



ST FRANCIS
CATHOLIC HIGH SCHOOL

- ✓ **HAVE FUN!**
- ✓ **MAKE FRIENDS!**
- ✓ **GET INVOLVED!**

New Family Guide
2024-2025

WWW.STFRANCISHS.ORG

TOP FIVE TROUBIE PARENT RESOURCES



**The answers to nearly all of your questions
can be found here:**

- 1.** WWW.STFRANCISHS.ORG/PARENTS
- 2.** STUDENT-PARENT HANDBOOK
- 3.** PARENT NEWSLETTER (weekly each Friday of academic year)
- 4.** WEBSITE CALENDAR
- 5.** YOUR STUDENT*

*We encourage our students to take the lead when troubleshooting their academic schedule, curriculum and grading questions, dress code, discipline questions, their Christian Service hours, and Wellness consults.

TECHNOLOGY RESOURCES

Links to all of these pages can be found on:
WWW.STFRANCISHS.ORG/PARENTS

- 1** **Camp Brain:**
Retreat sign-ups
- 2** **FinalForms:**
Back to School and Athletic Forms
- 3** **MVP:**
Sign up and track family service hours
- 4** **MySchoolBucks:**
Manage school lunch accounts
- 5** **Naviance:**
College planning platform
- 6** **Powerschool:**
View attendance, transcripts and schedules
- 7** **Schoology:**
View grades, assignments, and class information
- 8** **Chromebooks:**
All students will use school-issued Chromebooks on campus. Please see our website for information on recommended Chromebook insurance.

HAVE FUN!
MAKE FRIENDS!
GET INVOLVED!



It's not just your Troubie who is joining a new community – as our mission states, we are also here to serve St. Francis families. We want you to experience the same sense of community and belonging that your daughter will. You'll develop some awesome friendships with other families as you cheer on your students together, enjoy a great performance or serve alongside each other. Our family service requirement provides you an opportunity to work alongside other parents as well as our amazing faculty and staff.

We'd love to have you on campus, whether that is joining us for one of our **Masses**, attending the bi-annual "**Meet a Parent/Grandparent for Lunch**" day, or our very unique **SWAP (Switch with a Parent) Day**.

Come and have fun with us by attending some of our great events, including our two awesome fundraising events: the most renowned **Crab Feed** in the area and the high-energy **Auction, Dinner & Dance Party**. There are lots of wonderful ways to get involved and be an active part of the **TROUBIE FAMILY!**



PARENT GROUPS

There are six different parent groups for you to choose from should you decide to use your time and talent with your fellow Troubie parents: Black Parents Group, Booster Club, Dads' Club, Grandparents' Club, Parents' Guild and Patrons of the Arts. These groups meet monthly and parent service hours are granted for attending meetings! Details can be found in the weekly Parent Newsletter and the online school calendar.

FAMILY SERVICE HOURS PROGRAM



Parent volunteers are an essential part of the St. Francis Catholic High School community. Volunteers are needed throughout the year for many events, including Admissions, Advancement, Academics, Arts, and Athletic events, as well as administrative tasks. St. Francis offers parents a multitude of opportunities to participate in the life of the school, working alongside faculty, staff, and other committed parents for the good of our students and school.

Each St. Francis family is obligated to fulfill a minimum of 25 hours of service each school year. Single parents who are solely responsible for tuition have these hours cut in half. Parents with two or more students must only complete the 25 hours (not double). Grandparents can also help fulfill the family service hour requirement.



THE MOST WONDERFUL TIME OF THE YEAR!

For our Troubies, it's definitely our legendary Homecoming week! October 21-25, 2024 will be a special week of class camaraderie, friendly competition, dress up, dance/skit/entrance prep, and a crazy amount of (really loud) school spirit. Preparations begin weeks in advance and really ramp up the week before with "Dec build" (like creating a small movie set) and rehearsals. It all culminates in the HoCo rally on October 25th, and the Homecoming Dance on October 26th. We're ALL IN: EVERYONE dresses up and participates, including faculty and staff!



UNIFORMS & TROUBIE STORE

Please see the [Student-Parent Handbook](#) for all uniform policies. Uniform purchases can be done online through [Tommy Hilfiger](#).

The [Troubie Store](#) is open each Tuesday from 10:00am to 1:00pm. There is an online pop-up store a few times a year - perfect for the start of school and holiday gifting!



SAVE THE DATE!

