



PAX ET BONUM

Fall 2009 Volume 7 · Number 1
Annual Report of Donors Edition



St. Francis
CATHOLIC HIGH SCHOOL



St. Francis
CATHOLIC HIGH SCHOOL

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St. Francis High School is Fully Accredited
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On the Cover

Painting by Elizabeth Brozek '09



Pax et Bonum, "Peace and Goodness," is the motto of St. Francis High School. The purpose of this publication is to share news of the St. Francis High School community with alumnae, students, current and past parents, faculty, administration, and friends; cultivate support for the mission of the school; and recognize and thank supporters.

We invite suggestions, submissions, and photos.

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Dear Parents, Alumnae and Friends of St. Francis,

This summer, my husband and I took a wonderful trip across the “nation’s loneliest road”: U.S. Highway 50. We embarked out of Reno and quickly left the hectic pace of Sacramento behind. To be sure, it was a deliberate attempt on my husband’s part “to slow me down” ...a true gift: time.

But what we discovered as we got deeper into our journey was a different gift of time. What we discovered in our escape were hundreds of miles of breathtaking beauty: vermilion canyons, goldenrod hills, grey and brown stretches of past ages... We passed through gorges carved by determined rivers and beheld cliffs showcasing intricate, dazzling carvings. We gasped at grand arches and washes of rivers leaving the land covered as with snow. And at other places, we beheld painted deserts and rock forests... Endless miles of beauty. Endless seasons of time.

During the entire trip, I couldn’t stop thinking about St. Francis High School and its ageless and beautiful nature. It seems as if I have written a lot about change in the past several months: change is a never-ceasing agent of character building, always calling us to new heights, to new beauty. But what I reflected on during this trip were the subtle, yet grand transformations that result over the long haul.

As we begin St. Francis High School’s 69th year of service to the young women of Sacramento, we reflect on its rich history: God carving his design onto our landscape. So much has changed, but so much has remained. At our core are the rich traditions of our church and the faith that is passed along from generation to generation. We can’t help singing praise and thanksgiving to God for all that has gone before, for all the administrators, the teachers and alumnae whose footsteps we follow; for their courage, their artfulness, their unwitting stage-setting.

2009-2010 promises another magnificent chapter in the annals of St. Francis High School. We are richer, stronger, and perhaps more intentional in our mission than we were in earlier days. We join our voices with those of the psalmist as we begin this new time, this new era. How great is Your name, O Lord, our God, through all the earth! ❖

Marion L. Bishop

“As we begin St. Francis High School’s 69th year of service to the young women of Sacramento, we reflect on its rich history: God carving his design onto our landscape.”

Mission Statement

St. Francis High School is a Catholic diocesan college preparatory school dedicated to serving young women and their families who seek spiritual growth and academic excellence. We are committed to integrating faith into the learning process, promoting the gospel values of Jesus Christ, building community, and providing opportunities for worship. We strive to help each student develop her gifts and talents to become a model of Pax et Bonum (peace and goodness) through leadership and service.

Stewardship for St. Francis

In this report we gratefully acknowledge those individuals and organizations that have made contributions to St. Francis High School during the fiscal year, which began July 1, 2008 and ended June 30, 2009. This list includes donations made through the Stewardship for St. Francis Program, the Capital Campaign, Scholarship Funds, United Way designations, Patrons of the Arts, Revelry, Fashion Show and Golf Tournament sponsorships, and requests by specific school programs such as Robotics.

Separate listings contain commitments to the Capital Campaign for St. Francis High School through pledges and gifts, tribute gifts and those who have given gifts-in-kind during the past year. St. Francis High School is fortunate to benefit from this large community of benefactors.

Fund Codes

A code by a donor name indicates that all or part of the gift was designated toward a fund or as a result of a solicitation as follows:

- A Athletics
- C Capital Campaign
- D Mother-Daughter Fashion Show
- F "Fembots" Robotics
- G Golf Tournament
- M Campus Ministry
- P Patrons of the Arts
- R Revelry Sponsorship
- S Scholarship Fund
- U United Way

* indicates that a tribute applies to a portion of the gift

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St. Francis
 CATHOLIC HIGH SCHOOL

Stewardship in Thick or Thin

In difficult economic times, such as we are experiencing now, all of us are conscious of being good stewards of our resources. At home, we may be postponing repairs or major purchases, at work we or others we know are feeling the effects of furloughs and cut-backs. It seems for many that one of the easy items to trim from the budget is charitable giving. Paradoxically, since it is in times like these that charity is most needed.

For the 2009-2010 school year, St. Francis put a freeze on all salaries (as did all diocesan schools) and received more requests for financial aid than ever before. Our active capital campaign efforts to construct a much-needed new cafeteria and reduce the debt on our gym, although continuing, have been reduced. While financial uncertainty is definitely unnerving, we know our school is blessed that enrollment is up and our faculty and staff are secure in their positions.

One constant remains. During prosperous times or lean, we still rely on the charity of St. Francis supporters for the continuation and development of the educational and co-curricular programs that make St. Francis the stellar school it is. Tuition alone does not cover the budgeted expenses of operating this vibrant and vital campus.

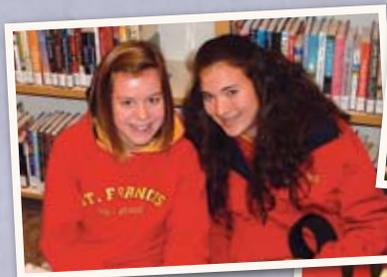
It is often the case that a small percentage of parents, alums and friends carry the weight of Stewardship for St. Francis. While those benefactors who can afford to give large gifts are still very much needed, now, in a sense, the "playing field has been leveled." As people in all walks of life find their pockets a little emptier, more of us are needed to step up and make a sacrifice – perhaps on a smaller scale than we might have in the past – to support those causes we hold dear. I hope that, for you, St. Francis is that special cause you want to nurture and advance. I ask you to use the envelope included in this magazine to give what you can to St. Francis High School for whatever role it plays in your life - your alma mater, your daughter's school, or a beacon of excellence in Catholic, college preparatory education for women. Whether it's a one-time gift or a pledge for a monthly payment by EFT or credit card, your generosity is needed and appreciated.

Know that we keep you, our benefactors, in our prayers. God bless you!

Janis Pattison

Janis Pattison
 Director of Institutional Advancement

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*in honor of Mondrea Vaden '09, I love you
 very much and am extremely proud of you.
 I warmly welcome you into the Alumnae.*

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Revelry 2008 featured a "Last Troubie Standing" event during the live auction. Generous bidders contributed funds to purchase this van, used to transport students to retreats, arts and athletic events, and more. Top donors - our Last Troubies Standing - were Dr. Crystal Anderson, Barry & Simi Chebrazi, Andrew & Patricia Estopinal and Jim & Jennifer Murrin.



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St. Francis High School is most grateful for the ongoing support of the following individuals and businesses who have made pledges and gifts to the Capital Campaign.

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it's great to be an

sf troubadour

TROUBIE PRIDE



My wife and I moved to Sacramento in 1993. Prior to the move, I worked for U.S. Senator Pete Wilson in Washington, D.C. One of my responsibilities was selecting interns to work in the Senate office. At that time, I was struck by the number of strong female applicants who had attended St. Francis High School. One of my colleagues, Margo Reid Brown '81, had also attended the school. From this experience, it was clear to me that St. Francis was an exceptional learning environment for young women. Upon moving to Sacramento, we met, and became friends, with many successful and well-rounded women who attended St. Francis. We want our daughter to have the same exceptional educational opportunity.

**Christopher and Cheryl Holben,
parents of Celeste Holben '13**

"It's great to be an SF Troubadour." The combined voices of a thousand students thundering that familiar cheer capture the essence of the spirit of St. Francis. School pride abounds at St. Francis. You can find it anywhere on campus if you just look around, but if you want more evidence, all you have to do is ask.

Each year our great Admissions team, Moira O'Brien and Molly O'Connor Emslie '81, distribute information to hundreds of eighth grade girls who may be interested in becoming SF Troubies. Last year's Admissions Viewbook, in its "teen magazine" format, was a great success, packed full of photos, "human interest stories," and quotes provided by students, faculty, parents, and alums. Of course, the magic touch of SF's designer, Leigh Hiers '96, is key to the appeal of this vibrant publication.

In gathering material for the Troubie magazine, we ask students and faculty to share notable learning experiences or interesting moments of interaction - in the classroom, the campus ministry offices, the guidance offices, or through any extracurricular activity. We also capture testimonials from parents and alumnae and statements from prospective parents telling us why they are encouraging their daughters to apply to St. Francis. We thought you, as members of the extended St. Francis family, would enjoy reading some of these expressions of Troubie Pride.

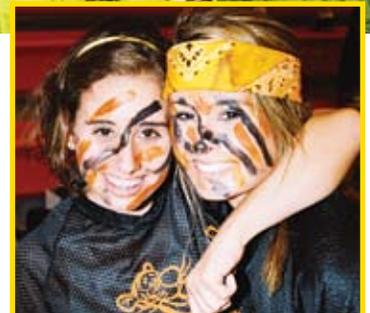
check it out!

You can access a copy of the Admissions Viewbook
- Troubie Magazine - on the SF website at

www.stfrancis.org/downloads/viewbook2009.pdf



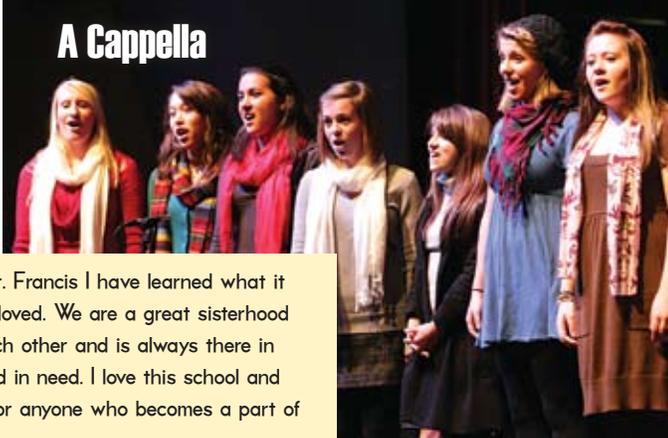
Spirit Week



As far as teacher-student relationships go, I think SF is a truly unique place. I am comfortable with all my teachers, and they show that they truly want to help us enjoy learning. It is obvious from day one that you can ask for help if you need it. In the classes themselves, the atmosphere is very relaxed and open. We (students) aren't afraid to voice our opinions, even if they are contradictory with what our teacher has said. Our teachers never simply state that we're wrong- they listen to our views and opinions and then respond in a way that makes us feel equal. In addition to this, we don't see our teachers as robots. Each one has a distinct personality that we love and recognize. There are lots of inside jokes with teachers and their classes, and it makes learning more interesting and vivid when they add their own personal touch to lessons and lectures.

Sierra "Kia" Shebert '11

A Cappella



With three years at St. Francis I have learned what it means to love and be loved. We are a great sisterhood that interacts with each other and is always there in times of happiness and in need. I love this school and would want the best for anyone who becomes a part of the Troubadour family.

Kathryn Mindt '10

The thing I enjoy most about St. Francis is the unity between the classes and the entire school. It is amazing to me how so many unique and different girls can unite together and work together as a class and a school.

Katie Fontes '10

Simply put, St. Francis feels like my home. The staff and students are my family. I love coming to school because just being on campus makes me feel so very loved.

Brayden Weninger '12

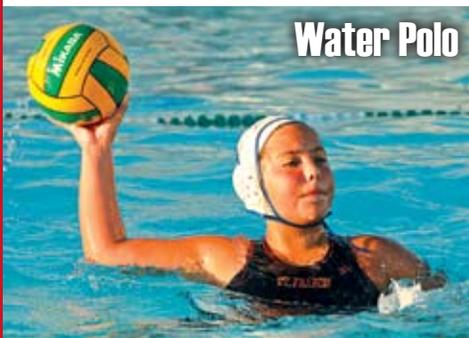
Christmas Store



At SFHS I enjoy being able to create lifetime bonds with my peers every day, being challenged academically and spiritually, and having so many opportunities to excel. The environment makes me feel warm and welcome, with the hundreds of enthusiastic and kind girls surrounding me.

Sarah DeMarois '12

Water Polo



I've got to say no one can sum up SF in one word, sentence or anything. It takes a volume of 7 to explain what really goes on here and to write down every nook and cranny about SF. Everyone has different views on it but the journey that you go through is worthwhile because where you started and where you stand after graduating from here are two very different people. You start off as a young girl and grow into a respected, true, intellectual, fun, young woman. SF brings out the best in us, I can't lie though - it does have its tough moments, but there are the moments when I know I made the right choice.

Tiffany Lee '10

St. Francis is a once in a life time type of school that I wish every parent could have the chance to see and enjoy.

I would have defied anyone to find a better school than my three sons attended, until [my daughter's] freshmen year and the back to school night at SF. Needless to say I was blown away by the quality of the staff; it is and continues to be the best of the best, bar none. They out-shine most of the college instructors that I have had.

When you stop and look around and see how much trouble there is in this world and you think there is no hope, all you have to do is remember the Troubadours.

**Harry Reed,
father of Rachael Reed '10**

Graduation



Sophomore Retreat

I enjoy the sense of community, the passion the teachers have for their work, and the constant involvement in community service. I chose to attend St. Francis because the school was so warm and welcoming and the academics, arts, and service were incomparable.

Katie Cotter '11

FREE Money for St. Francis!

Grocery Club Card Programs

Using grocery club cards is the perfect way to raise funds for St. Francis without increasing your monthly expenditures. Just present the appropriate card to the grocery clerk each time you shop and St. Francis will earn 3% of that purchase. It's that easy! Safeway, Nugget, SaveMart and Raley's/Bel Air have scrip programs that benefit our school.

- Safeway Club Cards: For St. Francis to be your designated charity, your card must be registered with eScrip. Go to www.escrip.com to register your Safeway Club Card, Macy's and/or other debit or credit cards. The St. Francis High School group number is 6569209.
- Nugget, SaveMart and Raley's/Bel Air Cards are pre-assigned to St. Francis. Contact Maria Fernandez at scrip@stfrancishs.org or 916.737.5045 to request a card or for assistance.

Thank you for supporting St. Francis with your grocery purchases. With your help, this could be a great source of much-needed revenue for our school.

From The Principal

In July, I attended a leadership conference at Loyola University in Chicago called Summer Institute for Department Chairs: Vision, Collaboration, Results. Hosted by Lorene Ozar and her team of our industry's leading experts, the conference attracted schools from across the country and around the world. One particular statement stood out for me: current research points to the fact that we know, more than ever before, what works in schools to increase learning. At St. Francis, we are not satisfied with just knowing, we do!

This was my third time attending this conference with the department chairs. Each year I am pleased to find that our school is the one to which the other schools turn to ask how we do things. Our school is looked to by the class and its leadership as an example of excellence, as truly cutting edge. And, while we enjoy our successes, we never let up in our pursuit of improvement.

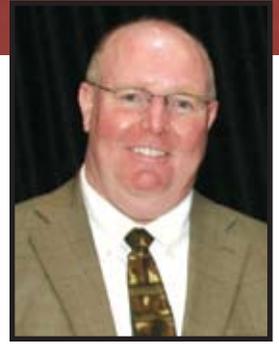
One way we keep on task is by conducting annual Senior Exit Interviews. Each graduating senior completes an on-line survey which is followed by a face to face interview with an administrator or faculty member. Overwhelmingly, the students point to the sense of community and the support they receive as hallmarks of St. Francis. Additionally, they point to the retreat program and most specifically, Kairos, as transformative events in their high school experience.

Our graduates are also quite honest in the areas where they see opportunity for growth. The administration takes this data very seriously and considers the recommendations as we plan for the coming years.

With its strong foundation and continued growth, ours is a successful school and a shining light in the Sacramento community. But, how does a school measure its success? These are some questions we ask:

- Is it simply by the colleges to which our graduates are admitted, or is it by how well our graduates do in these schools?
- Is it by the number of programs the school offers, or is it the quality and appropriateness of these programs?
- Is it by the leadership and service our students exhibit through the completion of their service hours, or is it by how they use their leadership and ability to serve for peace and justice?
- Is it how our students live their faith life, or is it by how our graduates use their gifts to bring others to a life of faith?

