



Menu



Monday

January 19, 2026



Tuesday

January 20, 2026

Alarm Clock Breakfast	Overnight Blueberry French Toast, Applewood Smoked Bacon
Global Adventure	Kahlua Pork, Steamed Jasmine Rice, Pineapple Jalapeno Cabbage Slaw
Taste of Italy	Spaghetti & Meatballs, Marinara Sauce, House Made Meatballs, Roasted Vegetables, Garlic Bread
Panini	Free Range Chicken Katsu Sandwich, Texas Toast, Katsu Sauce, Shredded Cabbage, Kettle Chips

Wednesday

January 21, 2026

Alarm Clock Breakfast	Breakfast Scramble Bowls, Hashbrowns, Scrambled Eggs, Roasted Peppers, Cheese, Country Sausage
Platillos Latinos	Chicken Chile Verde, Pinto Beans, Spanish Rice, Flour Tortilla
Kitchen Table	Beef Stroganoff, Mashed Potatoes, Roasted Winter Vegetable Medley
Panini	Chicken Noodle Soup, Free Range Chicken, Carrots, Onions, Noodles, Dinner Roll

Thursday

January 22, 2026

Alarm Clock Breakfast	Loaded Breakfast Quesadilla, Flour Tortilla, Scrambled Cage Free Eggs, Bacon Bits, Country Potatoes
Passage of India	Chicken Tandoori, Bombay Spiced Potatoes, Steamed Broccoli, Naan Bread
Global Adventure	Mongolian Pork, Broccoli, Red Onions, Cilantro Lime Rice
Panini	Greek Nachos, Gyro Meat, Tzatziki Sauce, Greek Village Salad, Pita Chips

Friday

January 23, 2026

Alarm Clock Breakfast	Breakfast Sandwiches, Brioche Bun, Bacon, Egg & Cheese
Kitchen Table	Swap Station
Global Adventure	Closed Station
Street Food	Two Cheese Grilled Cheese Sandwiches & House Made Tomato Soup

Epicurean Group at St. Francis Catholic High School

Your Executive Chef: Jenn Slaughter

Café/Catering Manager: Evelyn Barela

(916) 737-5062

Café Service Hours

7:30 - 10:00

11:00 - 1:00

2:30 - 3:30

Today's Grab and Go Special

Monday:

No School

Tuesday:

Chopped Italian Salad, Mixed Greens, Black Olives, Pepperoncini, Salami, Mozzarella, Italian Dressing

Wednesday:

Taco Salad, Tortilla Chips, Grilled Chicken, Romaine Lettuce, Red Onions, Kidney Beans, Chipotle Ranch Dressing

Thursday:

Spinach Berry Salad, Shaved Red Onion, Goat Cheese, Sunflower Seeds, Creamy Strawberry-Poppy Seed Dressing

Friday:

Chopped Chinese Chicken Salad, Romaine Lettuce, Shredded Carrots, Edamame, Green Onions, Cucumber, Crispy Won Ton Strips, Soy Ginger Vinaigrette

Promotions



Cozy Classics Remix
Old Favorites, New Twists

Enjoy the comfort foods you love, reimagined with fresh ingredients and modern flavors. These lighter, smarter takes on classic dishes bring nostalgia and nourishment together in every bite.

Beef Stroganoff, Mashed Potatoes, Roasted Winter Vegetable Medley

Two Cheese Grilled Cheese Sandwiches & House Made Tomato Soup

Chicken Noodle Soup, Free Range Chicken, Carrots, Onions, Noodles, Dinner Roll



In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.

