



PAX ET BONDUM

SPRING 2012 VOLUME 9 • NUMBER 2



St. Francis
CATHOLIC HIGH SCHOOL



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OUR THANKS TO CYNTHIA SHEFFER OF PINKIE PICTURES PORTRAIT PHOTOGRAPHY FOR THE COVER PHOTO.



The *Pax et Bonum* magazine seeks to share with the reader the spirit of St. Francis High School. Stories and pictures of the activities and accomplishments of students, parents, staff and alumnae provide glimpses into the ways in which the school's mission is carried out and its legacy continues. St. Francis benefactors are gratefully acknowledged in the *Annual Report of Donors* in the fall.

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St. Francis High School is Fully Accredited by the
Schools Commission of the Western Association of Schools and Colleges

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PRESIDENT'S MESSAGE

DEAR PARENTS, ALUMNAE AND FRIENDS OF ST. FRANCIS HIGH SCHOOL:

It has been a grand and glorious journey here at St. Francis High School—the ride of a lifetime. How does one say good-bye? How does one characterize the joys and riches, the growth and achievements of such a journey?

As I reflected on the past eleven years, a song echoed in my memory, one that we all sing from time to time called “Seasons of Love.” It’s from the musical “Rent.”

525,600 minutes...how do you measure a year?
How do you measure a St. Francis High School year—times eleven!
In students, in classes, in fun-fetti, in dances.
In retreats, in liturgies, in spirit week, in *Kairos*.
525,600 minutes...how do you measure the **fullness** of SF life?

How about love? How about love? How about love?
Measure in love. Seasons of love.
525,600 minutes...how do you measure **success** in SF life?
In buildings, in programs, in events, in dinners, in Revelry.
In dollars, in productions, in meetings, in enrollment, in achievements.

How about love? How about love? How about love?
Measure in love. Seasons of love.
525,600 minutes...how do you measure **fulfillment** of life at SF?
In people, in friendships, in lunches, in laughter, in memories.
In mothers, in daughters, in sweet song, in prayer.

How about love? How about love? How about love?
Measure in love. Seasons of love.

It’s time now to sing out
The story never ends.
I’ll celebrate, remember a year (x11) in the life of friends.

How about love? How about love? How about love!
Measure in love. Seasons of love. Seasons of Love!

With much love,

Marion L. Bishop
President



A DECADE OF
LEADERSHIP





MARION BISHOP, PRESIDENT OF ST. FRANCIS HIGH SCHOOL in Sacramento, will retire in May, leaving the administrative role which she assumed in 2001 and continued to define for the next decade as the school's first president in its 70-year history. Despite bittersweet reflection, she feels "singularly blessed."

"Everything I've done in my entire life led to this position," she says in a recent interview, revealing a hint of emotion. She fondly recalls her lifetime of involvement in Catholic education, while also considering the scale and variety of her contributions to St. Francis, her capstone success and leadership story.

"It has been the ride of a lifetime," she says with a contented smile, suggesting she would not have changed her experience at all.

Her accomplishments can best be described as crucial, turning-point projects in the school's history. Her hand in the planning and expansion of the physical campus resulted in the addition of a state-of-the-art science wing, an unmatched performing arts center, religious sculpture and art, and a new academic administration office building. These changes led to a beautifully-remodeled campus life center and new counseling offices. Bishop also pushed for a new gymnasium and locker and physical fitness center, originally absent from the construction plan.

& SERVICE

BY LYNETTE MAGNINO

Reprinted with permission from Catholic Herald Magazine

"It was imperative," she explains. With student enrollment figures increasing annually, Bishop recognized that a new gym would be the only location where the entire student body could gather for assemblies, liturgies and events. Since 2001, the enrollment growth of 44 percent demonstrates the significance of her vision.

Bishop advocated for these projects working with the diocese, architects, construction teams, committees and fund development strategists to bring them to fruition. She concedes that the full extent of her vision remains incomplete, but she hopes work might continue to create appropriate dining facilities for students, and to fulfill the negotiations and plans with the U.S. National Guard to transfer and develop their adjacent property by the end of 2014.

Continued on next page



Marion Bishop will leave a legacy of excellence crafted by her heartfelt devotion to the education of young women. She has faithfully served the Lord Jesus and the Church in this worthwhile endeavor over many years. I am grateful to Marion Bishop for her faithful service.

Most Reverend Bishop Jaime Soto

Even as this year moves quickly by, she continues to oversee a range of campus projects; a beautiful vegetable garden and solar panels, which will result in a \$1 million return over the next 25 years while producing 30 percent of the electricity annually needed on campus.

Beyond the physical landscape, Bishop also influenced spiritual aspects of the all-girls Catholic high school. Embedded within the everyday Catholic culture, Bishop emphasized a key message to the young women “to discern who they are as individuals and what gifts and talents they bring to the world.”

“Their call is to be the best they can be. In doing so, they become holy,” she says, referring to how a person’s worth does not exist in his/her appearance or some false image, but rather in “who these young women become in their fullest measure.”

Bishop describes how important it was to develop the Kairos retreat program at St. Francis. Through Kairos, seniors arrive



2001

- ♦ SFHS adopts President-Principal model of governance and Bishop William K. Weigand appoints Marion Bishop as the first President. Marion’s goals: to invite collaboration; to ensure checks and balances and empower board members and committees; to guide the school’s expansion and support the capital campaign; to ensure that the spirit of SFHS be upheld and promoted.

2002

- ♦ Construction begins on a \$25 million campus expansion.
- ♦ The Finance Office is reorganized and the first full financial audit is completed.

2004

- ♦ Construction of Phase 1 of the expansion is completed: the new gym, Arts Complex, science classrooms and administration building open.
- ♦ The first Kairos retreats are offered; seniors continue to report Kairos as the most significant experience of their time at St. Francis.

Without hesitation I can say that I have loved every moment that I have had the pleasure of working with Marion Bishop. I am forever changed because of her support of me personally and professionally. Admittedly, I was a bit intimidated by her in the beginning; I have come to find Marion to be a loving, companionate, and nurturing person. Her zeal for the success of our girls and her total, complete and unconditional love for the girls will remain her biggest legacy. My only wish is that, while enjoying her new adventures, Marion will remain part of the extended St. Francis community. Once a Troubie, ALWAYS a Troubie.

Patrick O'Neill
Principal 2009 to Present



at a point where they can honestly assess who they are, and how they articulate their faith life and their relationship with God. She feels strongly that since the implementation of Kairos retreats in 2006, all retreat and liturgical programming has been strengthened.

As president, she also elevated an awareness of the importance of "relationship," she says. During her tenure, the school has strengthened alumnae support for its future and built up its database of 3,500 alumnae to more than 8,000 – a more than 200 percent increase.

At retirement, Bishop leaves behind a lasting legacy of love. Almost 70, she looks forward to joining her already-retired husband Paul to "pray and play." Eager to build upon a faithful prayer life, she imagines centering herself in a new way that involves her grandchildren, home life and travel. She also acknowledges, however, "there is another life inside of me...it's still a mystery to me, but I do feel this may be simply a transition point." ❖

It hardly seems like eleven years ago since I appointed Marion Bishop as President of St. Francis Catholic High School. Marion has fulfilled my expectations very capably and professionally during her tenure. I couldn't be more pleased at how, under her leadership, the campus has been greatly expanded and beautified and the enrollment of girls increased. Besides maintaining the history of academic excellence and public acclaim, Marion has also been adept at keeping the Catholicity of St. Francis High School vibrant and the Catholic formation offered the girls strong. Indeed, I am grateful to Marion Bishop for her effective stewardship as St. Francis Catholic High School's first President.



William K. Weigand
Bishop Emeritus of
Sacramento

2006

- ♦ Care Committee is established to assist students and families with academic, financial, emotional, medical, family, community or other needs.
- ♦ Auxiliary groups join forces to put on the first *Revelry* all-school fundraiser.
- ♦ With the school year theme of *Caring for God's Creation*, the seven principals of the Social Justice teachings of the Catholic Church begin to be woven into the life cycle of the campus.

2007

- ♦ School enrollment grows to 1044

2008

- ♦ Campus-Life Center and adjoining classrooms are renovated. The former gym is converted into offices for the Guidance Department and work and storage space for the Maintenance Department.
- ♦ *Troubie Magazine* for prospective students is first published.

Words are not enough to express our deepest gratitude to you, Mrs. Bishop, for the 8 years (2004-2012) you have been to us a woman of wisdom, love, faith, beauty, finesse, joy, humility, humor, kindness, and charity. Your compassion and generosity have not only blessed our family, but so many others as well. Every year we - the three sisters, Marion, Mary Kate, and Angela - have had to request financial aid and every year you are there to give it to us. Thank you very much. You have been an instrument for us to experience the Pax et Bonum of St. Francis High School, which we truly appreciate and are deeply grateful. We are going to miss your physical presence and your contagious talents and gifts that make St. Francis High School so beautiful. Most of all, we will miss your gift of spirituality that you have shared with all of us. God bless you, Mrs. Bishop! We love you.

With Sincere Gratitude,
Marion '08, Mary Kate '11, Angela Sarte '13 & Family



I had accepted the principalship in 1998 on condition that the diocese appoint a president. Although it took them a little longer than I had hoped, when Marion came on board, she brought energy, enthusiasm and a deep love of the school. She pursued efforts to expand the school by working with the National Guard, professionalized the school board, and made the wise decision to add on the new gym in the planned expansion of the facilities. That took courage and vision. That vision continues this year with the solar power project. Congratulations, Marion for all your accomplishments.

Kay Gaines
 Principal 1998-2004

Twenty years ago, Marion and her daughter, Leah, gave me a book of paper cuttings by Dan Paulos, with quotes from Mother Theresa of Calcutta. I cherish that book and we have used its images for celebrations on campus. I have known Marion for years, and she is a woman of deep prayer. This is essential for leadership and strength. Our school offers myriad gifts and opportunities; Marion reminds us, like the words of St. Clare, "Above all, be lovers of your souls."

Rick Norman
 Theology Department Chairperson

Marion Bishop's profound faith guided her every action and decision as president. While Marion of course valued St. Francis High School's exceptional academic education and quality programs outside the classroom, she always kept in mind that the primary mission of St. Francis is to nurture students' relationship with God and help them understand that they are the hands and voice of Jesus. In this way, Marion Bishop was – and continues to be - a model for us all.

Andreas Agos
 Principal 2004 – 2009



2009

- Marion guides SFHS's response to Loretto's closure, preparing school personnel and the campus for the influx of displaced students and assuring that students and parents are welcomed into the community. School enrollment grows to 1150.

2011

- Memorandum of Understanding for the transfer of title with the National Guard is signed, to be executed in December 2013.

2012

- A 309KW (DC) photovoltaic installation on campus rooftops is completed

ST. FRANCIS FORMS NATIONAL GUARD PROPERTY UTILIZATION COMMITTEE

The first meeting of the St. Francis National Guard Property Utilization Committee was held in March 2012 to discuss options for the future uses of the property northwest of campus along Elvas Avenue, commonly referred to as the 58th Street Armory. While responsibility for raising the funds for property acquisition and improvement lies with the school's President and Advancement Department, the Utilization Committee's mission is to "Develop an optimal plan for future uses of the former National Guard property for the benefit of the St. Francis community."

The National Guard Property Utilization Committee members will initially consult with coaches, Booster Club leadership, and the Athletic Director to determine optimal configuration of campus athletic facilities. In addition to sports facilities, the committee will investigate the school's parking needs and traffic circulation as well as facility uses that provide for revenue generating activities that do not conflict with school community needs. The scope of discussion will extend to future City improvements slated for Elvas Ave and 65th Street and the Sacramento Streetcar Study. The committee anticipates presenting a plan with multiple options and budgets for consideration by the Administration and School Board in December 2012.

National Guard Property Utilization Committee members include President Marion Bishop, incoming President Margo Brown, Director of Finance Sharon Tobar, Principal Patrick O'Neill, Dean of Students Bill Hanrahan, and Maria Balbierz, Tom Kandris, Fedolia "Sparky" Harris, and Bob Kjome. Marion Bishop is excited to start with the committee and will stay on until her retirement. Tom Kandris (grandfather of Haylee Rademann '13) is a member of the St. Francis School Board and the CEO of American River PackageOne. Fedolia Harris (Kennedy '15) is a Senior Planner with the City of Sacramento and will provide insight into planning requirements. Bob Kjome (Kirsten '16) and Maria Balbierz (Elizabeth '11 and Gillian '14) have been involved with the planning and construction of previous campus improvements while working for Roebbelen Contracting, Inc.

Bob Kjome stated, "We have the school's support, board's support, and parents' support needed to make the optimal recommendations for the use of this property and welcome feedback from the St. Francis community." ❖



"The best way to predict the future is to invent it."

- Alan Kay, scientist, Xerox PARC

And that is exactly what Marion Bishop has done for St. Francis High School. She invented, set goals, led, pushed so very gently that you were on her team by default. Through her mighty efforts and with the teams she assembled, Marion completed huge defining projects that set St. Francis on a future course with incredible momentum.

We were part of the St. Francis experience for 4 years with our daughter Rory. The time was so brief but the lessons learned by Rory and us and the ideas put forth will last a lifetime. By example, Marion has shown to several generations of St. Francis girls that leadership takes many forms. Marion, thank you, we are grateful for your years of vision, action, guidance and service.

Jerry & Sandy Tokunaga
Parents of Rory Tokunaga '10

When asked to reflect on Marion Bishop and the commitment she has made to St. Francis HS and the Diocese of Sacramento these are the words that stand out most: professional, integrity, passion, prayerful, reflective, poised, committed and caring. During many conversations with Marion I have always found her to be a person of strong faith, someone with a vibrant prayer life and an obvious love of the lord and the church.

I wish Marion a blessed retirement and I know this is just the end of one chapter of her beautiful life and I can't wait see what the next chapter holds!

Sister Eileen Enright, RSM
President, Cristo Rey High School



Trisha Uhrhammer is a former SFHS Teacher and Administrator, now Principal of Holy Trinity School in El Dorado Hills. She is the mother of Stasia '09 and Emilie '12.



KAY GAINES: THE QUINTESSENTIAL TROUBADOUR

BY TRISHA UHRHAMMER

The quintessential Troubadour, Kay Gaines has spent the last 43 years building, expanding and celebrating the journey of faith, excellence, leadership and service that is the spirit of St. Francis High School. A woman of deep faith, she has led St. Francis with a vision of academic excellence and a true desire for all students to grow and pursue lives as Catholic-educated women, ready to lead in their chosen professions, their communities and the world.

Initially arriving on the campus in 1968 to fill a teaching post in Social Studies, Mrs. Gaines' influence quickly expanded into each brick and classroom and, most importantly, the education of each young Troubadour who entered the halls of St. Francis. While serving 16 years as the Social Studies Chair and teacher, Mrs. Gaines consistently raised the standard of academic excellence, introduced the Advanced Placement US History program, built an emphasis of research writing with the infamous term papers to hone students' writing skills, and created the Mock Election. One could often peek in and watch Mrs. Gaines holding a reenactment of an historical trial, a debate or engaging students in reading countless primary documents in search of the historical truth. Out of this was born the tradition of entering St. Francis research papers into the History Day competition. Mrs. Gaines chaired the 1976 WASC Self Study, and chaired every report thereafter until 1998. She also initiated the student trips to the East Coast and abroad.

Understanding that student learning is at its best when students take charge of their own learning, she envisioned the SF Mock Election, where students run as candidates, develop their own campaigns and work at real campaign headquarters to better understand politics at all levels of government. In the years before computers, Mrs. Gaines often stayed late at night pasting together *The Electorate*, the Mock Election political newspaper, for publication. Many were thrilled when, in 1984, the nomination of Geraldine Ferraro as the Democratic VP running mate offered a chance for a student to portray a woman, rather than a man, in the Mock Election! SF still enthusiastically offers a Mock Election each gubernatorial and presidential election year for the entire school.