For each pair of questions, the former is measurable and the latter less so. Does the inability to measure minimize the positive impact of the quality? I think not! Our mission to produce graduates filled with faith, striving for excellence, accepting leadership and offering service in the spirit of Pax et Bonum is alive and well. Our students have told us so. Guided by God's loving hands combined with our willingness to follow, St. Francis High School will continue to be the shining star of education for young women well into the 21st century. ❖



History Teacher Wendy Jorae Publishes PhD Thesis Project

The book written by St. Francis history teacher Wendy Jorae as her PhD thesis project has now been published by The University of North Carolina Press. *The Children of Chinatown, Growing Up Chinese American in San Francisco, 1850-1920*, "reveals the untold stories of a pioneer generation of young Chinese Americans." See book details and reviews at http://uncpress.unc.edu/browse/book_detail?title_id=1662. ❖



Farewell, Mr. Agos

With the retirement of Andreas Agos in June 2009, St. Francis High School bid a fond farewell to a beloved educator and administrator. Andreas Agos spent 17 years at St. Francis High School, the past five as principal. He now embarks on another demanding career, sharing the responsibilities of work and family with his wife, criminal defense attorney Nancy King.

Following the annual Farewell Liturgy in May, traditionally the send-off for graduating seniors rather than retiring staff, the school community honored Mr. Agos with tributes and gifts. His wife Nancy, children Jared, Thomas and Julia, mother and mother-in-law looked on with pride. A scrapbook compiled for Mr. Agos by SF parent Patti Palilla at the request of the administration features photos and notes from students, alumnae, parents and co-workers, whose comments reveal Andreas' talents as an administrator and teacher and the high regard in which he is held:

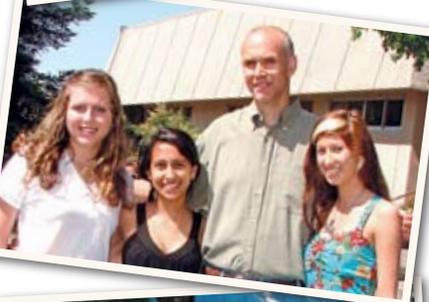
"You brought many gifts to the job: intelligence, patience, professionalism, a sense of humor, a sympathetic ear, and common sense to name a few."

"I feel so fortunate that I had the chance to attend SF for part of your time as principal. I still miss your elegant way of strolling the halls and your mean guitar riffs at assemblies. Few people can lead a school with the kind of reassuring warmth and levelheaded calm that you brought to campus."

"Taking Advanced Placement U.S. history with you (in 1997-1998) was by far my most enjoyable, challenging and formative academic experience at St. Francis. Your straightforward teaching style was a bit intimidating at first, but I quickly learned to appreciate the extent to which you treated your students like adults. I remember how overwhelming it felt at times to read out of that huge textbook and outline each chapter. (Little did I know that you were preparing me for law school.) As interesting as the material would have been on its own, you made it come to life, and you made my classmates and me think critically about parallels between this country's past and present."

"You always held us to such high standards and always encouraged us to push ourselves and to use our education beyond the classroom. Today when I teach my own students at UCSD's humanities program, I feel ever so grateful to those amazing teachers who wanted to educate not just my mind but also my soul. Thank you Mr. Agos for being one of those teachers."

In honor of Mr. Agos' years of dedicated service to St. Francis, a scholarship fund has been established in his honor. An annual scholarship award will be presented to a student exemplifying intellectual curiosity and excellence in leadership. Contributions to the Andreas Agos Scholarship Fund are gratefully accepted. ❖



Robotics

SFHS Robotics team member Marian Styer '10 attended the "Technology Stars of the Future" conference in Charlotte, NC, in March 2009 as one of 32 young women across the United States named as winners of the NCWIT (National Center for Women & Information Technology) Award for Aspirations in Computing. This award was created to highlight the computing aspirations of young women, introduce them to leadership opportunities in the field, and generate visibility for women's participation in technology fields. The award-winners, chosen among 379 applications from 38 states, were acknowledged for their outstanding aptitude and interest in technology and computing, leadership ability, academic history, and plans for post-secondary education. A video can be viewed on the NCWIT website in which the award winners talk about their involvement in exciting, innovative technology projects: www.ncwit.org/work_awards.aspiration.html.

California State Fair officials invited the SF Robotics Team, the Fembots, to be featured in a booth in the Industrial and Technology Building at the 2009 State Fair. On the three weekends of the fair, team members provided hands-on activities for children and displayed their own robots, programming skills and website and the Lego League robot that they help middle school students build. Introducing St. Francis Robotics to thousands of fairgoers was by far the biggest PR undertaking the team has ever done.

Best Wishes, Mrs. Uhrhammer

This fall Trisha Uhrhammer, who served as teacher and administrator at St. Francis High School since 1982, assumed the position of principal at Holy Trinity School in El Dorado Hills. During her 27 years at St. Francis, Trisha served as social studies teacher, department chair, Publicity Director, Capital Campaign Coordinator, Assistant Principal for Curriculum and, most recently, Assistant Principal for Student Affairs. Yet, her myriad titles do not adequately convey the significant imprint Trisha made on all aspects of life at St. Francis nor her devotion to the school. Although Trisha is no longer on staff at St. Francis, she remains a Troubie as parent of Stasia '09 and Emilie '12, and in the hearts of the hundreds of students and faculty whose lives she has touched. ❖



Speech Team

Eight students represented St. Francis at the 2009 California State Speech and Debate Tournament. Qualifying competitors were: Alexia Johnson '09, Katie Rose Mennemeier '09 and Dondy Moreland '09, Angelique Dakkak '10, Alyssa Sargent '10, Annabelle Soares '10, Grace Savinovich '12 and Tooka Zokaie '12. Katie Rose placed 19th in the state in Thematic Interpretation, missing the semifinals by a single point. Alexia competed in the semifinals in Oratorical Interpretation and placed 13th in the state. Dondy became SF's first state finalist, placing 6th in the State in Thematic Interpretation.



Dondy Moreland, Alexia Johnson & Katie Rose Mennemeier

Six St. Francis students traveled to Albany, New York, over the Memorial Day weekend to compete at the 2009 National Catholic Speech and Debate Tournament: Eryn Cochran '09, Katie Rose Mennemeier '09, Dondy Moreland '09, Alexandra Sargent '11, Megan Musilli '12 and Grace Savinovich '12. Megan reached the octo-finals in Declamation (top 48 in the nation) and Dondy reached the quarter-finals in Oral Interpretation of Literature (top 24 in the nation).



Oral Interpretation of Literature Quarter-Finalist Dondy Moreland and Declamation Octo-Finalist Megan Musilli

Welcome New Administrators



Ann Marie Perry Faires '71
Assistant Principal
for Student Affairs

As Ann Marie Faires puts it, "Life is full of twists and turns. The latest turn on my journey leads me back to St. Francis High School." Ann Marie's foray into leadership began at SFHS as junior class secretary in 1969-70 and now resumes as Assistant Principal for Student Affairs. She enthusiastically states that she feels "grateful and blessed to be returning to the campus!"

Born and raised in Sacramento, Ann Marie's elementary education took place at Our Lady of Assumption and Immaculate Conception schools. Following in the footsteps of her mother, Carolyn Panattoni Perry '50, and aunt, Ada Anne Panattoni Daugherty '47, she continued her academic journey at St. Francis High School. Coincidentally, her mother was teaching Home Economics and Spanish during Ann Marie's student days at SF. She ultimately went on to complete her undergraduate and graduate degrees at Seattle University while raising her family. Ann Marie speaks proudly of her three adult children and two adorable granddaughters. "They are the love of my life and keep me busy in my spare time."

Her 15 years of experience as a junior high English teacher combined with five years teaching English at Loretto High School enable her to truly understand the nature and culture of our students. She holds a Master's degree in curriculum and instruction and served as Assistant Principal of Curriculum and Instruction at Loretto High School last year. She now looks forward to serving and working with the St. Francis community. "My goal this year is to familiarize myself with as many students as possible. You will see me frequently in the halls and classrooms. Please feel free to drop by my office to introduce yourself and to say hello."



Carolyn Panattoni Perry '50 (taught in the late '60s)



Ivan Hrga
Assistant Principal
for Curriculum

"Being on the campus since the beginning of summer has been a joy and a privilege. My new colleagues, the people that I have encountered and the students I have come to know have been incredibly patient, genuine and most of all receptive of the new guy on the block." These statements by new Assistant Principal for Curriculum, Ivan Hrga, reflect the warm welcome St. Francis extends to its newest "guy."

Born and raised in San Francisco, Ivan attended Catholic schools through high school and graduated from Serra High School in San Mateo. He earned a BA in English at University of Arizona and completed credential and Master's work at Notre Dame de Namur University in Belmont, California. Most recently, Ivan completed his coursework for an Administrative Credential at Sac State and is contemplating a PhD in the near future.

Ivan began his career in education over 10 years ago at Archbishop Mitty High School in San Jose, where he taught English and coached basketball. He continued at his alma mater, Serra High School, where he coached football, moderated the yearbook, served on various committees and as English Department Chair. In 2005, he and his wife, Marissa, moved to Sacramento so that she could complete her degree at UC Davis. Ivan then joined the staff at Jesuit High School, teaching English, coaching football, heading committees and serving as representative for the Jesuit Faculty Association. Up until recently, Ivan always felt that he would remain in an all-boys setting, his only experience to date. "All that changed when Isabella [his three-year-old daughter] was born and I was now the father of a little girl." He explains, "My perspective transformed significantly."

Fortuitously, Ivan had the opportunity to get to know some St. Francis students this past summer while on the service trip to New Orleans. He was one of the adult leaders for a group of Jesuit students and, coincidentally, 25 Troubadours were participating in the same program. "While in New Orleans, experiencing working, eating, and reflecting with the young men from Jesuit and the young women from St. Francis was a true blessing. This brief, one week trip helped me become more a part of the St. Francis community on my first day on campus.

Ivan's hope is to truly get to know the pulse, history and culture of St. Francis. "I want to immerse myself in this rich tradition and become another piece in the well-oiled machine that is St. Francis. Everyone on the campus is vital and I want to do my part and help this wonderful place reach its full potential." ❖

Troubie Sports: Winter and Spring 2009



At the CSADA State Conference in June 2009, the California State Athletic Directors Association named SFHS Athletic Director Kolleen Kassis McNamee '91 as CIF Athletic Director of the Year for the Sac-Joaquin Section.

BASKETBALL

Frosh, JV & Varsity were Delta River League Champions Advanced to the Division II Section Semifinals

Delta River League Honors

1st Team: Jolise Limcaco '11 • *2nd Team:* Beth Balbierz '11 & Briana Charles '11

LACROSSE

Co-Champions of the first Women's High School Lacrosse league in Sacramento called the Sacramento Valley Lacrosse Conference

Sacramento Valley Lacrosse Conference Honors

MVP: Julie Myers '09 • *1st team:* Emma Nyland '09, Rae Castro '09, Sarah Butler '09, Sam Bauer '10

SOCCER

Varsity & JV Soccer finished first in the Delta River League Freshman took 1st place in the Alliance League Varsity Won their 11th Section Championship

Delta River League Honors

Player of the Year: Hannah Davidson '09 • *1st Team:* Kasey Curtis '11, Jillian Higley '10, Molly Klier '09, Victoria Thomas '09

SOFTBALL

The Varsity finished in 3rd place in the Delta River League which is the toughest league in Division I. The 1st & 2nd place teams from the Delta River League finished 1st & 2nd in the section in Division I. JV Softball finished 9-1 in league & won the JV title with an overall record of 18-8

Delta River League Honors

1st Team: Carlie Nicodemus '09, Natalie Halstead '09

SWIMMING & DIVING

Frosh/Soph and Varsity finished first in the Delta River League Champions Varsity placed 4th at the Sac-Joaquin Section Championships JV placed 5th at the Sac-Joaquin Section Championships

Delta River League Honors

1st team: Sydney Johansen '11, Anna Shortley '10, Mikala Shuping '09, Antionette Ranit '11, Sara Artale '12, Emily Kane '10, Cora Stebbins '12, Katie Vargas '10, Erin Sheehan '10, Brianne Reilly '09, Shelby Shaefer '09

TRACK & FIELD

Frosh/Soph placed first at the Delta River League Championships Varsity placed first at the Delta River League Championships 4 X 100 relay placed 3rd at the Section Masters Meet & advanced to the State Championships Cekarri Nixon advanced to the State Meet in the 200 meters and placed 8th.

Delta River League Honors

1st Team: Mikaela Vaden '11, Nicole Mendoza '09, Kia Shebert '11, Briana Charles '11, Cekarri Nixon '11, Camile Cholger '09, Alli Gotts '11 ♦

Soccer

From CalHiSports.com, June 18, 2009

Girls State Team of the Year: St. Francis (Sacramento) 20-0-3. The Troubadours had little trouble in capturing their sixth section championship in the last seven years with a 3-1 victory over St. Mary's of Stockton in the Sac-Joaquin Section Division I finals. Junior Hannah Keane scored two goals in their championship win over the Rams to cement their status as the top team from California and earned them a No. 4 ranking in the end of the season ESPN RISE FAB 50 national rankings. The Troubadours' lineup had several Division I college players as Molly Klier '09 is headed to Portland, Delta River League Player of the Year Hannah Davidson '09 is headed to Indiana, and top junior Alex Brown '10, who has yet to decide where she'll go for college. Head coach Richard Carrigan was named the Delta River League Coach of the Year.

Volleyball

Kiki Kosler '10 and Zoe Nightingale '11, members of the Force 17-1 Volleyball Team that swept the Far Westerns National Qualifier in Reno and won first place in the Gold Division. The team earned a bid to compete in the Junior Olympics in Miami, FL.

Cheer

In August, the SFHS Competitive Cheer team attended the UCA cheer camp where four of the six SF students who tried out were selected to the All American Team. These young women can choose to participate in various events and parades in the cities noted: Anessa Davis-Smith '13, Houston; Tanya Zielke '12, Josie Araya '12, and Kaitlyn Tinsley '12, London. Other participants: Courtney Yarber '13 and Brittney Bickford '13.

The Taming of the Shrew: Fall 2009

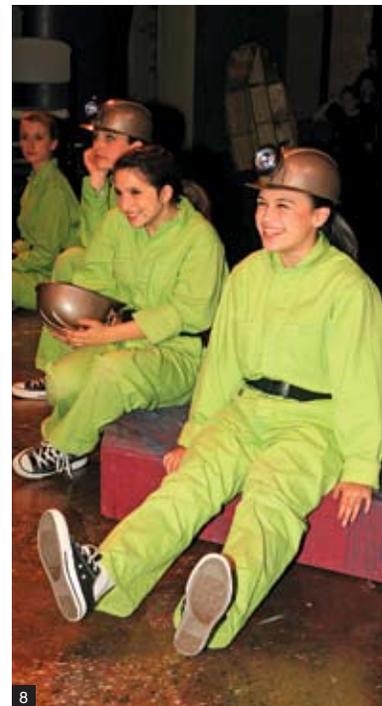
In November 2009 SFHS Drama will present *The Taming of the Shrew* by William Shakespeare. The timeless play portrays Petruchio and Kate engaged in a battle of wits as he tries to “tame” his bold and stubborn wife and bring her into line with society’s expectations. This romantic farce, full of disguises and role playing, deals with themes such as marriage and duty, reality and illusion, and compromise. *The Taming of the Shrew* is one of William Shakespeare’s most clever and sophisticated comedies. St. Francis will put a new spin on this very funny play. As the characters intertwine in relationship to the story, many of the traditional male roles will be played by females.

The Taming of the Shrew

November 6, 7, 12, 13, 14
Five evening shows at 7:30PM
Saturday matinee on November 14th at 1:30PM

Reserved seat tickets are available for purchase online at www.ticketguys.com/stfrancis.

The Arts



Spring Musical: *Seven*

“Seven,” an original musical by David Blanchard and Thom Green, enjoyed its world debut on the SF stage in March. By constructing platforms and risers, arts technical director Steve Decker and crew transformed the SF theatre from its fixed-seat design to a more intimate theatre in the round, ideal for the production. A twisting, whimsical fairytale, the storyline somewhat follows “Snow White and the Seven Dwarves,” but from the Dwarves’ point of view. Enchanting characters, engaging songs and outstanding performances by a talented cast of SF students made for an “SRO” hit!

