



Menu



Monday December 5, 2022	
Alarm Clock Breakfast	Bassian Farms Chorizo Breakfast Burrito with Cage Free Eggs, Yukon Gold Potatoes and Organic Cheddar Cheese
Global Adventure	Free Range Roasted Chicken in Chipotle Cream Sauce, Roasted Broccoli, Cauliflower and Mashed Potatoes
Platillos Latinos	Free Range Chicken or Vegetarian Fried Rice with Seasonal Stir Fry and Fortune Cookie
Panini	Carne Asada Fries with Cheddar Cheese, Sour Cream and Fresh Garden Salsa

Café Service Hours	
7:30 - 10:00	
11:00 - 1:00	
2:30 - 3:30	

Tuesday December 6, 2022	
Alarm Clock Breakfast	Vegetarian Breakfast Scramble with Cage Free Eggs, Tomatoes, Bell Peppers, Onion and Organic Baby Spinach
Izakaya	Thai Basil Pork Tips with Red & Green Bell Peppers, Pad Thai Noodles and Cucumber Mint Salad
Kitchen Table	Free Range Tika Masala with Organic Basmati Rice, Roasted Potato with Naan Bread
Panini	Southwest Grass Fed Steak, Mozzarella Cheese, Caramelized Onions and Chipotle Aioli

Today's Grab and Go Special	
Monday:	
Free Range Chicken and Ham Chef Salad with Ranch Dressing	
Tuesday:	
Asian Cool Glass Noodle Salad, Julienne of Vegetables, Marinated Smoked Tofu and Lime Ginger Soy Dressing	

Wednesday December 7, 2022	
Alarm Clock Breakfast	Organic Quinoa and Oats Protein Bowl with Fresh Berries, House Made Granola, Brown Sugar and Cranberries
Kitchen Table	Free Range Chicken Scampi with Organic Baby Bloomsdale Spinach, Capers with Seasonal Vegetables and Garlic Bread
Platillos Latinos	New Mexico Beef Fajitas with Cilantro Lime Hominy, Ranchero Beans, Sour Cream and House Made Garden Salsa
Panini	Free Range Chicken Noodle Soup with Grilled Cheese Sandwich

Wednesday:	
Rosemary Roast Beef with Butternut Squash, Cherry Tomatoes, Carrots, Shaved Red Onion, Goat Cheese and Barley Salad	
Thursday:	
Free Range Chicken Bacon Club with Smoked Applewood Bacon, Cherry Tomatoes, Shredded Carrots, Shredded Cheese, Croutons and House Made Ranch Dressing	
Friday:	
Yogurt Marinated Free Range Chicken Kebabs, Organic Fall Vegetable Cous Cous and Grilled Pita Chips	

Thursday December 8, 2022	
Alarm Clock Breakfast	English Muffin Breakfast Sandwich with Scrambled Cage Free Eggs, Smoked Applewood Bacon and Organic Clover Cheddar Cheese
Izakaya	Free Range Chicken Teriyaki with Organic Jasmine Rice and Baby Bok Choy
Kitchen Table	Oven Roasted Beef Brisket with Roasted Garlic Mashed Potatoes and Maple Baby Carrots
Panini	Grilled Vegetarian Portobello Mushroom Sandwich

Promotions



December 2022

To the Season for Hot Chocolate

Enjoy Hot Chocolate
Dec. 5 - Dec. 9, 2022
In the Café

Friday December 9, 2022	
Alarm Clock Breakfast	Smoked Applewood Bacon Breakfast Burrito with Cage Free Eggs, Potatoes and Organic Clover Cheddar Cheese
Platillos Latinos	Free Range Chicken Flautas with Cilantro Rice, Organic Braised Black Beans, Garden Fresh Salsa and Sour Cream
American BBQ Series	Pork Adobo with Steamed Jasmine Rice and Fire Roasted Eggplant
Panini	Creamy Beef and Tomato Noodle Soup with Grilled Cheese Sandwich

In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

Epicurean Group at St. Francis Catholic High School

Your Executive Chef: Yony Salguero

Café/Catering Manager: Evelyn Barela
(916) 737-5062

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



Menu Key

- Vegetarian
- Vegan
- Organic
- Free Range
- Grass Fed
- Cage Free
- Contains Gluten