



DAY ET BONUM

WINTER 2017 VOLUME 14 • NUMBER 2

KAI ER PERMANENT



St. Francis
CATHOLIC HIGH SCHOOL



PRESIDENT

Theresa Rodgers

BOARD OF TRUSTEES

Kathleen Deeringer, Chair

Most Reverend Bishop Myron J. Cotta, *Ex Officio*

Dr. Pam DiTomasso '72

Roxanne Elliott '94

Alison Morr '89

Mary Norris

Helen Manfredi Pierson '74

Celia Puff

Lincoln Snyder,

DIRECTOR OF CATHOLIC SCHOOLS, *Ex Officio*

ADVANCEMENT DEPARTMENT

Mary Anne Kelly

DIRECTOR OF ADVANCEMENT

Leigh Hiers '96

ASSISTANT DIRECTOR OF ADVANCEMENT,
COMMUNICATIONS

Katie Solie Brunetti '03

ADVANCEMENT ASSOCIATE FOR
SPECIAL EVENT PROGRAMS

Dawn Winston Cullo '91

ADVANCEMENT ASSOCIATE FOR
ALUMNAE & CONSTITUENT RELATIONS

Christina Canaday Evey '05

ADVANCEMENT ASSOCIATE FOR
ADVANCEMENT SERVICES

Ann Moritz Gregory '89

ADVANCEMENT ASSOCIATE

Raquel Namba

ADVANCEMENT ASSOCIATE FOR
COMMUNICATIONS & SOCIAL MEDIA

IN THIS ISSUE

- 4** PRESIDENT'S MESSAGE
- 5** THANKFUL THURSDAY
- 6** TROUBIES SCRUB IN
- 10** A COMMUNITY OF SERVICE
- 12** TROUBIE NEWS
- 14** CHEERS TO A NEW CHAPTER
- 16** MR. ROMO WALKS THE LINE
- 18** ST. FRANCIS COMMUNITY CELEBRATION
- 20** SPIRIT OF SAN DAMIANO AWARD
- 22** PRESIDENT'S LEGACY SOCIETY RECEPTION
- 24** ALUMNAE COMMUNITY
- 31** CALENDAR

ON THE COVER

Sidney Clymer-Engelhart '18, Hailey Malone '18, Shannon Kane '18 were interns with the Kaiser Permanente Preceptorship Program this summer. Read more on page six.



The *Pax et Bonum* magazine seeks to share with the reader the spirit of St. Francis Catholic High School. Stories and pictures of the activities and accomplishments of students, parents, staff and alumnae provide glimpses into the ways in which the school's mission is carried out and its legacy continued. St. Francis benefactors are gratefully acknowledged in the *Annual Report of Donors*.

St. Francis Catholic High School
5900 Elvas Avenue • Sacramento, CA 95819
Phone: 916.452.3461 • Fax: 916.452.1591
www.stfrancishs.org



St. Francis Catholic High School is fully accredited by the
Schools Commission of the Western Association of Schools and Colleges

Western Association of Schools and Colleges:
Accrediting Commission for Schools

533 Airport Blvd., Suite 200 • Burlingame, CA 94010 • Phone: 650.696.1060



HELPING SHRINERS SHINE

Our class mascots represented St. Francis on October 21, 2017 at the 20th Anniversary Celebration for Shriners Hospitals for Children – Northern California. Class mascots play such a major role in the spirit and sisterhood on campus, especially during homecoming, a.k.a. spirit week, yet we rarely see them off-campus spreading joy. This is all beginning to change thanks to the efforts of senior class mascot **Natalie Sanfilippo '18**.

Since the end of her junior year, Natalie has been working with administration on various ideas for mascots to be more involved. After meeting with Joseph Ramos, Special Events Coordinator for Shriners Hospitals for Children – Northern California, Natalie knew this was a perfect opportunity.

“Our 20th anniversary event saw nearly 1500 people join us to celebrate our hospitals patients, staff, and the community as a whole. At the literal core of the event were Natalie and the St. Francis mascots, tirelessly providing a bit of a color to every single child and

child at heart. We are sincerely grateful to Natalie and her colorful team of classmates for bringing smiles to the hundreds of guests that joined us for our 20th Anniversary Community Day. Shriners Hospitals for Children – Northern California is an institution which believes that young people should and can do anything they desire. The St. Francis mascots were a shining example of emerging leaders in action and our event was so much better because of them. We are eternally grateful!” said Joseph Ramos.

Natalie, mascots **Lindsey Porter '19**, **Chloe Beebout '20**, **Olivia Reed '21**, and a few more Troubies hosted a face painting booth and coloring station. Natalie said “It was one of the best days I can remember having in a long time. I know this will be a long and wonderful relationship for many years to come.” They will organize more events for our Troubadours and class mascots in the future, and they are excited for this to become a longstanding tradition.



PRESIDENT'S MESSAGE

DEAR FAMILIES AND FRIENDS OF ST. FRANCIS CATHOLIC HIGH SCHOOL,

My husband and I had the privilege of traveling to Portugal in September for ten days on a pilgrimage to Fatima with Bishop Cotta and 60 other pilgrims from across the diocese. As many of you know, this year marks the 100th anniversary of the apparitions of the Blessed Mother in Fatima; this was a wonderful and sacred time to visit this Marian shrine.

While on pilgrimage I kept our school in my prayers, asking the intercession of our Blessed Mother for special intentions within our community. In Fatima, surrounded by pilgrims from around the world, I was moved by the peace and love I felt from each person who embodied a singleness of purpose—to love Jesus through His mother. I walked away from this pilgrimage with a deeper appreciation for our Catholic faith and traditions, a rejuvenation of my own faith, and renewed gratitude for all that we have in our faith community.

On the heels of this trip, we celebrated “Thankful Thursday” on October 12th, a day in which we showed our gratitude for all that we have in our St. Francis community. Students, parents, grandparents, alumnae, faculty and staff, shared their gifts on this day to make this the most successful day of giving we have ever had! On the following page you can view the data and outstanding effort of everyone involved in this endeavor to make the St. Francis experience affordable for those who might not otherwise be able to come to our amazing school. It is from hearts full of gratitude that all gave on this day, and we thank you for your continued dedication to our mission by supporting all of the young women here who benefit from your generosity.

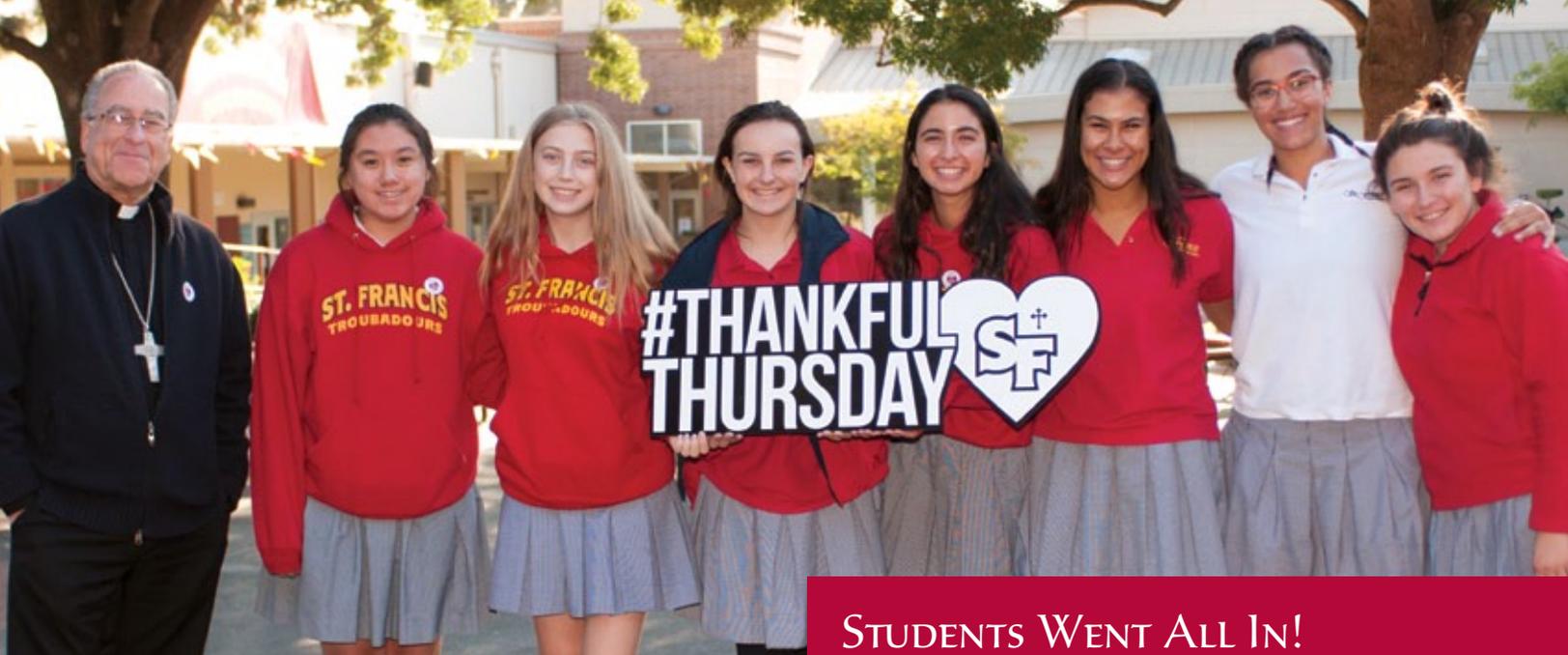
I am personally thankful for the outstanding work of the people you will read about in this issue. From student interns to benefactors to accomplished alumnae to current and retired faculty and staff who dedicated years of service to our mission, all these highlighted individuals have graciously given to our St. Francis community by sharing their time, talent and treasure through their faith, excellence, leadership and service.

