



Menu



Monday

January 26, 2026

<i>Alarm Clock Breakfast</i>	Traditional Breakfast Trio, Sausage Patty, Hashbrowns, Cage Free Scrambled Eggs
<i>Taste of Italy</i>	Fettuccine Alfredo, Steamed Vegetables, House Made Garlic Bread
<i>Kitchen Table</i>	Roast Pork Tenderloin, Roasted Garlic Polenta, Winter Vegetable Medley
<i>Soup DuJour</i>	Chicken Tortilla Soup, Chicken, Black Beans, Garlic, Peppers, Red Onion, Tortilla Chips

Tuesday

January 27, 2026

<i>Alarm Clock Breakfast</i>	French Toast, Fresh Strawberries, Fresh Whipped Cream, Applewood Smoked Bacon
<i>Global Adventure</i>	Jambalaya, Rice, Chicken, Sausage Link, Shrimp, Peppers, Onion, Okra
<i>Platillos Latinos</i>	Carne Asada, Pinto Beans, Chef's Choice Rice, Flour Tortilla
<i>Panini</i>	Muffaletta, Salami, Pepperoni, Olive Tapenade, Lettuce, Tomato, Kettle Chips

Wednesday

January 28, 2026

<i>Alarm Clock Breakfast</i>	Chorizo Biscuits & Gravy, Fluffy biscuits, Chorizo Gravy, Choice of Apple, Banana, or Orange
<i>Izakaya</i>	Chicken Stir Fry, Asian Spiced Chicken, Sautéed Peppers and Onions, Jasmine Rice, Fortune Cookie
<i>Kitchen Table</i>	Baked Potato Bar, Cheese Sauce, Sour Cream, Bacon Bits, Broccoli, Sautéed Mushrooms, Melted Butter, Green Onions
<i>Soup DuJour</i>	Lasagna Soup, Tomato Broth, Lasagna Noodles, Fresh Herbs, Dollop of Ricotta & Parmesan Cheese, Dinner Roll

Thursday

January 29, 2026

<i>Alarm Clock Breakfast</i>	Belgium Waffles, Fresh Berries, Syrup, Fresh Whipped Cream, Applewood Smoked Bacon
<i>Kitchen Table</i>	Hearty Beef Stew, Yukon Gold Potatoes, Buttery Carrots, Onions in Beef Broth
<i>Platillos Latinos</i>	Chicken Enchiladas, Braised Chicken, Tortillas, Enchilada Sauce, Oaxaca Cheese, Black Beans, Spanish Rice
<i>Soup DuJour</i>	Fire Roasted Chili, Ground Beef, Roasted Chiles, Kidney Beans, Black Beans, Green Onions, Cheesy Corn Bread Muffin

Friday

January 30, 2026

<i>Alarm Clock Breakfast</i>	Brioche Breakfast Sandwich, Applewood Smoked Bacon, Fried Egg, Cheddar Cheese on Brioche Bun
<i>Izakaya</i>	Teriyaki Chicken, Steamed Jasmine Rice, Steamed Broccoli and Red Onions, Fortune Cookie
<i>American BBQ Series</i>	BBQ Pork Sliders, BBQ Pulled Pork, King's Hawaiian Rolls, Potato Salad, Side Mixed Greens Salad
<i>Panini</i>	Applewood Smoked Bacon & Honey Ham Grilled Cheese Sandwiches, French Fries

Epicurean Group at St. Francis Catholic High School

Your Executive Chef: **Jenn Slaughter**

Café/Catering Manager: **Evelyn Barela**

(916) 737-5062

Café Service Hours

7:30 - 10:00

11:00 - 1:00

2:30 - 3:30

Today's Grab and Go Special

Monday:

Cranberry & Apple Quinoa Salad, Chicken, Kale, Mixed Greens, Quinoa, Dried Cranberries, Apple Slices, Geta, Apple Cider Vinaigrette

Tuesday:

Tangerine & Spinach Salad, Chicken, Spinach, Mixed Greens, Tangerine Slices, Red Onions, Sunflower Seeds, Poppyseed Vinaigrette

Wednesday:

Crunchy Winter Salad, Kale, Cabbage, Pepitas, Celery, Dried Cranberries, Cucumbers, Ranch Dressing

Thursday:

BLT Salad, Romaine Lettuce, Bacon Bits, Cherry Tomatoes, Red onions, Shredded Cheese, Cucumbers, Ranch Dressing

Friday:

Taco Salad, Chicken, Romaine Lettuce, Kidney Beans, Pickled Red Onions, Cheese, Cherry Tomatoes, Sliced Jalapenos, Cilantro Lime Vinaigrette

Promotions

National Soup Month

Cozy Up with a Bowl!

Warm up all January long with our lineup of house-made soups. From classic comforts to hearty seasonal favorites, there's a bowl for every mood—and every chilly day!

Chicken Tortilla Soup, Chicken, Black Beans, Garlic, Peppers, Red Onion, Tortilla Chips

Lasagna Soup, Tomato Broth, Lasagna Noodles, Fresh Herbs, Dollop of Ricotta & Parmesan Cheese, Dinner Roll

Fire Roasted Chili, Ground Beef, Roasted Chiles, Kidney Beans, Black Beans, Green Onions, Cheesy Corn Bread Muffin

What can I put in the Recycling Bin?



In the Know

Epicurean Group is a Food Service Management Company headquartered on the West Coast.

We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.



EPICUREAN GROUP
fresh, honest, local.

Menu Key



Vegetarian



Vegan



Organic



Free Range



Grass Fed



Cage Free



Contains Gluten