



St Francis High School

Monday March 28, 2022		Café Service Hours
Alarm Clock Breakfast	Honey Ham Croque Monsieur with Cage Free Egg and Cheese	7:30 - 10:00
Kitchen Table	Free Range Cabernet Reduction Chicken with Cous Cous, Roasted Tri-Colored Cauliflower and Bell Peppers	11:00 - 1:00
Global Adventure	Ground Turkey Spaghetti Bolognese with Le Boulanger Organic Gilroy Garlic Bread and Roasted Vegetables	2:30 - 3:30
Panini	Italian Meatball Sub with House Made Marinara and Provolone Cheese on Dutch Crunch	Espresso Hours: 7:30-9:00, 2:00-4:00
Live Well	Tortellini Caprese Pasta Salad	Today's Salad
Take Out Menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More	Monday: Salmon Niçoise Buddha Bowl with Green Beans, Olives, Hard Boiled Egg, Purple Potatoes, Capers, Red Onion, Tomato and Lemon Dijon Vinaigrette
Tuesday March 29, 2022		Tuesday: Free Range Chipotle Chicken Salad with Roasted Corn, Kidney Beans, Avocado.
Alarm Clock Breakfast	Churro Pancakes with Carmel Drizzle and Syrup	Wednesday: Free Range Tandoori Chicken with Roasted Vegetables, Lettuce, Cucumber, Red Onion, Cilantro and Tzatziki Dressing
Global Adventure	Caprese Stuffed Free Range Chicken with Balsamic Reduction, Pesto Orzo Pasta and Roasted Capay Farms Organic Butternut Squash	Thursday: Soba Noodle Salad with Steak, Carrots, Green Onion, Bell Peppers and Soy Ginger Vinaigrette
Plattillas Latinas	Beef Barbacoa Burrito Bowl with Spanish Rice, Refried Beans, Shredded Lettuce, Queso Fresco Cheese, Fresh Garden Salsa and Sour Cream	Friday: Avocado Mango Strawberry Salad with Cilantro Lime Dressing
Panini	Torta Sandwich with Pork, Refried Beans, Queso Fresco Cheese, Avocado and Tortilla Chips	
Market Grill	Elotes, Arroz Con Leche and Pan Dulce	
Take Out Menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More	
Wednesday March 30, 2022		
Alarm Clock Breakfast	Banana Split Breakfast Bar	
Global Adventure	Szechuan Pork Stir Fry with Organic Jasmine Rice and Asian Stir Fry Vegetables	
Kitchen Table	Free Range Butter Chicken Marsala with Chickpea, Potato and Naan Bread	
Panini	Bánh Mì with Thin Sliced Pork, Shredded Carrot, Cilantro and Daikon Radish	
Live Well	Paneer Butter Marsala with Organic Basmati Rice, Cucumber and Onion Salad with Naan Bread	
Take Out Menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More	
Thursday March 31, 2022		
Alarm Clock Breakfast	Bagel Breakfast Sandwich with Smoked Applewood Bacon, Cage Free Egg and Clover Organic Cheddar Cheese	
Global Adventure	Beef Bulgogi with Jasmine Rice and Fresh Vegetarian Roll	
Kitchen Table	Free Range Chicken Pancit with Carrots, Green Beans, Cabbage and Lumpia	
Panini	Pork Belly Wrap with Lettuce, Cucumber, Kimchee, Pickled Carrots, Fresh Cilantro and Lemon Ginger Sweet Chili Sauce	
Live Well	Free Range Pork Meatballs with Udon Noodles, Bean Sprouts, Cilantro, Shredded Carrots and Baby Bok Choy	
Take out menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More	
Friday April 1, 2022		
Alarm Clock Breakfast	Cinnamon French Toast Muffins with Cinnamon Apple Compote and House Made Cream	
Taste of Italy	Veggie and Shrimp Tempura with Asian Chop Salad and Miso Ginger Dressing	
Kitchen Table	Jollof Rice with Fried Plantain	
Panini	Roasted Sweet Potato and Caramelized Onions with Balsamic Reduction Drizzle	
Live Well	Piri Piri Tofu and Jollof Rice	
Take out menu	House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More	

Weekly Promotions!!!!

NOODLE BAR
Unleash Your Creativity!

Free Range Chicken Meatballs with Udon Noodles, Bean Sprouts, Cilantro, Shredded Carrots and Baby Bok Choy

March 31, 2022

Taco Tuesday!

Free Range Chicken Tacos with Spanish Rice, Chips, Pico De Gallo, Sour Cream and House Made Aqua Fresca

After School March 29, 2022

Menu Key

- Vegetarian
- Cage Free
- Free Range
- Gluten Free
- Grass Fed
- Organic

Epicurean Group at St Francis High School

Executive Chef: Rocio Tostado
Café/Catering Manager: Evelyn Barela