Continued on next page







DEAR MRS. GAINES,

I transferred to St. Francis Sophomore year, and promptly joined the debate team. By Junior year I was captain, and had a wonderful coach and always had a great time with the girls. I looked forward to every tournament to engage in competition and embody the Troubie spirit, grace, and intelligence in all the matches. Although being proud of her school may seem typical of a St. Francis girl, participating in debate meant a lot to me because I had spent eight years in speech therapy prior to coming to St. Francis. To have St. Francis welcome me and make me feel that they were proud of me is something that has inspired me beyond measure, and still continues to.

Your attendance at the debate matches exemplified the ceaseless support and heartfelt love of St. Francis. You came and sat with us girls, talked with us, and gave us encouragement and support when we were nervous and excited. You didn't have to be at the tournaments. You didn't have to take interest. But you did. You were proud to be part of the Troubie community, and you showed it.

Thank you for being an inspiration for all us girls to learn from and look up to.

Amy Bush, Class of 2010

Mrs. Gaines offered lasting contributions in her role as Vice Principal, from 1985-1998, when she simultaneously oversaw Academics, served as the sole college counselor for all students, was Dean of Students and, by hand, developed each student's schedule until Mr. Schwing eventually created a computer program to handle this monumental task. At this time, Mrs. Gaines returned to school herself, completing a Masters in Educational Leadership at St. Mary's College and taught in their graduate program while continuing her duties at St. Francis. Fostering academic excellence at every turn, Kay supported the introduction of the Great Books Program and many new Advanced Placement courses, often with a low enrollment of fewer than 10 girls. She was determined to carry these fledgling courses without increasing other class sizes. Advanced Placement classes in the foreign languages, sciences and arts all started in this manner and, as Mrs. Gaines envisioned, have grown into core strengths of the school.

In 1998, Mrs. Gaines was asked to take the helm of the school. As the new principal, she organized a leadership team and, with members of the newly created SF School Board, began work on a Master Plan encompassing a campus expansion. The next year, the governance structure changed to the President/Principal model and Marion Bishop, the first President of St. Francis High School, assumed leadership of the expansion and associated capital campaign.

Mrs. Gaines always valued student leadership opportunities and held the conviction that if we open the doors for our students,

IN FEBRUARY, KAY GAINES ANNOUNCED HER RETIREMENT FROM ST. FRANCIS HIGH SCHOOL:



they will walk, if not sprint, through them. In hundreds of ways, large and small, she has supported the goal of providing opportunities and challenges for students. She also understood the challenges faced by teachers and searched for ways to provide them the resources and encourage their growth. However, she always kept a sense of humor. Many of us will look back fondly over these years and remember Kay Gaines as the Sugar Plum Fairy in the faculty version of the Nutcracker, in all her glory, complete with SF boxer shorts over her candy cane tights.

Kay continued to serve as principal for two additional years, then transitioned to Director of Special Projects, devoting her efforts to building St. Francis Academic Teams into some of the best competitive high school teams in the state and overseeing the vast array of testing programs, such as the SAT. Mrs. Gaines also quietly worked to establish a relationship with what is now our sister school, Nakamura Gakuen in Fukuoka, Japan. This program allows students of both schools to 'home stay' and attend school, becoming cultural ambassadors and absorbing each other's daily lives while making lifelong friends.

Mrs. Gaines' strong beliefs in offering nothing short of a stellar education redefined St. Francis to one of the premier academic high schools in Northern California. Perhaps more than anyone else, Kay understands the uniqueness of St. Francis High School – its mission, history, traditions and charism. Her commitment has given past, present and future generations of St. Francis students a great gift. God bless you, Mrs. Gaines! ❖

This is my 43rd year of service to this beautiful community, this great institution, and the wonderful faculty, staff, students and parents that have graced my life for so long. St. Francis community has nurtured my Catholic faith, encouraged me as a classroom teacher, department chair, assistant principal and principal and sustained me through life's challenges. I will carry with me the years of laughter, fun, friendships, prayers and love. How could anyone ask for more!

I have always looked forward to seeing our alumnae who come back to the school to catch us up on their lives. Image a career where you can help generations of young women develop their faith, knowledge, academic and people skills, and self-confidence over these four critical years of adolescence. It's been a joy.

Hopefully, all these special people will stay in contact via my personal email (and Facebook, once I get that up). I'll request the school to publish these once I move and get settled.

I look forward to more time to visit with my family in Colorado, watch my granddaughters grow up as well as enjoy time with my sister and her family. I'll be moving to Lewiston, Idaho, where I will be living near my sister and her family and making frequent trips to Colorado. I have good health and lots of energy and a loving family so I'm very fortunate.

I plan to emulate the amazing SF parents, students and staff who so generously serve our community by devoting my time to volunteer work in Lewiston. I have made some contacts already!

I'll follow you all on the SF website and SF Facebook and invite you to visit the great state of Idaho.



DEAR KAY,

Can you believe our paths first crossed in August, 1981? You taught me AP US History. Lucky for me, I learned so much more! I learned how to think critically, to write well, and about how positive role models are all around us (people like you!).

I must admit, though, I enjoyed being your Teaching Assistant senior year much more! I learned that I was capable of more than just being a student. I could correct papers, make cold calls for donations, and be treated with respect by faculty and staff. I could even earn an A+ from you!

I learned a lot by watching you while I was a student at St. Francis, when I came back for visits, and when I began working here again in 2007. When I was a student, I watched as you would welcome back alums and have them talk to us about college. When I came back to visit, you gave me a tour of the all of the changes here and let me chat with Charlie [Schwing] and Rick [Norman]. You encouraged me to apply here when the counseling position opened up in 2007. As I work here daily now, I see your positive effect on our school. Moira [O'Brien] was just bragging about how well you sell St. Francis and show the grade school gals how fun Robotics can be! But I know it goes way beyond that. You sell the school every single minute. You tirelessly work with Robotics, maintain the Japanese Student Exchange program, coordinate all of the AP tests, give tours, and promote student growth. I know that I don't know half of what you do here. But I do know that you have given yourself to this school in numerous ways for 43 years and have done a tremendous job. I love the way you have consistently promoted the positivity of St. Francis. This school has been touched by your influence for so long – how fortunate for all of us!

Your presence on this campus will be greatly missed. The best thing we can do is to emulate your spirit. I know I will do my best to promote St. Francis and encourage students to be their best, as you always have!

Much love to you as you begin your new journey,
Nora Wehrenberg Anderson '83





SOME PERSONAL OBSERVATIONS ABOUT KAY GAINES FROM A COLLEAGUE

BY RICH WELDON

I see Kay Gaines' lifetime involvement in education as a natural extension of her personal love of learning. She has an unusually wide-ranging curiosity and is an avid reader. I don't think she could ever accept that a life of learning isn't essential for anyone—she thinks it's one of the two or three things that people are made for.

It's been inspiring to witness Kay's commitment to programs that promote students' critical thinking and self-confidence. I probably am the teacher most associated with Great Books here at St. Francis, but the truth is, it was Kay's vision and support that initiated the program and allowed it to flourish across the curriculum. Great Books is just one of dozens of programs and venues on this campus that exist largely because of Kay's leadership. Her legacy is a high school where young women excel in areas that would have been unimaginable not too many years ago. (Girls building award-winning robots?—Come on!!!)

As a teacher, I am indebted to Kay for the unflinching support she has provided the faculty. Although she has been in administration in recent years, she has never lost sight of the challenges of the classroom and the dignity of teaching. Kay understands the value of a teacher and how to tell a good one from a bad one. She truly honors our profession.

In addition to her achievements, I will remember Kay for personal qualities such as her subtle wit and gracious manner. (I still recall receiving one of her trademark yellow post-it notes once—back in my “technologically-challenged” days—gently inquiring if I would like her help in accessing the nearly 500 unopened email messages in my account!) Most of all, I will

**HER LEGACY IS A HIGH SCHOOL WHERE
YOUNG WOMEN EXCEL IN AREAS THAT
WOULD HAVE BEEN UNIMAGINABLE NOT
TOO MANY YEARS AGO.**

remember the very real courage she showed in agreeing to serve as Principal when she was in the midst of grieving the death of her husband. Those of us who were around then can vividly recall Kay's style of quiet but determined and optimistic leadership. At a crucial time, Kay helped rally the spirits of faculty and student body and reminded us all what a blessing it is to be part of this school. ❖

Over the past seven years, the St. Francis Speech Team has won well over a hundred trophies and medals... and a piece of each of those awards rightfully belongs to you, Kay. You have been the wisest advisor, protector and friend that our team and its coaches could have imagined, and we are forever in your debt.

We wish you joy in your new adventures, and we envy the lucky people who will soon have you living as a force for good in their community, as you have been in ours!

Best wishes,

Judy Myers,
Cassandra Mennemeier and
Melissa Nicholson



TO MY DEAR FRIEND AND MENTOR, KAY,

If there is one singular statement that I can express about you, it is simply that you have made the world that surrounds you a better place, and enriched the lives of countless people. Not many people retire from a long career having made such a positive effect on their place of work. Your phenomenal vision and understanding of the beauty and power of education enabled the academic offerings at St. Francis High School to flower into a fabulous program that touched every student and teacher. You implemented the AP program, approved the offering of community college classes on campus, encouraged developing a peer tutoring program, and more.

As a teacher, your high standards encouraged students to reach for the stars and accomplish more than they expected of themselves. I know that countless young women (my own three daughters included!) found themselves faced with the task of writing term papers, but because they learned from you--and your influence on the Social Studies Department) they easily tackled such huge undertakings without any angst.

As an administrator—be it Vice-Principal, Principal, or Special Projects, you connected the classroom with the outside world (to mention a few: mock election on a grand scale, civic volunteering, most of the academic teams—MUN, Academic Decathlon, Robotics, Debate, approval of foreign travel trips, and the introduction of the sister school/Japanese Exchange Program.) You provided so many opportunities on and off campus for teacher continuing education, opening the new (and old) developments in education to everyone. Especially near and dear to me, was your leadership in expanding the college counseling program—what “fun” we had--I could write a book on our experiences!

My words touch only on a few of the memories I have that are connected to you, and one of them is captured in this picture taken in New Orleans at a NCEA convention with some of your favorite people! I am going to miss you SO MUCH, but know you have a lot of life left to live. Orofino, Idaho—be prepared...you may become a model city within a few years, shaped by none other than Kay Gaines!

With much affection and admiration,

Susan Pelz, former SFHS Teacher and Counselor



ROBOTICS TEAM





Olivia Dewey '14 was active in all aspects of building the Fembot's 2012 robot and was specially trained in welding. Olivia is also a cellist in the SFHS Chamber Orchestra, as well in the California State Youth Orchestra and Sacramento Youth Symphony.

LESSONS LEARNED: REFLECTIONS OF A ROBOTICS ROOKIE

BY OLIVIA DEWEY '14

Learning. It is a central theme for any Fembot, in particular, the rookies. The first lesson learned is *balance*—primarily, the balance between work and play. Many fun times are to be had during the odd hours spent in the Build Room after many people have long retired to their beds. These times also become our most intense and productive of all the hours we spend in the Build Room. All play and no work prevents us from rising to the challenges we face. Thus, rookie Fembots rapidly learn the delicate balance between work and play.

The second lesson learned is *Gracious Professionalism*. The philosophy of Gracious Professionalism has long been a standard that FIRST strongly upholds. Individuals acting in accordance with Gracious Professionalism treat others and themselves with kindness, justice, and respect. As Fembots, we learn to maintain these standards of conduct even when everyone is underfoot, your carefully clamped project was bumped and buried under a pile of aluminum scraps cast aside by a preoccupied team member, and to cap it all off, you procrastinated and missed the deadline for submitting your *brilliant* interpretive essay to Turnitin.com. Indeed, much Gracious Professionalism is practiced among the Fembots.

The final of the major lessons Rookies learn is *communication*. Clear communication is essential to the transfer of ideas and instructions. Excellent communication skills are also the key to spreading the word about our team and FIRST to the populace at large. Rookies are presented with their first opportunity to hone effective communication at the California State Fair. As rookies, we are encouraged to approach fairgoers and educate them about everything we stand for. Fembots also learn to communicate clearly with fellow team members and mentors. In the absence of clear communication, all theories, ideas, and instructions are lost in the bustle of the Build Room.

As a member of the Fembots, all avenues are wide open. We have extensive sub-teams, and a significant amount of specialization within those sub-teams. For the technically inclined individual, sub-teams such as Build, Field Build, CAD, Design, or Programming are highly rewarding. For the individual who is happiest when making connections with other people, sub-teams such as Special Events, Community Outreach, Business, Organization, and Media are found to be satisfying. Such diversity within the team makes for a blend of unique and fascinating minds in collaboration to lift our team to a higher level of excellence.

I have always been a person who derives the greatest satisfaction through working with my hands. To shape and create—art stretches its tendrils even into the seemingly cold world of engineering, science, and technology. It is something of a wonder when those carefully laid drawings take their true form in the third dimension. On the Fembots, I serve as the lead of Welding (an offshoot of Build), and am fully immersed in this creative process. Welding is an art within itself. The basic idea is to join two pieces of metal together by melting it and then adding additional metal, called filler rod, to create a seamless bond between the pieces. Each movement made, each dab of filler rod—it all must be accounted and compensated for. The torch moves across the aluminum with the finesse of a brush across canvas or a bow stroke across a string.

Learning never ends for the Fembots. It is a trek up a trail to infinity. Veterans assist rookies. Mentors assist veterans. It is cooperation. It is perseverance. It is passion. It is robotics at St. Francis High School. ❖



THE VISION OF US FIRST

BY KAY GAINES

On December 4, the St. Francis High School FIRST Robotics Team 692, aka the “Fembots,” hosted a tournament for FIRST LEGO League (FLL) middle school children. The theme for this year was Food Safety. Public, private and parochial teams engaged in competitions throughout this exciting day. Not only did the children compete with the robots they had built and programmed, but they also met with three separate sets of adult judges to describe their community outreach project on food safety, demonstrate how they engineered their robot, and describe their “gracious professionalism,” an essential element of all FIRST Robotics programs around the world. Over 500 were in attendance at this event, a key outreach effort of the SFHS FIRST Robotics Team 692.

In addition, three Catholic Diocesan School FLL teams were guests of the Fembots at Crocker Art Museum to view the special “Funk Art” exhibit of sculptor Clayton Bailey on January 6. Students and chaperones from Holy Cross, St. John Notre Dame, and Holy Trinity joined 10 Fembots for this fun opportunity to meld art and robotics.

The Fembots continued their service to the community by hosting an Exposition on March 10 for children ages 6-9, where they demonstrated the robots they built with at least one moving part and a “Show Me” board to explain what they learned about the first JrFLL theme, “Snack Attack.” Any school or parent can start a Junior FLL team. In fact, the Fembots themselves are mentoring 6 teams in the spring of 2012. The goal is to peak the interest of these younger children so they know that girls and boys in technology are cool!

HIGH SCHOOL PROGRAM, FIRST ROBOTICS COMPETITION

FIRST Team 692 invited 22 high school FIRST Robotics Teams to join them on January 7 for the official world-wide kick-off of the FRC competition through a webcast and viewing of a partial playing field built by former Fembot parent Aaron McKinley, (father of Kaitlyn Moring '10) in his garage. All information had to be kept under wraps until 9:00AM Pacific Standard Time on January 7. The robots built and programmed by high school students around the world require engineering skills unusual for 14-18 year olds. The SF FIRST team is composed each year of freshmen through seniors who are mentored by current parents and alumnae with ex-

pertise in engineering, programming, Computer Aided Design, web design, media and community outreach, business, and event planning. Students were engaged during first semester in two of their chosen areas. This spring has seen additional opportunities in business and public speaking.

Several adults have been with the team for many years, including Gary Blakesley (Brianne '07), who is in his 7th year with Team 692 as design mentor. Gary, as well as long time parent mentors Janet McKinley (Kaitlyn Moring '10), Shelby Lathrop (Victoria Luckinbill '12), and Rick Durante (Meagan '12) not only mentor the Fembots but have also become officials with the regional FIRST competitions. They see US FIRST as literally changing the world for young people—and ultimately the world we all live in.