Please join us for any and all of these events:

2024

August 19	Sports Fall Season Parent Meeting
August 21	Welcome Mass & Legacy Breakfast
August 21	Counseling Parent Night Presentation
August 27	Back to School Night
September 9	Class of 2028 Parent-Principal Coffee
September 11 & 13	Meet a Parent/Grandparent for Lunch
October 4	St. Francis Day Mass and Celebration
November 1	All Saints Day Mass
November 18	Sports Winter Season Parent Meeting
December 7	Father-Daughter Dance

2025

January 8	Freshman Family Mass
January 22	Parent Night Course Registration Presentation
January 24	SWAP Day
January 25	Crab Feed
February 13-14	Mother-Daughter Retreat
February 24	Spring Sports Season Parent Meeting
March 8	42nd Annual Auction, Dinner & Dance
March 29	Mother-Daughter Ball
April 2 & 4	Meet a Parent/Grandparent for Lunch
May 2	Farewell Mass

**Please consult the online calendar for the most current information*



WHOM DO WE CONTACT?

We have a campus full of helpful people and resources. The Student-Parent Handbook has substantive policy and procedural information for all of these topics, but here is a shortcut of contact info:

ACADEMIC COUNSELING

Troubies should reach out to their assigned Counselor in the Counseling & College Center with questions about their academic schedules and college planning.

ACADEMIC PROCESSES AND POLICIES

Students should consult Schoology and contact their teacher with questions or concerns about curriculum and grading policies for specific classes. For other academic concerns, please contact:

9th and 10th grade: **Assistant Principal Heather Moloney**

✉ hmoloney@stfrancishs.org ☎ (916) 452-3461 ext. 201

11th and 12th grade: **Assistant Principal Julie Van Houten**

✉ jvanhouten@stfrancishs.org ☎ (916) 452-3461 ext. 143

ATTENDANCE

Parents/Guardians, call the Attendance Office at (916) 737-5050 by 8:00am on the day of the absence to report the absence or to ask for an early dismissal of their student. Students must sign in and off campus at all times.

ATHLETICS

Please consult www.gotroubies.com for athlete registration, tryout schedules, rosters and schedules. For other questions, please contact:

Athletic Director Ryan Chisolm

✉ rchisolm@stfrancishs.org ☎ (916) 737-5025

CHROMEBOOKS & TECHNOLOGY

Students should contact our **Education Technology Department:**

✉ support@stfrancishs.org ☎ (916) 737-5030

DAILY ACADEMIC SCHEDULES

🌐 www.stfrancishs.org/daily-schedules

DISCIPLINE & SAFETY ISSUES

Dean of Students: Cynthia Cost

✉ ccost@stfrancishs.org ☎ (916) 737-5012

FINANCIAL AID AND TUITION

Student Billing: Michael Gallo

✉ mgallo@stfrancishs.org ☎ (916) 737-5042

MYSCHOOLBUCKS ACCOUNTS FOR SERRA COURT CAFE

🌐 myschoolbucks.com ✉ parentsupport@myschoolbucks.com

PARENT SERVICE HOURS & MVP ACCOUNTS

✉ volunteerhours@stfrancishs.org

RETREATS & CHRISTIAN SERVICE HOURS

Director of Campus Ministry: Stephanie Villanueva

✉ svillanueva@stfrancishs.org ☎ (916) 737-5053

WELLNESS OFFICE

For student personal crisis or mental health support: Students and parents should reach out to:

Wellness Counselor: Ms. Kym Weinandy

✉ wellness@stfrancishs.org ☎ (916) 737-5094

Additional student-led Peer Team support is available.

OUR TEAM



Dr. Fadia Desmond
PRESIDENT/CEO



Elias Mendoza
PRINCIPAL/COO



Heather Moloney
ASSISTANT PRINCIPAL 9-10



Julie Van Houten
ASSISTANT PRINCIPAL 11-12



Cynthia Cost
DEAN OF STUDENTS



Ryan Chisolm
ATHLETIC DIRECTOR



Michael Gallo
STUDENT BILLING



Stephanie Villanueva
DIRECTOR OF CAMPUS MINISTRY

OUR TEAM



Cassy McGreevy
DIRECTOR OF STUDENT ACTIVITIES



Kymberly Weinandy
WELLNESS COUNSELOR



Nora Anderson
COUNSELOR



Joe Poggi
COUNSELOR



Debbie Austin
COLLEGE ADVISOR



Naomi Lee
COLLEGE ADVISOR



Sarah Hamilton
FRONT OFFICE ADMIN. ASST.



Rachelle Parrow
ADMIN. ASST. TO THE DEAN

FOLLOW US

If you want to truly see what Troubie life is all about, follow us on social media! You'll learn all about what our amazing students are up to and all the ways we celebrate the sisterhood and legacy of St. Francis.



sfhs_troubies (Main)
sfhstroubies (St. Francis Athletics)
sfhszoo (St. Francis Student Activities)



SFHS.Sacramento (Main)
SFHS.Athletics (St. Francis Athletics)



www.stfrancishs.org



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