

## Learning Support Workshop Series:

# **Overcoming Test Anxiety**

## Workshop Overview

This workshop will help students better understand test anxiety and offer ways to reduce its impact on academic performance. Students will leave with an individualized action plan to address their test anxiety.

### Details

When: February 23rd

Time: 8:00-9:15 (Late Start Schedule)

Where: Library Main Room

Who: Open to all SFHS students

Facilitator: Katie Dickson, Learning Support Specialist

#### Sign Up Now

Sign up for this workshop HERE

Deadline: 2/21/2022

#### Questions

Please contact Katie Dickson @ kdickson@stfrancishs.org if you have any questions