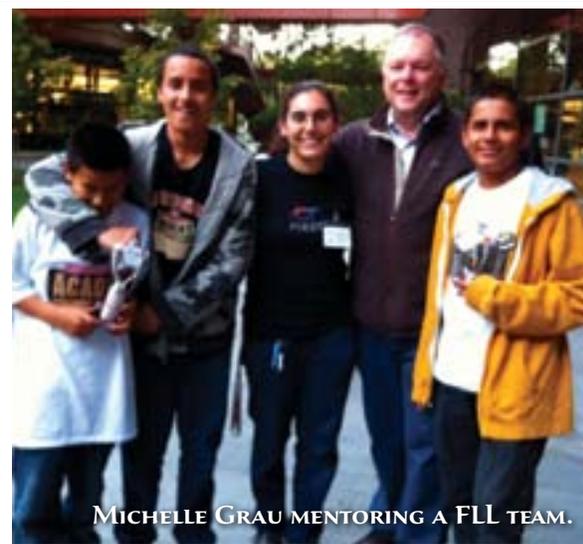
“TO TRANSFORM OUR CULTURE BY CREATING A WORLD WHERE SCIENCE AND TECHNOLOGY ARE CELEBRATED AND WHERE YOUNG PEOPLE DREAM OF BECOMING SCIENCE AND TECHNOLOGY LEADERS.”

Those mentors are joined by current parents Elena Fong (Jordin '13), Cheryl Demas (Danielle '12 and Nicole '05), Mary Forster Franklin '80 (Chelsea '15), Bruce Dewey (Olivia '14), Eric Leuschen (Maxine '15), Ray Cabral (Laura '14 and Suzanne '06), Steve Albert (grandfather of Tyler '13), alumnae Sherry Batin '03 and Krista Shelby '05, and many other parents and alumnae who are passionate about providing opportunities for SF students.

Following their appearance in the FRC competition at the UC Davis Rec Hall on March 16-17, 2012, the Fembots competed at a second regional tournament in Madera and at the world championships in St. Louis in April. ❖

For more information about US FIRST (For Inspiration and Recognition of Science and Technology), see www.usfirst.org.

See a video created by the Fembots: <http://bit.ly/yZIBey>



Dani Demas '12 has been selected as a recipient of the National Center for Women & Information Technology (NCWIT) Northern California Affiliates Award for Aspirations in Computing, which honors young women at the high-school level for their computing-related achievements and interests. She was also a runner up for

the national award, placing her among 200 young women selected from a pool of 1177 applications. Awardees are selected for their computing and IT aptitude, leadership ability, academic history, and plans for post-secondary education. Dani's selection for the award is attributable to her leadership and programming experience in SFHS Robotics. NCWIT will present the award during the 2012 C-STEM Day held on May 5, 2012, on the UC Davis campus.

FEMBOT FOR LIFE

BY MICHELLE GRAU, SFHS CLASS OF 2009, STANFORD CLASS OF 2013

To say that being on Team 692 changed my life is an understatement. I came in as a very quiet, scared freshman, thinking all I wanted to do was learn how to build a robot. And I did do that as a member of the Fembots, which is in fact why I am now a mechanical engineering major in college. But there is so much more to being a Fembot than building a robot. The friends I made on the team are still some of my closest friends. I learned leadership, organization, and people management as co-captain of the team for two years, skills that I use now as an officer in two clubs in college and that I used last summer in my job as a physics camp counselor (I was selected for the position, I might add, because I had my FLL mentoring experience on my resume, including the names of the schools we mentored, one of which was Sam Brannan Middle School. The director of the camp who interviewed me was from Sacramento and attended Sam Brannan as a kid. We hit it off right away, and I had my acceptance email in my inbox by the time I got home that day!). As a Fembot, I learned public speaking after giving presentations to sponsors and appearing on TV several times. This helped me last year when I had to take a mandatory class on giving presentations. I breezed right through it while every other person appeared nervous and stressed. My experience on the Fembots was instrumental in my receiving a robotics internship at NASA Ames for two summers. I love FIRST, and make it a point to give back by volunteering at competitions, both FRC and FLL. I have formed instant friendships when students from other FIRST teams have noticed I was wearing a FIRST t-shirt or all the buttons on my backpack.

Perhaps the biggest way Team 692 has impacted my college life is through FLL. At the beginning of my senior year at St. Francis (2008-2009), the team began a project to start more FLL middle school teams in the Sacramento area. Every week that fall, I took Fembots to two different schools and we mentored the teams. I had a blast as I discovered my love for working with the young students and supporting the adult coaches. I realized that along with everything else I would miss from being on Team 692, I would really miss mentoring FLL teams when I went away to college.

But when I got to campus, among the myriad of clubs, I discovered a tiny one, started by another FIRST alum, dedicated to teaching middle school students robotics with the intent of starting and mentoring FLL teams. I instantly felt like I was at home. We worked with two middle schools through an after-school program for disadvantaged students, and last year, managed to have two FLL teams. The kids had a fantastic time, and so did I, especially since I knew that we were truly giving these kids an opportunity to learn something they would otherwise never even dream existed.

The club president and other senior members who founded the club graduated, and I am now president of this club. This past summer, I met a professor in our graduate mechanical engineering department whose wife works with some underperforming schools to improve their science curriculum. Together, they were trying to find ways to introduce robotics to the middle schools. They did not know FLL existed, and they were excited after I spent three hours telling them about it! Together, we started two new teams that we coached through a successful season. I was also the tournament director for a new twelve-team tournament here at Stanford, a task I was only willing to take on because of my experiences helping run the Sacramento region tournaments. Organizing everything for the tournament out of my dorm room was a fun challenge, and with lots of help, the event went exactly as planned and everyone had a great time! I have also been a referee at four other FLL tournaments this season, just because I love FLL and volunteering so much.

As for the rest of my life, I participate in wushu (it's a Chinese martial art form) and gymnastics. I'm continuing my summer research work, which is in the field of engineering education. I haven't lost my love of making life hard on myself, taking "fun" classes like organic chemistry and astrophysics. But FIRST is still a giant part of my life. The experiences I had and skills I learned on our team have opened up all kinds of interesting doors, and I can't imagine my life without it. ❖

SACRAMENTO COUNTY HISTORY DAY

Congratulations to the 29 SFHS students who participated in Sacramento County History Day on Saturday, March 3rd. In addition to the traditional research paper category, for the first time two freshmen participated in the Individual Exhibit. Both of these freshmen, Gina Wu and Melanie Rogers-Martel, advanced to the State competition for their exhibits. Juniors Laura Farris, Isabella Martinez, and Anne Sompayrac advanced in the paper category to represent St. Francis High School and Sacramento County at the State competition on April 27-29 in Riverside. Anne Sompayrac also won an award from the Sacramento County Medical Association for her paper on the Heart-Lung Machine: Meghan Katharine Lawrence won an award from the Sacramento County Historical Association for her paper on Hydraulic Mining and Alison Vogelsang won an award from the Sacramento County Historical Association for her paper on Women During WWII.

MODEL UNITED NATIONS

The St. Francis High School Model United Nations Team is comprised of fifteen students who seek to learn more about the global community through the workings of the United Nations. The Team has participated in conferences at UC Berkeley, Stanford, UC Santa Cruz, and UC Davis, and will be competing in the UC Irvine conference this May. SFHS Model United Nations team members held a Middle-School Model United Nations Workshop and Conference on Saturday, April 21. The conference and workshop, open to 7th and 8th graders, covered fundamentals of MUN including speaking, writing, researching, problem-solving, leadership and diplomacy, all centered around exciting topics like paparazzi and zombie pandemics, super hero duels, a Harry Potter conflict and even an alien invasion. ❖

SPEECH TEAM

The Fact Squad and Fiction Squad competitors covered themselves in glory at the State Qualifying Speech Tournament, which was hosted by St. Francis High School on February 24-25. 120 students from fifteen high schools from Northern California competed to determine who would earn the right to compete at the California State Speech & Debate Tournament in San Francisco in late April.

Except for one team member who was ill and had to withdraw, the *entire membership* of the St. Francis team survived the preliminary rounds and competed in Semi-Finals. From there, 10 St. Francis students claimed 14 spots in the Final rounds of competition. When the dust finally settled, six of our students qualified to compete at the State Tournament. Our State Competitors for 2011-2012 are:

- ♦ **Christine Baltazar '13** in International Extemporaneous Speaking
- ♦ **Rachel Broghammer '12** (double-qualifier) in International Extemporaneous Speaking and in Expository Speaking
- ♦ **Aspen Bonini '13** in Thematic Interpretation
- ♦ **Erin Crooks '15** in Oratorical Interpretation
- ♦ **Laura Farris '13** in Original Advocacy
- ♦ **Tooka Zokaie '12** (double-qualifier) in Humorous Interpretation and Dramatic Interpretation

In addition, Tooka Zokaie was one of only seven Northern California students to receive the Orator's Cup, an award voted upon by the Northern California coaches to honor the seven competitors who best exemplify excellence, good sportsmanship, and service to their community. Even more impressively, this is the second consecutive year that Tooka has been a recipient of the Orator's Cup. ❖



1-6. Model United Nations 7. Speech Team

TABLET TECHNOLOGY: iPAD PILOT PROGRAM

by Ivan Hrga

The tablet technology evolution at St. Francis is underway. Due to the generosity of our benefactors at *Revelry*, we have begun piloting the use of Apple iPads this semester. Since *Revelry*, we have purchased iPads, had faculty members test and evaluate the tablets, and begin the process of developing projects and units specifically designed for the use of iPads. Teachers determined the learning they wanted from this technology, submitted proposals, apps required and timeframe in order to get started with their classes. St. Francis began the new iPad pilot program at the start of the spring semester.

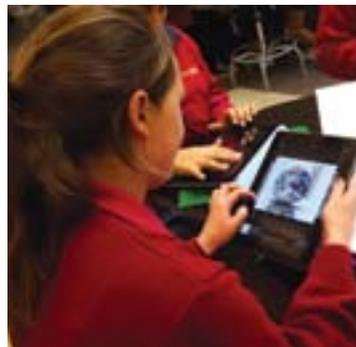
At St. Francis, we have just completed the first round of our pilot program with great success. Upon arrival of our iPad cart into classrooms, our students instantly gravitated to the tablets and began working as if the technology had been there all along. Today, our students are far more connected to the digital world, and with the mere introduction of the iPads, our students felt empowered and were engaged in the learning process. We are committed to taking the steps in creating a student-centered learning experience that reflects where our students are technologically and bringing them along to use that technology to enhance and shape their own education in today's world.

In Biology II, teacher Kathy Keller approached her annual Global Warming Project solely using the iPads. With a variety of apps from *NASA Earth Now* to *Green House Effect*, Mrs. Keller directed her students to be hands-on with their learning, be creative and think outside the box. According to Mrs. Keller, "I have done this project twice before, but this time have found my students to be very focused and engaged. They used the apps very efficiently and instead of copy and pasting, they read through the material, took snapshots of graphs and charts, and placed them into Keynote presentations." The presentations themselves were amazing with the use of outstanding graphics and animations." Students in Biology II used class time to research, collaborate and build presentations on the spot. Walking into the classroom, you witnessed students working intensely together and at the end of the day, not wanting to put the iPads back.

Students also felt that the benefit of the technology was beyond just having a new device. Seniors Sabrina Mayo, Victoria Mitchell and Emalia Seto thought that the "best part of this project was the incorporation of the iPads. This allowed new technology to be used that many students were familiar with. The apps gave easy explanations of the terms in the project and provided great animations." And from the collaboration and presentation standpoint, they believed that "Keynote was simple and gave us the use of graphs and animations. The use of these made the project very doable."

Health teachers Eve Benson and Dana Bueno collaborated with iPads for their Nutrition Project. During this unit, students studied healthy food choices and nutrition information through apps and created menus based on their research. From Mrs. Benson's point of view, "These apps made it easy for my students to quickly access healthy food choices as well as nutrition information. This allowed the students to collaborate with each other as well as work independently as they created healthy menus. The apps made the work flow go smoothly." The one big benefit from the use of the iPads, according to Mrs. Benson was the "collaborative discussions and menus that included a wide variety of healthy food choice the students might not have discovered without the use of these apps."

In all, the class projects in our iPad pilot program have proven to be engaging, collaborative, productive, enjoyable, and achievable by our staff and students. Combining tech savviness with a thirst for knowledge, we anticipate that tablet technology will continue to serve as a powerful tool for learning and a spark invigorating our community in 21st Century education. ❖



RED, GOLD... AND GREEN

On January 25, Mayor Kevin Johnson held a press conference on the SFHS campus to tout the expansion of solar power installations in California (it has doubled in the past 2 years) and announce Sacramento as 7th out of the top 10 cities in the state in creating solar energy.

Environment California, a research and policy center, chose the SFHS campus for the media event rolling out the "top 10" solar cities list while the school's 309.3 KW photovoltaic system was still under construction. The SFHS solar installation, incorporating 1,316 panels on the rooftops of seven buildings, was completed in March and will be dedicated on May 3. Valley Solar performed the construction. The installation is projected to cover 31 percent of the school's electricity and save \$1 million in energy costs over the next 25 years. This is an exciting time in the 72 year history of St. Francis High School. The solar installation serves not only to cut energy costs and reduce carbon emissions, it also brings the new direction of the Church to the Sacramento community, sets an example for others to follow, and demonstrates the importance of living in cooperation with nature. ❖

1. Patrick O'Neill, Marion Bishop, Kate Ely '12, Kevin Johnson, Sharon Tobar 2. Mayor Kevin Johnson 3. Kate Ely '12, student representative on the Solar Planning Committee 4. Mayor Johnson addresses the gathering 5. Kaitlyn MacAuley '12 6. Brad Price from Valley Solar 7. Mayor Johnson with St. Francis students



"HOMECOMING" FOR MARGO REID BROWN '81 BISHOP SOTO ANNOUNCES NEW PRESIDENT FOR ST. FRANCIS HIGH SCHOOL

St. Francis High School welcomes Margo Reid Brown '81 back to the campus in an exciting, new role! In January, Bishop Jaime Soto announced Margo's appointment as the president of St. Francis High School, to succeed Marion Bishop. As Margo transitions into assuming full responsibility on July 1, 2012, she is working closely with the administration and staff at St. Francis and the Catholic Schools Department.



As an alumna and parent of two current St. Francis students, Catie '15 and Carolina '13, Margo is steeped in the traditions and spirit of the Troubadours. Margo's extensive executive management experience of both public and non profit organizations, as well as her community involvement prepare her to embrace this new position. Margo's goal is to maintain the level of academic excellence that St. Francis has become known for while continuing to enrich the spiritual growth of the young women and families that are part of the St. Francis community. She also believes it is essential to the school's viability to have ample financial assistance available to meet the needs of our community and those who seek a Catholic college preparatory education for their daughters. ❖



THE KING OF REPURPOSING

By Ingrid Niles

St. Francis High School is without a doubt on the forefront of going green. With our solar power project completed, our pull on Sacramento's power grid is reduced. Five reusable water bottle "filling stations," installed in 2011, are reducing the amount of plastic bottles in the recycle bins. Our battery recycling program also seems to be catching on.

Since the feature article on our Maintenance Staff in the fall 2011 issue of *Pax et Bonum*, more has come to light about the department's extraordinary efforts to preserve resources. Leading the charge is Ed Wargo, our tool belt-sporting campus "MacGyver," who seems to revel in the unending possibilities of "repurposing" materials, rather than discarding scrap and purchasing new.