As we head into the Christmas season, may our Blessed Mother’s “yes” to God’s will inspire us to live our lives with a singleness of purpose—to love her Son above all else. Rest assured of our community’s prayers for you and yours during this holy season.

In the Spirit of Pax et Bonum,

Theresa Rodgers





THANKFUL FOR SO MUCH!

\$200,281.41 RAISED FOR STUDENT FINANCIAL ASSISTANCE ON THANKFUL THURSDAY ON OCTOBER 12

Our sixth annual day of giving—Thankful Thursday—was our best yet! Our entire community joined together in support of our students to provide the financial assistance that helps more than 30 percent of our young women experience an inimitable St. Francis education. Our students embraced the day and their energy and enthusiasm was contagious. Thank you to the entire St. Francis community for your enthusiasm and support of this very worthwhile initiative.

“We give praise and thanks to God for the great gift of Catholic education and for these young ladies who have embraced this opportunity to experience the wonderful education offered at St. Francis. We give thanks for your parents who have said yes to a Catholic education and for their many sacrifices. Also, I am very thankful for all the generous benefactors of St. Francis High School. May this great St. Francis tradition continue to flourish within our Diocese of Sacramento. May God bless each and every one of you.”

Bishop Myron Cotta

STUDENTS WENT ALL IN!

- ♦ 745 students raised \$5,000 for their fellow Troubadours!
- ♦ More than 70% of students participated.
- ♦ The Class of 2020 won the competition for Pinkberry.



NUMBERS TO BE PROUD OF

- ♦ Parents contributed more than \$57,000
- ♦ Alumna contributed more than \$30,000
- ♦ Past parents contributed more than \$16,000
- ♦ Our generous faculty and staff contributed \$8,500
- ♦ Our incredible Troubadours contributed \$5,000



TROUBIES SCRUB IN

ELEVEN ST. FRANCIS STUDENTS INTERN WITH THE KAISER PERMANENTE PRECEPTORSHIP PROGRAM

St. Francis Catholic High School was honored when approached by The Permanente Medical Group, which is the exclusive medical group of Kaiser Permanente, with an invitation to take part in a four-week high school summer medical internship program, the second of its kind in our multi-county region. The opportunity to immerse our students in a practical career experience and training meant that those aspiring to pursue a health profession in the future, could get a real-life chance to explore the possibilities now. Shadowing Kaiser Permanente physicians, nurses, physician assistants, and staff in seven different locations across the greater Sacramento region was a once in lifetime opportunity for eleven of our Troubadors. Juniors involved in the St. Francis student club, Medicine and More, were invited to apply for the internship which took place during the summer of 2017. A rigorous application and interview process followed, culminating in the formation of our inaugural partnership with Kaiser Permanente.

The goal of the program was to expose students with an interest in medicine to actual clinical experience. Kaiser Permanente began this process by taking our eleven interns through an orientation at their Roseville Medical Center. Students were formally introduced to the department heads with whom they would be shadowing in the following areas: Emergency Medicine, Outpatient Surgery, Ophthalmology, Genetics, Adult Medicine, Nursing, Oncology, Pathology, Pediatrics, Physical Therapy, Radiology, Orthopedics, Gastroenterology, and Women's Health.

In addition to the daily hospital and clinic rotations, students also spent a day in the classroom working with St. Francis faculty member and Director of Student Activities, Cassy McGreevy. In order to enhance their practical career experience, Mrs. McGreevy taught students leadership skills and career building techniques such as professional etiquette, relationship building, and networking in a professional context. Students also spent classroom time learning how to leverage their summer medical internship experience for when they complete their college applications, write college essays, and interview for college admissions.

A heartfelt congratulations to the students who participated in the SFHS/Kaiser Permanente summer medical internship: **Sidney Clymer-Engelhart, Shannon Kane, Hailey Malone, Raenalyn Montemayor, Molly Pirnik, Isabella Quiniola, Amanda Roina, Amanda Sweeney, Samantha Tran, Sydney Vandergrift, and Marisa Yamada.** We are looking forward to working in partnership with Kaiser Permanente Roseville to select our Class of 2019 summer medical interns!



“The staff at Kaiser welcomed us and made us feel like we were an important part of the day. In addition to rotating through a variety of departments, I was able to observe several surgeries, right in the operating room, next to the table. The surgeon and surgical staff explained the procedures to me and answered all of my questions. I have already been accepted at two university direct admission nursing programs and I believe my participation in this internship set my application apart. I so appreciate all the people at Kaiser and St. Francis that took the time to put this together!”

MOLLY PIRNIK '18



AMANDA SWEENEY '18 SHARES HER EXPERIENCE WITH THE KAISER PERMANENTE PRECEPTORSHIP PROGRAM.

I found a passion. This past July, I participated in the summer medical internship at Kaiser Permanente through St. Francis. I went in every Monday through Friday, early in the morning until noon, and worked alongside my fellow classmates. I went in expecting to deepen and expand my interest in medicine, but it was so much more. Through this program, I found things that thoroughly ignited me: shadowing physical therapists, pathologists, medical technicians, OBGYNs, nurses, and more. I interacted with a bipolar adolescent, and stood next to the scrub nurse on a surgical pediatric urology case. I witnessed biopsies and got to hang out in the gross anatomy room. I got to see the behind the scenes of the hospital days that can change any one of our lives.

Ever since I was young, I have wanted to pursue a field in medicine. At first I wanted to be a trauma surgeon. The adrenaline excited me. Then I became more interested in the brain and psychiatric conditions. Where is the line that defines the difference between an “ordered” and “disordered” brain? I hope that learning the scientific tendencies of the mind and studying the patterns will give me a better understanding of who and what we are. I want to be able to help people navigate the waters we call life. I want to be able to have empathy and guide the children at the women and children’s shelter, where I volunteer, to live to fight their hereditary, addictive personalities.

I was even more convinced this is what I wanted to pursue the day I got to shadow a craniotomy. Imagine getting to scrub in alongside seasoned neurosurgeons. Imagine watching the almost theatrical show of the operating room being prepared for what is about to take place. Imagine standing over a patient, as his skull is opened, and seeing a pulsing brain. I did not know this man, but I was looking at the organ that held who he was: his thoughts, his tendencies, his memories, and his own passions. There was a spiritual side to it, but also the physical side. We were in this man’s brain to remove a tumor, then sew him back up, good as new, like nothing happened. It was just another day in the surgical team’s lives, but it is something that will stay with me forever.



Amanda is a member of the class of 2018. During her time at St. Francis, she has been heavily involved as a volunteer for St. John’s Program for Real Change and organized the Pediatric Prom at Kaiser to provide a high school prom experience to patients. Amanda was invited to and attended the Johns Hopkins University Medical Leadership Forum, a program for aspiring young physicians. Amanda loves Calculus but plans to major in Psychology. Her ultimate goal is to enter medical school where she will specialize in Psychiatry.



“The Kaiser Permanente Preceptorship Program was by far one of the most special opportunities that has been granted to me during my four years at St. Francis. The program is very unique because I was able to do it with my classmates. Even in the many new settings I would be stationed in daily, I never felt lost or scared because I was able to experience it with my friends.”

MARISA YAMADA '18



“When I was in the surgery department, I watched a Bone Anchored Hearing Aid (BAHA) implant on a child. That day, not only had I discovered a new interest in surgery, I was also reminded of why I wanted to become a doctor while observing the doctors and nurses care for the patients, especially in the pediatric department, before and after the procedure.”

SAMANTHA TRAN '18



“Usually there is limited access to the medical field for high school students and even college level students, but fortunately I was able to experience the realities of the medical profession through this internship. My most vivid memory was watching an ACL surgery. The Orthopedic Surgeon pointed out the ACL tear to me, and I watched him implement a cadaver ligament into the knee. This was when I knew orthopedics was the field I wanted to pursue in my future studies.”

SYDNEY VANDEGRIFT '18

“The internship program with Kaiser Permanente is a great way for students, like myself, to see first-hand some of the different professions in the medical field. My favorite memory was in the Ambulatory Surgery Center, where I stood at the operating table and watched four different surgeries. After the four week program, I gained a better understanding of the medical field and all it has to offer. I am even more motivated to pursue my dream of becoming a surgeon.”

SHANNON KANE '18



“During my two days in the surgery center, I saw a rotator cuff procedure, two tonsillectomies, and two myringotomy surgeries. I think it is fascinating being able to see the different tools surgeons use, but also watching and learning how to use them.”

SIDNEY CLYMER-ENGELHART '18



“Pediatrics had been the field I was most interested in before my rotation in that department. Shadowing a Pediatrician and seeing the way he interacted with the children made me realize it is what I want to do. Dr. Fitzpatrick told me that the pediatrics field never gets boring because children bring happiness to the world. I want to be able to keep that happiness alive in the future by being able to care for the health of children.”

AMANDA ROINA '18



“The New Orleans trip put things into perspective and taught me to be appreciative of all that I have. This trip allowed me to meet so many wonderful people with different backgrounds and stories. I found God in so many people and places.”
HOLLY NGUYEN '18

A COMMUNITY OF SERVICE

AN EXPANDED WORLDVIEW THROUGH LOVE IN ACTION

Through direct service to the marginalized in our society, St. Francis students expand their worldview and develop their gifts and talents for the greater glory of God. Their work emulates the life and ministry of Jesus Christ and our patron, Saint Francis of Assisi. The Campus Ministry department at SF oversees a variety of service trips throughout the United States. These trips provide students the opportunity to see the needs of others who are in different circumstances, cultures and conditions and to respond accordingly in light of the life and ministry of Jesus Christ.