Henriette Doglietto Fine Arts Exhibition

The 20th Annual St. Francis High School Henriette Doglietto Fine Arts Exhibition was held on May 6. Free admission and delectable appetizers combined with stunning works produced by student artists to draw an ap-

preciative crowd. Members of the greater Sacramento arts community served as guest judges, awarding ribbons to selected pieces in several categories. Best in Show honors went to Elizabeth Reali '11 for her Acrylic painting depicting a student from St. Francis Girls School in Ghana.

Spring Music Concert

On April 29, under the direction of orchestra conductor Horatio Edens and choir director Tina Harris and assisted by accompanist David Blanchard, St. Francis music students displayed their talent and dedication in a delightful performance. The Chamber Orchestra, Concert Orchestra, Jazz Ensemble, Concert Choir, Chamber Singers, and “The Blue Skirts” A Cappella Singers shared the spotlight for the evening. The instrumental portion presented the opening scene from *Swan Lake*; *Saint-Saens’ Danse Macabre*, featuring concertmaster Jackie Titus '10; *Pride and Prejudice*, with pianist Emilie Avila '10; *Grieg’s Peer Gynt Suite*; *Russian Sailors’ Dance*; and *Pirates of the Caribbean*.

Starmites: Spring Musical 2009

In this zingy rock musical, Spacepunk, the Starmites and the lizard man battle the evil Banshees (weird women with dangerous hair-do's) led by Diva and Shak Graa to save the galaxy. Diva's entrance song, "Hard to Be Diva," is a guaranteed show stopper. Every space age possibility for light hearted thrills is thoroughly exploited to delight fun loving fans of comic book adventures.

Starmites

March 11, 12, 13, 19, 20
Five evening shows at 7:30PM
Saturday matinee on March 20th at 1:30PM

Reserved seat tickets are available for purchase online at www.ticketguys.com/stfrancis.

1-8. Spring Musical 2009: Seven;
9-15. Henriette Doglietto Arts Exhibition on May 6, 2009;
16. Performers at the Solos & Ensembles Recital



9



12



14



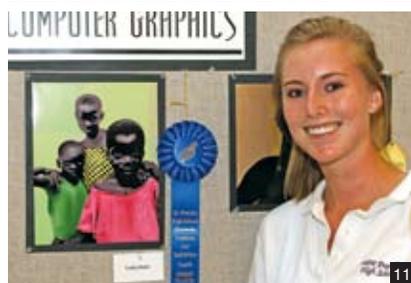
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Senior Choreography - A Cappella - Jazz Ensemble Showcase

On May 13, senior dance students enjoyed the opportunity to demonstrate their talent with original choreography and energetic performances. The Blue Skirts, the school's A Cappella Club, and the Jazz Ensemble continued their tradition of entertaining the crowd at this spring event, which features a great variety of standard and pop songs.

Art Club

The St. Francis Art Club, under the direction of Mary Stember, submitted a mural to the Sacramento County Fair. The entry tied for second place and won the People's Choice Award. Fair administrators notified the club that "Our visitors selected your whimsical depiction of the Sacramento County Fair as one of their favorites."

Elly Awards

The St. Francis drama program received a combined 16 Elly nominations for its 2008-2009 play, *Playing for Time*, and musical, *Seven*. At the Sacramento Area Regional Theatre Alliance (SARTA) awards ceremony on September 20, the productions received nine awards:

Playing for Time (fall play 2008)

Steve Decker for both Lighting Design and Set Design, Laura Holland '09 for Lead Actress, Cheryl Watson for Direction, and the play received Best Overall in the "Education Play" category.

Seven (spring musical 2009)

Best Choreography by Christy Costales, Best Supporting Actress by Kaylynn Rothleder '11, Best Direction by Cheryl Watson, and Best Overall in the "Education Musical" category. ❖

Troubies Around the Globe

Summer is filled with Troubie travel for educational, cultural and service opportunities – always with a dash of fun!



The Hard Side of The Big Easy

Blogging, the popular form of public journaling, provided a day by day window into the experiences of Troubie students and staff on their summer service adventures. The following are excerpts from the entries made during the trip to New Orleans:

Sunday, June 7

Maddy Geary '11, as the group waited for their connecting flight in the Denver airport:

The trip has started on a good note. We are listening to the sweet sound of an intense Uno game about to begin, and Mr. Strawn has just given us an info session about Twitter. Yes, this trip is going to be great. We can tell already. It's like one big happy family. ☺

Soraya Fahad '10 and Devin McGuire '10:

We are in Denver watching a crazy game of Twister. It is hilarious! Who would have ever thought that people would play Twister in the airport? Only St. Francis girls!

Tanya Davis '97 (SFHS Christian Service Coordinator):

The 25 students are split between two rooms full of bunk beds and cots. They are definitely cozy quarters; we are fully living in community!

Monday, June 8

Jen Yang '10:

We took a tour of New Orleans and it was great because we got to travel to all parts of the city. There was so much damage done and even after four years, the people still have so much work to do. There was a deep segregation between the rich, the poor and different racial groups. It was really amazing to see that there were many people that still want to come back even when their home was destroyed.

Peter Strawn (SFHS English teacher):

To whom much has been given, much is expected. These ideals were instilled in me during my four years at Jesuit High Schools in Sacramento, and tonight's evening spent at Jesuit High School in New Orleans reminded me of the importance of living out these ideals each day. After a long day of working hard and sweating profusely in the sweltering, humid Louisiana sunshine, we all enjoyed a brief respite this afternoon before we headed off to our evening event. We joined Jesuit's service group, which included our new Assistant Principal Mr. Ivan Hrga, for a meal and a chance to hear a Katrina survivor tell his story. Paul Perez, our gracious cook and host for the evening, provided us with an incredible dinner of homemade jambalaya, French bread, and king cake, a Mardi Gras staple. (Two of our girls, Kelsey Buehler and Devin McGuire, found the hidden trinkets—now it's their turn to buy the cake!) This incredible dinner was followed by a poignant slideshow that Mr. Perez composed in December 2005, four months after having lost his home in Chalmette, Louisiana

St. Francis Summer



to the hurricane. He wanted to emphasize to all of us—both the Jesuit and St. Francis service groups—that we are angels to those affected by Katrina. By being down here, we are, as he put it, helping others to get back on their feet. This is our service.

It was a true blessing to hear these words after we spent the day working so hard in the unforgiving sun. We started to gain a larger perspective, one that focused on the care of others, the stewardship of the earth, and the importance of giving when we are blessed with so much. As the girls reflected upon their return, they shared in small groups just how powerful this story was. Cleaning up a yard is more than just that; rather, it is a crucial step in the process of making it possible for those who have been displaced by the deluge to return home.

These girls have shown tremendous spirit through these first three days, and after tonight, they are beginning to realize how much of an impact their service can make. On this trip so far, they have been nothing short of *Women for Others* who have no hesitation in giving back according to what they have been given.

Wednesday, June 10

Laura Farley '11:

We have had yet another eventful and life changing day. The shelter that I went to had us weed their absolutely beautiful garden and pick their beans. Because we were expecting to directly serve the homeless, our group was slightly disappointed when hearing that we were going to do yard work. Then we were told that they wanted us to “just hang” with the guests at the shelter... When lunch came around, an employee said that she had never

heard so much laughter and life in the room that it brought her to tears. So after lunch we were invited to come back for an hour and a half. We spent this time talking personally with the guests. I talked with a woman who has changed my life forever. The things she said and the advice she offered will always stay with me. It was amazing how simple and talking gave light to both the guests and the volunteers. Physical labor does make a difference and has been a great way to help, but also making an impact can be as simple as listening.

Participants in the New Orleans summer service trip: Class of 2010: Mackenzie Bechtel, Lizzie Brown, Katie Bryant, Kelsey Buehler, Moorea Crippen, Soraya Fahad, Kirat Gill, Helen Grandy, Amandip Kahlon, Nancy Kaushal, Morgan McAllister, Devin McGuire, Tracy Mezger, Kelly O'Brien, Annabelle Soares, Meghan Vanderford, Jennifer Yang. Class of 2011: Madelyn Geary, Alyssa Ansell, Shannon Clark, Alyssa Dunn, Laura Farley, Kelsey James, Meghan Kennedy, Lauren Lum. Adult leaders: Tanya Davis, Stephanie Villanueva, Linda Norman, Mary Stember, Peter Strawn.

See the entire New Orleans summer service trip blog and photos at www.sfhsnola.blogspot.com. ❖



Troubie Hearts in San Francisco

By Katie Ely '12

On July 12, ten students and two chaperones left St. Francis High School to spend a week in San Francisco. The vans were packed with sleeping bags, duffle bags, pillows, and chocolate chip cookies. All iPods and cell phones were left behind. This trip was not for pleasure; it would not be spent enjoying the sights of San Francisco. The ten Troubadours spent the week serving others in solidarity and simplicity with an organization known as Young Neighbors in Action (YNIA).

Six participants ventured into the Tenderloin, where they spent the week immersing themselves into a foreign, eye-opening culture of homelessness and poverty. On Monday the young women approached the site with apprehension and fear at the close contact with strangers, whereas they departed the kitchen for the last time on Friday in tears at leaving behind their new friends. They spent the week lending their ears and hearts to the people at the soup kitchen, realizing every individual had a story to tell and wisdom to impart. The service these young ladies performed was very personal and intimate.

The other four students spent the week doing various kinds of manual labor with Rebuilding Together Peninsula. They worked at a different location each day, and their projects included staining a wooden ramp, chipping paint off a two-story building, repainting that same two-story building, and cleaning many years' worth of trash out of a yard. Each evening, they returned from their worksite exhausted and covered in various kinds of dirt and

dust. The service these young women performed was indirect, so they were often unable to meet the people they served. However, the products of their service will continue to improve the lives of those unidentified strangers for years to come.

When they were not out in the community performing service, the students participated in a number of other activities. During the trip, the volunteers had the opportunity to meet other high school students from across northern California, as well as New York. Each morning began and ended with a prayer service to focus the minds of the volunteers on a particular issue for the day. A majority of the time was also spent reflecting, both quietly and within groups.

Everyone had a unique experience on the trip. However, regardless of where they worked, the week of service had a profound effect on each student. They learned about poverty, about life, and about themselves. None of them will ever drive across the Bay Bridge again without remembering the week they spent witnessing another side of life in San Francisco.

Participants in the San Francisco Summer Service Trip: Alex Henry '10, Alyssa Sargent '10, Tina Bachmeier '11, Gabby Cronin '11, Katherine Evans '11, Lauren Felske '11, Lauren Wynne '11, Mary Creel '12, Kate Ely '12, Julian Holley '12, Brayden Weninger '12; Adult Leaders: Mary Castellano, Bill Hanrahan.

The San Francisco summer service trip blog is at <http://troubieservicetrip.blogspot.com/> ❖



God Put Them In My Way

By Deacon Jim McFadden

Four summers ago I was at a Divine Savior parish party when a parishioner, Mary Jo Verke (whose daughter, Julie, graduated from SFHS in 1986) slipped me a note with an e-mail address and said, “I think you ought to contact him.” “Him” was a Fr. Pambo Martin, a newly ordained, Tanzanian Benedictine priest ministering to 35,000 people in the town of Sumbawanga, located in the southwest highlands of this East African country. I asked why, and Mary Jo responded to the effect that “...both of you have a keen sense of the social justice tradition of our Church. E-mail him and see what unfolds.”

I did contact him and following an introductory e-mail, Fr. Pambo sent me this Spirit-filled, poignant, plaintive missive that described the condition of his people who struggle to eke out a living amidst extreme poverty, in which the majority of the people subsist on \$1/day. This e-mail was a Burning Bush episode for me (cf. Exodus 3: 3-10) as I witnessed their affliction, heard their cry of complaint, and understood full well what they are suffering.

God had put Fr. Pambo and the people of Sumbawanga in my way; I didn’t have any choice but to get involved.

I asked Father Pambo, somewhat Type A in his drive, but charismatic in his enthusiasm and fearlessly steadfast in his commitment to his priestly vocation, what his community needs the most. He explained among the necessary strategies to address extreme poverty, they are focusing on the formation of the people—especially in the area of education, which he views as the first rung of raising his people from abject poverty to the path of development. Several years previously a German Benedictine monastery had funded the construction of a \$3 million secondary school in Sumbawanga, which educates 700 students. Since most of the Diocese of Sumbawanga is rural, the majority of the children, even if they qualify for admission, cannot afford the tuition, uniforms, or the cost of living in town while they attend school. If they do obtain a living situation, it tends to be an indentured servant type of arrangement, which creates its own problems. Fr. Pambo said that they desperately need a dormitory/hostel so that the out-of-town students have a safe place to live while they pursue their high school education. The cost of the hostel and refectory would be in the neighborhood of \$180,000. Oh.

The following summer, while attending a family wedding, I talked with a relative, a successful entrepreneur, and explained their need. He simply said, “We’ll do it; after the wedding, talk to my CFO, Dan, and we’ll get involved.” That was it; amidst the gaiety of the wedding reception, tears of gratitude flowed.

Fast-forward to a sprawling field at Christ the King parish in Sumbawanga, where I am preparing to bless the site of the hostel. I was there because my in-law raised the money by forming a philanthropic non-profit organization, which attracted twenty benefactors who generated the required funds. In addition, a Sacramento architect donated \$17,000 worth of his expertise in the drawing of the designs. Standing on the field in the presence of 500 exuberant parishioners, asking God to continue his blessing for the project was an intense Kairos moment. The gratitude I felt was overwhelming, especially how the Holy Spirit had touched and moved the hearts of so many people to forge a relationship based on solidarity and subsidiarity.

The construction of the facility began in August of 2009 and will take six months to complete. According to Fr. Pambo, this project is having a huge impact within the Diocese of Sumbawanga, home to 700,000 Catholics, who are amazed and grateful that an organization 12,000 miles away would commit themselves to their well-being. This project is a huge occasion of consciousness-raising as to what it means to be a universal Church and what our mutual duties and responsibilities towards each other are.

As I sprinkled holy water on the site to the beating rhythms of drums and the eerie sounds of ululations coming from the women, I had this powerful sense that this project is being driven by the Holy Spirit—that God is the real Doer and we, in our unique way, are the instruments. Praise God! ❖

Deacon Jim McFadden (ordained 2004) begins his 22nd year at St. Francis High School, where he believes his vocation to the diaconate was nurtured. Besides teaching theology, he does detention ministry at Folsom Prison, as well as spiritual direction. The blog of his trip, including many photos, is available at www.africanprojecttanzania-deaconjim.blogspot.com.



A Renewed Perspective: Amigos de las Americas in the Dominican Republic

By Elizabeth Danielson

“Vacation” this summer offered an amazing opportunity to live in a community in the Dominican Republic (DR.) As a board member of *Amigos de las Americas*, I was given the chance to actually live a “day-in-the-life” of a volunteer. *Amigos* is a not-for-profit organization that provides leadership and service opportunities for youth by giving them the responsibility of conducting health and environmental projects in Latin America. In my community, the volunteers taught children (in Spanish) daily classes in health and team sports as well as helped fundraise to purchase a volleyball and net.

I am told the community is the poorest in the DR. The word “poor” has many interpretations. In this case, the families and community as a whole have little to no money; however, I have never existed among a group of people who are so genuinely happy with their lives and families. Upon reflection, I realize how little one really needs to be happy and how much “stuff” we have as Americans.

In the Amigos experience, two or three volunteers live in a community for 6-8 weeks to facilitate a sustainable project and quickly become another brother or sister while living with a host family. My family was very caring and kind. I quickly felt right at

home. My Spanish vocabulary increased exponentially each day. In our community, neighbors and friends eagerly signed up to feed us on a given day, which is a wonderful way to get to know them. Breakfast is often fresh eggs, fried plantains, and Dominican espresso coffee (with lots of sugar). Lunch and dinner are both hot meals with rice and beans, eggplant, avocado and maybe coleslaw. Almost every morning we played with the children down at the river. In the afternoons the volunteers taught a class on nutrition, health, and ecology through drawings and games as well as played team sports. Baseball is very big in the DR and everyone has an American team they like, usually because a player is from their town. We didn’t have baseballs or bats in the community so we used plastic bottle caps and sticks. The community members and the *Amigos* volunteers decided that the sustainable project would be creating a volleyball court. Because we needed money for our volleyball and net, we hosted an outdoor movie and invited neighboring communities to come and donate to our cause.

