology
Grade: 9 or 10

Honors Biology
(9th grade only)



Chemistry
Grades: 10, 11, 12

Honors Chemistry
Grades: 10 or 11



AP Chemistry
Grades: 11, 12

AP Biology
Grades: 11, 12

Anatomy and Physiology
Grades: 11, 12

Applied Chem & Tech
Grades: 11, 12

Biology II
Grades: 11, 12 (10th w/
Dep. Approval)

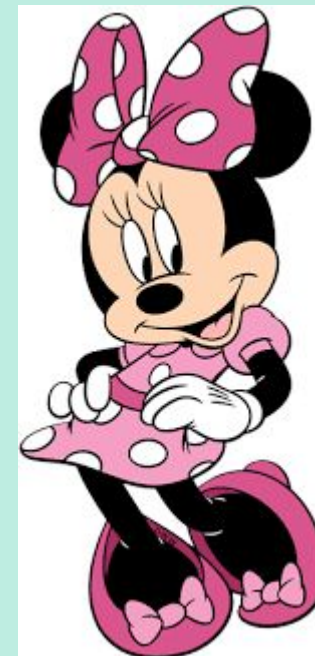
Honors Physics
Grades: 10, 11, 12

Physics
Grade: 10, 11, 12

*please reference Course Catalog for ALL
Science Prerequisites

Health/Elective/PE/VAPA

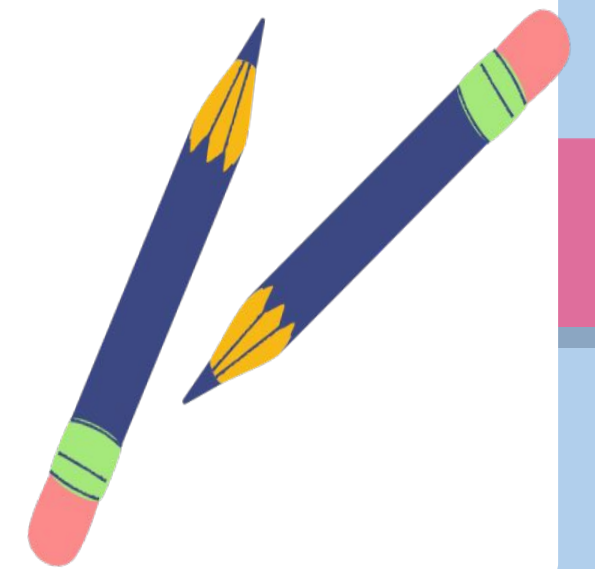
- PE/Sports (15 credits for graduation)
 - Yoga, Fusion Fitness, Hula (auditions) Dance Grooves
 - SF Appren. Dance, SF Dance Co., Show Choir
 - Non-SF sports (SF does not offer; waiver required)
- Health (recommend complete by Soph year)
- Technology Classes
 - C-Stem, AP Computer Science Principles
- Yearbook, Ministry Leadership, Leadership
- Visual and Performing Arts (10 credits required)
- Applied Academic Strategies
- Ethnic Studies





Important Information

- ❑ Researching Courses to take
 - ❑ Review the Course Catalog (on school website under academic tab)
 - ❑ Talk to current teachers or teachers who teach the class she is interested in
 - ❑ Talk with other students
 - ❑ Attend Informational Meetings for AP/Honors Classes

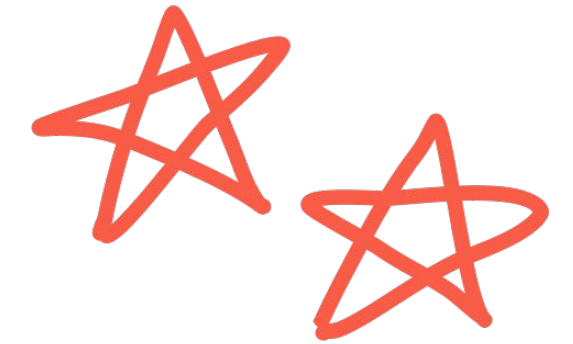


When Requesting Courses, Keep in Mind

- ❑ Balance - things to consider:
 - ❑ Homework / workload
 - ❑ More work sophomore year
 - ❑ After school commitments - sports, academic teams, work, performing arts
- ❑ Play to her interests and strengths
- ❑ She is "requesting" classes - not registering
 - ❑ There is no guarantee she will get every class she requests / wants
 - ❑ Prerequisites, conflicts, AP / Hon approval
 - ❑ There is no such thing as "trying out a class"
 - ❑ Often it's difficult / impossible to change a schedule once school starts



Honors/AP Application Process & Info.