NEW ORLEANS, LA: APRIL 7-14, 2017

Sophia Bellinoff '18, Clare Brennan '17, Sidney Clymer-Engelhart '18, Hannah Cole '18, Jacqueline Free '18, Abigail Holt '18, Sarah Huang '18, Grace Klas '18, Rachel Kostecki '18, Teresa Lee '18, Anne McDaniel '18, Claire McGreevy '19, Holly Nguyen '18, Hydee Nguyen '18, Lauren Nolan '18, Carmen Ocazonez '18, Lauren Sylvester '18; Staff: Kelly Ketcham, Cindy Sandoval, Stephanie Villanueva '98

Youth Rebuilding New Orleans (YRNO) engages young people to build a better community by reducing blight and rebuilding homes for local teachers to purchase at a below-market price. Teacher homeownership stabilizes neighborhoods and positively impacts the education system. While volunteering with YRNO, students painted, installed flooring, and cleared debris. Students learned how to properly document, realign, and clean the headstones of US Military members while volunteering at Chalmette National Cemetery. Students also visited with senior citizens at a complex run by the Sisters of the Holy Family. Students helped sort donations of reusable beads and throws for resale at The Arc of Greater New Orleans, an organization for people with intellectual and developmental disabilities. The recycle center keeps beads out of landfills and employs people with disabilities, a number of whom help lead volunteers in the sorting process.

BRONX, NY: JUNE 1-8, 2017

Grace Conlin '18, Nicole Cronin '18, Madison Enos '18, Marianne Hayes '18, Sarah Huggins '18, Morgan Kaeser '18, Shannon Kane '18, Anna Kenyon '18, Kalia Rucker '18, Madeline Sliger '18, Natalie Warne '18; Staff: Dana Bueno, Patrick Brabec

Troubies assisted with lessons and worked the grounds at GallopNYC, a therapeutic horsemanship program for children and adults with disabilities and special needs. The program also serves Veterans and at-risk youth. For the sixth consecutive year, students volunteered with the Little Sisters of the Poor at the Jeanne Jugan Residence, a low-income housing site for seniors in both independent and assisted living circumstances. The group also volunteered at two Salvation Army sites, a food pantry, and an after-school program.

“The Bronx service trip will stay with me forever. It was a great way to see the diversity of our world and to help those in need. The friendships I made on the trip made the experience even more special, and I feel very fortunate to have been able to be part of this trip.”

MADY ENOS '18



WINNEBAGO, NE: JUNE 24- JULY 1, 2017

Brynn Burrows '19, Emily Cates '18, Holly Coffman '18, Rose Conlin '19, Abigail Erckenbrack '18, Megan McManus '19, Veronica Wagner '18, Bailey Yates '18; Staff: Maggie Murray, Stephanie Villanueva '98

The Winnebago Housing and Development Commission (WHDC) is responsible for the development and operation of low-income housing rental and homeownership programs for the Winnebago Tribe. Troubies served by removing popcorn ceilings and baseboards, and painting the interior and front porch of the house. The group was also given a driving tour of the Winnebago and Omaha Reservations, learned the history of the two tribes, and were treated to an evening drum circle and dance lessons.



“Last week I traveled to Winnebago, Nebraska on a school service trip. This experience was so special to me and Winnebago will forever hold a place in my heart. I met and grew closer to some of the kindest people in my life. The house we worked on is now going to be home to a Winnebago family in need. This trip gave me a new outlook on life and how to treat others. My faith has been strengthened and I am so grateful to have been given this opportunity to serve in such a beautiful place.”

MEGAN McMANUS '19

SAN FRANCISCO, CA: JULY 16-22, 2017



San Du '18, Marisa Fat '18, Lauren Grinbergs '18, Samantha Ivezich '19, Emalee Lavezzo '19, Ana-Sophia Lera '19, Sophia Nguyen '18, Amanda Ostrom '18, Alexandra Romero '18, Clarissa Ryder '18, Gabriella Thomas '19; Staff: Mirjana Nikcevic, Stephanie Villanueva '98

San Francisco is St. Francis' longest consecutive service trip site with eleven years and counting! For the sixth year in a row, students served at The Lantern, a non-profit in the Mission District that serves as a place of hospitality for immigrants. Run by Sr. Marie Sullivan, PVBM, The Lantern offers guests the opportunity to learn English, acquire basic computer skills, and study for citizenship exams. Students organized donations, cleaned carpets, tidied up the playroom, and served breakfast to day laborers and homeless. Troubies also visited the Gubbio Project at St. Boniface Parish, where homeless guests are provided with daily provisions, supplies, and chaplaincy necessary for those living on the streets.

“It is a experience that I will never forget. Reaching out to the people in the community and giving back was so touching. San Francisco will forever hold a special place in my heart.”

EMALEE LAVEZZO '19





ALEXIS AREIAS AND CO-CANDIDATE RYAN FITZGERALD



LLS STUDENTS OF THE YEAR

BY ALEXIS AREIAS '18

Each year the Leukemia & Lymphoma Society (LLS) offers an exciting leadership development and philanthropy program called Students of the Year, which gives high school students an opportunity to participate in a fundraising competition to benefit LLS. This year, the Greater Sacramento Area Chapter of LLS had ten candidate teams comprised of 20 students participating. Candidate teams worked hard to raise funds and awareness over the course of seven weeks and the campaign culminated in a Grand Finale Celebration on April 8th. By that time the student teams had raised an incredible \$271,000 for LLS! The candidates/teams who raise the most money at the end of the seven week competition earn the title Student(s) of the Year. Through guidance and mentoring from experienced professionals at LLS our young people will make a real impact in the fight against blood cancers. In addition, those students who excel in the areas of mission awareness, volunteerism, or community involvement are eligible for recognition via the Citizenship awards presented at the Grand Finale celebration. St. Francis student Alexis Areias '18 earned the honor of LLS Student of the Year.

It was on February 16, 2017 that I began my six-week fundraising initiative for the Leukemia and Lymphoma Society (LLS) alongside my Co-Candidate, **Ryan Fitzgerald (JHS '18)**, and our team, **Scott Tooley (JHS '18)**, **Chase Saca '18**, **Ben Skinner (JHS '18)**, **Claire Mellberg '18**, **Quinn Ruggles '18**, **Sydney Ranker '18**, **Maggie Malaney '18**, **Spencer Beckwith (JHS '18)**, **Julia Endicott '18**, and **Marc Lemon (JHS '18)**. We set out on this journey in hopes of raising \$90,000 to support patient assistance and cancer research, and ended up surpassing it by more than \$18,000! Not only did we accomplish more than our goal— we received two \$50,000 research grants, became the first team in Central California to ever raise over \$100,000, and one of five teams nationally to surpass the \$100,000 mark that year.

I first heard about the Leukemia and Lymphoma Society during my sophomore year through **Jess Gianulias '17** and **Natalie Woodruff '17**, who, at the time, were running for the Student of the Year title. For me, it was almost immediate that I knew I had to be a part of this

Alexis is a senior at St. Francis. Throughout her four years at SF, she has been on several sports teams, been an active member in numerous student clubs, and is currently serving as Student Body President. Alexis has devoted her time to organizations like Saint John's Program for Real Change and the Leukemia and Lymphoma Society. Alexis enjoys politics and hopes to continue her education as a Political Science major in college.



TEAM CELEBRATE

LIZZIE ALLISON '20 FOUNDS TEAM CELEBRATE TO PROVIDE BIRTHDAY BOXES FOR FOSTER YOUTH IN THE GREATER SACRAMENTO AREA

By NICOLE DANUWIDJAJA '18

Despite background or identity, every person shares a single thing in common: a birthday. For many, a birthday is one's unique celebration day with family and friends. However, not every child has an equal opportunity to commemorate their day of birth.

Lizzie Allison '20 discovered this problem in her own community. She saw that underprivileged youth, particularly foster children, seldom received the gift of a birthday celebration, as families were unable to provide it. Lizzie aimed to help foster children, but because of her age, she couldn't find any opportunities. "There are 4,000 foster kids alone in our Sacramento community, and most of these kids have never had their birthday celebrated," Lizzie said. "With all the hardships and challenges these kids face, they deserve to have one day of feeling special."

So, 15-year-old Lizzie decided to use her initiative. She founded Team Celebrate: a non-profit organization that makes personalized birthday boxes to create special birthday memories for foster children. Team Celebrate is an organization where children can volunteer to help the foster youth receive the gift of a special birthday. "We partner with volunteers, churches, schools, and families, and we work as a team to create these birthday boxes," Lizzie said.

Team Celebrate strives to provide these birthday boxes to all the foster youth in the Greater Sacramento area. Each birthday box is hand-packaged and personalized to the theme of the child. Included are party decorations, goodie bags, cake, handmade birthday cards, and more. The cost to make one birthday box is around \$100. "It's called Team Celebrate because we really wanted it to be a team. We wanted anyone and everyone to help. We really think this project brings everyone together and lets them fill a void that needs to be helped," Lizzie explained.

Her efforts have already inspired others to help; at St. Francis Day, students and staff pitched in to help Team Celebrate and donated a total of \$1,707.75. Lizzie received the Award for Outstanding Youth in Philanthropy from the Association of Fundraising Professionals as a person who "demonstrates outstanding commitment to the community" on National Philanthropy Day, November 8th, 2017.

Aside from Team Celebrate, Lizzie is also an active volunteer with National Charity League, Inc., El Dorado Hills, and she enjoys playing basketball.



wonderful cause. My grandmother died of Lymphoma and running in her honor was something very special to me.

It was soon after that Ryan Fitzgerald and I began to construct our team and submit our application to run, but the achievement did not come easily, of course. Those six weeks were filled with many all-nighters. Throughout the process, we attended dozens of meetings with potential donors, made hundreds of phone calls in hopes of bringing in funds, and typed so many emails with pitches and updates that we just about thought our fingers would fall off! But it was all worth it. It was an experience that taught us real life skills such as managing time efficiently, being creative with our schedules, and appropriately conducting ourselves in professional settings.

Our team did a phenomenal job, and even had one member, **Chase Saca '18**, who ranked top five nationally as far as individual fundraising. Each member worked so incredibly hard to make our goal a reality, and I am so thankful to have met these people through the wonderful St. Francis & Jesuit communities.