Here are just few examples of Ed's creativity and skill at turning potential "trash" into "treasure,"

- ♦ Leftover corrugated steel from new construction became a storage shed in the Canticle Garden and an awning for the Advancement/Registrar building.
- ♦ An old softball field dugout fence frame was converted into handrails for the 500 wing and in Serra Court.
- ♦ Ed stopped on his way to work one day to clear a road hazard, then used the 8" pipe he retrieved to construct a ball field water fountain.
- ♦ Old parking lot telephone and light poles and corrugated steel became soil bins by the varsity ball field (hurricane rating 5, boasts Ed!)
- ♦ A weather guard on a roof-mounted floodlight was fashioned from a discarded cylindrical plastic promotional drink cooler (the radius of this item and heavy gauge material made it very useful in the fabrication of a wall-mounted shroud to protect the internal components of the 277 volt high intensity flood light).
- ♦ Scrap fence sections and pickets were used to construct corner rails around three grassy areas, placard frames for Student Body Officer signage, diagonal bracing on chair carts and overhead storage racks in the robotics trailer. (When Ed originally outfitted the robotics trailer to create work and storage space for the Fembots, the team ceremoniously christened the structure "Wargo Hall" in his honor.)
- ♦ Instead of removing the old outdoor wall mount light fixtures when they became dysfunctional and replacing them with 21st century lights, Ed found a way to completely gut them out and rewire them to accept 200 watt fluorescent lamps. They now emit more light than they did originally and use nearly 90% less energy.
- ♦ Ed's favorite recycling project is Francis, the 2-week old pigeon he took home from campus four years ago – now 100% domesticated and "spoiled rotten."

The list goes on. Next time you are on the St. Francis campus, look for samples of Ed's handywork. I'm getting a vision of "The Ed Wargo Trash into Treasure Campus Tour" (proceeds from ticket sales benefit the Scholarship Fund). Or perhaps we can add a course to the curriculum: SFHS Ecology 1: Functional Repurposing with Professor Wargo. ❖

1. Soil bins by the varsity ball field 2. Ed Wargo installing a water fountain. 3. Water fountain by the ball field.

WEST COAST WALK FOR LIFE

By Clarissa James'14,
Mini Lifesavers Club Officer

In observance of the January 22nd anniversary of Roe v. Wade, Bishop Soto designated Friday, January 20 as a day of fasting, prayer, penance, and works of charity. A group of St. Francis students and staff attended the Choose Life Gathering of Youth at the Cathedral on that day. Staff, students and family members also participated in the Walk for Life West Coast on Saturday, January 21.

I have been to the West Coast Walk for Life before, but never as a part of St. Francis High School's group. I'll tell you now, it is an experience you don't want to miss. Many of you may not know the purpose of the Walk for Life, so I'll explain: we march in support of the dignity of life in peaceful protest against abortion, death row, and euthanasia. On January 21, we began our day at 8:00AM at St. Francis, where we Pro-Lifers gathered to board the bus. Participants included students, families and staff members. By ten we arrived at San Francisco City Hall for the rally. Prayers were said, speeches were made, and testimonies given by people of various religions and vastly different backgrounds. There wasn't a single dry eye when women who had had abortions in the past spoke about the pain and regret which resulted. All the speeches were touching, and motivated us for the walk.

Though we were 30,000 strong that day, it felt like we were all friends, united in this common cause. The route of the walk changed from that of last year's. This year we strode down Market Street (the busiest street in San Francisco). I personally loved this route; we could see more people, and more importantly, more people could see us. As we walked, we prayed, talked, and sang. Whole groups brought musical instruments and were playing and singing throughout the walk. There was so much excitement running through the crowd! There were, of course, counter-protesters who had their own signs against us and were yelling at us, but since there were 30,000 of us and only about 30 of them, we were not disheartened. The walk lasted about two hours and ended at Justin Herman Plaza, but it took another hour to walk back to our bus at AT&T Park. The ride back was lots of fun, too! My friends and I ogled over One Direction music videos, played car ride games, and just talked. As Mr. Dodson said as we left, we not only impacted those who saw us, but impacted ourselves. Hope to see you at the walk next year! ❖



THE ARTS

Spring semester in the Arts was exciting and fun-filled. It started off with Solos and Ensembles Class (this is a one-on-one with the vocal or instrumental teacher who gives private lessons to students who receive course credit and perform in a recital). The two free shows were performed with sophistication, confidence and grace to full house audiences.

Cello: Olivia Dewey, Allison Kang

Clarinet: Mika Brown, Marisa Finlayson, Sara Warady

Flute: Zoe Jones

Piano: Camille Dyer, Melia Granath-Panelo, Christina Marengo, Blair Mitchell, Tooka Zokaie

Trombone: Jordan Borg

Viola: Jessica Shortley

Violin: Laura Anderson, Lauren Bryan, Reagan Reade

Vocal Soloist: Elise Borgfeldt, Ellen Dahl, Ava Delu, Camille Harry, Leah Horner, Erin Jarvis, Natalia Navarro, Lucina Negrete, Alexis Ortiz, Lauren Redd, Locksley Russ, Megan Shanahan, Maribel Tovar, Madeleine Verspieren

The Dance Company's Winterfest Dance Performance set a new bar with beautifully choreographed and performed shows. Students flawlessly exhibited a variety of dance techniques from toe to top. SFHS's two Apprentice Dance Companies also graced the stage, while the Hip-Hop Club and Hula Class showed depth of dance talent on the St. Francis campus.

St. Francis High School's first annual March Second Saturday Art Exhibit featured 115 pieces of the best student artwork of the year. Paintings, sculptures, watercolours, drawings, and photographs were on display in the theatre foyer gallery. Three judges from the Sacramento community chose the pieces from 450 student works submitted. About 750 Sacramento area art lovers came to the opening to see the wonderful artwork. Victoria Quiniola '13 brilliantly played the guitar during the show to entertain the guests while the SF Gourmet Club and Patrons of the Arts served delicacies to all. The art show remained on exhibit for several weeks. Parts of the show will be on display at locations around Sacramento throughout the spring and summer. Thanks to David Saalsaa and University Art for their matting and framing expertise.

Anne of Green Gables was chosen by the St. Francis Arts Council to be performed as the 2011-2012 play. This sweet play about a feisty orphan girl who works hard in school and learns the importance of family and friendships was performed and teched by 40 St. Francis students and seven Jesuit students. Caroline Mixon '15 played the part of Anne, following her role as Millie in *Thoroughly Modern Millie*, the fall musical. Caroline, along with "Anne's" best friend, Julia Rehwald '14, who played Charlie in *Willy Wonka* last year are charismatic and professional on the stage. Bravo to all the cast and crew for their level of commitment and talent. With such a charming production, the St. Francis theater was the perfect venue for no fewer than twelve little girl birthday parties and Girl Scout troops. Additionally, 800 students from nine elementary/middle schools attended outreach field trip shows, complete with campus tours. On St. Patrick's Day, the *Anne of Green Gables* audience wore green to receive free Leatherby's green mint chip ice cream.

In November 2012, St. Francis will present *Into the Woods* by Stephen Sondheim, an intertwining of plots from several Brothers Grimm fairy tales. It's a lovely little reminder of all the stories learned as a child...until the second act when all goes south in a very bad way. Acting workshops for interested St. Francis students and male students from other schools begin soon with more the first week of school in the fall. Auditions will follow workshops. ❖



1. Solos & Ensembles Class
2-4. Winterfest
5-7. Second Saturday



1



2



3



4



5

FALL AND WINTER SPORTS WRAP-UP

WATER POLO

Won the Nor Cal Championship Tournament and finished 2nd in Division I Sac-Joaquin Section Playoffs.

DELTA VALLEY ALL-LEAGUE:

Bryce Beckwith '12, Caitlyn Cozens '13, Brooke Vowell '12

CROSS COUNTRY

Frosh/Soph, JV and Varsity teams swept the Delta River League, Subsections and Division I Sac-Joaquin Sections. They won their 8th Section title overall. The team placed 4th in the State meet.

DELTA RIVER LEAGUE RUNNERS OF THE YEAR:

Lauren LaRocco '14

DELTA RIVER ALL-LEAGUE:

Peyton Bilo '15, Eleanor Ferguson '13, Lauren LaRocco '14, Miranda Myers '15, Madison Rawson '14

GOLF

Won the Division I North Section Championship for their 19th Sac-Joaquin Section Title. They finished 4th in Nor Cals.

DELTA RIVER ALL-LEAGUE:

Emily Laskin '14, Ileana MacDonald '14, Ashley Noda '12

TENNIS

Won The Santa Catalina Tournament and their 7th Division I Sac-Joaquin Section Championship in a row and 9th overall. Tennis made it to the Nor Cal Semi-Finals.

DELTA RIVER LEAGUE PLAYER OF THE YEAR:

Jessica Josiah '13

DELTA RIVER ALL-LEAGUE:

Jessica Josiah '13, Tessa Sandoval '12, Ashlyn Schmitgen '12, Anne Sompayrac '13, Monica Yassar '12

1. Brooke Vowell '12 2. Eleanor Ferguson '13 3. Athletic Director Kolleen McNamee, Coach Cindy Lyford, Mariah Theis '13, Tarah Kubes '14, Victoria Vardanega '14, Emily Laskin '14, Ashley Noda '12, Carina Cater '14, Ileana MacDonald '14, Asst. Coach Chelsea Stetzmler 4. Jessica Josiah '13 5. Gabriella Palmeri '13 6. Mackenzie Conarro '12 7. Najah Queenland '14

VOLLEYBALL

Won the Super 8 Invitational and Division I Sac-Joaquin Section Championship for their 11th section title overall. The team made it to the Nor Cal Semi-Finals.

DELTA RIVER LEAGUE CO-PLAYER OF THE YEAR:

Gabriella Palmeri '13

DELTA RIVER ALL-LEAGUE:

Paige Folger '12, Loni Kreun '13, Hannah Liserra '13, Gabriella Palmeri '13, Allie Wegener '13

SACRAMENTO BEE ALL-METRO:

1st Team: Gabriella Palmeri '13

2nd Team: Paige Folger '12

Honorable Mention: Loni Kreun '13



6



7

BASKETBALL

4th place in the Delta River League. Made it to the second round of the Division I Sac-Joaquin Section playoffs.

DELTA RIVER ALL-LEAGUE:

1st Team: Mackenzie Conarro '12, Najah Queenland '14

2nd Team: Corinne Friend '12, Kristin Anderson '12

DELTA RIVER ALL-LEAGUE: SPORTSMANSHIP:

Olivia Molodanof '12

SACRAMENTO BEE ALL-METRO:

3rd Team: MacKenzie Conarro '12

Honorable Mention: Najah Queenland '14



2011 REVELRY!

California Grandeur

CELEBRATING ALL THAT IS GRAND
& GREAT IN THE GOLDEN STATE

California Grandeur proved a fitting theme for Revelry 2011, evoking an expansive vision of all that is great and grand in our Golden State. This year's Revelry was St. Francis High School's most successful fundraiser to date, generating revenue of over \$490,000.00. Of that amount, the "Hands Up for Troubies" appeal generated \$79,000.00 to bring Tablet Technology to our students. (See page 23 for a report on the Tablet Technology Pilot Program.)

The Revelry Committee and school community are grateful for the spirit of service and generosity demonstrated by so many members of our school community. Kudos to Revelry Chair Tracy Beckwith for her outstanding leadership of this stellar event. Thanks to the efforts of Tracy, Sponsorship Chair Michelle Rademann and their committees, we reached a record level in sponsorships. Thank you to the entire 2011 committee: bit.ly/revcommittee. Special thanks go to our presenting sponsor, Hanson McClain.

A number of pre-event gatherings energized the community in anticipation of Revelry. Kellie Randle, Heidi McKim, Viki Crane, Julia Clark, Trish Ziegler, Liza Micheli, Mary Diepenbrock Cotter, Margo Brown, Molly Wiese, Susan DeMarois, Cheryl Holben, Jana Cuneo and Gloria Naify teamed up to host five regional spring/summer coffees. One hundred women attended September's inaugural Legacy Circle Luncheon hosted by Lisa Ksidakis and Pam Elmetts. The October sponsors' reception at the home of John and Cathy Fobes was a fabulous celebration of California wines and food enjoyed by many of the nearly 200 sponsors. Special thanks go to Chris and Mary Zanobini for the donation of lovely fresh, California fruit boxes which were presented to Revelry's sponsors.

Funds raised by Revelry support the school's operating budget, making possible countless opportunities for challenge and growth in academic and co-curricular programs, campus ministry, community service, technology, the arts, and athletics – all vital aspects of the St. Francis experience. At this year's event, 550 guests "reveled" in the glow of friendship and fun, locally harvested food, fine California wines, enticing auction items – and the knowledge that their support was benefitting the young women of St. Francis High School. We invite you to join chairperson Wendy Miller in support of Revelry 2012, to be held on October 27. We'll be updating the website soon with information about ways to get involved - becoming a sponsor, donating auction items, volunteering on a committee and attending the event. Join the Revelry Committee now: revelry@stfrancishs.org. ❖



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Susan & Bruce Wilkerson

Douglas Young, MD, Northern California Research



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14. Craig McNamara, Janine & Ami Bera 15. Terry, Emily '15 & Jane Piland 16. Sotiris Kolokotronis, James Beckwith, Dan Spector 17. Theresa Kandris, Kerry Xavier, Terry Pasatino 18. John Tomkins & Meredith Wilson 19. Jeff & Janet Pleau, Michelle & James Rademann, Dawn & Bob Baltar, Leah Horner '13, Carly Tse '14 20. Greg & Erin Levi 21. Terry & Bill Klas 22. Stephen Sellers 23. Sharon Tobar & Ingrid Niles 24. Lynda & Stephen Huppert 25. Jennifer Gallelli, Dina Rubino, Laura Lima 26. Dan Kramer & Kathy McClain

Sponsors' Reception: 27. Lauren & Christopher Clark 28. James & Tracy Beckwith, Cathy & John Fobes 29. Marion Bishop, Shannon & Randy Terwedo 30. Susan Schaefer, Pamela Elmets, Chris Ksidakis, Douglas Elmets, Lynn Dowdell, Lisa Ksidakis

Legacy Circle Luncheon: 31. Lorie Kuppenbender & Shareen Fat 32. Sharon Aprea & Liza Micheli 33. Heidi McKim, Molly Geremia Wiese '81, Anne Geremia Sadler '80, Gigi Mar, Tracy Beckwith

REVELRY! Sponsorships

Revelry provides much-needed funds directly to the operating budget of St. Francis High School. Personal and corporate sponsorships are the "wings" on which Revelry soars. Sponsorships are available at a variety of levels and include benefits of reservations for parties of varying sizes, advertising in the Revelry program, and display advertising on the school grounds leading up to and during the event. Most importantly, sponsors and their colleagues and friends spend a festive evening with a number of like-minded philanthropists who make a huge difference to the young women of St. Francis High School. St. Francis High School is grateful to the generous sponsors of Revelry 2011.

For information about sponsorship opportunities for Revelry 2012:
Janis Pattison, Director of Institutional Advancement at 916-737-5033.

PEARL OF THE ORIENT

Sponsored by SFHS parents and students, the Pearl of the Orient is an annual dinner-dance showcasing Asian-Pacific culture and food. Everyone is invited to this fall event, as a volunteer or guest. In 2012 we celebrate its 19th year of service to the school community. Last year's theme was Maharlika - nobility and grandeur - which set the stage for the night as the event raised funds for the school's improvement projects, such as the new reflection garden and the monstache for the chapel. We thank all those who have come and supported the event, especially those who come and celebrate with us every year.



GRANDPARENTS DAY

What's nicer for a Troubie on a lovely fall day than spending time with a doting grandparent (and vice versa)? On Sunday, September 11, 2011, 250 students and grandparents celebrated Mass followed by a delicious pancake breakfast in Serra Court. Many thanks to Tariq and Sowaiba Munir and Tariq's Company of IHOPs for providing the food.

