



Menu



Monday		October 20, 2025	Café Service Hours	
Alarm Clock Breakfast	Baked Egg Cups, Bell Pepper, Italian Sausage, Onion, Cage Free Eggs, Mozzarella Cheese, Mixed Organic Berries		7:30 - 10:00	
Taste of Italy	Chicken Cacciatore, Creamy Polenta, Side Caesar Salad		11:00 - 1:00	
Izakaya	Kung Pao Pork, Loaded Vegetable Fried Rice, Fortune Cookie		2:30 - 3:30	
Soup Dujour	French Onion Soup, Melted Swiss Cheese, Warm French Baguette		Today's Grab and Go Special	
			Monday:	
			BLT Club Salad, Grilled Chicken, Applewood Smoked Bacon, Romaine Lettuce, Cherry Tomatoes, Crunchy Croutons, Red Onions, Housemade Ranch Dressing	
			Tuesday:	
			Strawberry & Apple Arugula Salad, Grilled Chicken, Mixed Greens, Sunflower Seeds, Cherry Tomatoes, Pickled Red Onions, Balsamic Vinaigrette	
			Wednesday:	
			Loaded Greek Orzo Salad, Grilled Chicken, Cucumbers, Kalamata Olives, Feta Cheese, Red Onions, Cherry Tomatoes, Lemon Herb Vinaigrette	
			Thursday:	
			Taco Salad, Grilled Chicken, Romaine Lettuce, Cherry Tomatoes, Pickled Red Onions, Shredded Cheese, Fried Tortilla Strips, Chipotle Ranch	
			Friday:	
			Chopped Asian Salad, Grilled Chicken, Romaine Lettuce, Cucumber, Edamame, Crispy Won Ton Strips, Green Onions, Soy Ginger Vinaigrette	
			Promotions	
			In the Know	
			Epicurean Group is a Food Service Management Company headquartered on the West Coast.	
			We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention.	
			We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.	
Epicurean Group at St. Francis Catholic High School				
Your Executive Chef:		Jenn Slaughter		
Café/Catering Manager:		Evelyn Barela		
		(916) 737-5062		

Epicurean Group at St. Francis Catholic High School

Your Executive Chef: Jenn Slaughter

Café/Catering Manager: Evelyn Barela
(916) 737-5062

Menu Key



Vegetarian



Vegan



Organic



Free Range



Grass Fed



Cage Free



Contains Gluten