



Menu



Monday		December 12, 2022
Alarm Clock Breakfast	Fluffy Banana Pancakes with Caramel Drizzle, Warm Maple Syrup and House Made Crème	
Global Adventure	Grab and Go Pepperoni or Cheese Pizza, Meat or Cheese Quesadilla, Meat or Vegetarian Burritos	
Platillos Latinos	Grab and Go Pepperoni or Cheese Pizza, Meat or Cheese Quesadilla, Meat or Vegetarian Burritos	
Panini	Grilled Ham and Cheese with Creamy Tomato Bisque	

Tuesday		December 13, 2022
Alarm Clock Breakfast	Bassian Farms Chorizo and Eggs Scramble With Tater Tots	
Izakaya	Grab and Go Pepperoni or Cheese Pizza, Meat or Cheese Quesadilla, Meat or Vegetarian Burritos	
Kitchen Table	Grab and Go Pepperoni or Cheese Pizza, Meat or Cheese Quesadilla, Meat or Vegetarian Burritos	
Panini	Free Range Chicken Sandwich with Lettuce, Tomato and Pickle Spear	

Wednesday		December 14, 2022
Alarm Clock Breakfast	Monte Cristo Sandwich with Honey Black Forest Ham, Cage Free Egg and Swiss Cheese	
Kitchen Table	Grab and Go Pepperoni or Cheese Pizza, Meat or Cheese Quesadilla, Meat or Vegetarian Burritos	
Platillos Latinos	Grab and Go Pepperoni or Cheese Pizza, Meat or Cheese Quesadilla, Meat or Vegetarian Burritos	
Panini	All Beef Hot dog Wrapped with Smoked Applewood Bacon and House Fries	

Thursday		December 15, 2022
Alarm Clock Breakfast	Vegetarian Breakfast Scramble with Cage Free Eggs, Tomatoes, Bell Peppers, Onion and Organic Baby Spinach	
Izakaya	Grab and Go Pepperoni or Cheese Pizza, Meat or Cheese Quesadilla, Meat or Vegetarian Burritos	
Taste of Italy	Grab and Go Pepperoni or Cheese Pizza, Meat or Cheese Quesadilla, Meat or Vegetarian Burritos	
Panini	Caprese Flat Bread with House Made Pesto, Fresh Mozzarella, Fresh Basil, Roasted Roma Tomato	



Epicurean Group at St. Francis Catholic High School

Your Executive Chef: Yony Salguero

Café/Catering Manager: Evelyn Barela
(916) 737-5062

Café Service Hours
7:30 - 10:00
11:00 - 1:00
2:30 - 3:30

Today's Grab and Go Special

Monday:
House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

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House Made Caesar Salads, Assorted Sandwiches, Fruit Smoothies, Fresh Seasonal Fruit Cups, Parfaits and More

Friday:
No School

Promotions



In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.
We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



Menu Key