The next Grandparents Day is scheduled for September 9, 2012. Grandparents who would like to receive an invitation to the event but are not yet on the school's mailing list are invited to submit their contact information online at www.formstack.com/forms/stfrancisshs-grandparentinfo. ❖

1. Helen Willet & April Rosas-Willet '12 2. Mary Creel '12 & Nancy McCartney 3. Gina Southern & Alex Bittle '13 4. Joan McFetridge & Isabelle McFetridge '12 5. Pat Marshall, Melina Marshall '14, Ramona Marshall 6. Courtney Coss '15 & Stamatiki Coss 7. Leo Murphy, Lillian Murphy '14, Marilyn Murphy



SPIRIT WEEK 2011

Homecoming was as spirit-filled as ever with activities ranging from the Nonperishable Food Drive and Penny War on November 9 and 10 to Sports Day, the Spirit Rally, and Dance the following week. This year's Food Drive, benefitting Elk Grove Food Bank, smashed all records with a whopping 100,300 items donated, including 47,000 boxes of Mac and Cheese (thanks to John Foraker, CEO of Annie's Inc. and father of Mary Kate '13); 25,000 jars of baby food (thank you, Safeway), 11,780 cans of fruit, 11,520 cans of soup (thank you, Campbell's), and 1200 cans of tuna. Penny War raised \$9,000.00 for Cristo Rey High School. Due to the large amount of money collected, the school implemented a new system this year, using yellow and red beads to represent the positive and negative values formerly represented by pennies and silver coins. John and Brenda Musilli, parents of Megan '12, helped build a contraption through which the beads swirled and landed into tall clear vases to reveal the winners. ❖



PRESIDENT'S DINNER

The President's Dinner is St. Francis High School's annual opportunity to acknowledge and thank the school's major donors. On September 22, President Marion Bishop greeted guests in the courtyard at the entrance to the Arts Complex to begin the festivities. Subsequently ushered into the theatre foyer, they were treated to some lovely selections by the Chamber Choir. Attendees then enjoyed a delightful evening of alfresco dining beneath the canopy of trees and twinkle lights in Serra Court. Mrs. Bishop shared her final presidential address with the assemblage, recounting the many accomplishments and transformations the school has experienced in the eleven years of her tenure as president.

The 2011 Pax et Bonum award was presented to Tim and Kim Lien for their longstanding generosity and service to St. Francis High School. In addition to their financial support of the most recent capital campaign, their commitment of time and talent has greatly benefited the school. Kim previously served as Parents Guild president and is currently president of the SFHS School Board. Tim was highly instrumental throughout the planning process resulting in the St. Francis solar installation. The SFHS community extends its heartfelt gratitude to Tim and Kim and to the many benefactors who so generously support the mission of St. Francis High School. ❖

DAD-O-RAMA

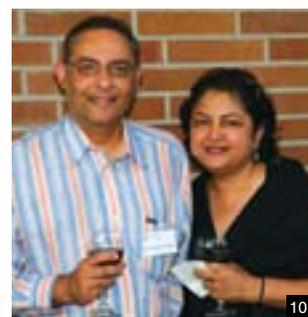
The SFHS Dad's Club hosted the "Dad-O-rama" on November 5, 2011 at the California Auto Museum. The fun-filled evening for dads, daughters, families and friends included a pasta dinner, Pinkberry treats and a display of classic cars.



1. Jamie & Joe O'Neal 2. Alex '15, Mike & Pinky Vergara 3. Siena '15, Mike & Leah Di Roma 4. Les & Megan Hock '12 5. Nancy, Jack, Maddie '13 & Ken Dyer



1. Tim & Kim Lien, Marion Bishop 2. Gigi & Tim Mar 3. Kellie & Jeff Randle 4. Joyce & Terry Flynn, Russ & Ingrid Niles 5. Neil & Julia Clark, Trish Ziegler, Janis Pattison 6. Vince & Kathleen Friend 7. Julie & Shawn Bennett 8. Ruth Tesar & John Hartmann 9. Kim & Tim Lien, Dorothy & Norm Lien, Darcy Ketchum & Mike Lien 10. Jagbir & Maninder Powar 11. Stephen & Loretta Sellers 12. Jane & Steve Baker 13. Irum Kahn & Sowaiba Munir 14. Bill Pattison, Nick Pilegge, Bill Hegg, Janis Pattison, Jana & Jim Cuneo



S.W.A.P. DAY

On January 25, the pressure was on the parents as they were asked to create compounds from plastic "molecules," perform mathematical calculations, contort their bodies into yoga poses and - gulp! - find each of their daughter's classrooms. Unique to St. Francis, the annual Switch with a Parent (S.W.A.P.) Day gives parents the opportunity to meet their daughters' teachers and experience the classroom setting, including the daily assignments. From Show Choir to APUSH (AP U.S. History), parents renew their appreciation for the challenges faced by their daughters in the course of a school day. Parents also get a taste of the Troubie Spirit as they mingle and chat in the cafeteria and Serra Court during their treasured "free blocks."

See additional photos from S.W.A.P. Day on the St. Francis website. Here is a quick link to the S.W.A.P. Day page: <http://bit.ly/sfswap>

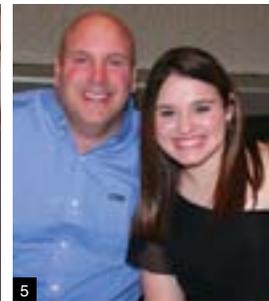


1. Roberta Kubes & Tarah '14
2. Mary Forster Franklin '80
3. Katie '14 & Frank Schembri

FATHER-DAUGHTER DINNER DANCE

By Julie Handy

St. Francis High School has many longstanding traditions, but without a doubt, one of the most revered is the annual Father Daughter Dinner Dance. On December 3, 2011 over 1,100 Troubie Dads and Daughters literally rocked the Sacramento Convention Center as they celebrated "California Christmas." The guests were buzzing about the beautiful ballroom, delectable cuisine, great music and genuinely fun experience. This year's event included a ballroom scavenger hunt hosted by the D.J. Many left the dance with fabulous Treasure Chest prizes. All attendees were entered into the grand prize raffle and six lucky winners emerged with designer sunglasses which were generously donated by VSP. The experience is a memory that will last a lifetime- truly an evening to be cherished! Check out more photos from the December 3, 2011 event at <http://bit.ly/sfddance>. ❖



1. Mark & Lea Felton '14, Daniel & Melissa Woodard '14, Michael & Anna Baytosb '14, Emily '14 & Alan Laskin 2. Michael & Courtney Yarber '13 3. Catie '15, Carolina '13 & Rick Brown 4. Hayley '12 & Marco Palilla 5. David & Samantha Ruggles '15 6. Kayla '15 & Linton Hall 7. Katy Glime '15, Kristi Edrosolan '15, Julia Eggert '15, Katie Slachman '15, Katie Vrame '15 8. Rachel '12 & Ray Patron 9. Alex Frank '12, Sarah DeMarois '12, Maddy Boone '12, Frannie Wiese '12 10. Blair '12 & Kevin Mitchell 11. Daniel & Chloe Carrillo '13 12. Anthony & Sydney Wall '12 13. Hennessey & Sabrina Mayo '12 14. Karly '13 & Kory Hammock 15. Laura '12 & Lance Maybofer



RECORD BREAKER – ALL A'S!

2012 CRAB FEED

By Mark Richey, SFHS Booster Club Crab Feed Chairman

Our goals this year were to raise money for our daughters' athletic programs, honor our coaches and bring the St. Francis community together for a night of fun. From the overwhelming feedback, the crab feed earned three straight A's.

Your St. Francis Crab Feed team doubled the money raised last year to over \$40,000 for athletics, (A). Coaches were honored with a coaches' mixer, an award was given to Al LoGiudice for his 23 years of coaching and service to the school as a member of the softball coaching staff, and the debut of the coaches' wish lists provided much needed sports items and pop-ups for each sport, (A). And the St. Francis community gathered for delicious pasta and over a ton of crab from Jerry Flynn's amazing cooking crew. The record breaking sold out event of 707 attendees enjoyed all you can eat crab, dancing to Boogie Shooz and connecting with new and old friends, (A).

Sponsors willingly stepped up to support our daughters; Wine Sponsors Jeff and Stacy Hansen of AH Wines for the table wine, Rod Moniz for the wine tasting and Rombauer for the wine by the bottle. The hand crafted beer was donated by the newest brewery in Sacramento, the American River Brewery. Local bakeries donated 18 delicious cakes for the silent dessert bid. Because of the over the top parents that donated sports tickets, baskets, sports items, condos, cabins and abalone dinners, the live and silent booster's bidding broke all previous years' totals.

My personal thanks go out to my many committee chairs and the village of over 200 volunteers that made the 2012 Crab Feed our best yet. Our amazing parent volunteers helped with everything from setup to clean up, 36 Troubie servers kept the crab bowls full, 20 cooks made food preparing look easy and too many others to list.

See everyone next year on February 2, 2013. We will sell out for the third year in a row. Get your tickets in early December! ❖

1. Ingrid Niles & Christi Calpo 2. Al LoGiudice & Koko Kassis McNamee '91 3. Mark Richey 4. Lori & Scott Carpenter, James & Tracy Beckwith 5. Kelly Ketcham, Molly Hanrahan '97, Erin Morgan-Voyce '01 6. Dana & Tim Conway 7. Carla Zilaff '01 & Elizabeth Ostapeck '06 8. Koko Kassis McNamee '91, Patrick O'Neill, Marion Bishop 9. Julie Charter & Jennifer Eason 10. Andy Cloninger & John Fobes 11. Leslie Moretti Jaime '81, Leslie Donald, Margo Reid Brown '81 12. Julie & Rodney Renteira 13. Joe & Kelly Poggi, Jeri & John DuCray, Joan & Bob Lackner

CRAB FEED COMMITTEE

Event Chair
Mark Richey

Past Chair
Tracy Beckwith

SFHS Event Liaisons
Janis Pattison & Carla Zilaff

Publicity
Ingrid Niles

Reservations
Carla Zilaff

Set Up
Rick Barthels

Food
Jerry Flynn

Service
April & Brian Travis

Anti-Pasta/Coffee
Cheryl Lance

Dessert Bid
Jennifer Eason

Hospitality & Table Decorations
Marian Koon

Kitchen Management
Shari Scheller

Bar
Kevin Gini

Raffle
Lourdes Petralli

Clean-up
Mitch Holley

Revenue
Dr. Kelvin Tse &
Dr. Cindy Weideman-Tse

Treasurer
Charles Chan

Check out more photos from the
Booster Club Crab Feed:
<http://bit.ly/sfcrabfeed>



ALUMNAE COMMUNITY

ALEXANDRA LENDL LANGSTON '05
AT THE TOP OF THE INACTIVE VOLCANO
SANTA MARÍA IN GUATEMALA.



LEFT: A GROUP OF SCHOOLCHILDREN (MANY IN THE TRADITIONAL, INDIGENOUS MAYA CLOTHING)
IN ONE OF THE COMMUNITIES ALEXANDRA FREQUENTS.; CENTER: ALEXANDRA LENDL LANGSTON '05;
RIGHT: CLAUDIA CASTANEDA '02 IN ITALY



Elizabeth Ostapeck graduated from the University of Oregon with a major in English and minors in Business and French. After graduating, she moved to France where she taught English to middle school and high school students. She plans to go to grad school and aspires to become a college academic advisor.

GLOBAL TROUBIES

BY ELIZABETH OSTAPECK '06

There is no question that the Troubie alumna is well-educated, has a strong faith life, and is focused on community and service. When we graduate from St. Francis High School we are ready to go out into the world; and that is exactly what our Alumnae Troubies are doing. Whether studying abroad, going on service trips, or working in a foreign country, SF graduates are going global and taking the St. Francis spirit with them. They are teaching English to students in foreign countries, while learning the language and culture around them. They are living with host families, and experiencing first-hand what it is like to live in someone else's shoes. They are doing service work and helping others build community. With our alumnae all over the world, the St. Francis message of "Pax et Bonum" is impacting communities everywhere. Here are just a few tales from our Global Troubies. We are so proud of you!

GUATEMALA: ALEXANDRA LENDL LANGSTON '05

I am serving in the Peace Corps as a Health Promoter for families living in rural communities. Some of the work I am doing entails implementing basic health and hygiene talks and activities to promote healthy practices in households and schools, spreading HIV/AIDS awareness and education, working with a women's group with a focus on nutrition education (with cooking classes), and leading yoga/workout sessions.

Fun Fact: I broke into the traveling lifestyle while attending St. Francis. My very first trip was with Senora Herrera to Mexico in 2003. The following trip I made was through participation with Amigos de las Americas during senior year. I returned to Mexico just after graduation to carry out the service project for which I had been trained. Guatemala counts as my 8th adventure abroad.

MILAN, ITALY: CLAUDIA CASTANEDA '02

Living in Milan for the past month has been nothing short of amazing. I'm currently working on a Masters in Visual Arts and Curatorial Studies at Nuova Accademia di Belle Arti (NABA) in the Navigli zone of Milan. My days include intense lectures (all in Italian) and workshops with contemporary thinkers and artists such as Marc Augé and Eric Baudelaire. But once the sun sets, class doesn't end and neither does the fun. Evenings include walking along the canals of Milan, attending gallery openings, enjoying a typical Milanese aperitif, perhaps enjoying a music concert or kicking the soccer ball around with the school's street team.

Apart from studies and settling into the Italian lifestyle, I'm collaborating with the Region of Tuscany as an ambassador to the National Park of the Apennines and continuing to work on my personal side project 'Discover Street Art.' After a month, I already feel at home and I can't wait for the adventures that await me over the next two years in this vibrant city of architecture, fashion and art.

Continued on next page



1. CLAIRE BUCHANAN & HER TEAMMATE MAGDA IN THESSALONIKI, GREECE.
2. LAUREN URANGA & HER BOYFRIEND WEARING SOME TRADITIONAL GERMAN CLOTHES.
3. KITZI HENDRICKS: MY BEAUTIFUL FRIEND, SENOVIA, WHO I MET WHILE WALKING TO SCHOOL EVERY DAY.
4. ELIZABETH LINDER: ROYAL WEDDING FESTIVITIES WITH MY SISTER, KATHERINE '00, & MOM, MARY.
5. ELIZABETH LINDER: REMARKS AT EUROP.COM.
6. CHERIE GREEN '01 IN MELBOURNE, AUSTRALIA.
7. KITZI HENDRICKS: AT ONE OF MY SERVICE SITES, MADRE DE DIOS.

THESSALONIKI, GREECE: CLAIRE BUCHANAN '07

In September I moved to Thessaloniki, Greece to play professional water polo for Iraklis, one of the oldest and most famous sports clubs in Greece. Thessaloniki is located on the sea in the north and is the second largest city, behind Athens. I live in a little apartment by myself in the old town of Thessaloniki called Ano Poli. Ano Poli was built on a hill within the walls of a one thousand year old Byzantine castle. From my house, I enjoy views of the sea, the downtown, and the iconic White Tower. Along with the incredible scenery, I get to enjoy an amazing Mediterranean diet. Olive oil and feta have become daily staples. I spend the majority of my time training but when I do have days off I enjoy walking downtown. The downtown has great shopping, a cool outdoor market, yummy home baked street food, and an unbelievable amount of coffee shops. The pace of life in Thessaloniki is about one tenth the pace of life in California and centered around "going for coffee." People spend hours sitting around with a frappe, a cigarette and friends-laid back is an understatement.

When I first got to Greece I knew a total of three words; ouzo, opa and baklava, and my teammates spoke just enough English for us to communicate about the basics. Let's just say there was a bit of a language barrier, but it has been a fun challenge with lots of laughs and tons of confusion. And after only 5 months, I have exponentially increased my Greek vocabulary and my teammates have vastly improved their English! My life in Thessaloniki has been one crazy adventure with new experiences every day. I have learned to love the town and the people here. My contract with Iraklis is over at the end of March. I will be sad to leave but I am definitely looking forward to returning to California and eating a burrito!

STUTTGART, GERMANY: LAUREN URANGA '98

I moved to Stuttgart, Germany last year and I work as the Marketing and Communications Manager for Europe, the Middle East and Africa for a large, international company. I graduated in 2010 with my MBA in International Business from Johns Hopkins University. I met my German boyfriend while working on an international consulting project between our two MBA programs. Germany is great and I feel very lucky to be here.

COCHABAMBA, BOLIVIA: KITZI HENDRICKS '07

After graduating from Creighton University this past May, Kitzi Hendricks '07 moved to Cochabamba, Bolivia to serve as a lay missionary. She is currently serving in Cochabamba, Bolivia for two years with Franciscan Mission Service, a non-profit Catholic volunteer organization based out of Washington DC.

During my past six weeks in Bolivia, my time has been considerably taken up by just a few different things – getting to know my host family, taking intensive Spanish courses five days a week, taking siestas due to the amount of Spanish I learn throughout the day, learning the public transportation system, walking many miles, studying and, of course, volunteering.

