



# ST. FRANCIS MENU VARIETY & PRICING



All our weekly menus reflect seasonality, with fresh and local produce throughout the year. Menu variety includes student favorites, vegetarian selections, and new menu ideas from Epicurean Group Library for hot and cold options. The café does not include any kind of tree nuts in the preparation of recipes. If you are unsure of what is in a meal, just ask!!

## BREAKFAST

### Hot

Breakfast Burritos, Breakfast Sandwiches \$5.00

Daily Breakfast Special \$5.00

All Breakfast Sandwiches, Burritos, and the Daily Special are available Vegetarian

**Alarm Clock Special** – Selection changes daily, your student will want to start the day with one of these! \$5.00

Yony's House Made Biscuits & Gravy, Italian Sausage, and Scrambled Cage Free Eggs

Bassian Farm Chorizo Breakfast Quesadilla with Cage Free Eggs and Organic Clover Cheddar Cheese

Cheesy Ham Breakfast Sliders with Cage Free Eggs and Organic Clover Cheddar Cheese

### Cold

Yogurt Parfaits \$3.50

Fruit Cup \$4.00

Seasonal Hand Fruit \$1.25

Hard Boiled Eggs \$1.50

Cottage Cheese with Fresh Fruit \$3.00

### Pastries – House Baked

Cinnamon Rolls \$3.00

Scones \$4.00

Donut Holes \$4.00

Muffins \$3.00



### Beverages

Smoothies \$4.00

Iced Mochas \$4.00

Bottled Beverages – Gatorade, Powerade, Bottled Water, Izzie's, Snapple, Peace Tea, Chocolate Milk, Orange/Cranapple/Apple Juices, Arizona Tea, Arnold Palmer, Vitamin Water, Aqua Fresca, Gold Peak Tea, Minute Maid Lemonade \$3.00

Canned Beverages – Snapple, La Croix \$2.50



## LUNCH

### Hot

Cheese Pizza \$5.00

Cheese Quesadilla, Tri-Colored Tortilla Chips \$5.00

Grilled Cheese with Kettle Chips \$5.00

Grilled Cheese with Tomato Soup \$6.75

Pepperoni Pizza \$5.50

Grilled Chicken and Cheese Quesadilla, Rice, and Beans \$6.75

Choose from Chicken, Cheese, Pork, or Beef Burrito, served with Tri-Colored Tortilla Chips \$6.75

Hot Panini Sandwiches with a side of chips, Tator Tots, Curley Fries, or Sweet Potato Fries \$6.75

**Feature of the Day!** Daily Lunch Special menus to create great variety, selection of two per day \$6.75

- Rice Bowl with Free Range Orange Chicken with Steamed Jasmine Rice, Stir Fried Vegetables, and Fortune Cookie
- Southwestern Green Chile Pork Stew with Marble Potatoes and Yony's Home Style Corn Bread
- Grass Field Beef Bolognese over Penne Pasta, Tossed Caesar Salad, and Le Boulanger Sweet Roll
- Free Range Chicken Mole with Spanish Rice, Refried Beans, and Flour Tortillas
- Lemon Caper Free Range Chicken, Yukon Gold Garlic Mashed Potatoes, and Herb Roasted Organic Vegetables
- Balsamic Roasted Portobello Mushroom Sandwich with Provolone Cheese, Pesto Aioli, and Organic Arugula Salad

**Salads!** Featured Salads change daily and seasonally, so crisp, fresh, and delicious! \$6.75

- Grilled Peach and Blueberry Salad with Baby Mixed Greens and Spinach, Feta Cheese, and Balsamic Dressing
- Sweet Potato Chickpea Buddha Bowl with Organic Spring Mix, Red Beets, Avocado, and Tangy Poppy Seed Dressing
- Chinese Chicken Salad with Glass Noodles, Carrots, Bell Peppers, Edamame, and House Made Soy Ginger Vinaigrette
- Chef Salad with Ham, Turkey, Cheddar Cheese, Cherry Tomatoes, Cucumbers, Hard Boiled Eggs, and Ranch Dressing



## SNACKS

Milkshakes \$5.50

Boba Milk Tea \$5.50

Frozen Lemonade \$4.00

Cinnamon Churro's \$2.50

Jumbo Pretzels \$2.50

Corn Dogs \$4.00

Pizza Slices, Cheese \$5.00, Pepperoni \$5.50

House Made Arroz con Leche \$3.00

Jello, with Whipped Cream \$2.50

Slice of Pie – Pumpkin, Apple, Cherry, Chocolate Cream Pie, Cheesecake \$4.00

Assorted Café Cookies \$2.25

House Made Ice Cream Sandwiches \$5.00

## FEEDBACK

Twice per year the Café will schedule What's Hot, What's not. This is a meeting for students to share suggestions. This year we will begin to also have a more informal method to like (or not) menu items. Look for red and green ping pong balls in the cafe for Students to vote on how much they like a menu item. Green, make it again, Red, not the best.