As our experience with LLS comes to a close, and the next Student of the Year campaign begins, I am looking forward to serving as a mentor to future Troubie sisters looking to make a difference. I am so thankful for all of the things that have come out of LLS, and the experiences that I have taken away from it.



Many spot Nicole with her St. Francis beanie around campus. She is passionate about helping others and loves being a Troubadour! Nicole is co-captain of Robotics, co-president of California Scholarship Federation, is active in the Ambassador Leadership Board, and is working as an intern in the SF Advancement Department. She is also Vice Chair of the Elk Grove Youth Commission and tutors weekly at the Arthur F. Turner Community Library. At school, Nicole's hobbies include playing piano and singing, and socializing with teachers and friends. She runs an online business and is programming an app that will hopefully make our lives better. Next year, Nicole would like to major in Computer Science and/or Business.

CHEERS TO A NEW CHAPTER

As the 2016-2017 school year drew to a close, we said goodbye to many of our beloved faculty. While we're fortunate that some may return as substitute teachers, the absence of their daily presence is felt by all. For your impact and the legacy you leave behind, we are forever changed and grateful.



ANNE FELIZ

Mrs. Feliz served St. Francis for 20 years in our Mathematics Department. She was asked to teach Math by one of the Sisters that was running the school after her youngest son began elementary school, and she has been a wonderful blessing to our community. When Anne says she will pray for you, she truly means it and keeps you in her continued prayers. She has given so much of herself to our community, sharing her love and support of her colleagues, and sharing her faith (and obviously her knowledge) with decades of students. We will miss Mrs. Feliz's fiery Irish passion and love of her faith that she shared with our community.

A NOTE TO MRS. FELIZ

"You helped me strive to do better and enjoy math a little bit more. I want to thank you for bringing such a lightness and fun atmosphere to the class. There wasn't a day I wasn't excited to go into class and see you because you always put me in a better mood. You made a subject I have always struggled in enjoyable (even when I completely didn't understand). Every time I'm not fully aware of how to do a problem you guide me and help me. Although I don't have the best grade in the class you pushed me and made me strive to do better. Your big heart inspired me every day."

SYDNEY RIDDELL '18

FUN FACT: Mrs. Feliz grew up in a small Midwest town in Iowa with many siblings. She is a loving and supportive mother of seven, keeping traditions alive for her family (like the special plates she takes out to use only for the holidays,) teaching her children to value patriotism and education, and guiding them through life's many challenges.

KATHY KELLER

Mrs. Keller served the St. Francis community for 24 years. She taught science at Our Lady of the Assumption and St. Ignatius – juggling both positions until the principal called her and asked her to teach at St. Francis. The rest is history, as they say! Kathy started working here the same year her daughter, Tina '97, started as a freshman. Her huge heart for the student who struggles, coupled with her lessons, were aimed at making Science fun and attainable for all who were blessed to have her class. Mrs. Keller served as the Science Department Chair for many years, and in fact, hired every single Science Department member at St. Francis today! Kathy has the energy of a 12-year old and was involved in countless "God squad" skits and pranks during her tenure.

FUN FACT: Mrs. Keller believes in staying physically active: kickboxing, walking and praying the rosary, swimming and shooting basketballs in the pool, and dancing like a ballerina during Mass, especially when we sing the refrain from *The Canticle of the Sun*. Kathy may be retiring, but she'll be back next year to help our students in Mrs. Biller's classes and will continue to brighten our halls with her contagious spirit.

"Mrs. Keller brought enthusiasm and joy with her to every class. Her warm personality and quirky ways made science class engaging and fun! She had a big influence on me and will be missed on campus."

HAILEY MALONE '18

JOYCE OWNBEY

Mrs. Ownbey served St. Francis for 17 years. Her gifts both in and out of the classroom will be deeply missed. For many years, she taught AP Biology and Biology II, and many of our students who have gone into the medical field credit their inspiration to Joyce's passion for Biology and the awesome experiences they had in her classes. Outside of the classroom, Joyce was an amazing leader and constant companion on Kairos each year. Her faith and her love of our Lord inspires all that she does, and she never hesitates to share this love with her students.

For the last four years, Mrs. Ownbey has enjoyed taking students to Costa Rica in the Spring with our language teachers to expose our Troubadours to the Spanish language and the flora and fauna of the jungle. She also served as the sophomore class moderator for many years.

"Mrs. Ownbey is hands down the best teacher I have ever had. I already enjoyed biology before I took her class, but she is the reason I loved it enough to major in it and want to someday teach it myself. Her class was my favorite, and her teaching methods are what I am trying to emulate as I work my way through my master's degree. She gives me homework help to this day, and I will always look back fondly on her class."

MARGOT WOLFERSBERGER '09

FUN FACT: What you may not know is that Mrs. Ownbey has a lovely voice and sings in her choir at St. John Vianney. She also loves to dance, is an avid gardener, and enjoys traveling to exotic locations, especially to South America. Now that she is retired, she has lots of time to enjoy her many hobbies, but Joyce will not be a stranger to us as she is planning on returning to help sub in her department when needed.



BONNIE ROMAN

Mrs. Roman served the St. Francis community for 22 years in the Social Studies Department. An amazing teacher and History enthusiast, Bonnie made History and Economics subjects students wanted to learn more about. Her passion for the AP US History and History Day won the hearts of many students.

Not just an amazing educator and lifelong learner, Mrs. Roman was a true and passionate follower of Christ. Along with her husband Kenny, Bonnie was a selfless volunteer, giving endless hours to their church and youth groups throughout the years. She modeled the importance of always turning to Christ in prayer in everyday challenges, struggles, and joys.

FUN FACT: Mrs. Roman enjoyed a certain sense of comic sarcasm, a love for earrings, and a passion for anything Disney. In her spare time, she likes to do home improvement projects, for which she has unbelievable talent. For example she laid all the wood flooring in her house and is now working on the kitchen floor.

"I would like to recognize Mrs. Roman. She is perhaps the most kind-hearted person I know, and her lessons (in the APUSH realm as well as life in general) will not be forgotten. I truly woke up excited to go to A block because of her humor, spirit, and refreshing sarcasm. The love she has for all of her students is evident and it is truly appreciated."

AVA BEAN '17

WALLY WOOTTON

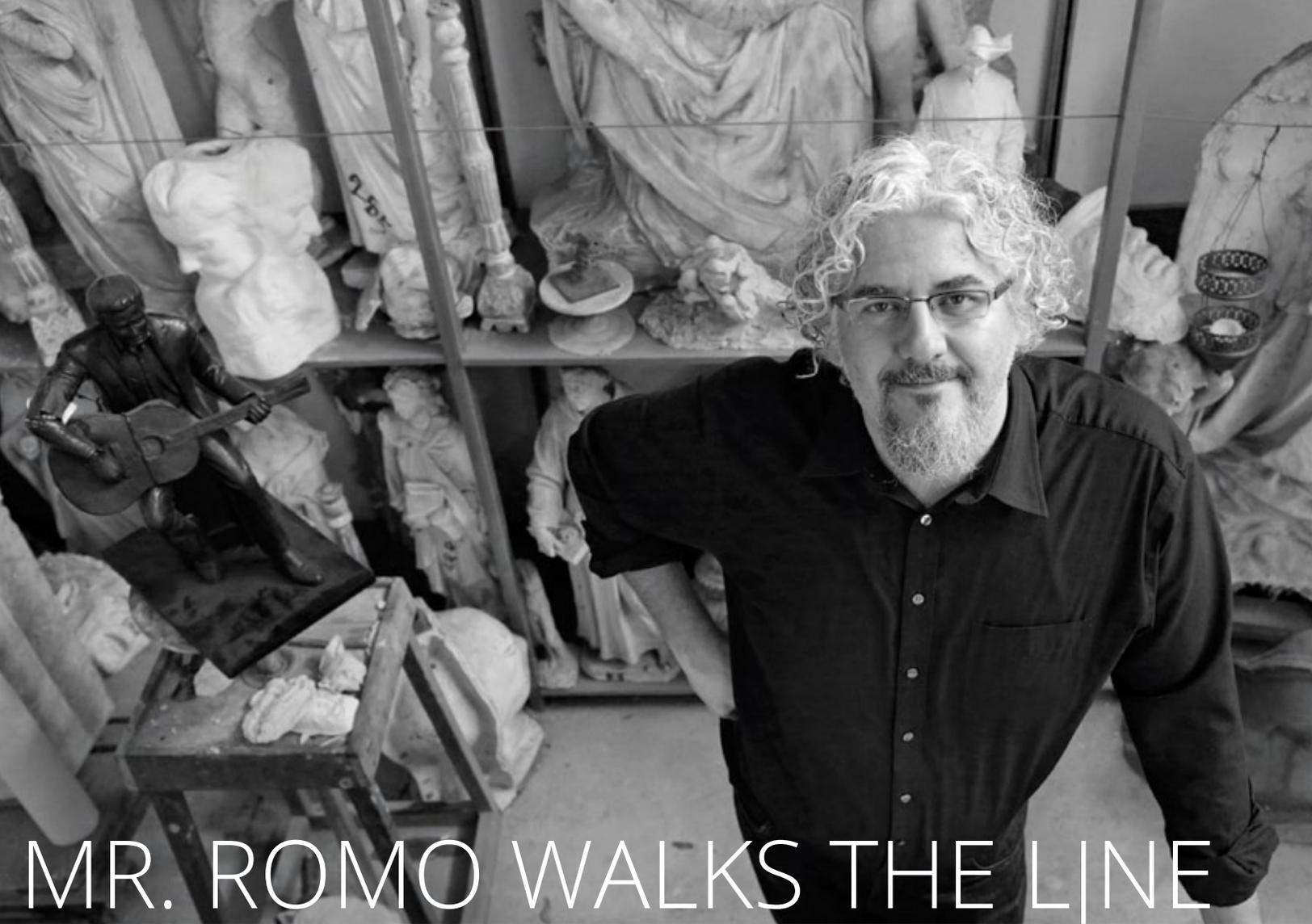
Mr. Wootton served St. Francis for 17 years in the Social Studies Department and retired to Massachusetts with the love of his life, Phyllis. Sadly for Wally, their family and the entire St. Francis community, Phyllis passed away in September. Prior to his time at SF, Mr. Wootton was a 20-year veteran of the United States Navy, retiring as a Lieutenant Commander in 1994. His naval career included several tours on a nuclear submarine, which was a highly classified assignment. Wally loved teaching history, including World History and AP World History.