I live with a young Bolivian family...a mom (Vanessa), a dad (Raul), and a little one-year-old sister (Ariana). They are really wonderful and I truly enjoy my time here. They have a great sense of humor and we laugh a lot... especially when I have to use charades to try and come up with words in Spanish that I don't know.

For my first six weeks in Bolivia, I was enrolled in intensive Spanish courses at the Maryknoll Language Institute in Cochabamba. Every day, I was in class for approximately four hours. Each of my classes was one-on-one with my professor, so they planned my curriculum according to my needs.

Now that I have finished language school, I spend my days volunteering at two different organizations in Cochabamba—Madre de Dios and Nuestra Casa. Madre de Dios provides temporary shelter, education, and childcare for women, adolescent girls, and children who have been sexually abused, physically abused, or abandoned. Right now, I work specifically with the adolescent girls between the ages of 12 and 15. I'm still getting to know the organization, but I hope to use my psychology degree in the future. Nuestra Casa provides a more permanent residence for adolescent girls who have been sexually, physically, and emotionally abused. The girls who live at Nuestra Casa are between the ages of 7 and 18 and attend school on a regular basis. Each day is new. When I arrive at my service site, I never know exactly what I will be doing that day. However, what I do know is this: my goal is to be a constant support for these girls each and every day.

Please be sure to check out my blog: trialsandtriumphsofasonewriter.blogspot.com. I update it regularly! And feel free to send me an email: Kitzi.Hendricks@gmail.com. I would love to hear from you!

If you would like more information about the Franciscan Mission Service, or would like to support me financially in my mission, please visit our website: www.franciscanmissionservice.org.



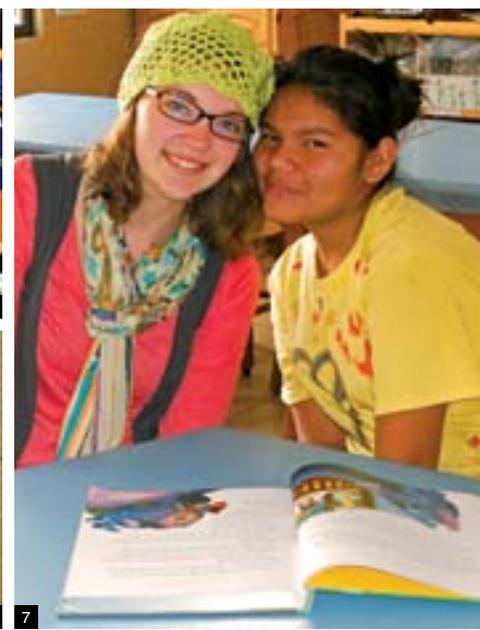
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MELBOURNE, AUSTRALIA: CHERIE GREEN '01

Four years ago I made the decision to move to Melbourne, Australia to earn my PhD. I have been soaking up the Australian culture and loving it ever since. I am currently a PhD candidate at the Olga Tennison Autism Research Centre, La Trobe University, Melbourne, and will be finishing at the end of June. My research project investigated the physical growth patterns of boys with an Autism Spectrum Disorder. At the moment I am in the throes of analysing my data and writing my thesis (Australian version of a dissertation), but hopefully by the time you read this I'll be done with that part!

It took a little while to get used to living in Australia, especially Aussie slang, but I plan to stay here after I finish my PhD and officially start my career as a researcher. Melbourne has become my new home, and is an absolutely fantastic city, known for its cafes and laneways – not to mention the beaches here are gorgeous, and warm! I'm excited to start this new chapter of my life as a researcher in Autism Spectrum Disorders, and can't wait to see what life has in store for me next!

RABAT, MOROCCO: KATIE SWEENEY '09

I am a Seattle University student currently living in Rabat, Morocco, studying Darija (Moroccan Arabic), Modern Standard Arabic, French, Gender studies, Moroccan literature, and Moroccan society and culture. I live with a wonderful family in the Kasbah des Oudayas, an ancient kasbah on the Atlantic coast, and attend classes at l'Université Mohammed V and the Qalam wa Lawh Center of Arabic language. Living in Rabat is an adventure every day, bouncing between speaking Darija and French, slowly getting the hang of the ins and outs of the Moroccan lifestyle.

If anyone is interested in reading more about my adventures, I'm keeping a fairly detailed and entertaining blog: <http://thecantaloupetales.wordpress.com/>

LONDON, ENGLAND: ELIZABETH LINDER '03

I am currently based in London, where I work for Facebook as Politics & Government Specialist for the Europe, Middle East & Africa region, building out our outreach program for politicians and government agencies on Facebook's role in representative government, nation branding, diplomacy, and public communications. At St. Francis, I cultivated my interest in French and Italian languages and later went on to graduate from Princeton as a French and Italian major. Now, I find myself using these languages regularly in my role training politicians and public communicators on using Facebook and helping government institutions to build out their Facebook strategies. Though I am most frequently shuttling between London, Brussels, Paris, Berlin, and Rome, I have also found myself speaking to female political activists in Cairo, Egypt, participating in the State Department's "Tech Camp" in Vilnius, Lithuania, and discussing digital diplomacy with Club of Venice members in Warsaw, Poland. Some constituents I have advised this year include NATO, the Chancellor of Austria, Radio Free Europe, the British Foreign & Commonwealth Office, the European Parliament and Commission, the French Foreign Ministry, and the Palace in preparation for the Queen's Diamond Jubilee. A recent favorite has been working with the government of Latvia, who recently launched their incredibly popular Facebook page, "If you Like Latvia, Latvia Likes You" (www.facebook.com/ifyoulikeLatviaLatviaLikesYou).

Though I thoroughly enjoyed my four years after Princeton living in San Francisco and working for YouTube and then Facebook's headquarters in the Silicon Valley, it's an immense pleasure basing in London. The "great metropolis" brings together a cross-section of the world which is both inspiring and invigorating. Though I'm usually traveling during the week, I cherish my weekends in London to take strolls in Regent's Park, enjoy brunch and the weekend papers in Orange Square, and explore my neighborhood in Belgravia. Given my work in the technology sector, it's especially grand to soak in all that is very tangible and tactile in London: the great carved stones in statues, the unnerving speed of red buses, and the vibrant yellow in daffodils that appear in Hyde Park about this time of year. ❖

ALUMNAE COMMUNITY

JERRY POOLE ALUMNAE VS. VARSITY BASKETBALL GAME

On Friday, November 25, fifteen alumnae basketball players challenged the St. Francis High School varsity team in the 10th Annual Jerry Poole Game. It was a close game but the varsity team pulled off the victory in the end. After the game, all the players and fans were treated to a BBQ by the Booster Club. Thank you to everyone who came out to cheer on the players! Mark your calendars for next year's game on Friday, November 23 at 5:00PM at St. Francis.



TROUBADORABLE FAIRE

On Sunday, September 25, princes and princesses from around Sacramento gathered for fun and games at the Troubadorable Faire at St. Francis. The enchanting day began with a children's Mass in the chapel where kids, dressed in costumes, sat on pillows and sang songs selected especially for them. When the Faire began after Mass, there was excitement for kids of all ages. Some of the favorite activities at the Faire were digging for jewels in the sand with Snow White, jumping in Mushu's bounce castle, magic carpet wagon rides with Jasmine, face painting with Pocahontas, fishing with Ariel, and Cinderella's clock walk. Throughout the morning, guests of the Faire were treated to performances by Fancy Feet Dance Academy kids who fearlessly showed off their amazing dance skills. It was a magical morning in the land of St. Francis and fun was had by all! ❖



ALUMNAE PENNY WAR

Every year during Spirit Week, the students compete in an all-school penny war. Students bring in pennies to count as positive points for their class and silver coins to subtract from the other classes. This year the Alumnae Association decided to compete as well. Over 90 alums donated raising more than \$3,400 for the St. Francis Scholarship Fund. In true Troubadorable Spirit, the classes got quite competitive! Three classes were particularly impressive: 1971, 1975 and 1981. But like all contests, there can only be one winner. The 2011 Alumnae Penny War winner is 1981! Thank you to everyone who donated. You helped to provide scholarships to students in need of financial aid.



ALUMNAE COMMUNITY

CAREER DAY

By Kat Haro '03

Most alumnae would agree, St. Francis prepared us well for college and life beyond. Some of us left high school with a clear professional path in mind, others with our options open. On September 28, 2011, St. Francis hosted an Alumnae Career Fair. Over 20 alumnae from various industries returned to our alma mater to speak with current students about our passions, our professions, and how we got there.

Nurses, teachers, law enforcement and marketing professionals briefly presented to an assembly of SF girls before heading to Serra Court where we could answer specific questions and meet one-on-one with curious students. As alumnae we know that our community is vast and our fellow Troubies are experts in many fields, but it was awesome to see it illustrated in person. I was also thrilled to have several in-depth conversations with girls truly interested in my career path. It was great to inspire, educate, and to be a part of the St. Francis preparation for life beyond high school. ❖

ADOPT-A-FAMILY CHRISTMAS PROJECT

For this year's Christmas project, the Alumnae Association adopted a family through Catholic Charities. Our family of five consisted of a single mother with three teenagers and a two-year-old. The response from SF alumnae was incredible!

As a community, we bought shoes for all the kids, a toaster oven for the family, pampers pull-ups for the 2-year old daughter, Raleys/Bel-Air grocery gift cards, toys for the toddler, a blender, socks, boxer shorts, blankets, beauty/skin care products, gift cards to their favorite shops, SF Giants beanies, and stockings filled with goodies for the entire family!

Thank you to everyone who contributed to this amazing project. Together we made sure this past Christmas was one this family will never forget!

1. Trish Falvey Cruise '99 2. Christie Burmeister Reason '03 & Carmen Salazar '95 3. Mary M. French & Sara Schmitcke Gillis '86 4. Corecia Davis-Woo '88 5. Career Day guests with alumna faculty & staff 6. Brenda Bedore Brozek '75 7. Kat Haro '03 8. Barbara Wells Zanze '71 & Fran Jaksich Dowell '71 9. SF students meet with alumnae speakers in Serra Court 10. Kathy Koon Barboza '82 & Kathryn Hamilton '05 11. Rachelle Hartmann '06 12. Emily Kelly '96



Top: Jennifer Perez '91, Theresa Arnold '81, Carla Zilaff '01, Kat Haro '03 Bottom: Presents under our tree



ALUM UPDATES



ALUMNAE ASSOCIATION MISSION STATEMENT

To promote and sustain the traditions and unity of St. Francis High School among its alumnae and to develop and share financial support and individual resources for the benefit of the St. Francis High School community now and in the future.

BOARD OF DIRECTORS

Kat Haro '03
President

Erin McGuire '95
Vice-President

Maura Twomey '77
Secretary

Tracy Grech Clark '78
Past President

STANDING COMMITTEE CHAIRPERSONS

Erin McGuire '95
Community Service & Student Activities

Jennifer Perez Blackburn '91
Education & Speakers Series

Michelle McClinton Vaden '80
Parents Guild Liaison

1980s

Erina Lucchesini Soria '84 has spent the last four years watching daughter, **Daniela '12**, attend St. Francis. "I have such fond memories of my years at SF and am so grateful for the sacrifice my parents made to send me here. I wanted to give the same gift to my own daughter. Daniela and I both agree our years here have been very, very special. Although 30 years have passed since my time in school, everything is still fundamentally the same and I'm surprised how quickly just walking through the halls instantly takes me back. As I watch Daniela prepare for her May graduation, I can't help but feel a bit of sadness that I'm leaving SF once again. I will miss the opportunities to sit in Serra Court during parent events, reminisce in Mr. Norman's class on SWAP Day, and catch up with fellow class Troubies especially **Lisa Grech Page**, **Laurie Hansen Barnard** and **Debbie Kiernan Daly**. Thank you, St. Francis, for a job well done." **1**

Ellen Willow '88, husband Jeff, and son Theo were delighted to welcome Kate to the world on September 19, 2011. Her sister-in-law, **Rosalva Romo Willow '88**, is Kate's godmother. Ellen and family moved back to Sacramento in 2009, having previously lived in New Orleans for seven years. Ellen has been teaching high school history for the past decade. **2**

1990s

Katherine Gallia Boroski '91 and her husband Bryan Boroski (El Camino Class of '91) welcomed their first child, Jackson Raymond Boroski, on November 18, 2011. Born 10 days late, Jackson was 8lbs, 8oz, and 21 inches long. **3**

Amy Bell Archer '95 and her husband Ted welcomed Eli Theodore on July 30, 2011. He was a healthy 8lbs, 7oz and 20.5 inches long and joins big brother Nathan. **4**

Tina Keller Guerra '97 will be finishing her residency as an ER doctor in August and will most likely be moving to Japan with the Navy. This past May, Tina gave birth to Grace Kathleen Guerra.

Jula Pereira '97 recently accepted a position as a mortgage banker at People's Home Lending in January 2012. She previously worked as a foreclosure prevention counselor for Consumer Credit Counseling Service of San Francisco for the past three years. She spent two weeks in Bali, Indonesia in October 2011 and hopes to travel to Spain and Portugal this fall. She lives in Santa Rosa, California. **5**

Nicole Quartuccio Ring '97 is a registered dietitian (RD) with nearly eight years of experience working with restaurants, individuals and corporate clients. Nicole is the Director of Restaurant and Community Partnerships for HealthyDiningFinder.com. Nicole currently serves as President of the California Dietetic Association and is also a member of the American Dietetic Association, the San Diego Dietetic Association, the Dietitians in Business and Communications Dietetic Practice Group, the Food and Culinary Professionals Dietetic Practice Group, the Nutrition Entrepreneurs Dietetic Practice Group and the San Diego Nutrition Network. Nicole was awarded the 2008 Recognized Young Dietitian of the Year Award from the American Dietetic Association. She earned her Bachelor of Science degree in Foods and Nutrition from San Diego State University and completed her dietetic internship through Sodexo, Inc. Nicole's interests outside of work include photography, hiking with her husband Kevin, and especially cooking – particularly using new ingredients and culinary inspiration from Healthy Dining chefs. **6**

Mary Beth Upjohn Prendergast '98 gave birth to a son, Henry on November 11, 2011. He weighed 7lb, 7.6oz and measured 19 inches. Henry is mellow and a snuggle-bug. **7**

Debbie Niles Broderick '99 married Patrick Broderick on October 8, 2011 at the Cathedral of the Blessed Sacrament. The reception was held at the beautiful new Crocker Museum. The bridal party included SF alumnae **Libby Niles '97**, **Katie Caridi Clifford '99**, and **Victoria Dicce '99**. **8**

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2000s

Lindsay LaSalle '00 married Steve Golubchik, on Saturday, September 17, 2011. Their beautiful wedding took place in Greenough, Montana. In the photo and also from St. Francis High School Class of 2000: **Annie Kaldor Sauro, Christine McKeown, Lindsay LaSalle, Jenn Jacobs Phillips and Stacy Mello.** **9**

Christine Quartuccio '02 graduated with honors from the University of California, Santa Barbara in 2006 with a Bachelor of Science in Cell and Developmental Biology. In May 2012, Chrissy graduates from Touro University Nevada College of Osteopathic Medicine in Henderson, NV. During medical school, Chrissy helped develop and format the layout for Touro's Gross Human Anatomy Dissection lab website (2009). She served as the Membership Director for the American College of Osteopathic Family Physicians (ACOF) (2009-2010), a member of the American Medical Student Association (AMSA) and Student Osteopathic Medical Association (SOMA), and a designated member of Sigma Sigma Phi National Honorary Fraternity. Chrissy begins her Family Medicine residency program at the University of Nevada School of Medicine (UNSOM) in July 2012. Chrissy and her fiancé Ryan Carran are thrilled to make Las Vegas, NV their home. **10**

Megan Grant '03 is now Dr. Grant! She just received the third degree from University of Southern Cal May 2011 as a Doctor of Pharmacy, to add to undergrad BS degrees in Biology and Health Promotion/Disease Prevention. She is now in a post-grad hospital residency at the West LA-VA hospital and keeps in touch with many of her old classmates. **11**

Adrienne Manuel '03 will marry James Pendleton in June 2012 at the Canaan, Indiana church which James' family founded in the 1800s. The couple met in 2010 through his mother, who was teaching 6th grade with Adrienne. February 2011, they became engaged when James presented Adrienne with his grandmother's engagement diamond. Adrienne will wear her mother's wedding dress and veil; her junior maiden of honor will be her sister, and her maid of honor will be James' sister. James and Adrienne will honeymoon at West Baden Springs Hotel, IN, a National Historic Landmark built in 1902. Both work in Louisville, KY, where Adrienne is a judge's secretary. **12**

Jaime Puccio '03 (University of Oregon '07) will marry the man of her dreams, Matt Vinks (Jesuit '01, Cal Poly SLO '06) on April 21, 2012 overlooking the golf course at Catta Verdera Country Club. They will honeymoon for two weeks in Paris and on a cruise to Italy, Turkey, and Greece. They reside in a beautiful home in the Bay Area where Jaime works for Xerox, managing K-12 school districts and Matt is a Business Analyst for Chevron. In her spare time, Jaime enjoys cooking, gardening, and volunteering with disabled children at a therapeutic horseback riding center. **13**

Julianne Haitz '04 received her B.S. from San Diego State University in International Business and is currently living in San Francisco and selling wine for Kendall-Jackson. She had the pleasure of working her first crush this past October at La Crema Vineyards. She loves everything having to do with wine and is enjoying life in the Marina.