Each year the *Sac/Davis Amigos* chapter trains about 20 volunteers for the 6-8 week summer experience. This year, as in the past, several SF students were volunteers: Angelique Dakkak '10 and Elena Losada '10 in Oaxaca, Mexico, and Lauren Flores '11 in Intibuca, Honduras. I returned to the U.S. with a new understanding of what that word “poor” means to me. I can only imagine the personal growth of each high school volunteer. ❖

Elizabeth Danielson is the Arts Executive Producer/Director at SFHS.

St. Francis Summer



Japanese Exchange 2009

By Kasey Henrickson, SF Guidance Counselor

We arrived safely in Fukuoka, Japan at 2:00AM US time on Wednesday, May 27. Introduced to our homestay families the next day, none of us had any idea what each family would teach us over the next two weeks. Although we were introduced to the Japanese language in private classes designed by Nakamura Gakuen Girls High School, enjoying home cooked meals, changing shoes to enter and exit different rooms, and taking regular baths were some of the most unique learning experiences. We visited shrines, tasted green tea in ceremonial fashion, and arranged flowers stems according to their height and symmetry. Our day in Nagasaki at the Atomic Bomb Museum will be etched in our memories. The girls were fascinated by the number of hours students studied and the long work day hours of their host sister's parents. The 1500 girls at the school all take turns cleaning each hall, room, bathroom, and cafeteria of their school. How's that for school pride?!

On the plane home I compiled a list of the TOP 20 differences (to me) between staying with the families of Nakamura Gakuen and living in the US:

1. The "western" toilet seats are always warm almost like seat warmers in a car.
2. Use of chopsticks is customary for every meal, EXCEPT for eating sushi where you always use your hands (I think I use chopsticks in the US only when I am eating sushi)!
3. Breakfast is: miso soup, sticky beans, nori, plain/wet tofu, buckroot, and mint tea
4. If teachers see students outside campus (e.g. on the bus, at the shopping mall) it is a major violation of Nakamura Gakuen to wear your hair down. Girls from the school must ALWAYS have their hair in braids or a ponytail, even off campus.
5. Many people sleep on futons, which are comparable to thin blankets on the ground.
6. Bowing to others happens as much as we wave or smile at each other.
7. Students arrive at school around 7:30AM and stay until 5:00PM.
8. Children as young as four or five are seen out in the morning with their older siblings walking blocks to school with no parents around. Yet, they look like they know exactly what they are doing.
9. Students usually only have the 1st and 3rd Saturdays of the month off of school. It is customary to see students at the school on the weekends too.
10. Staff only have 4 "holidays" or days off each year.
11. Taking a trip to a hot spring is a primary way to relax.
12. One of Nakamura's major principles is to prepare young women to be proper wives and mothers. Thus, the girls have regular classes in: sewing, cooking, calligraphy, and tea ceremony.
13. Kabuki, the major theatre productions in Japan, only star older, male actors.
14. You can make an amazing living being a professional calligrapher!
15. Japanese women's skin is utterly flawless: could this be all of the vitamins and oils in the fish they consume?
16. Respect for the aged is highly evident. There is a pride in being part of the older generation.
17. Everyone has dangling "jewelry" on their cell phones. They look like friendship bracelets with jewels on them. Even the men engage in this trend.
18. Washing clothes happens every day, and dryers are a luxury.
19. Never stick your chopsticks in the middle of your rice; this is a major faux pas.
20. Yet, being complimented on your chopstick skills is a major nod.

St. Francis students participating in this year's Japanese exchange trip were: Alana Carroll '10, Naomi Endsley '10, Sarayh Fields '11, Karin Kawai '10, Nisa Liberty '10, and Katie Lucas '10. ❖

St. Francis Summer



Giro d'Italia: Modern Troubadours Explore Italy

By Evelyn Vargas, SF Foreign Language Department Chair

After traveling for nearly 30 hours from California to Lombardy with stops in Chicago and Germany, we arrived at Desenzano. It is a small, quiet town nestled at the foot of the Alps on the shores of Lake Garda. From our balconies in Hotel Vittorio we had a splendid view of the lake, and after a short, short rest we were energized! Walking to dinner that evening, a Troubie Traveler remarked: "I am in Italy, I smell, hear and see Italy and I can't believe I am here."

Thus began a great summer adventure for 39 St. Francis students, parents and staff. Their travels took them to Venice, Verona, Mantua, Florence and the Tuscany region, Pisa, Lucca, Siena, St. Gimignano, Assisi, Rome, and the Vatican. The list of sites and experiences fills a travel diary with memories for a lifetime: Murano glass blowing, Cathedral of San Marco, gondola rides, a Roman amphitheatre, Lago Superiore, Palazzo Ducale, the Uffizi, the Bargello museum, Piazza Santa Croce, the Colosseum, the Vatican museum, the Sistine Chapel, St. Peter's, the Spanish Steps, Trevi Fountain, and fashionable Trastevere and Piazza Navona.

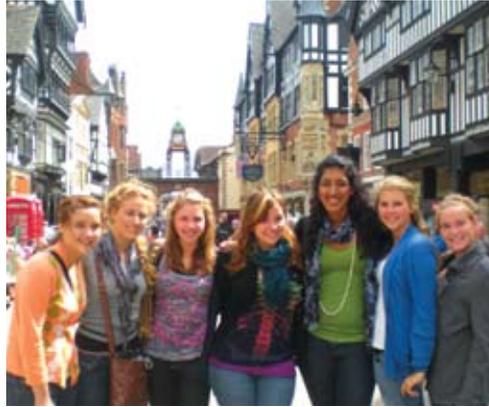
The group had some particularly heartwarming experiences in Lucca, home of SF Italian teacher Signora Rosemarie Bertini's family, where they were expected and had a reception hosted by the Associazione Lucchesi Del Mondo. There, under the direction of Laura Holland '09, our talented Troubadours sang a lovely song in Italian. And they made the news! The visit was featured in the newspaper with their photo included. Soon after, SF alumna and Assistant Principal Ann Marie Perry Faires '71 and her aunt, Ada Anne Panattoni Daugherty '47, who were also traveling in Italy, met the troubadours for lunch.

The group enjoyed fabulous meals and fascinating tours (they described Richard, their Tour Manager, as "a living research engine, Google-man with a London accent. He has an immense knowledge of Renaissance history and art and he dispensed it with tidbits of ancient gossip.") They managed to take in the new film in town, "Harry Potter e il Principe Mezzosangu," and, of course, make plenty of stops for gelato.

Mrs. Vargas' beautiful, extended travelogue of the SF 2009 Italian adventure is available at www.stfranchis.org/student_life/travel_2009.html.

Participants in the 2009 SF Italy trip: Ms. Evelyn Vargas, Chair of Foreign Language Department, Mrs. Rosemarie Conti Bertini '72, Italian teacher, Mr. Ray Poncini, Italian teacher, Claudia Castaneda '02 (Italian tutor for SF students, B.A. in Italian and Art History), Mrs. Trisha Uhrhammer, former SF Administrator, Sarah Ainsworth '12, Lauren Anderson '12 and her mother Cynthia Anderson, Justina Burns '11, Erin Carlson '09 and her parents Jean and Robert Carlson, Gabriella Chisick '12, Megan Chisick '10, Lauren Colombero '10, Alyssa Cook '12, Christina Fahey '09, Katie Franceschini '11 and her mother Karen Franceschini and family friend Diana Moore, Camille Harry '12 and her parents Cynthia and Thomas Harry, Michelle Hartwick '12, Laura Holland '09, Emma Keene '12, Lauren Koll '12, Lauren Menz '09, Maribel Mercado '10, Victoria Mitchell '12, Reagan Reade '12, Lia Sbisà '12 and her mother Nancy Sbisà, Carly Sharman '09, Enid Spitz '09, Katia Stie '12, Emilie Uhrhammer '12, Stasia Uhrhammer '09 and Ana Winje '09. ❖

St. Francis Summer



British Isles and Paris

By Ruth Buck, SF English Teacher

This July a group of 35 St. Francis teachers, students and family members experienced 18 days of unsurpassed pastoral beauty and big city bustle as they traveled through Ireland, Wales, Scotland, England, and Paris. Who can forget the simple joys of Ireland and Scotland - cottages and castles, kissing the blarney stone, clapping and dancing to Irish and Scottish music, shopping in Dublin, Edinburgh and London, or visiting the great cathedrals of Saint Patrick's, York and Notre Dame? Contemporary culture was also celebrated in a visit to Abbey Road, Montmartre crowded with musicians and artists, and the Champs Elysees bedecked with yellow tents for the Tour de France. Literary connections came alive in the beloved Lake District of William Wordsworth, Shakespeare's Stratford, Jane Austen's Bath and Dickens' London. And the food in France - ooh la la!

Travelers interested in participating in this budget tour yet experience rich journey in July 2010 should contact Mrs. Ruth Buck at rbuck@stfrancis.org.

Participants in British Isles and Paris trip 2009: Jessica Allison '09, Molly Bailey '09, Mariana Barba '11, Kendal Carter '11, Raelynn Castro '09, Shannon Clark '11, Kathleen Coleman '10, Natalie deWitt '11, Melanie diMuro '11, Jamie Estopinal '10, Michelle Georges '10, Jade Goodwin-Carter '11, Dylana Jones '09, Brandy Kay '10, Meghan Kennedy '11, Brielle Kuhn '11, Laura Lapham '10, Christie Margaris '10, Chloe Mier '09, Maria-Christina Milanes '11, Lauren Moore '11, Katelyn Moorhouse '11, Erin Mullen '10, Katherine Murphy '10, Alexis Padilla '09, Jennifer Reynolds '11, Natalie Schelosky '10, Aurora Singh '10, Alexandra Stoffel '11, Randi Thompson '09, Brittney Wong '09; Adult Chaperones: Kitty Isola, Laurie Stoffel, Ruth Buck, Cheryl Watson. ❖

"We think of medieval troubadours as male, but in fact there were many female troubadours, or *trobairitz*, between the 12th and 13th centuries. These were mostly noblewomen who had been educated to read and write... The courtly love poems and songs that were all the rage in Occitan (modern Provence) gave them an outlet to channel their literacy, express their feelings, and to travel freely from court to court as popular minstrels (musicians), jongleurs (comics), and troubadours (singer-composers)."

From Grand Circle Travel's publication, 101 Tips for Women Travelers, edited by Harriet Lewis

"Once Upon a Time" Committee

- Co-Chairs**
Kathleen Friend & Mary Diepenbrock Cotter
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Lisa Schwan
- Backstage Coordinators**
Barb Bonotto & Mary Norris
- Boutique Coordinator**
Dawn Moore
- Centerpiece Sales**
Elmarie Brown
- Choreographer Assistant**
Suzanne Mindt
- Clean-up**
Joe O'Neal
- Clothing Transportation**
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- Design Coordinators**
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- Food Coordinators**
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Amy Guthrie
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- Logo-Wear**
Donna Huber & Michelle Vaughn
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Pinkie (Cynthia Sheffer) & Irum Khan
- Program Ads**
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- Program & Invitation Design**
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- Props**
Nena Romo & Lori Chen
- Raffle Coordinator**
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- Publicity**
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- Reservations Coordinators**
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- Store Coordinators**
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- Signage**
Keri Lopez
- Treasurer/Volunteer Coordinator**
Christine Hock
- SFHS Special Events Coordinator**
Laura Mulder
- SFHS Director of Institutional Advancement**
Janis Pattison

Mother-Daughter Fashion Show 2009

So the news spread throughout the St. Francis High School realm of this year's annual Mother Daughter Fashion Show, "Once Upon A Time," a truly magical event enjoyed by all! Mothers, daughters, fathers, friends and alumnae arrived on a fairytale campus complete with a knight in shining amour welcoming all to "come hither." For the first time, an "Enchanted Gala" dinner show was added to the traditional "Dreamland" breakfast and "Fairytale" luncheon shows. Combined, over 800 guests enjoyed elegant dining at tables bedecked with sparkling Cinderella carriage centerpieces. Many of our beautiful princesses from the class of 2009 and their lovely mothers modeled fashions from Sacramento's trendiest boutiques, accompanied by charming princes from Jesuit High School's class of 2009. The Carriage Boutique was open for shopping and featured a variety of selections for spring and summer by area specialty stores. Under the inspiring leadership of Kathleen Friend and Mary Diepenbrock Cotter, this grand show was an event to remember and truly left us "Happily Ever After!" ❖



Sponsors

The Fashion Show Committee gratefully acknowledges the following sponsors:

Happily Ever After

Sandra Geary Cook '54

Feel the Magic

Bobo Construction, Inc.
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Tim & Janine Lewis, parents of Stephanie Lewis

Enchanted Kingdom

John P. Cotter
The Friend Family
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Far, Far Away

Loretta Poveromo and Sophia Pirog '10

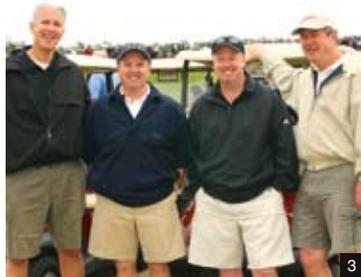
Fairy Godmother

F.C. Ziegler & Co. - Trish Ziegler
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Sister's Boutique • Sugar Shack
SWAK: Sealed With A Kiss • Urban Outfitters

Booster Club Golf Tournament



May 4th brought mostly sunny skies with a slight cloud cover to a field of enthusiastic St. Francis supporters eager to tee off at the beautiful Catta Verdera Country Club in Lincoln. Golfers enjoyed mini-burgers, chicken skewers, Leatherby's ice cream, and beverages at various course holes followed by an awards ceremony and a barbecue dinner. The St. Francis golf team was on hand lending golfers their expertise on the course while student representatives from other SF interscholastic sports teams were kept busy welcoming golfers and selling raffle tickets. Under the deft leadership of event chairs Vicki and Tim Crane and their dedicated planning committee, over \$28,000 was raised to support the St. Francis athletic program. Many thanks to the generous sponsors, participants, volunteers, and students whose support is instrumental in continuing the outstanding athletic programs at SFHS. ❖

Golf Tournament Committee

Tim Crane, Chair	Gigi Mar
Viki Crane	Mark McCarthy
Leon Davidson	Heidi McKim
Valerie DeVoe	Jim Openshaw
Dave Evans	Dean Petersen
Greg Hovious	Sergio Quiniola
Marian Koon	Laura Mulder,
	Special Events Coordinator

The St. Francis Booster Club thanks the following sponsors:

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Sacramento

1. Tim Mar, Nichole Cruz '12, Tim Lien, Melyssa Astorga '11, James Beckwith, Daniela Okino '10, Pat DeVoe; 2. Gigi Mar; 3. John Anderson, Brian McSweeney, Tom Robbins, Jeff Daff; 4. Mike Lewis, Steve Willet, John Hartman, David Texdahl; 5. Viki & Tim Crane; 6. Hannah Davidson '09, Michelina Friend '09, Ariana Wetzel '09, Taylor Yip '09; (kneeling) Brittney Wong '09, Angela Sardo '09; 7. Pat Dunn, Mark Grotewohl, Doug Mulder, Mike Hilder; 8. 2009 Golfers; 9. Greg Hovious, Kris Pigman, Ken McGuire; 10. Dino Nicholan, Rick Strain, Valerie Strain, Bob Woodring; 11. Kolleen McNamee, Sadie Strain '12, Nichole Cruz '12; 12. Dr. Michael Ingram

Alumnae Association Mission Statement

To promote and sustain the traditions and unity of St. Francis High School among its alumnae and to develop and share financial support and individual resources for the benefit of the St. Francis High School community now and in the future.

Board of Directors

Tracy Grech Clark '78
President

Kristen Haro '03
Vice-President

Maura Twomey '77
Secretary

Dawn Benton '80
Treasurer

Marty York Azevedo '75
Past President

Standing Committee Chairpersons

Erin McGuire '95
*Community Service &
Student Activities*

Jennifer Perez Blackburn '91
Education & Speakers Series

Michelle McClinton Vaden '80
Parents Guild Liaison

Nicole Plesha Donlevy '92
Scholarships

Please consider joining this special group of alums. All St. Francis graduates are members of the Alumnae Association and are encouraged to serve their fellow alumnae and the school community by sharing their talents, ideas and positive energy!! Alumnae Association Board Meetings take place on the second Tuesday of each month from 6:00–8:00PM in the Faculty Staff Lounge. All are welcome to attend the meetings! If you are interested in holding a position on the board, elections are held at the June meeting.

