

Field Events Order: Start time 1:30

Time for LJ & TJ are approx. —will begin after last jump completed of teams

Event	First group	Second group	Third group
High jump	Var.Boys(5'0)	Var.Girls (4'0)	FS Boys (4'6")
Long Jump 3 jumps	Var.Girls (open pit 1:30-2:45ish)	FS Boys (open pit after girls 3:15-4:30 ish)	Var.Boys (open pit after FS 5:00-6:30ish)
Triple Jump 3 jumps	FS Boys (open pit 1:30-2:45ish)	Var. Boys (open pit after FS finish 3:15-4:30ish)	Var.Girls (open pit after boys finish 5:00-6:15ish)
Pole Vault	V.Girls 6'0	FS boys 7'0	V.Boys 8'0
Shot 3 throws	FS Boys	Var.Boys	Var.Girls
Discus 3 throws	Var.Boys	Var.Girls	FS Boys

Running Event Times are an Approximation

- 2:00 pm Open 3200 meter: FS, VG, VB
- 2:45 pm 4x65m Shuttle Hurdles –Ladies First—VG, FS, VB
- 3:25 pm 4x100m Relay—FS, VG, VB---all events in this order
- 4:00 pm Distance Medley. Waterfall start
(1200,400,800,1600).
- 4:45 pm Sprint Medley-- 3 turn stagger
(100,100,200,400).
- 5:15 pm 4x800m Relay. Waterfall start.
- 6:00 pm 4x200m relay. 3 turn stagger
- 6:30 pm Break (15 minutes)
Presentation of Bobby Osborne Spirit Award
- 6:45 pm 4x400m Relay. 3 turn stagger.