- ❑ Your daughter received this exact info. in Freshman Advisory
 - ❑ Course description and prerequisites can be found in the Course Catalog (found on the SF Homepage)
 - ❑ Each department/course has its own process
 - ❑ Asst. Principal Ms. Moloney outlined the process for each class in a chart emailed out to all students on 12/20/24
- ❑ **Deadline for applications - January 29th**
- ❑ **It is your daughter's responsibility to know the process**
- ❑ Students will be notified **February 14th** regarding decision/waitlists
- ❑ Apply to all/any that are of interest

Difference Between AP and Honors Courses

Honors classes

- ❑ Advanced level course
- ❑ Student takes a final each semester

AP classes

- ❑ Advanced level course
- ❑ College Board Curriculum
- ❑ Student takes final in 1st semester, AP exam in the Spring
 - ❑ Students are required to take the AP Exam
- ❑ Opportunity to earn college credit



***Both earn one extra grade point per letter grade calculated into the students' GPA. Both options add rigor.**

Honors/AP Courses (cont.)



❑ What to think about regarding Honors and AP Classes:

- ❑ *We recommend students take no more than 3 H/AP courses per year.*
- ❑ Students don't *have* to take an H/AP class.
- ❑ They need to think about why they may want to take one.
- ❑ Students are committing to a year-long course.

❑ It's important for your daughter to meet with her counselor to discuss:

- ❑ The rigorous academic demands and time commitment required for H/AP level courses, including summer work
- ❑ Her outside commitments and extracurricular activities
- ❑ **Balance**

❑ Limitations with the Master Schedule

- ❑ It's very possible there will be schedule conflicts and students may not get all of the H/AP courses they select.

Summer Offerings

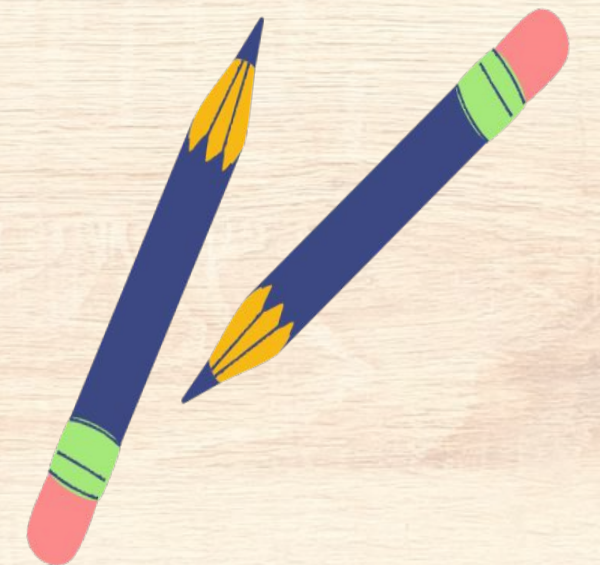
- Geometry
- Chemistry
- Drivers Education
- Ethnic Studies
- English Remediation
- Math Remediation



**each course is dependent upon sufficient enrollment and is not guaranteed to be offered*

Dates and registration
will be available on
SFHS website in
February

<https://www.stfrancishs.org/summer>

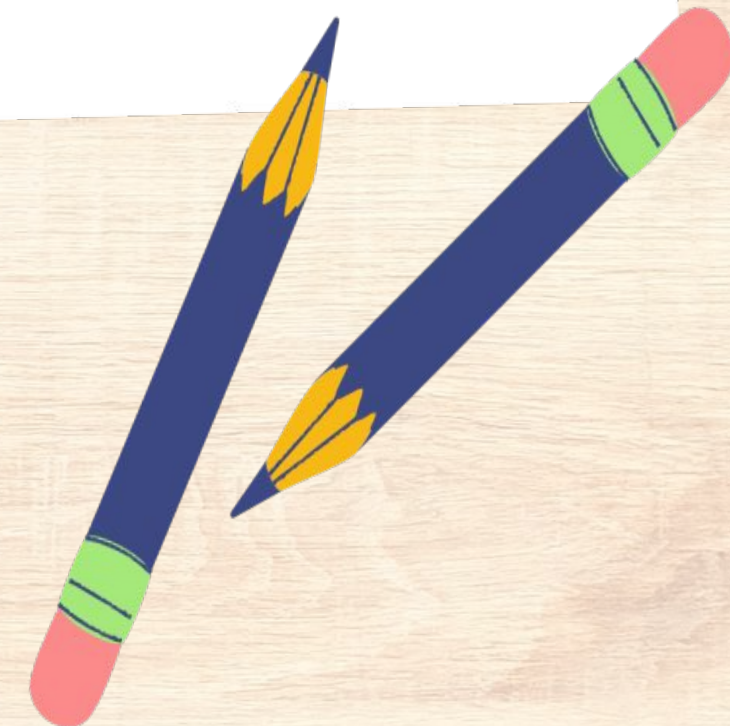


Community College Course

SFHS plans to offer another ARC course next Fall semester, most likely a General Psychology course. This course will be open to 10-12 grade students and it will be on a first come first serve basis. The course will be capped based on ARC guidelines, 35-40 students per class. Look out for email from Principal Mendoza in March or April.