JOIN US!

Please consider joining this special group of alums. All St. Francis graduates are members of the Alumnae Association and are encouraged to serve their fellow alumnae and the school community by sharing their talents, ideas and positive energy! Alumnae Association Board Meetings take place on the second Tuesday of each month from 6:00-8:00PM in the Faculty Staff Lounge. All are welcome to attend the meetings! If you are interested in holding a position on the board, elections are held at the June meeting. For more information, please contact Carla Zilaff '01 at czilaff@stfrancishs.org or 916-737-5020.

UPDATES

We love staying connected and want to hear from you. Visit the alumnae page of the website to update your contact information online and to find out about upcoming events. You can also email your address, email and phone number as well as your updates and digital pictures for future *Pax et Bonum* magazines to:

Carla Zilaff '01
Advancement Associate
CZilaff@stfrancishs.org
916.737.5020



Annie Grutzmacher '03 married Gary Machado on August 12, 2011 at Saints Peter and Paul in San Francisco. The reception was at the Ferry Building. Lauren Orlando '03, Katie Cippa '03, and Becky Beland '04 were bridesmaids.

ALUM UPDATES



ALUMNAE BUSINESSWOMEN

Be sure to check out our Alumnae Businesswomen Directory on our website. We would like to see this list continue to grow and encourage your support of fellow Troubadours by using their services. Please continue to send your business information, regardless of location, including your name, class year, business name and type, business location, phone and email.

Contact:

Carla Zilaff '01

Advancement Associate
St. Francis High School
5900 Elvas Avenue
Sacramento, CA 95819

or email:

CZilaff@stfrancishs.org

Amy Hartmann '04 is a Senior Tax Associate with Grant Thornton Accounting firm. In May, she transferred and relocated from Los Angeles to San Francisco. She is now an official "City Girl" and is happy with her new residence and being closer to family.

14 *Amy and Rachelle Hartmann with father John.*

Sabrina Cargill-Greer '05 moved to London, England in August. She is currently working as a Communications and Events Manager for the National Association of College and University Entrepreneurs (NACUE). The events she organizes help young people develop their creative, innovative, and enterprising skills and boost their confidence. They also set up students with recruiters for top graduate employers across the UK. Sabrina received an MA in Philosophy from the University of Bristol in England in 2010 and hopes to start teaching online philosophy classes part-time. Outside of the office, she enjoys doing yoga, running, and cooking.

Molly Rose Palacios '05 has worked for Hyatt since her internship through San Diego State University in Hospitality and Travel Management. After completing their management program, she worked as a catering manager in their La Jolla Regency Hotel. In January she accepted a front end manager position in their Hyatt Regency Grand Cypress Resort, Orlando Florida. She's loving life on the east coast. "Come visit me!" **15**

Spenser Brown '06 graduated from Cal Poly San Luis Obispo with a degree in Civil Engineering. She is currently employed with the Corps of Engineers as a Civil Engineer.

Kelley Cohen '06 graduated in May 2011 from Loyola Marymount University as the valedictorian of her graduating class. After graduating from SF, Kelley went to LMU only to have her first year interrupted by the need of a bone marrow transplant to cure an onset of leukemia. After missing her first year, she returned to LMU and graduated with high honors! Kelley is now teaching kindergarten in San Francisco at a Montessori school run by the San Francisco public school system.

Ashley Dawn Mortensen De Santis '06 graduated from NYU's Tisch School of the Arts. She married Davin Joseph De Santis on October 16th in Washingtonville NY and exactly two months later was cast in the first national tour of *Wicked* in the ensemble and serves as the understudy for Elphaba. The production comes to Sacramento's Community Center Theatre in the summer of 2012, from May 23 to June 17. **16**

Sarah Gold '06 visited Peru's Machu Picchu this summer with two college friends and began her first year of law school at UC Davis's King Hall in the fall. **17**

Casey Grant '06 is nearly MFA Grant! She graduated from Sonoma State in May 2010 with a BA in Studio Arts, emphasis painting, and now is crafting her Master's thesis in Illustration as a second year grad student at San Francisco's Academy of Art University. She works summers in Sacramento as an event photographer shooting everything from birthdays to Christmas cards, portraits to weddings. She also designs websites: www.ArtByCasey.net. **18**

Rachelle Hartmann '06 received her Bachelor of Science Nursing with Honors from San Diego State University in May 2011. She passed the Nursing Board exam shortly after. Rachelle is currently employed by UC Davis Medical Center in Sacramento working in the Burn/ICU. Thankful for the educational experience at St. Francis, Rachelle gave back by volunteered her time at SF "Career Day" chatting with future alums about nursing. In between "night shifts," she is keeping in shape with P90x, running, snowboarding, and hanging out with her fellow St. Francis buddies. **14**

Erin Johnston Laybourne '06 married Erik Laybourne on December 29, 2011 in Berkeley, CA. The couple resides in La Mesa, CA. **19**



Ugo Eke '06, a recent UC Davis graduate, has earned a spot on the 2012 Sierra Leone Track and Field Olympic team. She will be competing in the 200M and 400M races, and is scheduled to run on August 3. Eke currently holds the UC Davis all-time record in the 400M dash, as well as three of the top five all-time records in the 4x100M relay.

www.youtube.com/watch?v=gff30bs0kDY&feature

ALUM UPDATES



Meggie Schultz '06 graduated from CSU Chico in December 2011 with a degree in English Education and a focus in creative writing. While at Chico State, she became involved with the Women's Center, an on-campus activist organization that put together events such as *Take Back the Night* and the *Maggie Awards*. During her time as an intern at the center, she also co-hosted the Women's Center's weekly radio program and found a new way to spread her passion for education and equality. After being accepted into CSUS's single subject teaching credential program, she moved back to Sacramento and is truly enjoying life back in her home town. Her favorite part of being in Sacramento is being just 30 minutes away from her little cousins, Riley and Kyler. She is currently completing her observation hours for the program in the Elk Grove/San Juan school district, but hopes to one day rejoin the Troubie world as a teacher for the next generation of empowered women.

20 *Meggie, her fiancé, and her cousins Riley and Kyler.*

Elizabeth Shirey '06 is finishing up her first year at UCLA School of Law and spending ever-elusive free time helping with free legal services at the Los Angeles VA, volunteering as the LA area admission rep for her undergrad (Wellesley), and training for her first marathon. She is also looking forward to heading back to DC this summer (where she lived last year), to intern in the U.S. Attorney's Office.

Lauren Agatstein '07 is currently enrolled as a PhD student in Sociology at UC Davis. She is teaching two undergraduate courses and loves teaching!

Kailey Cost '07 graduated with her Bachelor of Science degree from Texas Christian University (TCU) in Fort Worth Texas. She was awarded her diploma at the mid-year ceremonies held on campus December 17, 2011. Her parents and brother were able to attend. Kailey's major was business and communications and she worked for TCU in the Journalism Department doing marketing. She was lucky to attend the fabulous Rose Bowl Game last year when TCU upset Wisconsin. Kailey is now employed with a major record producer in Los Angeles and loves being back in California.

Erin Kozlowski '07 attended the University of Portland where she was an RA. In March of 2011, Erin traveled to India with some nursing faculty and fellow nursing students to implement rural health clinics, women's health education programs, and grief programs for orphans and the staff in orphanages. Erin graduated in May 2011 with a BSN and Spanish minor. She is now back in Sacramento working at UC Davis Medical Center as an RN.

Jillian Terwedo '07 graduated from California State University Northridge in May 2011 with a degree in Cinema and Television Arts specializing in screenwriting. She currently works as a Page at CBS, working on shows such as *American Idol*, *Last Man Standing*, *Price is Right* and *The Late Late Show with Craig Ferguson*. Jillian is also a professional Script Supervisor working mainly on independent films in the Los Angeles area. This year Jillian is working on writing and producing her own short film for various film festivals in 2013. **21**

Jessica Agatstein '08 will graduate from MIT in June 2012 with a double major degree in Biology and Urban Planning. She has been accepted into the Urban Planning fifth year Masters program at MIT and will continue her studies there for one more year.

Marie Byrnes '08 graduated from UC Santa Cruz on March 22 where she studied Film and Digital Media. Marie wants to animate movies and plans to move to LA. She would like to get a job and an internship with an LA studio in addition to grad school at UCLA.

22 *Marie at the Grand Canyon in September 2010.*

Molly Krafcik '08 graduated with honors and an Associate's Degree in Political Science from American River College in June 2010. She transferred to UC Davis and will graduate with a B.A. in Political Science and a minor in War-Peace Studies in June of this year. She interned for Governor Jerry Brown last year, working in the constituent affairs department and the front desk reception. Over the summer Molly traveled to Germany, Switzerland, and Italy through the UC Davis Summer Abroad program, studying European cinema and attending the Locarno International Film Festival. She is excited to graduate college and hopes to begin a political career in Washington, DC.

23 *Molly standing on a mountain overlooking Locarno, Switzerland and Lake Maggiore.*

facebook

ST. FRANCIS HIGH SCHOOL SACRAMENTO ON FACEBOOK!

Visit the St. Francis High School website at www.stfrancishs.org and click on the Facebook icon. "Like" our page to connect with people and events, see photos and videos, and share your comments.

Catch the spirit!

ALUM UPDATES



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HELP BUILD OUR SFHS PHOTO ARCHIVE

Do you have photos of some of your special moments at St. Francis? Have some fun digging through those boxes of memorabilia and pick out some of your favorites. We invite you to scan them (at minimum 300dpi) and email them to CZilaff@stfrancishs.org. Please include approximate date, details of the event, and names of people in the photo to the extent possible. Add your personal comments! We're gearing up for the celebration of SFHS's 75th anniversary by creating an online photo archive that our schoolwide community will be able to view. We'll be sure to share some on Facebook, too!

Kristiana Lehn '08 is a Psychology major with minors in Biology and Chemistry at the University of San Diego. She is a Trustee Scholar who has earned Dean's List First Honors recognition every semester of her undergraduate career. Kristiana was awarded the Summer Undergraduate Research Experience Grant, and she received the Alice B. Hayes Female Scholar Award. Kristiana co-founded the USD Adventure Club in 2009 and has been President since 2010. This club fosters a sense of community for people who love adventures, with an emphasis on the outdoors. They coordinate trips and community service opportunities for students. Additionally, Kristiana participates in the USD American Medical Students Association, volunteers at Scripps Mercy Hospital in the ER, and DJs for USD Radio. Kristiana studied abroad in London during summer 2009 and spring 2010. She hopes to combine her love of travel with her goal of becoming a physician to promote health and wellness abroad. Kristiana plans to spend a year in South America before starting medical school. She aspires to specialize in women's health. Kristiana has been accepted by USC's Somos Hermanos program to study and work in a volunteer capacity in health care in Guatemala in spring 2013.

24 *Kristiana watching the sunset at Sunset Cliffs just after backpacking on Machu Picchu.*



Kristin Haitz '09 is a junior at UC Davis studying to be a veterinarian, currently in Hamburg, Germany on a fellowship with DeKeyser and Friends Academy. She is one of 13 fellows chosen from all over the world, studying with Dr. Jane Goodall and her Roots and Shoots conservation project. She is learning so much and can't wait to return to implement the rest of her project in Davis.

Angela Pontes '08 returned in December from Rio de Janeiro, Brazil after a five month internship at FIOCRUZ, the National Public Health Institute of Brazil. There, she learned Portuguese and completed her senior thesis on Type II Diabetes in a public clinic in Manguinhos, one of Rio's largest slums. While in Brazil she also attended the World Health Organization's World Conference on Social Determinants of Health where she was inspired by speakers such as Margaret Chan and Kathleen Sebelius. Angela is currently back in Washington, DC interning at the Pan American Health Organization. She will be graduating from Georgetown University this May with a degree in International Health and Spanish. **25**

Grace Hurner '09 graduated from Cal Poly San Luis Obispo's newly established Sociology Department in March 2012 with a minor in Psychology. She began her graduate work toward an MA in Counseling Psychology at Santa Clara University in April 2012 and hopes to pursue a career in Restorative Justice.

2010s

Naomi Endsley '10 participated in the 2012 March for Life in Washington, DC on January 25. She is currently studying economics and diplomacy at Seton Hall University in New Jersey. This summer, Naomi is going on a pilgrimage to France in July, then back to Sweden for three weeks to visit her host families from her Rotary International days. **26**

Katie Fontes '10 is in her second year at Arizona State University. She plays on the ASU Women's Volleyball team; she red-shirted her freshman year. She is currently a sophomore academically and is on the Dean's List in the William P. Carey School of Business majoring in Business Marketing. She lives with three ASU roommates: two volleyball athletes (one from Greece) and her cousin. She is enjoying the excitement of a PAC 12 school and has learned to live in the 115 degree summer heat.

27 *Katie Fontes and Zoe Nightingale '11.*

Katie Leigh Fuller '10 attends CSUS and is working on degrees in Biological Sciences and Early Child Development. Her desire is to work in a Cancer Research Hospital with children, incorporating the concepts of mind, body and spirit with traditional medicine. Katie works with a program called Camp Adventure which trains students to work with American military families stationed at military bases throughout the world with their

ALUM UPDATES



Children's Summer Day Camp Programs. Last summer Katie was sent to Yokosuka-shi, Kanagawa, Japan, to help run the summer day camp program of families stationed at Yokosuka Naval Base. While in Japan, Katie climbed Mount Fuji, visited Shinjuku, Kyoto and Oshima Island, experienced up close, the USS SHILOH – a guided missile cruiser Naval Ship, enjoyed Tokyo Disney, learned to dance with Geisha Girls, traveled to the Emperor's castle, visited many shrines and museums and to top it off, ended her trip with Bungy Japan, bungy jumping off a bridge near Yokosuka. This semester she is studying with Camp Adventure again and will be leaving for Landstuhl, Germany this summer to work on the US Air Force Base.

28 *Katie in front of the Kamakura Buddha in Kamakura, Japan.*

Jennifer Gold '10, is a sophomore at the University of Oregon (Go Ducks!) and is active in her sorority, Alpha Phi. **29**

Tatiana Maria Gomez '10 is a sophomore majoring in English with minors in International Studies and Broadcast Journalism at Spelman College in Atlanta, Georgia. She is currently serving as a co-host anchor for campus television. Spelman has provided Tatiana with an excellent education, honorable leadership skills as well as a strong connection to network with numerous professionals in the area. Tatiana's summer plans include working full-time as an intern at a local news station and teaching part-time with BreakThrough Atlanta. She recently traveled with her Spelman class to Costa Rica and was awarded a scholarship to study abroad in South Africa. The semester abroad program is one of four study abroad programs offered through the Education Abroad Center.