The Alumnae Association welcomes the Class of 2009

About mid-way through their senior year, SF Troubies begin to realize their time at St. Francis is growing short. All too soon friends and classmates with whom they've shared hours each day will be scattered across the country. As if to capture all the camaraderie they can during these last few weeks together, the senior Ninja Turtles plunged into a whirlwind of memory-making activities and events honoring them as soon-to-be grads.

The whirlwind began in March with the Senior Banquet. Planned and coordinated by the senior class officers as a "Murder Mystery" party, seniors arrived in a flapper dresses, mink coats, period hats, gloves and jewelry accessory. Not more than five minutes into dinner the first "murder" took place and the charade was underway. Teams worked together to follow the clues and at the end of the night two teams had solved the mystery.

On April 24th, the Senior Luncheon provided an opportunity to gather with classmates, parents and guests. Following lunch, the atmosphere turned somewhat bittersweet as a slideshow, prepared by Emma Nyland '09, recalled many unforgettable moments. The Alumnae Association sponsors the Senior Luncheon to welcome its soon-to-be newest members.

As all Troubies know, "girls just wanna have fun" and that's just what the seniors did at Senior Ball. With the theme "Havana Knight gardeners masquerading out on the town, in the Caribbean, with a movie star, on a magic carpet ride that flies," members of the class of 2009 celebrated their uniqueness.

Starting off their final week and a half as students, the entire school honored the Turtles at the Farewell Liturgy. Mass was celebrated outside in Serra Court and the morning



Alumnae Community



couldn't have been a more perfect setting to "send off" the seniors with prayers and well wishes. At the Senior Awards Ceremony, seniors were honored for their academic achievements and their dedication to the SF pillars of faith, excellence, leadership and service.

The evening before graduation, the SFHS community gathered in the gymnasium for the Class of 2009 Baccalaureate. As the seniors processed in, they offered memorabilia from clubs, teams, dances and other events as individual representations that collectively made up their class.

All these events led to the most exciting of all... Graduation! Anyone in The Sacramento Memorial Auditorium on May 29th could definitely feel the excitement in the air. The graduates were extremely energized as each young woman proudly walked across the stage to a greeting from St. Francis President Marion Bishop and a handshake from Bishop Soto.

After two solid weeks of nonstop events ending with an all night Safe Grad Night, SF's newest alumnae came to campus one more time on May 29 for "diploma pick-up." Hosted by the Alumnae Association, it was one more chance to enjoy a continental breakfast, sign those last few yearbooks, and say some final good-byes. ❖

Class of 2009 graduates are attending the following colleges and universities:

Academy of Art University • American River College • Arizona State University • Auburn University • Boston University • Bryn Mawr College • Butte Community College • Cabrillo College • California Polytechnic State University, San Luis Obispo • CSU, Chico • CSU, East Bay • CSU, Fullerton • CSU, Los Angeles • CSU, Monterey Bay • CSU, Sacramento • Chamaine University of Honolulu • Chapman University • Cogswell Polytechnical College • DePaul University • Dominican University • Duke University • Eastern Connecticut State University • Eastern Washington University • Florida Keys Community College • Folsom Lake College • Francis Marion University • Franciscan University of Steubenville • Gonzaga University • Grossmont College • Hastings College • Haverford College • Humboldt State University • Indiana University at Bloomington • Les Roches Marbella • Louisiana Tech University • Loyola College in Maryland • Loyola Marymount University • Loyola University Chicago • Massachusetts Institute of Technology • Mills College • Northwestern University • Occidental College • Oregon State University • Pennsylvania State University, University Park • Pepperdine University • Point Loma Nazarene University • Princeton University • Regis University • Sacramento City College • Saint Mary's College of California • San Diego State University • San Francisco State University • Seattle University • Sierra College • Smith College • Sonoma State University • Southern Oregon University • St. Edward's University • Stanford University • Stillman College • Temple University • Texas Tech University • The University of Arizona • Thomas Aquinas College • US Air Force Academy • US Naval Academy • University of Arkansas • UC Berkeley • UC Davis • UC Irvine • UC Los Angeles • UC Merced • UC Riverside • UC San Diego • UC Santa Barbara • UC Santa Cruz • University of Dallas • University of Kentucky • University of Nebraska at Lincoln • University of Notre Dame • University of Oregon • University of Portland • University of San Francisco • University of Southern California • University of the Pacific • University of Washington • Washington State University • Westminster College

Members of the Class of 2009 were awarded \$10,162,856 in one-time and renewable college scholarships.

Spring Fling Committee Chairs

- Chair**
Kristen Haro '03
- Bar**
Erin McGuire '95
- Clean Up**
Marty York Azevedo '75
- Decorations, Tables & Entrance**
Nicole Plesha Donlevy '92
Tracy Grech Clark '78
- Fashion Show**
Kristen Haro '03
- Hospitality**
Maura Twomey '77
- Invitations**
Leigh Hiers '96
- Raffle and Bar Ticket Sales**
Jovanne DeNigris
Mary Lowe
- Reservations**
Erin McGuire '95
- Servers**
Michelle McClinton Vaden '80

Models of the Decades

- Class of 1949**
DorothyENZler Abrams
Dorothy Lavelle Massa
- Class of 1959**
Beth Gregory
Shirley Power Lutgen
- Class of 1969**
Nancy Leonard Szydelko
- Class of 1979**
Julie Gill Jensen
Eileen Leonard Perra
- Class of 1989**
Vanessa Yajima Wildie
Amy Chatfield Cameron
- Class of 1999**
Jenna Verle Higgins

- Class of 2009**
Katie Konigsfeld
Taylor Yip
Stephanie Chivaro
Caroline Creel

Spring Fling 2009

On March 22, 2009, alumnae, family, and friends gathered for the 6th Annual Spring Fling. This year's theme was Garden Party and the weather certainly obliged. It was a perfect day for those attending to dress in their spring dresses and some even came wearing the latest fashions in spring hats. As is the tradition of the event, guests enjoyed mingling and catching up over lunch. Four Distinguished Alumnae were honored for continuing their dedication to service after St. Francis. Representatives from the classes of 1949, 1959, 1969, 1979, 1989, 1999, and 2009 modeled fashions from Talbot's. The afternoon concluded by celebrating the 50-year anniversary for the Class of 1959 by presenting them with Golden Diplomas. A special thank you goes out to the SF Ambassadors who served as gracious hostesses and servers. Thank you to all who organized, attended, participated, and helped make this event a great success. ❖

Save the Date
2010 Spring Fling
Sunday, April 25, 2010
11:30AM in the St. Francis Gym

1. Back Row: Dorothy Lavelle Massa '49, DorothyENZler Abrams '49, Beth Gregory '59, Shirley Power Lutgen '59, Nancy Leonard Szydelko '69, Eileen Leonard Perra '79, Jenna Verle Higgins '99, Julie Gill Jensen '79, Vanessa Yajima Wildie '89, Amy Chatfield Cameron '89; Front Row: Caroline Creel '09, Katie Konigsfeld '09, Stephanie Chivaro '09, Taylor Yip '09; **2.** Shirley Leventon Brown '52, Betty Ann Pratt Hutchings '57, Janice Dalske '66, Marilyn Leventon Keaney '49, Barbara Le Doux '66; **3.** Rosanne Broussard Cherry '83 & Marisa Cherry '11; **4.** MarleneENZler '55 & DorothyENZler Abrams '49; **5.** Julie Gill Jensen '79, Cathy Gill Wright '75, Erin Ryan '02 & Shelly Tamimi; **6.** JeannieKanz Bellinger '80, Marina MorettiKunz '80, Michelle McClinton Vaden '80, Melisa Kettmann Cook '80; **7.** Julie Gill Jensen '79 and Eileen Leonard Perra '79; **8.** Mikaela Vaden '11, Katelyn Moorhouse '11, Mondrea Vaden '09; **9.** Ann Theobald Petrie '74, Michelle McClinton Vaden '80, Christine Jacobs Totah '83, Robin Tipton (accepting the award for her daughter Whitney Tipton '03) **10.** Judy Wood Holiday '59, Linda Bell McAlpine '59, Joann Anglin '59, Beth Gregory '59, Carole Murphy Herman '59, Shirley Power Lutgen '59, Kay Madsack '59, Susan Latino Pierce '59, Sylvia Schmetz '59, Linda Ramos Giese '59; **11.** Lisa Marie Williams '08 & Theresa Arnold '81; **12.** Sylvia Schmetz '59, Carole Murphy Herman '59, Kay Madsack '59, Shirley Power Lutgen '59



Distinguished Alumnae Awards

The following awards were presented at the Spring Fling in March 2009.

Whitney Tipton '03 Outstanding Young Alumnae Award

Whitney graduated Magna Cum Laude and Phi Beta Kappa from Scripps College in 2007 with a BA in Philosophy and a minor in mathematics. As a senior in college, Whitney won a Thomas J Watson Fellowship and spent July 2007 - 2008 abroad. The Watson Fellowship is a one year grant for independent study and travel outside the United States awarded to 40-50 college seniors each year. Whitney's self-designed project, entitled "Borders to Bars: A Cross-National Conversation with Women in Prison," brought her to the Netherlands, Italy, Germany, England, Ireland, South Africa, Australia, and New Zealand. Her research dealt with the ways in which various countries address their female prison populations, with a focus on progressive and rehabilitative strategies.

While an undergraduate at Scripps, Whitney volunteered with Southern California's Women & Criminal Justice Network, also co-founding the organization's first college chapter. With the Network, she helped organize numerous events at the local women's prison. She also spent a summer interning with Death Penalty Focus, a San Francisco-based death penalty abolition organization.

Whitney is currently a second year student at University of California, Berkeley, School of Law and hopes to pursue a career in criminal defense, specifically capital cases.

Michelle McClinton Vaden '80 Service Award

Michelle started her volunteer service in Los Angeles, volunteering at and supervising group homes. After moving to Sacramento, Michelle reconnected with St. Francis and has been going nonstop ever since. Michelle is the Parent Guild Liaison for the Alumnae Association Board, and attends monthly Parents Guild and Alumnae Board meetings. In addition to her regular mom duties and cheering on her daughters, Mondrea '09 and Mikaela '11, at Academic Decathlon, arts show and volleyball games, Michelle gives her time at Open House, Back to School Night, Revelry, Homecoming, the Christmas Store, and many other events that take place on campus throughout the year. There are very few events when Michelle is not present, spreading her SFHS spirit. In addition to the time she volunteers at St. Francis, Michelle was involved in the Moral Values Program, an organization which serves the youth of Sacramento, rescuing them from poverty, crime, drugs, alcoholism and gangs. Recently, Michelle, Mondrea and Mikaela got involved with the Sacramento Food Bank and spend three Saturdays a month serving at mobile food banks. She also spends her Thursday mornings at the Well-spring Women's Center, a drop-in center for low-income women and their children established to foster the innate goodness and self-esteem of all who enter its doors. While doing all this, Michelle also works full time for the State of California.

Christine Jacobs Totah '83 Accomplished Alumnae Award

Christine is a special education and autism activist in the Davis and Sacramento community. After her graduation from St. Francis, Christine attended Sacramento State where she received her bachelors' degree in Political Science and Communications in 1987. Christine is married to Suheil Totah and has three children, Camille, SF class of 2011, Alex and J.J. Her son Alex has autism and as a result Christine has become an advocate for neurodevelopmental disorders. In 2007, Christine completed an intensive course for Partners in Policy Making, an international advocacy program for parents of children with special needs. Members of this class were selected to represent diversity in gender, ethnicity and type of disability and tackled challenging issues facing our local communities. Christine is a co-founder of SENSE Theatre, A Stage of Hope for Children with Autism. SENSE Theatre is a unique theatrical intervention research program designed to improve the social and emotional functioning of children with autism and related neurodevelopmental disorders. She serves on the Board of Directors for the UC Davis MIND (Medical Investigation of Neurodevelopmental Disorders) Institute, CAC of Yolo County, the Disability Advisory Committee for the Board of Supervisors of Yolo County, the Superintendent's Advisory Committee for Davis Joint Unified School District, as well as the Young Performers Theatre Committee for the Davis Musical Theatre Company.

Ann Theobald Petrie '74 Life Achievement Award

After graduating from St. Francis in 1974, Ann started at LMU as a Civil Engineering major, then attended Sac State in Human Anatomy and Physiology, and received her Prosthetic Practitioner Certificate at Century College in White Bear Lake, MN. Since 1980, Ann has worked as a Prosthetist in the position of Area Practice Manager and Clinical Operations Director in Sacramento for Professional Orthopedic Systems and NovaCare O and P, which was later Hanger P and O. Ann found out about Prosthetics while taking a biomedical engineering class at Sac State. It's a very hands-on occupation in which Ann uses her anatomy and physics daily and has made thousands of upper and lower extremity prostheses for people or all ages. Ann has dedicated herself to serving those with developmental disabilities. In Southern California, she spent four summers with the Crippled Children's Society working with about 300 campers for ten weeks. After moving back to Sacramento, Ann continued her work and in 1983 she helped found Camp ReCreation, a residential summer camp program for adults and children with developmental disabilities which offers participants opportunities for fun, social interaction, and spiritual growth while creating valuable respite for parents and caregivers. Ann is enthusiastic about Camp ReCreation and is able to recruit volunteers and inspire them to be their best. ❖

Distinguished Alumnae Nominations

The SFHS Alumnae Association proudly opens nominations for the Distinguished Alumnae Awards Program. This program honors alumnae who have achieved success in their personal and professional lives, who serve as role models to all through their examples of outstanding leadership, achievement and service. This success can be in academic endeavors, chosen profession or in community service. The award categories are:

Outstanding Young Alumnae Award

Recognizes the achievement of an alumna who graduated within the past ten (10) years.

Accomplished Alumnae Award

Recognizes an alumna, ten or more (10+) years after graduation, who has achieved significant accomplishments in her field of interest.

Service Award

Honors an alumna who has demonstrated extraordinary interest and dedicated volunteer service to SFHS and the greater community.

Life Achievement Award

Honors an alumna for demonstrated excellence in her career or in service to the community, thirty-five or more (35+) years after graduation.

Please submit your nominations by using the nomination forms on the Alumnae page of the St. Francis website at www.stfrancis.org or in a letter to St. Francis High School Alumnae Association, 5900 Elvas Ave., Sacramento, CA 95819, or fax to 916-452-6046. Please include your name and contact information. Please contact Carrie Harcharik '97 for more information at 916-737-5020 or CHarcharik@stfrancis.org.

Alum Father Daughter

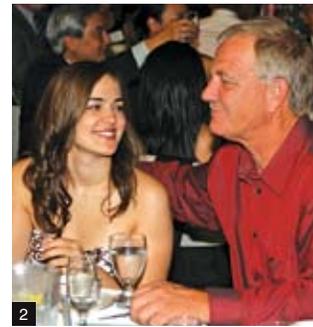
By Anne Smith Harty '93, Chairperson

Thank you to all who attended the first annual St. Francis Alumnae Father Daughter Dinner Dance, sure to become an ongoing Troubie Tradition! For those of you unable to make it this year, mark your calendars for the Saturday before Father's Day every year. This event makes the perfect Father's Day gift. One woman traveled from New York to surprise her dad and escort him to the dance. Others traveled from Texas, Washington, and all up and down California. We had graduates from '09 to '73. An alumna attended with her father, daughter (also an alumna), and her husband. For those whose fathers were not able to attend, godfathers and grandfathers came with pride.

The reception in the theater foyer and courtyard provided time for food, a full bar, and lots of laughter and visiting and an opportunity for professional photographs. In the gym, gathered at tables set with beautiful flowers, china, and candles, we were welcomed by Director of Alumnae Relations Carrie Harcharik '97, President Marion Bishop and led in a blessing by Monsignor James Kidder. The tri-tip dinner from the Buckhorn was, according to my dad, "the best tri-tip he'd tasted." (That is huge coming from my dad!) Steve Buzard, our fantastic DJ, set the mood with dinner music while dads and daughters continued visiting, laughing, taking pictures, having fun; as if a moment had never passed since the last dance.