**priority given to Juniors & Seniors*

- Class meets on SFHS campus after school



Registration Timeline & Details

- ❑ January 15: Freshman Advisory
- ❑ January 22: Counseling Parent Night
- ❑ January 29: AP/Honors Application Deadline
- ❑ February 14 : Notified of AP/Honors acceptances/waitlists
- ❑ January 24-March 8th: Individual meeting with counselor to discuss course selection and spring semester check-in
- ❑ March 3-7: Students request courses in PowerSchool
- ❑ March 10-14 : Course Verification
 - ❑ Student needs to bring parent signed Course Registration Form to the Counseling office to be verified by a Counselor

May 21 - Last day for schedule request changes

Down The Road

- Her future plans for college affect her course selections now
- Grades in A-G courses must be C- or better for four year colleges

What some colleges are looking for:

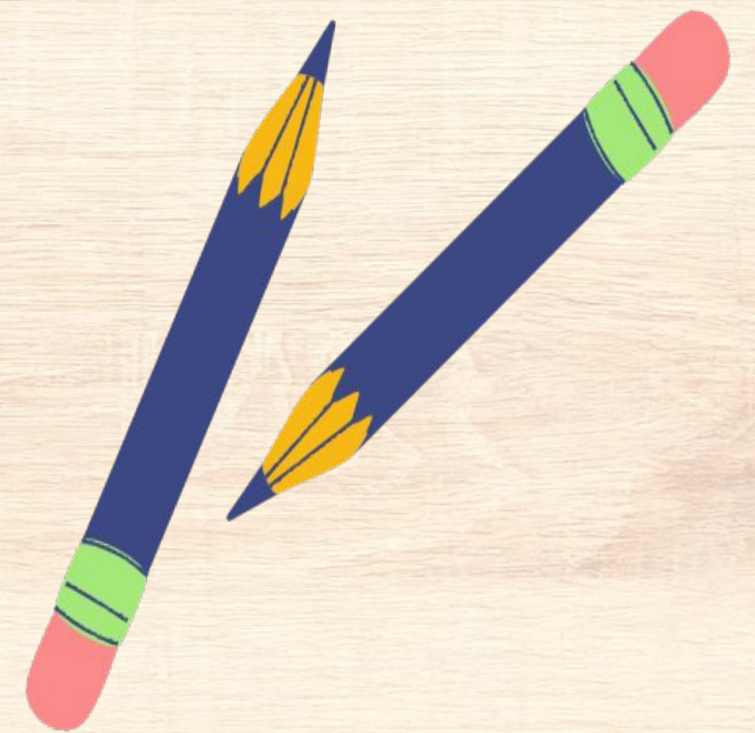
- Academic Rigor
- Grade Point Average
- Test Scores (ACT or SAT)
- Co-curricular activities
 - Things that show who she is as a person

College Systems

- Community Colleges
- California Public Schools
- Historically Black Colleges and Universities (HBCU)
- Out of State Public Schools
- Private Schools

Academic Rigor

- ❑ The term *rigor* is used by educators to describe instruction, schoolwork, learning experience and educational expectations that are academically, intellectually, and *personally* challenging.
- ❑ Academic rigor is different for each student!
- ❑ St. Francis High School does not provide student ranking on transcripts.

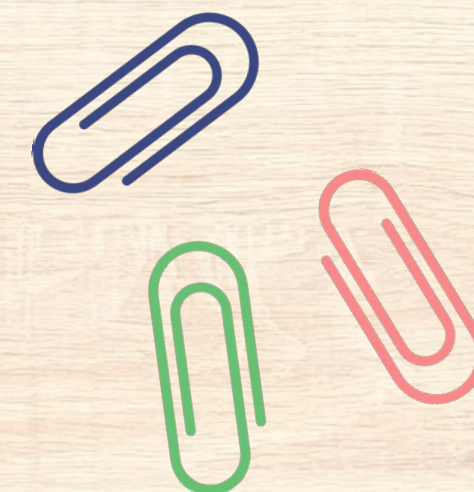


Finding the Transcript in PowerSchool

- ❑ Sign in to the PowerSchool Student Portal at stfrancishs.powerschool.com/public (or sign in through the St. Francis Webpage)
- ❑ Click on the Grades and Attendance page
- ❑ Click on the "Transcript" tab at the top

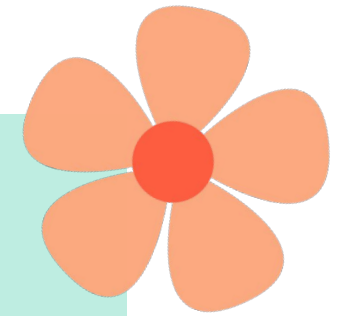
Note: Fall grades will be available now

It's important to review the transcript yearly.



Verifying Name and Birthday on Transcript

- ❑ Students should check their official full name (listed on Social Security card)
- ❑ Then they should verify that their name is correct on their transcript. This can cause confusion down the road during the college application process if there is a discrepancy.
- ❑ Transcripts can be viewed in PowerSchool.
- ❑ She should also check that her birthday is correct.
- ❑ If there are any errors, please contact our Registrar, Mrs. Thompson.





Questions?

Nora Anderson: nanderson@stfrancishs.org

Wendy Mok: wmok@stfrancishs.org

Joe Poggi: jpoggi@stfrancishs.org

Thank you!