We will miss Mr. Wootton's presence in the breezeway next to Serra Court where he greeted all who passed by and made himself available to his students who needed a little extra help or moral support.

"Mr. Wootton is an intelligent and kind-hearted man. I loved his class because he knows all that one could know about history. He would not only talk about the big points, but he would also provide his students with songs, movies, and even actual war gear according to the topic that was discussed to further the knowledge of his students. I am grateful for all the knowledge that Mr. Wootton passed on to me and for his amazing spirit around the classroom. I am so glad that I got to experience his class as well as get to know him and his lovely wife, Mrs. Wootton."

KRYSTA ALVAREZ '19

FUN FACT: Wally is an aficionado of movies and TV shows of all genres. He can cite key figures (director, actors, etc.,) give an insightful critique and then, quote verbatim dialogue from the film or TV show. Mr. Wootton is also a polyglot – fluent in English, French, German, Spanish and Italian.



MR. ROMO WALKS THE LINE

NEARLY THREE YEARS AGO A NATIONAL CALL WAS PUT OUT BY THE CITY OF FOLSOM FOR PUBLIC ART CONCEPTS FOR THE JOHNNY CASH ART TRAIL. ARTISTS FROM ALL OVER THE COUNTRY SUBMITTED DESIGNS AND ST. FRANCIS' OWN ART TEACHER, MR. ADAN ROMO OF ROMO STUDIOS, WAS COMMISSIONED.

“As a local artist I was proud to have been selected to do seven of the eight sculptures and represent the growing art community here in Sacramento. This project feels like the culmination of my career in public art,” states Romo. His designs include *Cash’s Pick*, *Folsom Prison Blues*, *Ring of Fire*, *Greystone Chapel*, *Hello I’m Johnny Cash*, and *Rusty Cage*.

“The trail is on prison property, and it circumnavigates parts of Folsom Prison. Another artist might have taken a literal approach and employed classic prison motifs: bars, ball and chain, striped uniforms. Instead, I’ve designed artwork that recalls the human connection that happened around Cash’s Folsom Prison concert back in 1968,” Romo noted.

And connecting humans to art is what Mr. Romo has done on the St. Francis campus as well. His talent has beautified the St. Francis campus in many ways while also inspiring his students (he's oft one of the most quoted teachers under senior class portraits in the yearbook). He created the beautiful bronze sculpture of Saint Francis at the school's entrance and sculpted the inspiring statue of Saint Clare, which was installed at the head of a reflection pool facing the entrance to the Arts Complex. He crafted the "Illuminated Garden," a living garden wall which houses the solar monitor for the 1,316 panels on the rooftops of seven campus buildings and sculpted the large-scale replica of the school seal that adorns the Athletics and Arts Complexes. Mr. Romo also designed the Canticle Garden, a previously unused patch of earth sandwiched between classrooms and M Street. He describes it as "a space that not only nurtures plants, but also our spirits."

Mr. Romo apprenticed in a marble studio in Tuscany learning the fine techniques of marble sculpture and has been teaching at St. Francis since 1998. His courses include Figure Sculpting 1 and 2, Advanced Art, Digital Photography 1 & 2, Digital Film & Animation, AP Studio Art, and AP Art History. St. Francis is blessed to have such an amazing teacher/artist on staff who shares his gifts and talents with the greater Sacramento community, creating beautiful spaces for inspiration and reflection.

"My approach to public art steps beyond just the fabrication of art and looks holistically at the character and quality of a place. My goal is to create art that coexists with its physical surroundings and is grounded in local narratives, traditions and aspirations. The artwork on the trail will help capture the story and legacy of Johnny Cash's transformative Folsom Prison concert in 1968."



FOLSOM VICE MAYOR KERRI HOWELL & ADAN ROMO



FOLSOM CITY COUNCIL & CINDY CASH

AFTER YEARS IN THE MAKING,
THE JOHNNY CASH TRAIL ART EXPERIENCE
OPENED IN FOLSOM ON OCTOBER 14.
THE LEGACY PARK PUBLIC ART WALK WILL
INCLUDE SEVEN PIECES FROM ADAN ROMO.



ST. FRANCIS COMMUNITY CELEBRATION

The Third Annual St. Francis Community Celebration was held on Saturday, September 23rd. This celebration gives us the chance to open our campus to the public for a complimentary, family-friendly event celebrating our patron and everything that makes St. Francis Catholic High School the wonderful place it is.

More than 500 guests enjoyed the 80's theme, the delicious food and libations, the games, and live music. Thanks to the hard work of our dedicated committee and volunteers, the day was a huge success with our guests commenting on the great St. Francis hospitality and welcome they felt.



ALL THE WORLD'S A STAGE

MRS. CHERYL WATSON RECEIVES LIFETIME ACHIEVEMENT AWARD



Cheryl Watson received the Lifetime Achievement Award at Sacramento Area Regional Theatre Alliance's 35th Annual Elly Awards on September 10th. She was honored for her passion and dedication to her students at SFHS for the past 33 years and for her commitment to local theater. A theatre graduate of CSU Sacramento, Mrs. Watson continued her performance studies with The Theatre of Light in Los Angeles and most recently studied Shakespeare with The Globe Theatre Education Academy, London. She has performed or directed for a variety of area theatres and served on the theatre faculty at American River College for eleven years. Ms. Watson has been nominated for over twenty "Ellys" and has received eleven awards for direction and script adaptation. A professional and personal highlight was working with the Sisters of Mercy in helping stage their centennial celebration at the historic Eagle Theatre in Old Sacramento.



"Thirty-three years ago I was working in public television and had recently moved back from Los Angeles. I got a call from a friend who said the drama teacher at St. Francis left mid-year and asked if I could take over the class. I went in and sat down across from a wonderful principal, who was a nun, and she held my hand and said, "You can do it." I said ok because you don't say no to a nun! So the next day I held auditions for SF's production of Godspell. I thought I was only going to be there for a semester and, little did I know, I would find my life's work. As much as I love being on stage as an actor, I found something I loved even more. Thirty-three years in one job is a long time but it doesn't seem that long. Every year it's new and exciting. I didn't know where life was going to take me and it took me into the classroom and towards directing young people and it's been so satisfying."



Mrs. Watson with her G Block Theater Arts 1 Class

ST. FRANCIS CATHOLIC HIGH SCHOOL
REVELRY GALA & AUCTION

AN EVENING IN

Wonderland

SATURDAY THE
TWENTY-FOURTH
OF FEBRUARY
TWO THOUSAND
EIGHTEEN

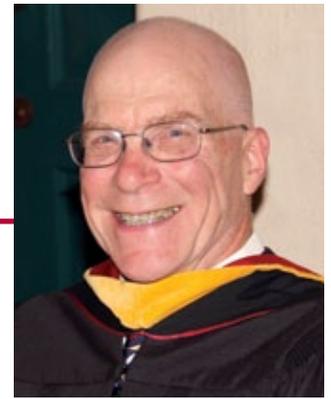


\$125
PER PERSON

save
the
date

THE SPIRIT OF SAN DAMIANO AWARD

MR. CHARLIE SCHWING



St. Francis Catholic High School is introducing "The Spirit of San Damiano Award" to recognize outstanding individuals who have significantly contributed to our school community by modeling our pillars of faith, excellence, leadership and service for a significant period.

We are pleased to announce the first recipient of the inaugural award is Mr. Charlie Schwing. Mr. Schwing taught Math and technology courses at St. Francis Catholic High School for 36 years and retired in 2013. He inspired his students to love Math; even those who felt they could not excel in Math, felt confident in their abilities due to Mr. Schwing's methods and amazing patience. He was loved for his candor, pragmatism, humor and

compassion. Through Math, he also taught our Troubies about life, urging them to pursuits that would allow them to look back on their lives with joy and without regret.

His passion for teaching and learning changed lives. Even after retirement in 2013, Mr. Schwing continued to tutor students in Math until he and his wife, Anne, moved to their home in Napa closer to their family ranch. Mr. Schwing continues to support the school's scholarship fund and most recently, was a matching donor for his students on Thankful Thursday, enabling us to bring in over \$200,000 for student scholarship support! Mr. Schwing will be honored at the Revelry Gala on February 24, 2018.

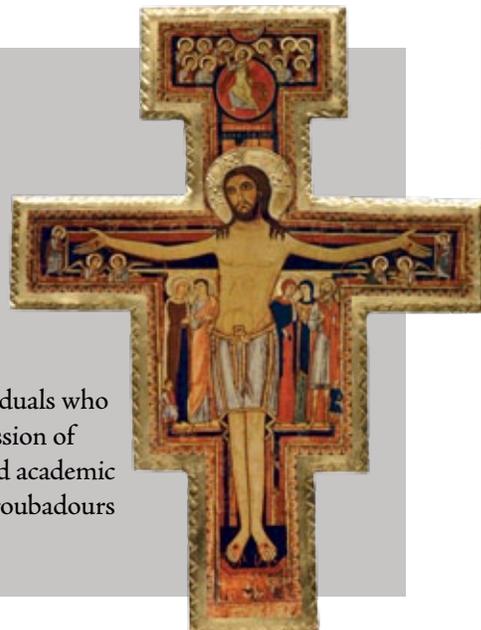
Please join us on Saturday, February 24, 2017, at our Revelry Auction and Gala as we honor beloved teacher, Mr. Charlie Schwing, who will be the first recipient of "The Spirit of San Damiano Award."