Something was different this time, however, as daughters seemed to have a better appreciation for their dads. Past those high school years of being embarrassed by our dads' silly jokes and goofy dancing, many alums may have found this dance more special than ever before. As DJ Steve played music from all decades, the dance floor was packed for a full two hours! My sister, dad, and I laughed for at least the first 5 minutes of our dancing. We weren't Amy and Anne, 34 and 33-year-old busy moms of two girls each; we were our dad's girls again.

Returning to campus is always like receiving a big warm hug for me, but this time, returning with my dad and my sister reminded us why we chose St. Francis as a family 21 years ago. It was a feeling and an energy that was different than any other event I've attended on campus. I cannot wait for next year's Alumnae Father Daughter Dinner Dance. DJ Steve has already been booked, and you'll find me on the dance floor laughing at my dad's silly jokes and cheering on his goofy dancing. ❖



1. Gregg Slavik, Rhonda Slavik '93, Leah Bishop Newton '92, Paul Bishop, Greg Smith, Anne Smith Harty '93, Amy Smith Kuzmich '92; 2. Ashley Bjorge '07, Craig Bjorge; 3. Bethany Wheeler '98, Greg Wheeler; 4. Rachelle Hartmann '06, John Hartmann; 5. Jennifer Hackbarth Fagan '96, Daryl Hackbarth, Jelene Hackbarth Yost '00; 6. Dan Ibanez, Arlene-Grace Ibanez '94; 7. Chris Swanberg, Kelly Swanberg '05; 8. Cassandra Hocking Morrow '98, Kellie Burton Whitaker '98; 9. George Tibbits, Alexandra Tibbits '09; 10. Tito Kumar, Natesha Kumar '05; 11. Tom Williams, Theresa Arnold '81, Tom Arnold, LisaMarie Williams '08; 12. Christiana Pelz '86, Jeanine Segalas Bogart '86, Heather Stevens Cook '88; 13. Gary Clifford, Carla Clifford '97; 14. Kellie Burton Whitaker '98, Randall Burton; 15. Rick Dumas, Kirsten Dumas '07; 16. Jonathan Coupal, Elena Coupal '08; 17. Veronica Banuelos '01, Jose Banuelos; 18. Jim Harcharik, Carrie Harcharik '97; 19. Laura Hamilton '07, Tara Celli '07, Kirsten Dumas '07, Ashley Bjorge '07; 20. Judy Seri '85, Jennifer Seatrix '05, Tina Seri Seatrix '82; 21. Mark Bauer, Megan Alexander '05, Sarah Bauer '05; 22. Elisa Iniguez '04, Meghan McMahon '04; 23. Callan Myers, Callie Myers '08, Marina Myers '05; 24. Veronica Banuelos '01, Courtney Fadjo '01, Caryn DeMoura '01; 25. Abdol Jahani, Pantea Jahani Dunn '92





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Sarah and I were astounded by the beautiful transformation of the St. Francis High School campus! We thought the facilities were nice before, but I had no appreciation for all the work that had been done since Sarah graduated. Even though the campus has been transformed, Sarah and I were both able to re-live memories of her important years there. You have started another new great St. Francis tradition. The only thing that would have improved the experience would have been more students from Sarah's graduating class.

David Kopperud, father of Sarah Kopperud '04

What can I say but it was GREAT!! It was such a nice and well planned event. It was great to see some of the dads and especially the beautiful young women that you 'girls' have become. Every dad held his head high and the pride just shone through. I wish my other daughter Shannon could have been there but Rhonda has already gotten a commitment from her. I only had one F/D dinner dance with both Rhonda and Shannon and I look forward to another one. Congratulations to you, Anne and everyone else that was on the committee to put this together. It WILL become another tradition at St. Francis HS!! Thank you so much.

Gregg Slavik, father of Rhonda Slavik '93 & Shannon Slavik '96

Kirsten and I had a great time. It is a wonderful night to spend with my daughter, just father and daughter. Lots of fun. Thanks.

Rick Dumas, father of Kirsten Dumas '07

Awesome event!! Great to see you and thanks for organizing a terrific evening. My dad really loved it!

Nikki Cole West '88

Thank you so much for all you did to orchestrate the father daughter dance. My dad and I had an amazing time and can't wait to go again next year. Make sure we get a bigger dance floor for next year!

Ashley Bjorge '07

My daughter and I didn't really know what, or who to expect. My daughter was never reluctant (although she knew the chances of her seeing '06 classmates was slim), just hesitant. Well, the evening turned out amazing. My daughter got reacquainted with classmates (under and over) she hasn't seen for many years. And meeting new alumnae - isn't that what it's all about? I was seeing fathers I haven't seen in years and also meeting new fathers. From the reception, the no host bar, pictures, dinner and dancing, it all seemed picture perfect. Of course, true to Trouble form, we (all) danced the night away. DJ was great. My daughter has already made her reservation for next year. I hope to get my other daughter Amy '04 to come next year. For those who didn't attend; don't miss next year. Thanks for a memorable evening.

John Hartmann, father of Rachelle Hartmann '06 & Amy Hartmann '04

The dance was soooo much fun, I've been recruiting people for next year. Thanks for your hard work!!

Amy Smith Kuzmich '92

Anne's Toast from the Alumnae Father Daughter Dinner Dance

"To our dear fathers and father figures, those with us tonight and those who are with us in spirit. Thank you for always being there for us. Thank you for giving us the wonderful opportunity to attend St. Francis, so that we may make the world a better place. Thank you for always giving us a shoulder to cry on; for being there when we felt sad or rejected; to lift us up and make us feel like we could accomplish anything. Thank you for being there to give us a high five, a thumbs up, or a big smile when we scored the winning goal, accomplished a personal record, or aced a test. Thank you for teaching us to fight for what we believe in. Thank you for taking a step back, watching us grow into the women we've become with pride that only a father can feel for his daughter; as it is your teachings and guidance that have helped us become who we are today. Happy Father's Day!"

Angels for Hearts

by Carrie Harcharik '97, Director of Alumnae Relations

After some phone tag, when I made contact with Kimberly Kaufman '92 on August 21st, I had no idea I was in for one of the most moving conversations of my life.

Kimberly began with her tale of a storybook childhood; she enjoyed good health, fun times and the love of her family and friends. She went to college and experienced sorority life, followed by a satisfying career and opportunities to travel. She had everything anyone could ask for. Then, in November of 2004, Kimberly received news that would forever change her life. Her heart was three times its normal size and not functioning properly; she had congestive heart failure. The Stanford doctors informed Kimberly that she would need a heart transplant within 4-7 years due to how badly her heart was damaged. Sadly, in September 2006, they determined she was not a transplant candidate and would not be receiving a new heart. She now faced a reality she never imagined at such a young age— she was going to die.

That November, while in the hospital recovering from a heart surgery, Kimberly noticed two young children in the adult cardiac ICU in the main hospital at Stanford, rather than the cardiac ICU at Lucile Packard Children's Hospital at Stanford. Kimberly, herself fearful at times in the Cardiac ICU, knew how frightening it must have been for those children. Kimberly and her parents had spent many days and at times weeks at Stanford, away from home in the hospital or recovering in a hotel without any extra family and friends around. They knew for patients there is no sense of "normal." Feeling extremely blessed for the great life she had, Kimberly asked what she could do. At a suggestion by the unit's Child Life Specialists, she decided to bring Christmas gifts to the pediatric heart patients in the hospital so they could experience the joy of being kids on Christmas morning, have some sense of normalcy, and remember that they are children first and foremost before they are heart patients. That year, Kim collected \$250 and a vision took wings.

The following year, the Kaufman's set their sights higher. Through letters and emails to family and friends they formalized their efforts into "Angels for Hearts" and raised nearly \$5,000. Kimberly shopped for specific items that would bring smiles to many young children's faces and she and her parents arrived at Lucile Packard Hospital with four SUV's full of toys, DVD players, and wagons. Kimberly was then inspired to create a "Wish, Wants & Needs" fund. Angels for Hearts supplied gift cards from VISA, Target and other stores for the Child Life Specialists to use at their discretion to buy birthday gifts, McDonald's happy meal treats and other wishes, wants and needs of the pediatric heart patients.

Heartened by their success in helping hundreds of

families cope during a difficult time and assisted by the pro bono services of an attorney, the Kaufman's incorporated Angels for Hearts in 2008. They established it as a charitable, public benefit nonprofit with 501(c)(3) status for the purpose of helping pediatric heart patients regain some sense of normalcy during their hospital stays. Kim said "I felt it was important to keep heart patients at the forefront of people's minds, as they are sometimes overshadowed by patients with other illnesses. You don't think of kids when you think of heart problems."

The work Kimberly and her parents were doing was making a huge impact, and the generosity of Angels for Hearts supporters continued to inspire the Kaufman's. When 2008 donations approached \$15,000, Angels for Hearts expanded its program beyond Lucile Packard Hospital to Sutter Memorial Hospital and UC Davis Children's Hospital, both located in Sacramento. Like Santa's secret helpers, Angels for Hearts shopped for and purchased gifts for Child Life Specialists to distribute to the pediatric heart patients on Christmas morning.

Energized by the success of the Christmas project, the Kaufman's next devised a summer event for pediatric heart patients in the Sacramento area. As Kim explains, "All children, with or without pediatric heart issues, dream about what they want to be when they grow up." With this in mind, Angels for Hearts partnered with the Children's Miracle Network at UC Davis Children's Hospital to hold the first annual "When I Grow Up..." event in August 2009. Dozens of families attended and the children interacted with "grown-ups" from over 25 professions: teachers, nurses, police officers, fire fighters, doctors, military personnel, bakers, chefs, and others. The children departed with goodie bags filled with photos taken with the professionals, t-shirts, magnets, ceramic "When I grow up..." plates that they decorated with artists and, best of all, many unforgettable memories of being "just a kid" for a day.

Despite Kimberly's poor medical prognosis, she states, "I am not one to say 'woe is me.' Starting Angels for Hearts and working with these children has brought me a world of peace. The children I've come in contact with are so resilient and full of life. This is a great legacy to leave behind and I know it will be my parents' way of taking care of me when I'm in heaven. Looking at my life reflecting on it, I really believe that not getting a new heart was a blessing in disguise, because from the bad news of no heart I created Angels for Hearts."

Just as the young heart patients inspire Kimberly, she in turn has provided inspiration and joy to countless children and their families. With her incredible inner strength and positive outlook, this extraordinary young woman has reached out with love to those whose lives she understands so well. She will always be the angel in their hearts. ❖

For more information on Angels for Hearts, please visit www.angelsforhearts.org.

SF Welcomes Back More Alums on Staff



Molly Hanrahan '97
Assistant Athletic Director



**Lisa Benefiel
DePhillippis '92**
School Secretary

As a personal trainer with a bachelor's degree in Exercise Science from Briar Cliff University in Sioux City, Iowa, Molly Hanrahan '97 still makes time to train regularly and stay very involved in the world of sports. For the last two seasons and heading into her third, she has served as the Head Freshman Volleyball Coach, taking over for her brother Bill as he moved up to Junior Varsity. Molly and the 2008 freshman team had a very successful season with a record of 19 wins and only 3 losses, a first place finish in the Carmichael Invitational Tournament, and undefeated in the Delta River League. Molly assumed the position of St. Francis Assistant Athletic Director in the fall of 2009 and will also serve as the Strength and Conditioning Specialist and teach a PE class. Molly has strong ties to St. Francis. Not only does her only brother, Bill Hanrahan work at the school as the Director of Student Activities, but seven of her sisters are also SF alums: Deirdre, Kathleen, Karen, Susan, Julie, Laura, and Amy.

I must say that it is truly a gift to be back here at St. Francis. I graduated from here in 1992 and had 4 wonderful years of high school that I will never forget. The campus has transformed in so many ways and is such a beautiful place to come each and every day. When I think about my favorite experiences while attending SFHS, there are so many that come to mind that I can't pinpoint just one. Homecoming week and the Father Daughter Dinner Dances always come first to my mind. As alums, we can all relate to how important Homecoming week is to the culture of this campus.

Before becoming School Secretary, my previous employment history includes working at Presentation School as Administrative Assistant to Patrick O'Neill (yes, the same Patrick O'Neill who is now Principal here), Administrative Assistant at Pleasant Grove High School in Elk Grove, and Administrative Assistant to Marianne Cates, Principal of Holy Rosary School in Woodland.

I am married to Michael, my wonderful husband of 8 years, and we have a beautiful 3 ½ year old daughter named Allison - a future Troubie, of course! ❖

Blast from the Past

When we met Betty Fairbairn Sokolich on May 6, 2009, it was difficult to believe it was her 92nd birthday. She had begun the day teaching an exercise class, then drove to Evan's Kitchen in East Sacramento to meet her long-time friend, Irene Swope, for lunch. Irene then surprised Betty with a pre-arranged visit to St. Francis, which happily coincided with the student visual arts display for the Henriette Doglietto Exhibition later that day. Betty, then known as Betty Turner, was the St. Francis High School Art teacher - actually, the entire visual art department - from 1963 to 1970.

A veritable parade of St. Francis staff - Marion Bishop, Andreas Agos, Trisha Uhrhammer, Elizabeth Danielson and Ingrid Niles - accompanied Betty and Irene on a tour of the theatre and gym, attracting others along the way - art teacher Kathy Carlisle, Dance instructors Christy Costales and Dana Bueno, and Kay Gaines. The group meandered about the theatre lobby and classrooms viewing student art while discussing the contrast between the campus of the 60's and the modern facilities of today. Betty mentioned that the cafeteria construction wasn't completed when the school first opened and students and staff purchased lunch at a chuck wagon that appeared daily. In her art classes, Betty's students covered the various media

- drawing, painting, printmaking, and pottery. Her equipment included one potter's wheel and a kiln (the Fire Department unaware of the kiln's location in the classroom closet). Betty recalled the constant state of creative activity in her classroom, Sr. Peter's acceptance of the chronic mess, and that students - much like today - entered numerous competitions and earned many awards.

Over the years Betty has continued creating and teaching art. Until two years ago she had an annual exhibition of her own works, and she still volunteers as a docent, teaching art two or three times a week to classes at Westmore Elementary School in West Sacramento.

Irene Swope's tenure on the faculty at St. Francis coincided with Betty's. Irene taught dance, PE, and rhythmic gymnastics, using balls, hoops, streamers and a homemade balance beam. Irene marveled at the new dance rehearsal space in the Arts Complex.

As the visit drew to a close, our group of faculty and staff that spanned the four decades and the evolving appearance of the St. Francis campus on M Street, delighted in our shared purpose of providing a precious and unique experience for the young women who entrust themselves to our care. Some things never change. ❖

Alumnae Association Scholarships

Every year the SFHS Alumnae Association awards a minimum of two \$500.00 scholarships to continuing students who have a qualifying alumnae relationship (mother, grandmother or aunt), maintain a minimum 3.0 GPA and demonstrate active Christian service. Over the course of the 2008-2009 school year, the Alumnae Association raised enough funds to grant three \$500 Scholarships. Congratulations to this year's scholarship recipients: Kristen Mansfield '11, Kristina Ruvalcaba '10, and Emily Koon '12.



Carrie Harcharik '97, Nicole Plesha Donlevy '92, Kristina Ruvalcaba '10, Kristen Mansfield '11, Emily Koon '12



Former SF teachers Irene Swope & Betty Sokolich visit the campus.



Connect with
your fellow
Troubadours on

facebook

By Erin McGuire '95

Facebook.com is a great way to get in touch with and stay connected to your classmates and fellow alumnae. Check out each others' photos, plan social gatherings, chat with people you haven't seen in ages, reminisce about homecoming rallies and uniforms, and stay up to date with what's going on now on-campus!

"Facebook has been a great tool for me to stay in touch with classmates I don't get to see on a regular basis. It is so much fun to hear how everyone is doing now," says Amy Booth '95.

Become a fan of the *St. Francis High School (Sacramento) Alumnae* page and check out pictures from the first Alumnae Father Daughter Dinner Dance and the first annual Troubadorable Faire.

Come explore the spirit of the St. Francis High School community on Facebook!

