



Menu



Monday		July 15, 2024		Café Service Hours	
Alarm Clock Breakfast	Selection of Fresh Fruit, Yogurt Parfaits, Breakfast Pastries, Smoothies & More!			7:30 - 10:00	
Kitchen Table	Baked Mac and Cheese, Organic Dweley Farms Broccoli & Cauliflower Florets			11:00 - 1:00	
Panini	Grab & Go			2:30 - 3:30	
Take Away Menu	Meat and Vegetarian Quesadillas, Burritos & Pizza			Today's Grab and Go Special	
Tuesday		July 16, 2024		Monday:	
Alarm Clock Breakfast	Selection of Fresh Fruit, Yogurt Parfaits, Breakfast Pastries, Smoothies & More!			Selection of Fresh Fruit, Yogurt Parfaits, Smoothies & More!	
Kitchen Table	Creamy Spinach Free Range Chicken, Yukon Gold Mashed Potato, Seasonal Roasted Vegetables			Tuesday:	
Panini	Grab & Go			Selection of Fresh Fruit, Yogurt Parfaits, Smoothies & More!	
Take Away Menu	Grab & Go			Wednesday:	
Wednesday		July 17, 2024		Selection of Fresh Fruit, Yogurt Parfaits, Smoothies & More!	
Alarm Clock Breakfast	Selection of Fresh Fruit, Yogurt Parfaits, Breakfast Pastries, Smoothies & More!			Friday:	
Kitchen Table	Three Cheese Ravioli, House Made Marinara, Organic Dweley Farms Broccoli, Tossed Caesar Salad			Selection of Fresh Fruit, Yogurt Parfaits, Smoothies & More!	
Panini	Grab & Go			Promotions	
Take Away Menu	Grab & Go			<div>Summer Food Facts</div> <div>Did you know?</div> <div>Two antioxidants - lutein & zeaxanthin - in corn may act like natural sunglasses, helping to form macular pigment that filters out some of the sun's damaging rays.</div> <div>Source: https://www.eatingwell.com/article/101642/8-super-healthy-summer-foods-you-should-be-eating/</div> <div></div> <div><div>Hello</div><div>july</div></div>	
Thursday		July 18, 2024		In the Know	
Alarm Clock Breakfast	Selection of Fresh Fruit, Yogurt Parfaits, Breakfast Pastries, Smoothies & More!			Epicurean Group is a Food Service Management Company headquartered on the West Coast.	
Platillos Latinos	Free Range Chicken Burrito Bowl, Pinto Beans, Cilantro Rice, Shredded Cheese, Sour Cream, Salsa Roja (Vegetarian Option- Sweet Potato Burrito Bowl)			We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention.	
Panini	Grab & Go			We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.	
Take Away Menu	Grab & Go			<div><div></div><div></div><div></div></div>	
Friday		July 19, 2024			
Alarm Clock Breakfast	Selection of Fresh Fruit, Yogurt Parfaits, Breakfast Pastries, Smoothies & More!				
Global Adventure	Hawaiian Sticky Pork, Pineapple Jasmine Rice, Stir Fry Vegetables				
Panini	Grab & Go				
Take Away Menu	Grab & Go				
Epicurean Group at St. Francis Catholic High School					
Your Executive Chef:		Olivia Quintanilla			
Café/Catering Manager:		Evelyn Barela (916) 737-5062			

Menu Key