THE SIGNIFICANCE OF THE SAN DAMIANO CROSS

All Franciscans cherish the San Damiano cross as the symbol of the mission from God to commit our lives and resources to renew and rebuild the Church in the power of God. There is no better way to renew the Church than by educating young women to be models of Pax et Bonum (peace and goodness) while developing their gifts and talents through leadership and service.

ABOUT THE SPIRIT OF SAN DAMIANO AWARD

Recipients of the Spirit of San Damiano Award are outstanding individuals who inspire and empower St. Francis Catholic High School to fulfill its mission of "serving young women and their families who seek spiritual growth and academic excellence." Their love for St. Francis Catholic High School and our Troubadours is evidenced by their extreme generosity of time, talent and treasure.



*Most High
glorious God,
bring light
to the darkness
of my heart.
Give me right faith,
certain hope,
and perfect charity,
insight and wisdom,
so I can always
observe Thy holy
and true command.
Amen.*

PRAYER OF SAINT FRANCIS
BEFORE THE CROSS
AT SAN DAMIANO



SEAN & MARIA EDGAR



JONATHAN & LISA BRESLAU



BISHOP COTTA, THERESA RODGERS, ELIAS MENDOZA

A WONDERFUL EVENING CELEBRATING MISSION

President Theresa Rodgers and the St. Francis Board of Trustees welcomed the President's Society at the beautiful home of Board Member Celia Puff on September 13th. This warm gathering of lead benefactors was an opportunity to enjoy entertainment by St. Francis students and hear the heartfelt stories of young women who are benefiting from their generosity. Guests mingled and shared mission moments with each other and St. Francis' Executive Staff. All left feeling deeply appreciated and energized for all the future holds for St. Francis Catholic High School and its current and future Troubadours.



PAUL STOKES & CELIA PUFF



ROB & NANCY SBISA



TOM & DEBRA RUSSELL, TIMOTHY & KATHLEEN ALBIANI



KATHLEEN DEERINGER, ROXANNE ELLIOTT '94, MARY NORRIS, CELIA PUFF, HELEN PIERSON '74, PAM DITOMASSO '72



MARION SARTE '08 & MARION BISHOP



KELLY & AUGUSTA BROTHERS



AVA & CHRISTOPHER CONLIN



SHAREEN & JC FAT



ELIZABETH SHEFFIELD, CHRISTINE SANFILIPPO, KRISTIN VENEGAS '83, KEVIN MALONE, ART VENEGAS

St. Clare LEGACY SOCIETY

The St. Clare Legacy Society honors donors who have made St. Francis Catholic High School part of their legacy, ensuring that future generations of young women can call St. Francis home and benefit from an exceptional faith-based education program.

St. Clare of Assisi taught us much about the calling to a blessed life of holiness. Her steadfast resolve to lead the simple, gospel-inspired life St. Francis taught her was underscored by a genuine passion for humility and the poor. An ardent prayer warrior, Clare demonstrated a courageous resistance to the ever-present pressure to dilute these ideals. Her generous concern and care for her sisters was a hallmark of her ministry. Clare's influence was such that popes, cardinals, and bishops often came to consult her although Clare herself never left the walls of San Damiano.

We invite you to join the members of the St. Clare Legacy Society by naming St. Francis Catholic High School as a beneficiary in your will and estate plans. Your generosity will make a positive and lasting impact on the future of St. Francis by enabling us to fulfill our mission to educate young women to change the world through faith, excellence, leadership and service.



You can become a member of the St. Clare Legacy Society by:

- ♦ placing St. Francis Catholic High School in your will
- ♦ making St. Francis Catholic High School the beneficiary of a retirement account
- ♦ making a gift of life insurance policy
- ♦ creating a charitable gift annuity
- ♦ establishing a charitable trust

Please join the members of the St. Clare Legacy Society in leaving a bequest to St. Francis Catholic High School.

ST. CLARE LEGACY SOCIETY MEMBERS

The St. Clare Legacy Society recognizes donors who have made St. Francis Catholic High School part of their estate and legacy. Thank you to our inaugural members:

Marion & Paul Bishop
Linda & David Coward
Kathleen & James Deeringer
Dr. Paul J. Fry, II
William Hegg Charitable Annuity
Kathleen Peterson and Family
Loreine & Nicholas Simopoulos
Jackie Ward and Family

*“Go forth in peace, for you have followed
the good road. Go forth without fear, for
He who created you has made you holy,
has always protected you, and loves you
as a mother. Blessed be you, my God, for
having created me.”*

ST. CLARE OF ASSISI





Katherine Arellanes
Elizabeth Mercuris Arellanes '83



Bailey Avery
Holly Crabbe Avery '90



Abigail Benvenuti
Camille Johnson Benvenuti '86



Jennifer Bushberg
Lori Crow Bushberg '79



Emily Davis
Janae Root Davis '82



CLASS OF 2017 LEGACY

WE CAUGHT UP WITH A FEW LEGACY MOMS FROM THE CLASS OF 2017 TO GAIN A LITTLE INSIGHT INTO ST. FRANCIS - THEN AND NOW.



LIZ MERCURIS ARELLANES '83 & KATE '17

"St. Francis was the right choice for Kate because we wanted her to be a part of a close community and be provided a good foundation for her future personally and academically. To have our daughter have a foundation like the one that St. Francis provides the girls is critical to their future and we could not be happier with her experience."

ABBY '17 & CAMILLE JOHNSON BENVENUTI '86

"St. Francis has been a blessing. I was lucky enough to be assistant tennis coach for my daughter's four years on the tennis team. It was a great feeling to be an alumnae of SF and coaching my daughter's team. I also played tennis when I was at St. Francis. It has been great to see other alumnae, to participate and volunteer on campus and see traditions still going strong, like homecoming week and retreats. Abby is proud to be a Troubadour and so am I.

Abby and I both had the privilege of having Mr. Cundiff and Mr. Norman as teachers. We both played tennis, loved our retreats, grew in faith while we were there and have a group of friends for life. We both take pride in knowing we went to St. Francis."



Julia Meade
Marianne Farrell Meade '76



Amanda Parsley
Lisa Vasquez Parsley '85



Tahlia Schrock
Gloria Gonzales Hall '66 (Grandmother)



Makenna Schwarz
Nicole Lange Schwarz '86



Jacqueline Vail
Maria Reid Vail '82





Sarah Ferguson
Katy Calkin Ferguson '80



Angela Kufasimes Gianulias '86



Karoline Guthrie
Michele Burkett '79



Lauren Hernandez
Veronica Gutierrez Hernandez '81



Allison Lourim
Julie Wooldrik Lourim '87



ANGELA KUFASIMES GIANULIAS '86 JULIANA '20 & ANTONIA '17

"St. Francis has been the best choice for my daughters in terms of friends and education. Antonia '17 has such a great group of friends and I have loved seeing their faces in and out of my house the last four years, whether it was study groups or getting ready for a dance. There is a sisterly bond there that I believe no other school could have offered her. I now see the same trend with my younger daughter Juliana '20 and love it."

MARIA REID VAIL '82 JACQUELINE '17 & CHRISTINA '19

"I know the friendships my girls develop at SF will always be with them. It is amazing the people who were my best friends at St. Francis have continued to be my close friends. Even those that I have lost touch with over the years, when we see each other, we immediately reconnect as if no time has gone by. It is that bond that remains and makes SF special.

St. Francis will always be something we will have in common. Whether it is my sister, my nieces, my daughters, or our friends and their children. We were all Troubies, we all sang the same songs, knew the same cheers and even had the same teacher...Mr. Norman! It will always be something that we shared and will continue to share."



We currently have 213 students on campus who are part of an SF Legacy, which includes 50 aunts, 6 grandmothers, 52 mothers, and 166 sisters/step-sisters! The Class of 2018 has the most on campus with 82 Legacy relationships, followed by 69 Legacy relationships for both Class of 2020 & 2021. Class of 2019 is close behind with an impressive 54 Legacy relationships.



Madeleine Vine
Andrea Mora Vine '91
Rebecca Avalos Mora '67 (Grandmother)



Katarina Yo
Lori King Yo '93

JAMIE LEATHERBY '12

Jamie will enter the cloistered Dominican nuns of the Monastery of the Blessed Sacrament as an extern in Michigan in January 2018.



Did you feel a call to religious life when you were a student at St. Francis?

While a student at St. Francis, if you would have told me I would become a cloistered nun I would have laughed or thought you were crazy! I had dreams of becoming a 2nd grade teacher, traveling the world, and becoming an author. Becoming a religious sister, someone who would be married to Jesus the rest of her life, was nowhere on my radar. I was busy leading the cooking club, retreats, Pro-life club, and campus ministry outreaches at the same time as studying and hoping a Jesuit boy would ask me to Homecoming. Little did I know the plans God had in store for this Troubie.

How did your post-SFHS experiences influence your decision to enter religious life?

I graduated SFHS and went to a small, devout Catholic school in Ohio called Franciscan University of Steubenville. My faith sky-rocketed because of this school like I never expected. I met friends my age who loved God and the Catholic faith and began to deepen my personal relationship with Jesus through prayer, adoration, daily Mass, frequent confession, and community life. I graduated with my teaching credential but something changed. Before my last semester I went on a mission trip to Ecuador and felt God calling me to give everything up and follow Him, to be His bride. Forever. Because I didn't know which order to join, I followed His call and pursued my new heartfelt desire: to teach theology at the high school level.