1950s

Jo Anne Piazza Bernhard '55 received the 2009 International Council of Shopping Centers (ICSC) Trustees Distinguished Service Award. This award, the highest honor bestowed by the ICSC, recognizes the tireless and selfless contributions to the success of the worldwide retail estate industry. It was presented to Jo Anne during the 2009 ICSC RECon Convention in Las Vegas on May 17, 2009. Jo Anne M. Bernhard has been actively involved with ICSC since 1976. She has her own law practice in Sacramento and specializes in commercial real estate law. She represents shopping center developers, owners, managers, tenants and brokers. She received her J.D. degree from the University of the Pacific, McGeorge School of Law in 1969.

1970s

Cindy Brocchini O'Leary '77 and her husband Chris moved to Chicago (where he was relocated with his company) in early September. Cindy and Chris bought a cute home in the Wicker Park neighborhood of Chicago. With all the kids off to college and graduate school, they are excited to be making the transition to empty nesters and to the Midwest.

1980s

Some of the '81 grads got together in June and had a great time talking for hours and catching up.

1 *Mary Caldeira Waraas, Karen Lysaght Perkins, Janet Lawson Kaeser, Molly O'Connor Emslie, Molly Fleming Grubb, Rene Aguilar Madrid & Colleen Waggoner Turner*

Sheila Coffman Soleau '82 graduated from Cal Poly, San Luis Obispo in 1988. Sheila lives in Huntington Beach and has three children: Elle, Brandon, and Camille. She is a teacher with a virtual high school: California Virtual Academies and is also a Los Angeles County Ocean Lifeguard.

Mary Celine Sroufe Sandoval '83 has been married for 19 years to her husband, David. They have three children: Jonathan, age 17, Alex, age 15, and Celine, age 13. Mary is a graduate of the University of Redlands with a B.A. in Liberal Studies, and an M.A. in Educational Administration. She is currently teaching Algebra at Cope Middle School in Redlands, California, and serving as math department chair.

Trish Fontana '83 graduated from California State University Sacramento (CSUS) in 1988 with a Bachelor of Arts Degree in Communication Studies and a Minor in Business Administration. Trisha is the Director of Special Projects for First Lady Maria Shriver in the Office of Governor Arnold Schwarzenegger. **2**

Annie Haley '85 graduated from St. Mary's College of California in 1985 with a BA in Child Development and has her Master's Degree in Special Education from Bowling Green University, Ohio. She moved from Berkeley, California to Toledo, Ohio in 1999 and has 4-year-old twins, Olivia and Bane (means "long awaited one" in Hawaiian). Annie has been teaching Special Education for Toledo Public for 10 years and is currently teaching Cognitive Delayed students at Start High School in Toledo, Ohio. **3**

Jennifer Varanini Sanchez '88 is married and lives in East Sac. Jennifer and her husband Hector have three boys: Diego (6), Mateo (4) and Joaquin (1). Jennifer has an online business, www.addyandsam.com, and sells some of items at ME Boutique and Koukla Kids in East Sacramento. She also has a blog (www.trisacharm.blogspot.com) which chronicles her family's journey with her youngest son, Joaquin, who happens to be blessed with an extra chromosome. Jennifer is going to be published in a compilation book due out in September called "Gifts 2" edited by Kathryn Soper. She is really excited! **4**

1990s

Alene Wright '90 is a general and bariatric surgeon. She currently lives and practices in Tampa, Florida with her husband Jiten (Jay) Patel. Alene moved to Tampa last year after spending 14 years at Creighton University in Omaha, NE in training and academic practice in trauma and bariatrics. Alene and Jay were married in March of 2008. **Suzie Vona Saraba '90** and **Tharon Wright '94** were her bridesmaids and **Gracie Almeida Chen '89** was also in attendance. Alene and Jay are the proud parents of a baby girl, Katherine Reagan Patel, born on July 16, 2009. **5**

Sharon Leano Kanz '91, husband Jonathan and daughter, Sabine Jelena (3 years) welcomed a new addition to the family, a son, Julian Franklin on May 16, 2009.

Alum Updates



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Terri Sue Flores Vila '92 lives in San Diego with her sweet husband, A.J., and little girl Lucia Olivia Yael Vila. Terri is a corporate trainer specializing in legal liability and tort law. She also freelances as an expert witness from time to time. **6**

Trish Santos '93 moved back to Sacramento from San Diego and has been living in Fair Oaks for over a year. She is a pediatric physical therapist at Berger Physical Therapy in Folsom. Trish and sister Carah '01 took an amazing trip to Greece this summer are thrilled to be back in Northern California together. **7**

Gillian Clemitson McCracken '94 and her husband, Kevin, are thrilled to announce the arrival of their daughter, Charlotte Grace born April 21, 2009 weighing in at 6lbs 4 oz. Gillian and Kevin live in Livermore CA. Kevin is a Director at PricewaterhouseCoopers in San Jose and Gillian is a Pediatric Oncology Nurse at Stanford. **8**

Amy Bell Archer '95 married Ted Archer on December 27, 2008 at St. Francis of Assisi Church in Sacramento. Amy and Ted live in Roseville where they recently bought a house. **9**

Updates, updates, updates!

We love staying connected and want to hear from you. Please notify us of address, email and phone number changes. Email your updates and digital pictures to:

Carrie Harcharik '97
Director of Alumnae Relations
CHarcharik@stfrancis.org

Asian Adventures **Rebecca Darling '93** writes:

My four years at St. Francis were filled with tremendous experiences and the highest quality education. From homecomings to the extracurricular activities to friends and a rigorous academic life - St. Francis helped prepare me for, what has so far been a fantastic adult life.

After St. Francis, I went to American River College. I finished my AA in two years and was accepted into a study abroad program through CSU Sacramento. I studied International Relations at the University of Bristol in England for a year. I returned to California where I began working in the field of politics while attending Sac State. I took a semester off to live and work in Ireland. I came back to Sacramento, resuming my work at the political consulting firm and completing my Bachelor's Degree, graduating Cum Laude. Almost immediately I left to work in Japan as part of the Japanese Exchange and Teaching Program. From Japan, I took a job teaching English on Java in Indonesia. I spent the year working very closely with a small non-governmental organization there focused on street kids. From Indonesia, I returned to Sacramento and back into the heat of California politics - working on campaigns. After an election cycle and with some money in the bank, I left for England, where I stayed, working in a restaurant for six months, then was off to India. I stayed in India for six months, volunteering with a brand new NGO doing creativity sessions with local orphanages in Tamil Nadu, South East India. I also spent a lot of time with Indian and Western spiritual teachers. I left India to travel in Thailand and Laos for a few months then returned to the US to, once again work in politics, both campaigns and fundraising. A series of events had me back in India relatively quickly where I temporarily took over the operations of the NGO working with the orphans. I expanded the program to include street kids in the small town. I returned home after a little less than six months - where after a short time I landed a job teaching sixth grade to four girls in a mud hut in the Sinai, Egypt. I lived in a bamboo hut on the Red Sea with the most spectacular view of the Saudi Mountains for nine months. I lived at the Eco Lodge of my boss who hires an Arabic and a Western teacher to live on site every school year and teach his daughter, a German girl and two Beduin girls.



From Egypt, I went to Beirut and lived and worked for three months on a self designed, self funded project with the children of a Palestinian refugee camp. I lived in the camp for the 3 months of the summer. In my time at the Camp, I did creativity sessions with children, the elderly and co-created an exercise program for the women of the camp. This time I came home for two years. I was accepted into the highly competitive, year-long Jesse M. Unruh Assembly Fellowship program to work for Assemblymember Dave Jones as a Fellow. Thanks to two amazing mentors and Assemblymember Jones' leadership, I had a hugely successful fellowship year. I was then hired by Assemblymember Jared Huffman to be his Environmental Policy Aide. As is my nature, during this time, I became active in some community/volunteer activities. I worked for Assemblymember Huffman until I was hired by The Asia Foundation to work in Mongolia on an economic and environmental initiative focused on responsible resource use. I have been in Mongolia for almost two years and was recently promoted to Director of Natural Resources and Development where I work with grassroots activists, local and national policy makers, the private sector and academics. I feel like the work I do is beneficial to Mongolia and its people. *And the adventure continues!*



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SFHS Vehicle Donation Program

St. Francis officially has a Car Donation Program in place. Anyone interested in donating a vehicle just needs to complete the Vehicle Donation Form and fax it to the number on the form. These forms are available from Janis Pattison, Director of Institutional Advancement. Any questions, please contact:

Janis Pattison
916.737.5033

JPattison@stfrancishs.org

St. Francis High School will receive 70% of the net proceeds from the sale of the vehicle and the donor will be given a receipt to be used for their personal tax purposes. All proceeds will go to the SFHS Scholarship Fund.

Entertainment Books

The St. Francis Alumnae Association is again selling Entertainment Books to support the St. Francis Scholarship Fund. Books are available in the school office. The price remains \$40. Buy one for your family and another for friends. These make great gifts! For online purchases or to purchase books outside the Sacramento area, please visit: www.stfrancishs.org/alumnae/entertainment_books.html

For more information or to purchase an Entertainment Book, please contact:

Carrie Harcharik '97
Director of Alumnae Relations
916.737.5020

Yilin Hsu Wentlandt '96 married Josh Wentlandt (Harvey Mudd '00) in 2008.

Sarah Hurst Dalske '97 and her husband, Luke, welcomed their third child, Grant Daniel Dalske, born on April 8, 2009. Grant joins older siblings Clare (4) and Jack (2½). **10**

Tina Keller '97 was married on June 9, 2009 to JJ Guerra. **Tyree Dillingham '97**, **Kathy Murray '97** and **Katie Arroyo '96** and attended the festivities in San Diego. **11**

Kelsi Hooper Perttula '98 and her husband, Drew, are very happy to announce the birth of their son, Ari Harold Perttula. Ari was born July 31, 2009, weighing 7 pounds 2 ounces and measuring 21 inches tall. Kelsi and Drew have lived in Belmont for the last 2 years, both with jobs nearby. Kelsi is taking 6 months off from her job as a Forensic Scientist for the Sheriff's Department to be with Ari, and when she returns to work in January, Drew will take 10 more weeks off to be with him. **12**

Megan Quinn '98 got engaged to Shay Bluntzer in the summer of 2008 and moved to San Antonio, TX. Megan and Shay are currently preparing for their November 7, 2009 wedding in Cabo San Lucas. Megan is practicing environmental litigation at Jackson Walker LLP and recently found out that she passed the February 2009 Texas Bar Exam! **13**

Elizabeth Flynn Brim '99 played Division I soccer on a scholarship at St. Mary's College and later on a Semi Pro team. She is currently working in the field of PR. In August, Elizabeth and her husband Jake welcomed their second child, Brody Patrick Brim. Brody weighted in at 9 lbs., 3 oz. and was 21 inches long. Baby and mom and doing fine!

2000s

Michelle Adeszko Choquette '00 married Brian Choquette on August 15, 2009 in the Napa Valley. Michelle graduated from Cal Poly, San Luis Obispo in 2004 with a major in Communication and a minor in Spanish. She is currently employed as a Surgical Instrument Sales Representative in the San Francisco Bay Area. Brian is a 2004 graduate of Boston College and is in Pharmaceutical Sales. Michelle and Brian met while attending the University of Madrid. Michelle's friends from St. Francis, **Heather Hagen Massey '00** and **Amber Anapolsky '00** were in the bridal party. **14**

Katherine Linder '00 was married on April 18, 2009 to Dr. Matthew Killeen of London, England. **Elizabeth Linder '03** was the Maid of Honor; **Jasmine Parhar '99** and **Katherine McLean '99** were bridesmaids. Katherine met Matthew at Cambridge University and the couple currently live in London. Katherine will be finishing her PhD this fall in Modern European History, having received her undergraduate degree from Princeton University in 2004. **15**

Catherine Flynn '01 played Division I water polo on a scholarship at Santa Clara, earning several awards and became the first Bronco to be named to the All-WWWPA (Women's Western Water Polo Association) first team. After graduation, she played professionally in Australia for the New South Wales Killer Whales before moving to San Francisco. She then relocated to New York where she is working in the fashion industry.

Vicki Anne Rivera '01 graduated Cum Laude on May 15, 2009 with a Doctorate Degree in Dental Medicine from Boston University Goldman School of Dental Medicine. She had earned her Bachelor's Degree in Chemistry at the University of California Berkeley in 2005. She is currently practicing in Massachusetts. **16**

Carah Santos '01 graduated from the Penn State College of Medicine in May 2009. She recently started her residency training in Pediatrics at Stanford's Lucile Packard Children's Hospital. **7**

Christine Burmeister '03 attended Sac State and received her bachelors in Liberal Studies in 2007, then received her multiple subject teaching credential in 2008. There was skepticism with getting a teaching job with the way of the economy, but the confidence, faith, and hard work Christine learned at St. Francis helped her to do well, and she got her dream job! She is a 5th grade teacher at a state-of-the-art elementary school, H. Allen Hight Elementary in Natomas Unified School District. She loves every minute of it. Christine is able to inspire and pass on to her students her Troubie work ethic... she's even getting her girl students interested in going to St. Francis with the stories she shares with them! Christine also recently got engaged and will be getting married in June 2010.

Elizabeth Linder '03 graduated from Princeton in 2007. She now lives in San Francisco and works in International Communications for Facebook.

Alum Updates



Ashley Moore '03 became Ashley Thomsen on June 20th, 2009. She and her husband, Doug, were married at The Firehouse Restaurant in Old Sacramento. They purchased an Orangevale fixer-upper in December 2008 and the final stages of the remodel were completed one week before the wedding! Doug did all of the work himself, as he is in the business of bath/kitchen remodels. He works for and manages Kerrock Countertops in Loomis. Ashley will graduate from CSUS in December 2009 with her BA in English, and hopes to start a credential program shortly after to become a high school English teacher. **17**

Katia Piciuccio '04 was awarded the "Blackstone Legal Fellowship" sponsored by Alliance Defense Fund. This summer she was assigned to work in Rome at the Acton Institute, a legal think tank that focuses on litigating and promoting religious/moral issues. She flew back to the US in August and attended a week-long post fellowship seminar in Phoenix, sponsored by the American Defense Fund. Before starting her second year of law school at the University of Chicago in September, Katia was able to spend some time in Sacramento. **18**

Stephanie Rickards '04 received her Bachelor of Arts degree with honors in jewelry design from Central St. Martins College of Art and Design in London in July 2009. She has spent the last three years at Central St. Martins and will start a work experience position in September for well-known British jewelry designer Shaun Leane. Her thesis, entitled "The Branding of the American President: Barack Obama," received the highest grade for her class. **18**

Kelsey Brindley '05 graduated from Boston College in May 2009 with a B.A. in Psychology. She will begin her M.A. program in August at Boston College's Lynch School of Education for School Counseling.

Staci Moore '05 graduated Magna Cum Laude with a BA in Liberal Studies from Sonoma State University in May 2008 and recently obtained a Multiple Subject Teaching Credential and Math Teaching Credential from Sonoma State in May 2009. In August, Staci started her first teaching job as an 8th grade Math teacher in San Rafael.

19 *Staci's mom Kim Moore, Staci and her cousin Kristen Harvey '03 at her credential ceremony in May '09.*

Caitlin O'Leary '05 graduated Cum Laude from CSUMB in December 2008 with a degree in Environmental Science Technology & Policy and a minor in Spanish. As an undergrad, Caitlin studied in South Africa and Costa Rica. Caitlin is currently in the Masters program at Monterey International Institute studying International Environmental Science Policy and Languages. She traveled to Ecuador this summer to instruct high school students in Science and English.

Molly Rose Palacios '05 graduated from San Diego State University on May 24, 2009, with a degree in Hospitality Travel Management, with an emphasis in Tribal Gaming (Native American Culture and Law). This is a new program and Molly was one of the first three students to graduate with this emphasis. She is currently living in San Diego and is working at the Hyatt Mission Bay. **20**

Krysta Shelby '05 will graduate from UC Irvine in December 2009 with a major in Film Studies. As noted in the spring 2008 issue of *Pax et Bonum*, she took leave from school to travel all over the world with the crew of Interstellar Studios working on a PBS documentary. The film, "400 Years of the Telescope," aired in April.

