



# Menu



Monday

January 19, 2026



## Café Service Hours

7:30 - 10:00

11:00 - 1:00

2:30 - 3:30

## Today's Grab and Go Special

**Monday:**

No School

**Tuesday:**

Chopped Italian Salad, Mixed Greens, Black Olives, Pepperoncini, Salami, Mozzarella, Italian Dressing

**Wednesday:**

Taco Salad, Tortilla Chips, Grilled Chicken, Romaine Lettuce, Red Onions, Kidney Beans, Chipotle Ranch Dressing

**Thursday:**

Spinach Berry Salad, Shaved Red Onion, Goat Cheese, Sunflower Seeds, Creamy Strawberry-Poppy Seed Dressing

**Friday:**

Chopped Chinese Chicken Salad, Romaine Lettuce, Shredded Carrots, Edamame, Green Onions, Cucumber, Crispy Won Ton Strips, Soy Ginger Vinaigrette

Tuesday

January 20, 2026

<i>Alarm Clock Breakfast</i>	Overnight Blueberry French Toast, Applewood Smoked Bacon
<i>Global Adventure</i>	Kahlua Pork, Steamed Jasmine Rice, Pineapple Jalapeno Cabbage Slaw
<i>Taste of Italy</i>	Spaghetti & Meatballs, Marinara Sauce, House Made Meatballs, Roasted Vegetables, Garlic Bread
<i>Panini</i>	Free Range Chicken Katsu Sandwich, Texas Toast, Katsu Sauce, Shredded Cabbage, Kettle Chips

Wednesday

January 21, 2026

<i>Alarm Clock Breakfast</i>	Breakfast Scramble Bowls, Hashbrowns, Scrambled Eggs, Roasted Peppers, Cheese, Country Sausage
<i>Platillos Latinos</i>	Chicken Chile Verde, Pinto Beans, Spanish Rice, Flour Tortilla
<i>Kitchen Table</i>	Beef Stroganoff, Mashed Potatoes, Roasted Winter Vegetable Medley
<i>Panini</i>	Chicken Noodle Soup, Free Range Chicken, Carrots, Onions, Noodles, Dinner Roll

Thursday

January 22, 2026

<i>Alarm Clock Breakfast</i>	Loaded Breakfast Quesadilla, Flour Tortilla, Scrambled Cage Free Eggs, Bacon Bits, Country Potatoes
<i>Passage of India</i>	Chicken Tandoori, Bombay Spiced Potatoes, Steamed Broccoli, Naan Bread
<i>Global Adventure</i>	Mongolian Pork, Broccoli, Red Onions, Cilantro Lime Rice
<i>Panini</i>	Greek Nachos, Gyro Meat, Tzatziki Sauce, Greek Village Salad, Pita Chips

Friday

January 23, 2026

<i>Alarm Clock Breakfast</i>	Breakfast Sandwiches, Brioche Bun, Bacon, Egg & Cheese
<i>Kitchen Table</i>	Swap Station
<i>Global Adventure</i>	Closed Station
<i>Street Food</i>	Two Cheese Grilled Cheese Sandwiches & House Made Tomato Soup

## Epicurean Group at St. Francis Catholic High School

Your Executive Chef: Jenn Slaughter

Café/Catering Manager: Evelyn Barela  
(916) 737-5062

## Promotions



### Cozy Classics Remix

Old Favorites, New Twists

Enjoy the comfort foods you love, reimagined with fresh ingredients and modern flavors. These lighter, smarter takes on classic dishes bring nostalgia and nourishment together in every bite.

Beef Stroganoff, Mashed Potatoes, Roasted Winter Vegetable Medley

Two Cheese Grilled Cheese Sandwiches & House Made Tomato Soup

Chicken Noodle Soup, Free Range Chicken, Carrots, Onions, Noodles, Dinner Roll



## In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention.

We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



EPICUREAN GROUP  
Fresh, honest, local.