I met up with the SFHS principal Theresa Rodgers (now president) and shared my desire to teach high school theology. She listened eagerly but had nothing available at the time. Sure enough, she called me a month or so later and said a temporary theology position had opened up unexpectedly and she would like me to apply for the position. God sure

does answer the desires of our heart if we trust in him! I was accepted and taught a class on Jesus and the New Testament to over 100 freshmen. Scripture became real for me like never before through teaching it. It was also surreal to be colleagues to those who were my teachers four years prior. I grew to appreciate teachers and administration so much more for their sacrifice, love, dedication, and time given to their students year after year streaming from the generosity in their servants' hearts.

What finally motivated you to make the final decision to enter religious life?

God continued to tug at my heart during and after my time at St. Francis. I did a semester of service and then a semester as youth minister at my church, Presentation Parish. While youth minister, I was visiting religious communities to find my fit. I went on a retreat with the Dominican Sisters of Mary, Mother of the Eucharist, in Michigan, religious sisters known for being teachers. While there I strongly desired more time of Eucharistic adoration. Because of this, they told me I should look at the cloistered way of life, a life separated from the world in order to pray for the needs and intentions of the whole world. I left that retreat and headed to the Dominican cloistered nuns nearby. When I knelt to pray in the chapel of these contemplative nuns for the first time, I knew deep down the words I prayed were from God as I said, "I am home."

How did your St. Francis educational experience influence your faith life?

My time as a student at SF was influenced by my involvement in many of the faith activities: being a Christian Service Leader, going on the San Francisco service trip, and leading retreats. Having Eucharistic adoration in the chapel where I could stop in to say hi to Jesus was the building blocks of my vocation. I didn't understand

adoration's significance then but the seeds were planted in that chapel, which led to my wanting a religious community that had perpetual adoration of the Blessed Sacrament.

I am forever grateful for my time teaching Theology there as well. They say we learn more when we teach. This couldn't be more true. I learned more about who Jesus is and the power and relatability of Scripture to my life than I could have imagined. I am blessed to have met my 103 students in the class of 2019 and pray for them still.

The community there at SF is like none other. It is a support network where I have friends in the staff members to this day, from my student and teaching days, and am blessed to have some of my closest friends coming from St. Francis.

What advice do you have for young women who feel that they might have a calling to consecrated life?

If you feel called to serve God in a bigger way or to give your life for a bigger purpose, you may have a calling to be a religious sister, the bride of Jesus himself. Make time for silence and prayer. Take time, especially in adoration, to talk to God like you would to any other person. Build up that relationship. Go on a discernment retreat. Go to confession regularly. Try going to daily Mass. Pray the rosary. Find someone you can talk to about this like a religious sister or a priest who can direct you. You are not alone. Or write me a letter to my monastery.

Thank you, St. Francis Catholic High School staff, students, parents, and supporters. Please pray for me on this journey and know of my prayers for all of you.

To learn more about the Monastery of the Blessed Sacrament and the way of life of the Dominican nuns, visit www.opnuns-fh.org.

National Vocation Awareness Week (November 5-11, 2017) is an annual celebration of the Catholic Church in the United States dedicated to promote vocations through prayer and education, and to renew our prayers and support for those who are considering one of these particular vocations.

We are proud that a few of our Troubadours were open to God's call of the consecrated life, spreading the Good News of Jesus Christ.

Sr. Jeremy Carmody, OP '45
Sr. Mary Rosaleen Driscoll, SCH '46
Sr. Mary Monica '49
Sr. Pauline Risse, OSF '49++
Sr. Catherine Bernard, '49
Sr. Michele Mangan, OSF '51
Sr. Carole Marie Kelly, OSF, EdD '52
Sr. Dorothy McCormack, OSF '52
Sr. Marianne Rasmussen, OSF '52
Sr. Eileen Dewsnup, CSC '54
Sr. Claire Graham, SSS '55
Sr. Ann Wallender, '56

Sr. Mary Litell, OSF '58
Sr. Kathy Wood, OSF '60
Sr. Mary Katherine Doyle, RSM '62
Sr. Sharon Joyer, S.N.DdeN. '65
Sr. Deborah Lockwood, OSF '65
Sr. Sherry Marshall, OSF '65
Sr. Terry Davis, SND '67
Sr. Maryanne Beeler, SJS '70++
Sr. Anne Sekul, RSM '70
Sr. Kathryn Camacho, SND '72
Sr. Carolyn Kinney, OP '72

++Deceased

"Becoming a priest or a man or woman religious is not primarily our own decision.... Rather it is the response to a call and to a call of love."
Pope Francis, July 6, 2013

ALUMNAE EVENTS

LEGACY FAMILY BREAKFAST | AUGUST 23, 2017

It was a gorgeous morning as we welcomed over 30 Legacy Alumnae for pastries, coffee and reminiscing. Legacies are Alumnae who are the mom, aunt, grandma, or sibling of a current Troubadour. We currently have 213 students on campus who are part of an SF Legacy, which includes 52 mothers, 50 aunts, 6 grandmothers, and 166 sisters/step-sisters!

The Class of 2018 has the most on campus with 82 Legacy relationships, followed by 69 Legacy relationships for both Class of 2020 & 2021. Class of 2019 is close behind with an impressive 54 Legacy relationships. We are excited to have so many Alumnae returning to campus with their families!



FOLLOW US!

Keep up with everything here at St. Francis.



ANSWER THE CALL!

St. Francis has engaged the services of PCI to help us update the contact information for our Alumnae.

St. Francis Catholic High School has recently launched a comprehensive data verification project. Beginning in November, PCI will be reaching out to you to get updated personal and business contact information. You may receive a phone call and a post card from PCI, our data verification service. Please respond to this outreach so that we can keep you informed of Alumna news and school happenings. Your prompt assistance in updating your information is greatly appreciated.

CELEBRATING OUR ALUMNAE



Margot Wolfersberger '09 was promoted to USAF Captain on Friday, September 22nd. She was also one of five honorees at the Thunderbird air show two days later. Margo was the recipient of the Pax et Bonum Award her senior year. The Pax et Bonum Award represents St. Francis Catholic High School's highest honor and is presented to a senior who best exemplifies the qualities of peace and goodness through her faith, excellence, leadership and service.

1956

On August 5, **Barbara Byrnes McDonald '56** launched the publication of her book, "Slip Sliding by the Bay," with a reading and book signing at the Book Passage in Corte Madera. The book is a satire of events at a Catholic college which has fallen on hard times. It is set in San Francisco and loosely based on Lone Mountain, once known as San Francisco College for Women. Barbara graduated from Lone Mountain and was subsequently employed there for a time. Barbara said, "I graduated from San Francisco College for Women in 1960 and received an M.A. in English Literature from Dominican University in 1973. Sister Ursula was the teacher who first encouraged me to write during my years at St. Francis."

1 **Barbara Byrnes McDonald '56 & Nora Helzer Rodriguez '56**

1977

Kristin Thompson-Higgins '77 daughter, Alix Mackenzie Higgins was married to Matthew Bowen on June 10, 2017.

1984

Members from the Class of 1984 gathered for a fun evening: Katie Baker Villegas, Betsy Bryan, Kim Corderman Stahlman, Jill Tobia, Erina Lucchesini Soria, Judi Bagley Kane, Lisa Grech Page, Helen Fox McCloy, Liz Baker Martinelli. **2**



Members from the Class of 1955 gather monthly to enjoy time together. Their December 6th luncheon will be held on the St. Francis High School campus. **Elaine Sturges, Nancy Aguilar Whalen, Nancy Martin Lipps, Marlene Monnich Rose, Carolyn Porcella Moore, Clare Ann Squires Hayes, & Mary Van Dillon Keowen.**



UPDATES

Do you have exciting changes or news to share? We love staying connected and want to hear from you. Visit the alumnae page of the website (www.stfrancis.org/alumnae) to update your contact information and find out about upcoming events. You can also email your address, email and phone number as well as your updates and digital pictures for future *Pax et Bonum* magazines to:

Dawn Winston Cullo '91, Alumnae & Constituent Relations
dcullo@stfrancis.org, 916.737.5020

1991

The daughter of **Michelle Harris '91**, Kayla, recently graduated from college and made the cover of the Redbook Magazine and is a Model for Forever 21. Michelle said "I am beyond a proud mother! She is my greatest accomplishment!"

Monica Skewes '91 was tenured and promoted to Associate Professor of Psychology at Montana State University in Bozeman.

1993

Anne Smith Harty '93 is the Associate Director of Admissions for Creighton in Northern California. Anne with Katie Mumm '17, & Paula Mumm. **3**

2003

Stephanie Fake Isabell '03 married Matt Isabell in Lake Tahoe on August 13, 2017. **Christie Langston '03** was her maid of honor. **4**

Congratulations to current English teacher at St. Francis, **Ashley Moore Thomsen '03** who welcomed Levi Douglas, born August 30. He joins three-year-old big brother, James. **5**

2005

Hayley Higgins Figeroid '05 and her husband Stu (Jesuit '04) welcomed their second child, Margaret Marie, on May 20th. Their son, Dennis, is very excited about his new role as big brother! **6**

2008

Kimberly Johnson Marble '08 is currently deployed to eastern Afghanistan supporting the fight against ISIS and the Taliban amongst other threat groups. The current military focus is to bring stabilization to the Afghan government and train their military to sustain operations against these threat groups. She has been in for 4.5 years and enlisted after going to school at San Jose State. Kim said, "I am an Intelligence Analyst and love my job. I directly contribute to keeping my guys safe. I am getting promoted to sergeant soon and at that point I will decided if I want to become a warrant officer (expert in my field) or follow other career dreams of being an analyst for one of the three letter agencies. While I really enjoy the Army, it does take a toll on family life."