Kathryn Mindt '10 is a sophomore at Creighton University in Omaha, Nebraska in her second year of Nursing School. The curriculum is challenging but she really enjoys pursuing her dream of becoming a neonatal nurse working with premature babies. She rowed for Capital Crew rowing club for three years in high school and was recruited to row for the Division 1 Creighton Women's rowing team. Last year was the Jay's first year in the West Coast Conference competing against school such as Gonzaga and St. Mary's. They placed fourth out of six schools and hope to do well again this year. She absolutely loves her university and the atmosphere that surrounds her and cannot wait to continue her college career! **30**

Josefina Araya '11 and **Carolina Araya '09** both study in Marbella Spain at the Les Roches International School of Hotel Management and Hospitality. The curriculum features a six month internship every second semester. Carolina just graduated from Les Roches, and is now studying in Kendall College Chicago, to get her BBA in hotel management. Josefina is currently in Aspen, Colorado completing her internship requirements in the Little Nell Hotel. She will be returning to Marbella Spain in July to start her second year of university. **31**

Shannon Clark '11 is a freshman at Gonzaga University and earned a place on the President's List, earning a 4.0 GPA in her first semester. She began the semester by being selected to participate in the Service and Leadership Program. She was also competitively selected to fill one of 20 female freshman positions in Gonzaga's Comprehensive Leadership Program out of 120 applicants. Finally, she has been chosen to shadow the Executive Committee of Gonzaga's Helping Educate Others Regarding Orientation (HERO). Shannon is also active in Young Democrats.

Chantelle E. Dills '11 accepted honor scholarships last year and currently attends UC Davis with aspirations of entering the medical field. She would like to work with children as a pediatrician. She continues to play piano, sing, act, and venture into new and enlightening courses such as Tai Chi and historical fencing. **32**

Maia Tufts '11 is in her first year at Dominican University of California. She is double majoring in International Relations and Political Science and is in the Honors Program. She loves her new job at Saint Raphael Preschool as a teacher's assistant and is looking forward to spending spring break at Casa de Los Pobres in Tijuana, Mexico for six days serving the poor in neighboring Colonias under the auspices of the Franciscan Sisters. Maia is looking forward to studying abroad in the next two years in Latin America and is preparing early by continuing her study of Spanish. She also hopes to travel to Africa possibly after graduation for more service. Maia thoroughly enjoys living in the Bay Area. The cool weather and short trip to San Francisco allows for many fun adventures. She also likes being only a short train ride away from home sweet home.

33 *Maia at Saint Raphael's Harvest Dinner with preschooler.*

VEHICLE DONATION PROGRAM

It's fast and easy to donate your used vehicle – in any condition – to benefit St. Francis High School. Just download the Vehicle Donation Form from the St. Francis website at www.stfrancishs.org under "Support St. Francis/Giving Opportunities" and fax it to the number on the form. You will be contacted within four business days to arrange free pick-up or towing and provided with documentation for tax purposes. St. Francis High School receives 70% of the net proceeds from the sale of the vehicle.

REUNIONS

REUNION PLANS

Classes with graduation years ending in "7" or "2" have begun organizing celebrations. If you would like to help, please contact:

Carla Zilaff '01
 Advancement Associate
 916.737.5020
CZilaff@stfrancishs.org

CLASS OF 1966 • 45 YEAR REUNION

On Saturday, September 3, 2011, SFHS class of 1966 joined with the 1966 class from Bishop Armstrong, now Christian Brothers, and celebrated their 45th High School Reunion with almost 100 attendees at the Dante Club. The evening was casual with lots of visiting and reminiscing. Organizers Henri Santos-Coy and Patty O'Connell Suter felt that having the reunion together with the "boys" made for a great time and lots of laughs for both classes as we revisited our high school times together. ❖

1. Irma Basurto, Susie Sortomme Cavner, Margaret Mette, Rebecca Llano, Vicki Porter Szaki 2. Mary Ann Mendes Martin, Cecilia DeCuir, Pam Halm Grady, Dolores Dallosta 3. Theresa Arciniaga, Anna Mazzucchi Skewes 4. Kathy Corr Jones, Marilyn Ferrigno, Terry Hopper Le Maire, Suzanne Sortomme Cavner 5. Christine Bernardis, Karin Levacich Craig, Marilyn Ferrigno, Patty O'Connell Suter 6. Linda Grant Lutrell, Ron Joseph, Henri Santos-Coy, Rorie Keller Snyder, Tom Donato



CLASS OF 1991 • 20 YEAR REUNION

On September 17, 2011, almost 50 Troubies from the Class of 1991 gathered at MIX Downtown to celebrate the 20th anniversary of their graduation from SFHS. When they selected the date, they didn't realize that it coincided with the Holy Bowl! "I had the best time. So glad I was able to attend (it was so worth missing the Holy Bowl,)" said Staci Endicott. "I had a great time seeing everyone and catching up! Can't wait for our next one."

Good food, good friends, good times. "It really was such a wonderful reunion. Feelin' the love. Missing those that couldn't

make it... you all were there in spirit," said Sara Gorman.

For more photos from the event, or to connect with other Penguins, join the SFHS Class of 1991 Facebook group at www.facebook.com/groups/sfhs1991. ❖

1. Gaby Vega, Vanessa Mendoza Tam, Kathleen Visnick, Colleen Delgado, Jennifer Perez 2. Class reunion cookies 3. Staci Endicott, Janet Wellendorf Finch, Christina Davis Hinton 4. Janet Wellendorf Finch, Sonya Munoz 5. Catherine Rodebaugh Saslow, Kathleen Visnick, Katherine Gallia Boroski



REUNIONS

CLASS OF 1997 • 15 YEAR REUNION

The Class of 1997 celebrated its fifteen year reunion on March 10, 2012. The day began with family fun at Bertha Henschel Park and ended with a girls only night out at Piatti's. It was so much fun! In fact, the ladies are already making plans for the big 2-0! Go Tweeties! ❖

1. *Jula Pereira, Sarah Porter Harper, Angelica H. Tapia, Cynthia Esperanza* 2. *Sarah Rishel, Jennifer Mello, Kathy Murray* 3. *Rachel Montoya Hubbard, Christina Garcia* 4. *Julie Novotny Leonard, Genny Caridi McNulty* 5. *Maria Elena "Nena" Rasul, Maricel Yunque, Karen Madariaga, Cynthia Esperanza* 6. *Meghan Heritage, Jennifer Mello, Colleen Shannon, Nicole Lara*



CLASS OF 2001 • 10 YEAR REUNION

The Class of 2001 enjoyed an evening of hors d'oeuvres, drinks, and reminiscing on September 24, 2011. Over 45 classmates and their dates enjoyed a night of nostalgia, sipping wine, and talking the night away in the Theatre Foyer at St. Francis High School. It was a great night to reconnect with old friends, explore the halls that they walked over 10 years ago, and make plans to stay in touch. ❖

1. *Class of 2001* 2. *Catherine Flynn & Carah Santos* 3. *Kendall Reedy Skillicorn, Carla Zilaff, Meghan Gibbens, Barbara Ruggiero* 4. *Christina Luza Willett & Katherine Henry*



CLASS OF 1971 • 40 YEAR REUNION

"The times they are a changin'!" Those words rang true when the class of 1971 decided to plan their 40th reunion. Classes back then were a lot smaller than they are now at SFHS, and the Catholic high school landscape in Sacramento has changed considerably since 1971.

A decision was made to contact members from each of the Catholic high schools' Class of '71 to establish a reunion committee: St. Francis, Christian Brothers, Bishop Manogue, Loretto, Mercy, and Jesuit.

The reunion was held at the Dante Club in Sacramento on September 24, 2011. Over 150 people representing all six catholic high schools attended the successful event, even though only three of the schools still exist today. The Dante Club, a Sacramento icon, was the perfect spot for the nostalgic night filled with drinks, appetizers, and dinner, followed by music and dancing. A few SFHS girls even sang the school song. And yes, they remembered the words!

The group went back to its roots as members from each school posed for a class picture. Then the group divided into grammar schools for pictures. Sacred Heart had the largest representation and one of its members came all the way from New York to attend.

A good time was had by all as old friendships were renewed and new ones were forged. ❖



SF girls class of 1971

SFHS CALENDAR HIGHLIGHTS

Show Choir/Jazz Show

Wednesday May 2, 2012 at 5:30PM
SFHS Arts Complex

Dad's Club Annual Picnic

Saturday May 5, 2012 at 11:30AM to 3:30PM
East Portal Park

All proceeds to fund Dad's and Grads Breakfast on May 25. Tickets: Adults - \$15, Children 18 and Under - \$10.

Dance Showcase

Wednesday, May 9, 2012 at 5:30PM
SFHS Arts Complex

22nd Annual Booster Club Golf Tournament

May 16, 2012
Del Paso Country Club

The major fundraiser for the SFHS Athletic Programs. Information available online at www.stfrancishs.org.

Welcome Back Parent BBQ

August 16, 2012
Serra Court

Grandparents' Day

September 9, 2012
Serra Court

Students and their grandparents (or grandparent-figures) are invited for Mass and a pancake breakfast. Please spread the word to these important people in our students' lives. Additional information and registration online at www.stfrancishs.org.

"Pearl of the Orient"

October 6, 2012
SFHS Campus

Revelry 2012

October 27, 2012
SFHS Campus

Gala dinner and auction. St. Francis High School's biggest fundraiser of the year.

ALUMNAE ASSOCIATION CALENDAR OF EVENTS

Alumnae Tea Party at Mercy McMahon

Sunday, April 29
2:00PM, Mercy McMahon

Join other alumnae for a tea party with the residents at Mercy McMahon. Contact Carla Zilaff at czilaff@stfrancishs.org for information.

Senior Luncheon

Friday, May 11, 1:00PM
Sac State University Ballroom

Family and friends are invited to celebrate one last St. Francis moment together with the class of 2012 before graduation with a lunch hosted by the SFHS Alumnae Association.

Class of 2012 Diploma Pick-up

Friday, May 25
10:30-12, Serra Court

Hosted by the SFHS Alumnae Association.

Troubadorable Faire

Sunday, September 23
Mass at 9:30AM, Faire from 10:30AM-Noon

The Faire is for boys and girls with games and activities for children ages 2-10. It will begin with Mass in the chapel followed by the faire in Serra Court until noon.

Jerry Poole Alumnae vs. Varsity Basketball Game and BBQ

Wednesday, November 21
5:00PM, SFHS Gym

Run to Feed the Hungry: Team Troubie

Thanksgiving Day, November 22

SING TO THE LORD, ALL CREATURES!

WORSHIP GOD WITH YOUR JOY;

PRAISE GOD WITH THE
SOUND OF YOUR LAUGHTER.

KNOW THAT WE ALL BELONG TO GOD,
THAT GOD IS OUR SOURCE AND OUR HOME.

ENTER GOD'S LIGHT WITH THANKSGIVING;

FILL YOUR HEARTS WITH GOD'S PRAISE,

FOR GOD'S GOODNESS
IS BEYOND COMPREHENSION

AND GOD'S DEEP LOVE ENDURES FOREVER.

PSALM 100

THE ST. FRANCIS HIGH SCHOOL
COMMUNITY MOURNS THE LOSS OF
THE FOLLOWING ALUMNAE:



Margaret Mary Kenny '50



Eleanor Bertolani Neumann '55



Judy Ackerman Ayala '56

Maureen Gilson Braeden '51

ST. FRANCIS HIGH SCHOOL
MEMORIAL AND TRIBUTE PROGRAM

Contributions in honor or memory of a loved one go directly to the St. Francis High School Scholarship Fund, providing financial assistance for students. Your gift will be recognized in the *Pax et Bonum* Annual Report edition in the fall. Remembrance cards are sent to the family as requested, with no donation amount mentioned.

In honor of _____

Occasion, if applicable _____

In memory of _____

Please send remembrance card to _____

Address _____

DONOR INFORMATION

Your name(s) _____

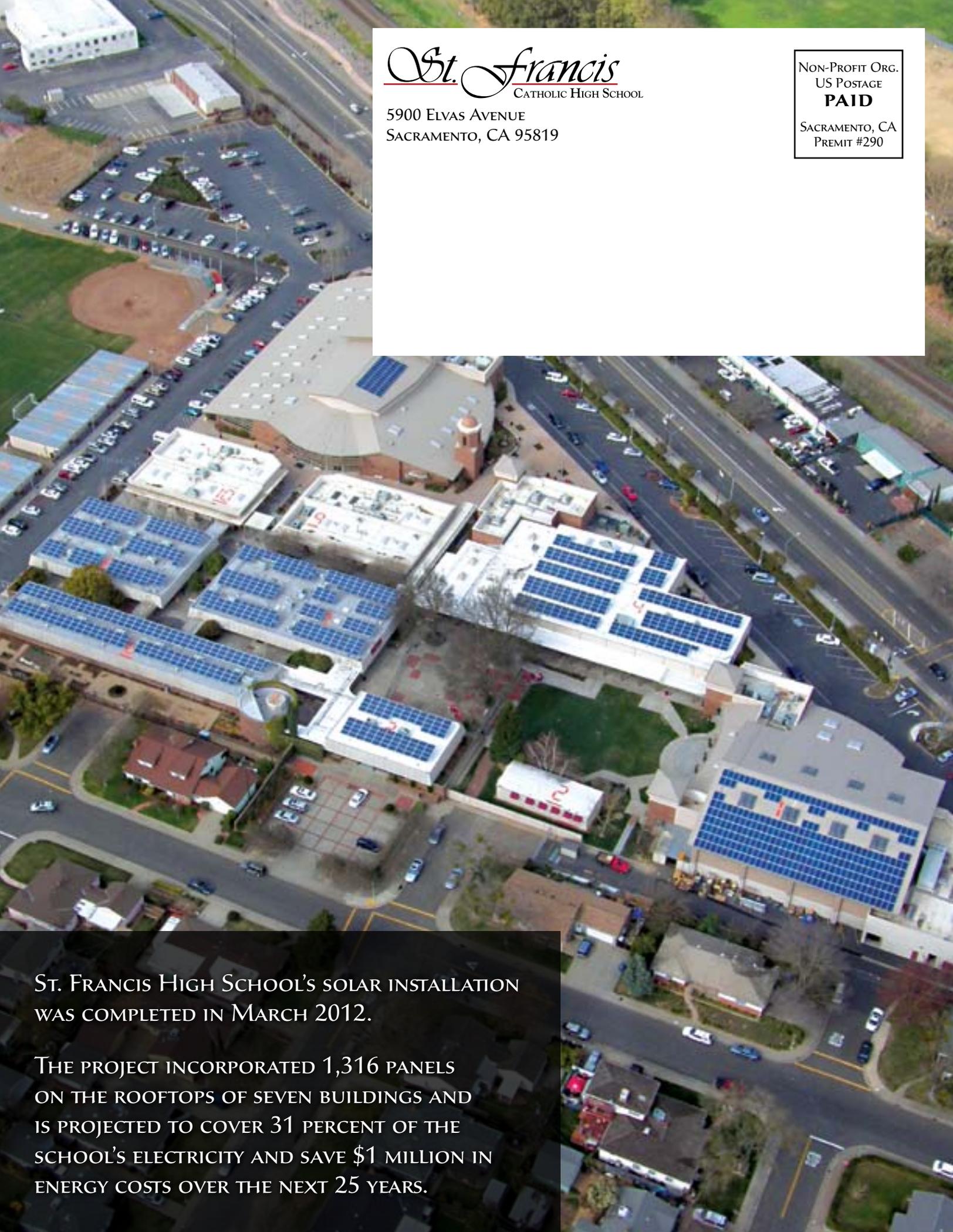
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E-Mail Address _____

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Send to: St. Francis High School • 5900 Elvas Avenue • Sacramento, CA



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CATHOLIC HIGH SCHOOL

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SACRAMENTO, CA 95819

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ST. FRANCIS HIGH SCHOOL'S SOLAR INSTALLATION
WAS COMPLETED IN MARCH 2012.

THE PROJECT INCORPORATED 1,316 PANELS
ON THE ROOFTOPS OF SEVEN BUILDINGS AND
IS PROJECTED TO COVER 31 PERCENT OF THE
SCHOOL'S ELECTRICITY AND SAVE \$1 MILLION IN
ENERGY COSTS OVER THE NEXT 25 YEARS.