Menu

Monday	January 12, 2026
Alarm Clock Breakfast	Chocolate Chip Pancakes, Fresh Berries, Applewood Smoked Bacon
Global Adventure	Chicken Tikka Masala, Basmati Rice, Tandoori Spice Cauliflower (Gobi Tikka), Raita, Naan Bread
Kitchen Table	Penne Pasta, Ground Turkey Bolognese, Side Caesar Salad, Herb Breadstick
Panini	Free Range Buffalo Chicken Wrap, Romaine Lettuce, Tomatoes, Red Onions, Ranch Dressing, Kettle Chips
Tuesday	**January 13, 2026**
Alarm Clock Breakfast	Sausage & Cheese Frittata, Cage Free Eggs, Ground Sausage, Country Potatoes, Bell Peppers, Cheese
Taste of Italy	Free Range Malibu Chicken, Honey Ham, Swiss Cheese, Honey Mustard Sauce, Creamy Polenta, Mixed Green Salad
Global Adventure	Mongolian Beef, Bok Choy, Vegetable Fried Rice, Fortune Cookie
Panini	Roast Turkey with Monterey Jack, House Made Pesto, Tomato, Lettuce, Focaccia Bread, Kettle Chips
Wednesday	**January 14, 2026**
Alarm Clock Breakfast	Brown Sugar Oatmeal, Fresh Berries, House Made Granola, Turkey Sausage Link
Kitchen Table	Saucy BBQ Chicken, Garlic Roasted Potatoes, Tajin Spiced Corn Ribs
Passage of India	Tofu & Vegetable Curry, Brown Rice, Naan Bread
Panini	Bacon Wrapped Hot Dogs, All Beef Hotdog, Applewood Smoked Bacon, Condiments, French Fries
Thursday	**January 15, 2026**
Alarm Clock Breakfast	Croissant Breakfast Sandwich, Ham, Fried Egg, Cheddar Cheese on a Croissant
Platillos Latinos	Pork Carnitas Bowl, Cilantro Lime Rice, Roasted Corn & Black Bean Salsa, Lettuce, Avocado Crema
Taste of Italy	Free Range Chicken Scampi, Linguine Noodles, Baby Spinach, Capers, Side Mixed Greens Salad
Soup DuJour	House Made Miso Soup, Tofu, Green Onions, Fried Won Tons, Sweet Chili Sauce
Friday	**January 16, 2026**
Alarm Clock Breakfast	Acai Smoothie Bowls, Fresh Berries, House Made Granola, Applewood Smoked Bacon
Izakaya	Free Range Pork Chow Mein, Edamame, Carrots, Peas, Water Chestnuts, Cabbage
Platillos Latinos	NACHO FRIDAY! Tortilla Chips, Ground Beef, House Made Cheese Sauce, Salsa, Crema, Pickled Jalapenos
Panini	Double Stuffed Twice Baked Potatoes, Bacon Bits, Melted Cheese, Butter, Green Onions, Cream Cheese

Café Service Hours

7:30 - 10:00

11:00 - 1:00

2:30 - 3:30

Today's Grab and Go Special

Monday:

Citrus Spinach Salad, Free Range Chicken, Spinach, Mixed Greens, Orange Supremes, Pepitas, Roasted Beets, Creamy Poppy Seed Dressing

Tuesday:

Chef Salad, Free Range Chicken, Honey Ham, Turkey, Cherry Tomatoes, Hard Boiled Egg, Cucumber, Shredded Cheese, House Made Croutons, Ranch Dressing

Wednesday:

Free Range Chicken Cordon Bleu, Honey Ham, Cherry Tomato, Swiss Cheese, Carrots, Croutons, Honey Mustard Dressing

Thursday:

B.L.T Chopped Salad, Free Range Chicken, Cherry Tomatoes, Smoked Applewood Bacon, Cheese, House Made Croutons, Red Onions, Ranch Dressing

Friday:

Greek Free Range Chicken Salad, Cucumber, Red Onion, Fresh Mint, Olives, Organic Cherry Tomatoes, Feta Cheese, Bell Peppers, Oregano Dressing

Promotions

In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

Epicurean Group at St. Francis Catholic High School

Your Executive Chef: Jenn Slaughter

Café/Catering Manager: Evelyn Barela

(916) 737-5062

Menu Key

Vegetarian · Vegan · Organic · Free Range · Grass Fed · Cage Free · Contains Gluten