Her husband, Nick, is a combat veteran and currently at her home base in Washington State with their two sons, Jedrek (almost 3) and Darren (just turned 1.) Kim's parents still live in Sacramento as well as her siblings and dear friends. Kim is still really close with some of her fellow Troubies and they get together as often as they can. **7**



2009

Samantha Osborn Dotterweich '09 graduated from the University of Notre Dame in May 2013 with a degree in Music: Vocal Performance, with honors. She went on to earn a Master of Sacred Music in May 2015. Samantha has sung several principal opera roles, including Barbarina in Mozart's *Le Nozze di Figaro*, Paquette in Bernstein's *Candide*, and Despina in Mozart's *Così fan Tutte*. As a concert soloist, she regularly performs works by Handel and Bach. Samantha also devotes much of her time to choral music, singing with professional ensembles in Boston, Indianapolis, and Chicago, and acting as the establishing director of the Neighborhood Choir Academy with the Indianapolis Children's Choir. Samantha and her husband William (Jesuit '09) currently live in Boston, where she sings professionally as a chorister and concert soloist. Samantha and William are expecting their first child in December. **8**

2010

Caitlin Clark '10 graduated with her Doctorate in Physical Therapy from Duke University Medical School. In 2014, Caitlin earned her Bachelor of Science degree majoring in Anthropology and Human Biology from Emory University in Atlanta where she played collegiate soccer. Caitlin will return to Atlanta to begin working for Physio Physical Therapy in July. **9**

Kathryn Mindt '10 became engaged to Dan Carson in March 2017 and they are planning their wedding for June 2018. **10**

2011

Angelica Whaley '11 graduated with a degree in Music: Vocal Performance from Saint Mary's College of California in 2015. She recently moved home to Sacramento and opened The Willow Ballroom & Event Center, an event center located on the Sacramento Delta. Some of her past brides also happen to be SFHS Alum and faculty!



Maheen Ahmed '11 just completed the nationally-recognized Assembly Fellowship, part of the prestigious public policy Capital fellowships, as one of 18 fellows working in the California State Assembly. She had the unique opportunity to staff Assemblymember Dr. Joaquin Arambula for a year on priority budget and policy bills related to healthcare. She hopes to continue working in the field of public policy.

2012

Katherine Clark '12 graduated with high honors from the U.S. Coast Guard Academy with a Bachelor of Science degree in Management and a commission as an Ensign. Katherine was a varsity starter and two-time captain of the CGA Women's Soccer Team and received the Captain Lee H. Baker Award, which is presented to a female senior for inspirational leadership in Academy athletics. Ensign Clark will begin her career as a Watch Deck Officer on the Cutter Walnut (WLB-205), a 225 foot Sea Going Buoy Tender home-ported in Honolulu. She is the 5th "A" Class buoy tender of the Coast Guard's Juniper Class buoy tender fleet. Walnut's primary mission is to maintain Aids to Navigation (ATON) utilizing the Dynamic Positioning System of the ship or Walnut's Dive Team. Other missions that Walnut performs are: Maritime Law Enforcement, Port/Waterways and Coastal Security, Search and Rescue and Environmental Protection. **11**

2013

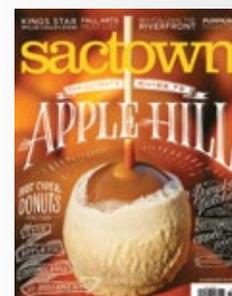
Jessica Gutierrez '13 received her undergraduate degree in Design Studies with a Concentration in Graphic Design from San Jose State University. She is currently working as a freelance graphic designer, and will continue her education at SJSU to receive her teaching credential for Art education. Jessica said, "My goal is to bring together my passions for education and art in order to inspire students to exercise their own creativity." **12**

2016

Alisha Ahmed '16 is part of the new Unity Center exhibit at the California Museum in downtown Sacramento, representing Muslim Youth and shedding light on hate crimes against minorities in California and the US. She shares her personal story about wearing the Hijab in the exhibit, which will be in the museum for the next five years. Alisha said, "This is especially important to my time at St. Francis because I facilitated Hijab Day every year, a day where students were able to experience Hijab for a day. I'm also on billboards, bus stops and buses around Sacramento promoting the unity center." **13**



Emilee Rudd '11 designed the cover of the October/November issue of Sactown Magazine. This is actually Emilee's fourth cover for Sactown and she also painted the apple watercolor fine art illustrations on pages 54-55 of this issue. She's a creative freelancer in Sacramento doing graphic design, with a speciality in typography, branding/logos, signage/murals, and fine art. Emilee's been lucky enough to work with Temple Coffee, Paragary's, and Park Winters. She has also done work for Papyrus, Sunset Magazine, and Outside Lands Music Festival. Emilee credits the amazing art department at SFHS — Mr. Romo and Mrs. Stember, as well as Mr. Marko and Mrs. Carlisle. "Mrs. Carlisle had taken me aside my senior year and gave me the courage to pursue a career in the arts — I owe her memory a lifetime of thanks for that." emileerudd.com
Instagram: @emileerudd



REUNIONS

It's REUNION TIME!

If your class year ends in a "3" or an "8" it's time to start planning your reunion for 2018.

Please contact:
Dawn Winston Cullo '91
Alumnae & Constituent Relations
dcullo@stfrancishs.org
916.737.5020

CLASS OF 2012: 5TH REUNION
The Class of 2012 will be holding their 5th Reunion on December 23, 2017 at Hot Italian located at 1627 16th St., Sacramento, CA 95814 from 6:00-8:30PM. Purchase your ticket at www.venmo.com/curiousgeorge5year. Please include your name in the text to RSVP. Questions? Contact:
Hannah Gonzales
hannahgonzales@gmail.com



CLASS OF 1967: 50 YEAR REUNION



The Class of 1967, who was the first class to fully attend the M Street location all four years celebrated their 50th Reunion in style at the California Auto Museum with Christian Brothers on October 14, 2017.



CLASS OF 1987: 30 YEAR REUNION

Class of 1987 held their 30th Reunion at Piatti's in Sacramento at the Pavillions on October 14, 2017 and they had a great time catching up with their fellow classmates.



CALENDAR

FEBRUARY

CRAB FEED

Saturday, February 3, 2018

GET CRACKIN'! Don't miss out on the best high school crab feed in town! Mark your calendar now. This is always a sell-out event!

For more information, visit www.stfrancishs.org/crabfeed.

REVELRY GALA & AUCTION

Saturday, February 24, 2018

Join us for "An Evening in Wonderland" when we celebrate our 12th Annual Revelry Gala & Auction. Head down the rabbit hole and enjoy an evening frolicking with old and new friends, fine dining with delicious libations, and wonderful entertainment followed by a rousing live auction with many "once-in-a-lifetime" items. This is the premier "can't miss" event so bring your family and friends. The funds raised this night allow for important school enhancements including facility improvements, technology upgrades, spiritual enrichment, academic excellence, performing arts and athletic opportunities and much-needed scholarship assistance. For more information, visit www.stfrancishs.org/revelry.

"But I don't want to go among mad people," Alice remarked.

"Oh, you can't help that," said the Cat: "we're all mad here. I'm mad. You're mad."

"How do you know I'm mad?" said Alice.

"You must be," said the Cat, "or you wouldn't have come here."

-Lewis Carroll, Alice in Wonderland

MARCH

"TWO GENTLEMEN OF VERONA"

March 9-17, 2018

Two Gentlemen of Verona is a comedy about the adventures of two buddies, Valentine and Proteus. When Proteus falls in love with his best friend's girlfriend, Sylvia, the boys find themselves torn between the bonds of male friendship and romance. Proteus' forgotten girlfriend Julia goes undercover as a page and the fun begins. A play about friendship, loyalty and teen infatuation explores a variety of themes we find in Shakespeare's more recognized comedies. *Two Gentlemen* was written as early as 1590-91 and appears to be his first play.

Two Gentlemen of Verona inspired the 1998 film *Shakespeare in Love* and was also made into a rock musical that won the Tony Award for best show in 1971. The St. Francis production is mounting an all female cast playing all the characters in an Archie comic book inspired setting. This fast paced production is sure to delight, engage and most importantly, entertain our audiences.

For more information, visit www.stfrancishs.org/arts.

For more information on events,
visit www.stfrancishs.org/events.

THE ST. FRANCIS HIGH SCHOOL COMMUNITY MOURNS THE LOSS OF THE FOLLOWING ALUMNAE:

Mae Loraine August '49

Sr. Pauline Risse OSF '49

Mary Terese Donan '51

Sally Shields Norton '58

Molly Devine '78

Phyllis Wootton, SFHS Staff Member

SING TO THE LORD, ALL CREATURES!

WORSHIP GOD WITH YOUR JOY;

PRAISE GOD WITH THE

SOUND OF YOUR LAUGHTER.

KNOW THAT WE ALL BELONG TO GOD,

THAT GOD IS OUR SOURCE AND OUR HOME.

ENTER GOD'S LIGHT WITH THANKSGIVING;

FILL YOUR HEARTS WITH GOD'S PRAISE,

FOR GOD'S GOODNESS IS BEYOND COMPREHENSION

AND GOD'S DEEP LOVE ENDURES FOREVER.

PSALM 100



5900 ELVAS AVENUE
SACRAMENTO, CA 95819

NON-PROFIT ORG.
US POSTAGE
PAID
SACRAMENTO, CA
PERMIT #290

For information about important dates and upcoming events, please visit our website:
www.stfrancishs.org

Parents of Alumnae:

Please forward this publication and notify the Advancement Office of the updated address for your daughter.



CRAB FEED

DINNER & DANCE

SATURDAY, FEBRUARY 3, 2018

COCKTAILS 5:30PM • DINNER 7:30PM
FEATURING LIVE MUSIC BY "CLEAN SLATE"

WWW.STFRANCISHS.ORG/CRABFEED

\$65 PER PERSON
TABLES OF 8 FOR \$480



ONE MONTH! TWO GREAT EVENTS!



AN EVENING IN Wonderland

REVELRY GALA & AUCTION

SATURDAY THE
TWENTY-FOURTH
OF FEBRUARY
TWO THOUSAND
EIGHTEEN

