



# Menu



Monday April 14, 2025	
<b>Alarm Clock Breakfast</b>	Brekkie Sandwiches, Brioche Bun, Sliced Ham, Fried Cage Free Egg, Cheese
<b>Global Adventure</b>	Fettuccini Alfredo, Side Caesar Salad, Cheesy Bread
<b>Platillos Latinos</b>	Free Range Chicken Burritos Mojado, Sour Cream, Salsa, Cheese, Tortilla Chips
<b>Panini</b>	Toasted BLT's, Sourdough Bread, Applewood Smoked Bacon, Lettuce & Tomato, Tater Tots

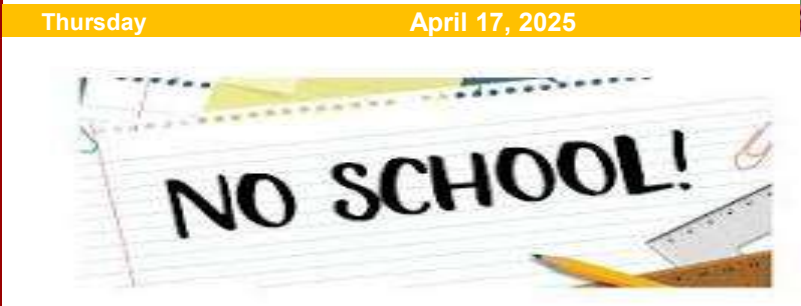
Café Service Hours
7:30 - 10:00
11:00 - 1:00
2:30 - 3:30

Tuesday April 15, 2025	
<b>Alarm Clock Breakfast</b>	Breakfast Quesadillas, Scrambled Eggs, Chorizo, Sauteed Peppers, Sour Cream, Salsa
<b>Global Adventure</b>	Cod Fish Tostadas, Cabbage Slaw, Crema, Pickled Red Onions, Sliced Jalapenos, Spanish Rice, Pinto Beans
<b>Taste of Italy</b>	Honey Mustard Grilled Chicken, Honey Mustard Sauce, French Fries, Roasted Vegetables
<b>Flatbreads &amp; More</b>	Marinated Artichoke Flatbread, Marinated Artichokes, Herb Ricotta Cheese, Arugula, Pickled Red Onions, Kalamata Olives

Today's Grab and Go Special
<b>Monday:</b> Brown Rice Salmon Bowls, Edamame, Mixed Greens, Shredded Carrots, Pickled Red Onions, Soy Ginger Vinaigrette (Tofu Options Available)
<b>Tuesday:</b> Taco Salad, Grilled Chicken, Kidney Beans, Black Olives, Cherry Tomatoes, Pickled Red Onions, Tortilla Strips, Cilantro Lime Ranch
<b>Wednesday:</b> Chicken Salad, Grilled Chicken, Red Grapes, Romaine Lettuce, Celery, Green Onions, Italian Parsley
<b>Thursday:</b> No School

Wednesday April 16, 2025	
<b>Alarm Clock Breakfast</b>	Chocolate Chip Pancakes, Strawberry Jam, Fresh Strawberries, Syrup, Whipped Cream
<b>American BBQ Series</b>	Outside BBQ! Hamburgers, Hot Dogs, Potato Salad, Coleslaw, Watermelon Slice
<b>Kitchen Table</b>	Baked Potato Bar, Baked Potatoes, Broccoli, Cheese Sauce, Applewood Smoked Bacon, Sour Cream, Shredded Cheese, Green Onions
<b>Panini</b>	Cod Fish Sandwiches, Atlantic Cod, Brioche Bun, Pickled Red Onions, Tartar Sauce, Arugula, & French Fries

<b>Friday:</b> No School
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**Promotions**

Wednesday April 16<sup>th</sup>  
In the Courtyard  
Hamburgers, Veggie Burgers, Hot Dogs, Potato Salad, Watermelon Slice

Spring Fling  
**AMERICAN BBQ SERIES**



**ARTICHOKE HEARTS DAY**

**Eat Your Heart Out!** Tuesday, April 15<sup>th</sup>!

- Artichoke Grilled Cheese
- Cheesy Artichoke Quesadillas
- Artichoke Hummus & Veggies
- Crispy Artichoke Bites
- Mediterranean Pasta Salad
- Spinach & Artichoke Wraps
- Artichoke & Cheese Stuffed Potatoes
- Heart-Healthy Artichoke Soup
- Marinated Artichoke Flatbread, Marinated Artichokes, Herb Ricotta Cheese, Arugula, Pickled Red Onions, Kalamata Olives

**Epicurean Group at St. Francis Catholic High School**

**Your Executive Chef:** Jenn Slaughter

**Café/Catering Manager:** Evelyn Barela  
(916) 737-5062

**In the Know**

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.