



Menu



Monday April 22, 2024	
Alarm Clock Breakfast	Banana Pancakes, Strawberry Compote, House Made Crème
Global Adventure	Italian Sausage Baked Ziti, Melted Mozzarella, Garlic Bread, Grilled Vegetables
Kitchen Table	Spring Quinoa Chicken Bowl, Steamed Seasonal Vegetables, Beet Yogurt Sauce (Vegetarian Option- Pesto Tofu)
Panini	Southwest Turkey Sandwich, Smoked Applewood Bacon, Roasted Tomato Chipotle Aioli, Provolone Cheese, Avocado

Café Service Hours
7:30 - 10:00
11:00 - 1:00
2:30 - 3:30

Tuesday April 23, 2024	
Alarm Clock Breakfast	Quinoa & Oats Protein Bowl, Fresh Berries, Brown Sugar, Cranberries, House Made Granola
Platillos Latinos	Free Range Shredded Chicken Enchilada Casserole, Corn & Black Bean Salad, Spanish Rice
Izakaya	Beef Birra Burrito Bowl, Cilantro Lime Hominy, Pinto Beans, Sour Cream, Shredded Cheese, Lettuce, Flour Tortilla
Street Food	Free Range Chicken Gyros, Tzatziki Sauce, Cucumber, Tomato, Onions, Feta Cheese

Today's Grab and Go Special

Monday:
Free Range Lemon Chicken Salad, Organic Baby Kale, Butternut Squash, Cucumbers, Cous Cous, Feta Cheese

Tuesday:
Caprese Zoodle Salad, Zucchini Noodles, Pesto, Cherry Tomato, Fresh Mozzarella Balls, Fresh Basil, Balsamic Dressing

Wednesday:
Vegan Southwest Quinoa Buddha Bowl, Grilled Sweet Corn, Blistered Tomatoes, Organic Spinach, Cilantro Lime Vinaigrette, Roasted Peppers & Onions

Thursday:
Asian Cool Glass Noodle Salad, Julienne Vegetables, Marinated Smoked Organic Wo Chong Tofu, Lime Ginger Soy Dressing

Wednesday April 24, 2024	
Alarm Clock Breakfast	Green Chilaquiles, Cage Free Eggs, Roasted Tomatillo Sauce, Jack & Cheddar Cheese
Kitchen Table	Buttermilk Free Range Fried Chicken, Honey Butter Yams, Daniel's Corn Bread
American BBQ Series	BBQ Braised Pork Sliders, JoJo Potato Wedges, Coleslaw Apple Salad (Vegan Option- BBQ Jackfruit Sliders)
Flat Bread and More...	Free Range Chicken & Cauliflower Flatbread, Garlic Cream Sauce, Smoked Applewood Bacon, Arugula

Friday:
Free Range Honey Chipotle Chicken Bowl, Organic Mix Greens, Blistered Cherry Tomatoes, Quinoa, Sliced Avocado, Pumpkin Seeds, Cilantro Lime Vinaigrette

Thursday April 25, 2024	
Alarm Clock Breakfast	Vegetarian Breakfast Skillet, Cage Free Eggs, Roasted Corn, Broccoli, Organic Baby Spinach, Clover Cheddar Cheese
Global Adventure	Free Range Lemon Mediterranean Chicken Bowl, Roasted Chickpea, Orzo & Squash Pasta Salad, Yogurt Herb Sauce (Vegetarian Option-Citrus Tofu Skewers)
Izakaya	Mongolian Beef, Vegetable Stir Fry, Jasmine Rice
Wrap it Up!	Free Range Buffalo Chicken Wrap, Spring Mix, Tomato, Kettle Chips

Promotions

4/24/24

BBQ Braised Pork Sliders, JoJo Potato Wedges, Coleslaw Apple Salad
(Vegan Option- BBQ Jackfruit Sliders)

Spring Fling AMERICAN BBQ SERIES

Friday April 26, 2024	
Alarm Clock Breakfast	House Baked Croissant Sandwich, Cage Free Egg, Honey Ham, Clover Cheddar Cheese, Watermelon Wedge
Global Adventure	Grab & Go Pizza, Quesadilla, House made Salad, Parfaits, Fresh Fruit and more...
Street Food	Grab & Go Pizza, Quesadilla, House made Salad, Parfaits, Fresh Fruit and more...
Panini	Grab & Go Pizza, Quesadilla, House made Salad, Parfaits, Fresh Fruit and more...

HELLO April

Epicurean Group at St. Francis Catholic High School

Your Executive Chef: Daniel Ruiz

Café/Catering Manager: Evelyn Barela
(916) 737-5062

In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

Menu Key

Vegetarian
 Vegan
 Organic
 Free Range
 Grass Fed
 Cage Free
 Contains Gluten