
Freshman Guidance Parent Night

January 16, 2019



Overview

- Academic and College Requirements
- Honors Courses / AP Courses
- Registration Process
- Student Interests and Leadership

Some things to consider before you
request your classes

College Admissions

“drives the bus”

for your course selections

This does not mean that you are choosing your college today!



Overview

Planning for Four Years AT SFHS

- SF requires 240 credits for graduation
- SF requires six (6) classes minimum
- SF allows eight (8) classes maximum per semester
- Prerequisites for many classes

SF Graduation Requirements

*Developed to meet Univ of California (UC) A – G requirements

- Theology 8 semesters
- English 8 semesters
- M and C Languages 4 semesters
- Mathematics 6 semesters
- P.E. 3 semesters
- Science 6 semesters
- Social Studies 7 semesters
- Fine Arts 2 semesters
- Health 1 semester
- ***Electives*** 2 semesters
 - 1 extra class from the core areas above.

Typical Sophomore Schedule

- **Discipleship and Prayer/The Church**
- **Great Books or Honors Great Books**
- **Geometry or Integrated Math (IM) 3 or Honors IM 3 or IM 3A**
(Geometry can be accelerated - Summer School) or
Precalculus/Honors Precalculus
- **Biology, Honors Biology, Chemistry or Honors Chemistry**
- **World History/AP World History**
- **Modern and Classical Language**
- **1 Semester of PE/Sport**
- **Fine Art (2 sem.) or Health (1 sem.) - Recommended completion by**
soph year, if poss.

Students must have at least 6 classes, recommended 7 classes

(60 credits min. , 80 credits max.)

Electives

- An elective is:
 - A Class or classes a student elects to take beyond the SF course requirements.
 - Elective requirement will be met through regular SF course progress
 - Any “extra” courses added to Electives credit “bucket”
 - College Prep Electives
 - 4th year of math or science
 - 3rd and 4th year of foreign language
 - Technology Classes
 - Additional Fine Arts

Non-College Prep Electives

High school graduation credits earned, but do not usually “count” as a college preparatory course for admission to college.

EXAMPLES

- Yearbook
- Computer Graphics
- Academic Teams (1 credit)
- Student Leadership/Ministry Leadership
- Select Fine Arts Courses
- Student Intern

Other Class Offerings

- Digital Concepts
- Computer Programming with C - C-STEM
- AP Computer Science Principles
- AP Computer Science A

SFHS Course catalog

- **Course Catalog can be found on the SF Website**
 - Includes Course descriptions.
- **Go to SF page, click on “Academics”, “Course Catalog”, “Download”**
 - Example: English 10: Honors Great Books (HP) is a seminar-style course designed for sophomores with advanced skill levels in reading and literary interpretation. Literature selections are challenging and range from Shakespearean drama to contemporary short stories. Students engage in “shared inquiry” method of literary analysis, with emphasis on purposeful reading, open discussion of ideas, clear communication, and effective argumentation. The writing program includes analytical and interpretive essays, autobiographical papers, and creative writing, with intense work on revision skills. UC A-G approved – b English. NCAA approved. Prerequisite: English 9 and department approval

Honors and AP courses - SFHS guidelines

- SFHS recommends no more than 3 per year
- Most rigorous student = total of 8 Hon/AP courses through soph, junior, and senior years
- GPA/grades only 1 aspect of college admissions
- 4 Hon/AP courses are not guaranteed - potential scheduling conflicts
- Interested in 4 Hon/AP - Must see Mrs. Millner for parent/student contract

Honors / AP Application Process

- How does your daughter apply for an Honors/AP course?
- Student can take up to 3 Honors/AP classes per semester
- Criteria for application/acceptance varies by department
 - Departments will inform students regarding the process (as well as distribute any documents necessary)
- Honors/AP apps –due by Jan. 31th.
- Jan. 16-31 - Those applying for Honors/AP courses can meet with Mrs. Millner (especially if this will be her first Hon/AP class)
- ***It is the student's responsibility to be aware of all timelines and requirements.***

Registration Timeline

- Jan. 16-Jan. 30. Mrs. Millner meets with Freshmen interested in Honors/AP courses
- Jan. 16-Mar 1. Students who have any schedule questions meet with Mrs. Millner
 - Will also begin Student/Counselor Spring (one-on-one meetings) Check-ins

Student completes Course Request Form by Mar. 4
(student/parent sig required)

- **Mar. 4 (Mon.) – Mar. 11 (Mon.)** Students will input Course Selections into Powerschool - instructions to come
- Final step – Counselor verification March 11-13. Student must bring parent-signed form.

FYI - SFHS College Testing Timeline

- Freshman – PSAT 8/9
 - Scores available through students College Board accounts
 - Not too late to create one
- Sophomore – Pre-ACT in October
- Junior – PSAT in October
 - Spring Junior Year/Fall Senior Year
 - ACT with Writing
 - SAT with Writing
 - SAT Subject Tests (2-3) – TBD

Summer School

- June 10- 28 2019 (Session 1) & July 1-19 2019 (Session 2)
- Registration opens February 12th at 7AM
 - **This is first-come-first-served!**
 - **Health will fill-up quickly**
- Students may not take these subjects in the summer: English, Modern and Classical Languages, Social Studies (exceptions: Hist. World Geog. And Econ/Government), or Theology classes.
- Students must complete a Summer School Approval Form from Guidance if they take a course somewhere other than SFHS.

Summer School Classes at St. Francis

- Geometry
- Chemistry, Physics
- Historical World Geography,
Economics/Civics
- Health
- <https://www.stfrancishs.org/high-school-summer-academic>

Encourage your daughter to find her interests in life!

- Summer School
- Volunteer Activities/Community Service
- Summer College Programs/Internships
- Travel (visit college campuses)
 - EF College Tour
- Leadership opportunities related to her **PASSION**

Thank You

We know you are very busy -- thanks for taking the time to read this powerpoint. It is a true honor and privilege to work with your family. If you have any questions or need clarification, please call or email me - jmillner@stfrancishs.org.

"Life is a journey to be
experienced,
not a problem to be
solved."



-Winnie the Pooh