Misa Yokoi-Shelton '05 was selected for the University of California, Washington D.C. Program and spent the fall quarter 2008 as an intern in Congressman Mike Honda's office. She had an exciting time researching policy information and meeting with and responding to constituents. A high point was being in Washington D.C. during this last historic election. Misa even gave her parents and grandparents a personal tour of the Capitol in December. Upon returning to UC Santa Cruz, Misa continued to intern for Congressman Honda in his district office in Campbell while finishing a double major in Politics and Feminist Studies. She graduated on June 14, 2008, receiving Honors in both her majors. Misa received the perfect graduation gift when she received the news that she was selected for the 2009-2010 Jesse M. Unruh Assembly Fellowship Program. This is the California State Assembly Fellowship Program that provides an opportunity for individuals to directly participate in the legislative process. Twenty individuals are selected throughout the state. Misa will be working as a legislative staff fellow to an Assemblyperson/Committee. She will be drafting legislation, writing committee analyses, responding to constituent letters, writing speeches, meeting with constituents, preparing committee briefs, tracking legislation and researching policy issues. As part of the program, Misa will be enrolled in two graduate seminars.

Alumnae Businesswomen

Be sure to check out our Alumnae Businesswomen Directory on our website. We would like to see this list continue to grow and encourage your support of fellow Troubadours by using their services. Please continue to send your business information, regardless of location, including your name, class year, business name and type, business location, phone and email.

Contact:

Carrie Harcharik '97
Director of Alumnae Relations
St. Francis High School
5900 Elvas Avenue
Sacramento, CA 95819

or email:
CHarcharik@stfrancishs.org

Reunion Plans

If your class year ends in “5” or “0”, you have a reunion coming up next year! If you want to start organizing your reunion celebrations, please contact:

Carrie Harcharik
Director of Alumnae Relations
916-737-5020
CHarcharik@stfrancishs.org

Class of 1945 • 65 Year Reunion

Class of 1950 • 60 Year Reunion

Class of 1955 • 55 Year Reunion

Class of 1960 • 50 Year Reunion

Class of 1965 • 45 Year Reunion

Class of 1970 • 40 Year Reunion

Class of 1975 • 35 Year Reunion

Class of 1980 • 30 Year Reunion
Planning is underway for your 20 year reunion. If you are interested in helping plan this event, please contact Lori Wahl at loriwahlstudio@aol.com.

Class of 1985 • 25 Year Reunion

Class of 1990 • 20 Year Reunion
Planning has started for the Class of '90. Please contact Tina Galaxidas Watts '90 at tinawatts@surewest.net if you are interested in helping plan our 20 year reunion.

Class of 1995 • 15 Year Reunion

Class of 2000 • 10 Year Reunion

Class of 2005 • 5 Year Reunion

Spenser Brown '06 is in her third year at Cal Poly San Luis Obispo in the Civil Engineering Program. During the summer of 2008 she had a paid internship with the Corps of Engineers. She played intercollegiate club lacrosse for Cal Poly for two years and also designed and made her own surf board.

Ashley Mortensen '06 got engaged on May 16th to Davin De Santis, a 2009 graduate of Emerson College in Boston. Ashley is finishing up at NYU and will graduate in January 2010. She is a nanny and a babysitter in Manhattan for several families and loves doing that because children are her passion, and it allows flexible hours, great pay and gives her the chance to be a kid. In spring 2009 Ashley played the lead at NYU CAP21's production of *State Fair* and in July was in New Hampshire to play Maria in the *Sound of Music*. In August Ashley moved to Astoria, NY to finish up school and audition for shows in the city. Ashley met Davin while doing summer stock in 2008, where he was the production stage manager of the company and she was one of the actresses. Ashley says they pretty much hit it off from the time he picked her up from the airport at the start of the summer. **21**

Carolyn Drell '08 took a year off from college at Emerson College in Boston to enroll at Western Trucking School in Bakersfield, CA. She will earn her Class A and Forklift license by October 2009 and plans to return to Emerson in the spring of 2010.

Alexis Morgester '08 finished her first year at CSU Chico only a few units shy of being a junior. She took 21 units in the fall and 23 in the spring. As such, she's just 2 units (2/3 class) short of junior status. Through NSE (National Student Exchange), Alexis will attend Rutgers in NJ for the '09-'10 school year and moved there in August. She has a double major and double minor, Communication and Business as majors and Studio Art and Creative Writing as minors.

Class of 1989 Reunion Photos

1. Jessica Blonien, Christi Dugan, Vanessa Yajima Wildie, Rachel Erwin, Christine Haag; 2. Jessica Blonien, Sarah O'Brien Saca, Sandra Jones St. Louis; 3. Colleen Costello Harrison & Kim Rutherford-Knox; 4. Cristin Herberger Biundo with family; 5. Meri Steiner, Anna Murphy Ryan, Renee Humphrey Brittany, Malamo Douveas Romas (in the front), Tina Robinson (in back), Stacey Caso (in back), Vanessa Yajima Wildie, Melanie Tidgewell Weil, Jennifer Molina Stidger, Jennifer Anderson Schwartzel; 6. Christi Dugan, Rachel Erwin, Mary Shannon-Song, Joanne Clemitson, Dolores Sanchez-Mensik

Clara's House

Can you imagine the miracle? In this economy that is suffering from budget cutbacks at all levels of government, there exists in Sacramento a new service, a health care clinic that provides holistic care to the voiceless and vulnerable among us. This clinic is Clara's House, named for St. Clare and Sister Clara Watts, who taught first grade at St. Francis elementary school for many years. Its mission is to serve the physical, psychological, social and spiritual needs those without health insurance.

Clara's House, founded by Sr. Kathy Wood '60, who also started Francis House in Sacramento, is a clinic that will be staffed by volunteers. Using a nurse practitioner model, patients who have no other options for healthcare have a place to go. Referred by parishes and agencies, patients are provided with support that makes treatment more effective: perhaps education about their illness, access to specialty care, or instruction on reading a glucose meter. Clara's House seeks not only to heal the body, but to assist in the overall improvement of people's lives.

Clara's House obtained non-profit status and secured a location at 3319 J Street, on an accessible bus line. A network of volunteers is being devel-

oped to assist people who need comprehensive services. Patients began arriving before the clinic even opened. Involved in the project are the following St. Francis graduates: Sue Boone '66, Pam Butts '62, Sr. Anne Sekul RSM '70, Carol Valine Zarek '61, Clair Follett Always '60, Betty Ann Pratt Hutchings '57, Maureen Douglass '55, and Sr. Claire Graham SSS '55.

Funding was raised for basic operating expenses for one year through the Sisters of St. Francis. A generous donation of equipment came from Mercy Hospital, Catholic Health Care West and the Sisters of Mercy. Hours of volunteer time have been given by Sr. Mary Ellen Howard, Sister of Notre Dame. Other alums who have given moral support are Sue Cook Schneider '60, Maeve Higgins Berta '60, Cathy Sanfilippo Kealy '60, Carol Hobrecht Peterson '62, Pat Murphy Yoldi '64 and volunteers from St. Francis, St. Peters and St. Ignatius Parishes.

While Clara's House has many beginning components already in place, assistance is needed to continue this valuable work. If you are interested in more information, please contact Kathy Wood, O.S.F. at 916.498.8467 or Lacasita@pacbell.net. ❖

Class of 1989 • 20 Year Reunion by Amy Chatfield Cameron '89

The Class of 1989 met at the St. Francis Campus for the 20 Year Reunion on June 13, 2009. Over 50 women attended the tour graciously hosted by Rick Norman and were impressed by the changes on the campus, but delighted to hear that the camaraderie, the traditions, and the Troubie spirit appeared to remain as strong in the current student body as it had been for us. The Class of 1989 raised \$600 as a gift for St. Francis High School and presented the funds to the Capital Campaign in honor of Nicole Alpar Spring '89.

After the tour, the reunion moved to Sweetwater Restaurant and we spent hours with our memories and catching up. The committee put together a DVD of old SF slides that was presented to each attendee and was played at the restaurant adding to the frivolity of the evening as we watched some outrageous costumes we had proudly worn during rallies and homecoming week. The next day, all Troubies were encouraged to bring their loved ones to a casual picnic in Land Park. It was fun to meet families and the older alumnae children graciously patrolled the bounce house and face painting booth for the younger children.



Class of 1999 • 10 Year Reunion by Debbie Niles '99

Class of 1999 alumni from St. Francis, Loretto, Jesuit, and Christian Brothers reunited at Midtown Sacramento's Blue Cue on Friday, May 8, 2009, to celebrate the passing of 10 years and countless accomplishments since graduation. Old friends and acquaintances gathered amidst pool tables and trendy décor to recall unforgettable memories ("Remember that time when...?") and catch up on lost time ("So, what are you up to these days?") As they sipped cocktails and nibbled on appetizers, these former classmates pondered the passing of time and wondered how things can be so different, without changing much at all.

On the following afternoon, a group of Troubie alums met for a more intimate reunion on their old stomping-grounds. The casual BBQ in Serra Court was enjoyed by more than 50 women from the class of '99 - many of whom brought their boyfriends, husbands, and/or children. Reunion activities consisted of delicious food provided by St. Francis High School's very own cook, a tour of the recently renovated campus, a "Norman-esque" slideshow of pictures long forgotten, and even a Kermit Coloring Book for the kids!

1. Sonia Shlyakhov, Teresa (Katnik) Santarosa, Natalie Lopez, Bethany Wheeler, Valerie Martin, Katie Vona; 2. Bethany Wheeler, Libby Baldi, Teresa (Katnik) Santarosa, Kasey Henrickson, Sonia Shlyakhov, Valerie Martin, Lisa Scroggs; 3. Natalie Montgomery & Amy Escamilla; 4. Lisa Scroggs, Megan Missler, Megan Elliot, Debbie Niles; 5. Kristina Peralta Alacon, Rosea Pagliaroli, Angelica Ramos & Jenne Bencken Cessar



Class of 2003 • 6 Year Reunion by Jen W. Smith '03

On Saturday, March 26, 2009, nine girls from the Class of 2003 met at the trendy L Wine Lounge in downtown Sacramento to reminisce and reflect on some fun times at SFHS and to celebrate six years since graduation. The night was filled with delicious food, great wine, and a lot of laughs. The girls shared stories about college experiences, graduate school possibilities and of course, current relationships. It was a wonderful opportunity for old friends to catch up. Thanks to everyone who came out and helped with the preparations; we hope to see more of you there next time!



Rachael O'Brien, Kristen "Kat" Haro, Barbara Fraizer Gluvers, Courtney Castaneda, Jen W. Smith, Adrienne Manuel, Whitney Tipton, Meaghan Corbett, Whitney Sparks

SFHS Calendar Highlights

Fall Play: <i>Taming of the Shrew</i>	November 6-7, 12-14, 2009, SFHS Arts Complex
In Shakespeare's <i>The Taming of the Shrew</i> , Petruchio and Kate engage in a battle of wits as he tries to "tame" his bold and stubborn wife and bring her into line with society's expectations. This romantic farce, full of disguises and role playing, deals with themes such as marriage and duty, reality and illusion, and compromise.	
Christmas Music Concert	December 4, 2009 at 7:30PM, December 5, 2009 at 5:00PM, SFHS Theatre
St. Francis Orchestras, Jazz Ensemble, and Choirs	
Speaker Series	January 26, 2010
More information and details to follow.	
Lenaea Festival Performance	January 28, 2010 at 5:00 & 8:00PM, SFHS Blackbox Theatre
Booster Club Crab Feed	February 6, 2010, SFHS Sports Complex
Winterfest Dance Concert	February 12-13, 2010 at 7:30PM, SFHS Theatre
Speaker Series	February 23, 2010
More information and details to follow.	
Spring Musical: <i>Starmites</i>	March 11-13 & 19-20, 2010, SFHS Arts Complex
In this zingy rock musical, every space age possibility for light hearted thrills is thoroughly exploited to delight fun loving fans of comic book adventures.	
Mother Daughter Fashion Show	March 27, 2010, Serra Court & Sports Complex
An annual tradition of fun and fashion for mothers & daughters... family & friends, too!	
Henriette Doglietto Arts Exhibition	April 23, 2010, SFHS Arts Complex
Hundreds of student art pieces on display. Admission is free.	
Spring Music Concert	April 28, 2010 at 7:00PM, SFHS Arts Complex
St. Francis Orchestras, Jazz Ensemble, and Choirs	
Booster Club Golf Tournament	May 3, 2010

Alumnae Association Calendar of Events

Feast of All Souls Day Mass	November 2, 2009 at 10:30AM, SFHS Gym
Please join the school community for this liturgy. During mass, we will honor those St. Francis Alums who have passed away over the past year. There will not be an Alumnae Memorial Mass this year so please plan to join us on November 2nd.	
Alumnae v. Varsity Water Polo Game	November 27, 2009, Jesuit High School Pool
Jerry Poole Alum v. Varsity Basketball Game & BBQ	November 27, 2009 at 5:00PM, SFHS Sports Complex
Join us for a fun evening with family and friends to cheer on the Alums against the SF Varsity Basketball team, followed by a BBQ.	
St. Francis Christmas Store	December 12, 2009, SFHS Sports Complex
This is a great opportunity to spread some Christmas cheer, come back to campus, give back to your community, and work hand in hand with current students to make a difference in the lives of those in need.	
Senior Luncheon	April 16, 2010 at 1:30PM, SFHS Sports Complex
Hosted by the SFHS Alumnae Association.	
Spring Fling	April 25, 2010 at 11:30AM, SFHS Sports Complex
Come honor the Distinguished Alumnae and the Class of 1960 with Golden Diplomas.	
Alumnae Spring Christian Service Project	Date to be announced
Class of 2009 Diploma Pick-up	May 28, 2010 at 9:00AM, Upper Serra Court
Hosted by the SFHS Alumnae Association	
Alumnae Father Daughter Dinner Dance	June 19, 2010 at 6:00PM on the St. Francis Campus
Come and dance the night away and enjoy a favorite tradition among many SF alums and dads.	

Sing to the Lord, all creatures!
 Worship God with your joy;
 Praise God with the sound of your laughter.
 Know that we all belong to God,
 That God is our source and our home.
 Enter God's light with thanksgiving;
 Fill your hearts with God's praise,
 For God's goodness is beyond comprehension
 And God's deep love endures forever.

Psalm 100

The St. Francis High School
 community mourns the loss of
 the following alumnae:



Pat Williams Gaethke '55



Mary Jean Hess Reich '55



Mary Maher Cisneros '60



Anna Martinez Viramontes '67

St. Francis High School Memorial and Tribute Program

Contributions in honor or memory of a loved one go directly to the St. Francis High School Scholarship Fund, providing financial assistance for students. Your gift will be recognized in the *Pax et Bonum* Annual Report edition in the fall. Remembrance cards are sent to the family as requested, with no donation amount mentioned.

In honor of _____

Occasion, if applicable _____

In memory of _____

Please send remembrance card to _____

Address _____

DONOR INFORMATION

Your name(s) _____

Address _____

Phone Number _____

E-Mail Address _____

Donation to Scholarship Fund \$ _____



Kim Button '80

Mary Lou Mikacich Momboisse '46

Harriet Reed Walker '47

Cecilia Enzler Welch '47

Mary Ann Morris Farrell '52

Sheila Cuff Riske '75

Send to: St. Francis High School • 5900 Elvas Avenue • Sacramento, CA



Elizabeth Brozek '09

St. Francis
CATHOLIC HIGH SCHOOL

5900 Elvas Avenue
Sacramento, CA 95819

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Anna Shortley '10



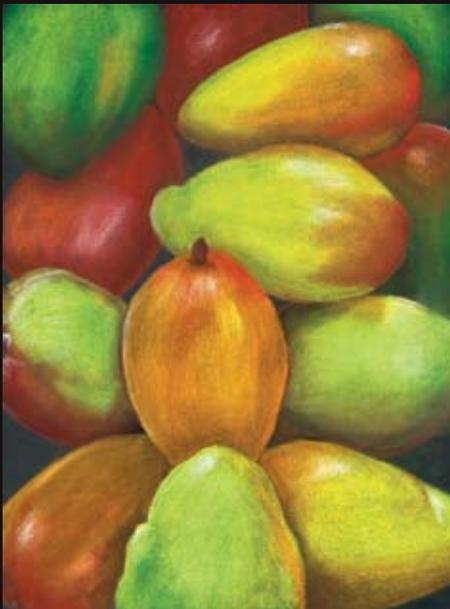
Mallory Arend '10



Anne Hillen '10



Olivia Godby '12



Michelle Fat '12



Alexis Padilla '09



Anne Hillen '10