



## Job Profile

Job Title:	JV Lacrosse Head Coach
Department:	Athletics
Reports to:	Athletic Director
Date:	7/18/25

### Job Status:

Exempt <input type="checkbox"/>	Non-Exempt X
Full-time <input type="checkbox"/>	Part-time X

### General Summary

*What is the primary purpose of this position?*

The role of the JV Lacrosse Head Coach is to be responsible for providing instruction and development of the team at St. Francis Catholic High School as well as supporting the Varsity Head Coach in implementing program goals and objectives. The person in this position is often responsible for introducing athletes to the fundamentals of the sport as well as providing direction to more advanced student athletes so that they might achieve a high level of skill. The JV Head Coach is also responsible for character development as well as the development of an appreciation for discipline, sportsmanship and teamwork in the sport of Lacrosse. All coaches are responsible for creating and nurturing a physically, and emotionally safe environment for their athletes. The person in this role is required to interact thoughtfully and respectfully with student athletes, fellow coaches, staff, parents and community and is expected to implement the school mission and philosophy, to follow the policies of the Diocese of Sacramento, and to adhere to the directives set by school administration. This is an occasional part-time hourly position.

### Essential Responsibilities

*List all major job functions performed on a regular basis.*

***All areas of responsibility must be operated consistent with the Catholic mission of the school.***

1. Follow and uphold the policies and mission statement of the St. Francis Athletics Department, the Sierra Foothill League, the CIF Sac-Joaquin Section, the California Interscholastic Federation (CIF), and the National Federation of State High School Associations (NFHS).
2. In coordination with the Athletic Director and/or sport supervisor, support the Head Varsity Coach in the planning, organizing, and directing of all facets of the St. Francis Lacrosse program including the scheduling of practices, competitions, ceremonies, and post-season awards banquet.
3. Instruct and demonstrate skill sets and techniques necessary for individual and team development for all levels of the program.
4. Ensure that team rules and regulations regarding conduct and eligibility of the athletes are clearly communicated and followed.
5. Assist the Varsity Head Coach in the planning, organizing, and implementation of tryouts for the Lacrosse program; coordinate with the Varsity Head Coach to ensure thoughtful



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communication is made to the participants regarding final selections while maintaining the integrity of the selection process.

6. Consult with the Athletic Director and Varsity Head Coach regarding any off-season training programs including scheduling dates for summer camps/practices, competitions, and pre-post tryout informational parent meetings.
7. In conjunction with the Athletic Director and Varsity Head Coach, facilitate informational parent meetings at the beginning of the season for all levels.
8. Create a safe environment conducive to learning and appropriate for the physical, social, and emotional development of students.
9. Model good sportsmanship behavior and maintain appropriate conduct towards opposing teams, fans, parents, officials, spectators and community.
10. Implement positive communication strategies, organizational skills, and safety.
11. Successfully foster and support an inclusive educational environment.

### Job Specifications/Requirements

*List skills/experience required for adequate performance in this position. List preferred experience and skills, if any.*

Education:

Bachelor's degree or equivalent experience required.

Job experience:

Coaching or playing experience at the high school, collegiate, or professional level required, 3 years or more as a head coach preferred.

Technical/Functional skills:

1. Strong teamwork and teambuilding skills.
2. Design effective plans for training and competition.
3. Understand aspects of health, nutrition, exercise science and physical education, particularly as they relate to the adolescent, female athlete.
4. Strong organization and administration skills including managing the coaching staff at all levels of the program.
5. Ability to effectively communicate verbally and in writing.
6. Strong listening skills.
7. Ability to prepare and condition athletes both physically and mentally.
8. Demonstrated mentoring and motivating skills, encouraging student empowerment and academic success.
9. Ability to work and contribute to an environment of mutual respect and collegiality.



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10. Sensitivity to and understanding of the diverse academic, socioeconomic, cultural, disability, and ethnic backgrounds of high school students.

Other Requirements:

Other duties may be required as needed.

Employee Signature:

Date:

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Supervisor Signature:

Date:

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HR Signature:

Date:

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