

# ST FRANCIS CATHOLIC HIGH SCHOOL



Forming Future-Ready  
Women for Lives of Impact

**2024-2025**

*Explore Your Purpose.  
Find Your Community.  
Discover Your Joy.*

## ABOUT

St. Francis Catholic High School, established in 1940, is a four-year, all-female college preparatory high school. It is the only Catholic high school in Sacramento affiliated with the Diocese of Sacramento and serves young women hailing from more than one hundred private and public feeder schools in the California counties of Sacramento, Yolo, El Dorado, Placer, Yuba and Solano.

## MISSION

St. Francis Catholic High School is a diocesan college preparatory school dedicated to serving young women and their families who seek a community of faith, excellence, leadership and service, grounded in the teachings of Jesus Christ. In the spirit and charism of Saints Francis and Clare of Assisi, we form students who share their gifts and talents as models of Pax et Bonum.

OUR

STUDENTS

**733**  
Students  
(203 seniors)



**68**  
Zip Codes



Admission to St. Francis is selective and based on a placement test, previous school record and recommendation.

**62%**  
Catholic

## Religious Traditions

**38%**  
Other Faiths



## Racial Backgrounds

Multi-Ethnic	17.74%
Asian	12.55%
Black/African American	2.73%
Hispanic	12.55%
American Indian	.41%
Pacific Islander	1.09%
White/Caucasian	52.93%



## OUR ACADEMICS

Member of National Honor Society and California Scholarship Federation

**22**  
average  
class size

16:1 Student to teacher ratio  
48 Instructors  
6 Counselors  
46 with advanced degrees

**99%**  
attend  
college

89% Attend 4-year Colleges  
11% Attend 2-year Colleges

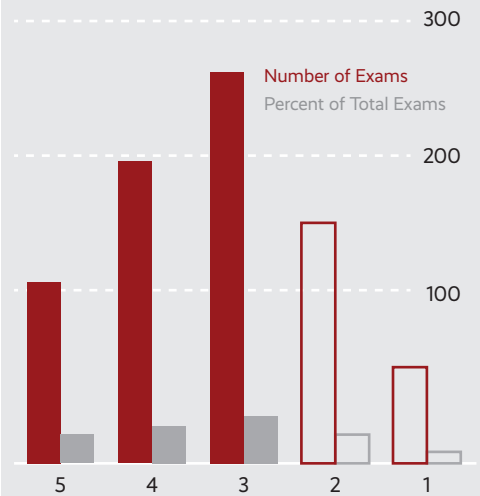
**56**  
AP  
scholars

42 AP Scholar with Honors  
56 AP Scholars with Distinction  
12 Seal of Biliteracy Honorees

### Advanced Placement Exams

356 students completed  
713 exams in 2024.

82% of total AP Students earned  
passing scores of 3 or higher.



### Grading System

A-F letter grades

GPA points:  
A = 4, B = 3, C = 2, D = 1, F = 0

Honors/AP Grades:  
A - C: weighted 1 point

PE, Sports, Academic Teams,  
and Student Intern are not  
calculated into the GPA.

**23**  
AP  
classes

13 Honors Courses

**1**  
national merit  
semi-finalists

6 National Merit Commended Students  
1 National Indigenous Recognition Award  
4 National Hispanic Recognition Awards

## GRADUATION REQUIREMENTS

A minimum of 240 credits is required for graduation. Each semester of coursework earns 5 credits

**Theology**  
8 semesters

**Fine Arts**  
2 semesters

**Modern & Classical Language**  
4 semesters

**Physical Education**  
3 semesters

**Health**  
1 semester

**Electives**  
3 semesters

**English**  
8 semesters

**Social Studies**  
7 semesters

**Mathematics**  
6 semesters

**Science**  
6 semesters

SFHS regards a total of eight (8) honors/AP courses taken in the sophomore, junior and senior year as a most rigorous course of study. We recommend students take no more than three (3) honors or AP courses per year, however, students may enroll in no more than four (4) per year.

### HONORS COURSES

Great Books • French 3 • Spanish 3  
Biology • Chemistry • Physics • Integrated Math 3  
Precalculus • Art History • Advanced Studio Art  
Chamber Singers • Theater Arts II  
Chamber Orchestra • Symphonic Band

### ADVANCED PLACEMENT COURSES

English Literature and Composition • English Language and Composition  
Spanish Language • Spanish Literature • French Language • Italian Language • Latin  
Chemistry • Biology • Calculus AB • Calculus BC • Statistics • 2D Art and Design  
3D Art & Design • Drawing • US History • World History • American Government/Politics  
Computer Science A • Computer Science Principles • Seminar • Research

## STUDENT

## LIFE



Concert Choir, Chamber Singers, Honors Chamber Singers, Concert Orchestra, Concert Band, Chamber Orchestra, Honors Chamber Orchestra, Symphonic Band, Honors Symphonic Band, Vocal Solos, Theater Arts I & II, Honors Theatre Arts II, Theater Tech & Design, Apprentice Dance Company, Dance Company, Show Choir, Introduction to Show Choir

### PERFORMING ARTS



Introduction to Studio Art, Digital Film and Animation, Advanced Studio Art, AP 2D Art and Design, AP 3D Art and Design, AP Drawing, Honors Art History

### VISUAL ARTS



65 clubs and 8 academic teams are offered

Academic Decathlon, Cybersecurity, Mathletes, Mock Trial, Model United Nations, MATE ROV Robotics, Science Olympiad, Speech

### CLUBS AND TEAMS

Over 50% Student Body Athletic Participation

3.85 average GPA among student-athletes in 2023-2024



390 Athletes in 2023-2024

Basketball, Cross Country, Diving, Flag Football, Golf, Lacrosse, Soccer, Softball, Swimming, Tennis, Track & Field, Volleyball, Water Polo

CIF Sac Joaquin, Sierra Foothill League 28 Levels, 13 Sports, 200 League Championships, 16 NLLs signed

### ATHLETICS



22,183 service hours completed in 2023-2024

471 non-profit organizations served  
56% serve youth  
12% focus on feeding the hungry  
12% in an educational setting  
9% faith-based organizations  
11% miscellaneous organizations

### CHRISTIAN SERVICE

The Class of 2025 is required to document a minimum of 70 hours of service to 501(c3) non-profit organizations over the 4 years of high school.

Class of 2024 Total Post Secondary Attendance

219

## 2024 COLLEGE

## ATTENDANCE

### Post Secondary Summary

College Attendance for Class of 2024	99% (216)
Four-year Colleges and Universities	89% (192)
University of California	18% (40)
California State University	17% (38)
California Private	11% (23)
Out-of-State Private	17% (36)
Out-of-State Public	24% (53)
International	<1% (1)
Military Academy	<1% (1)
Two-year/Community Colleges	11% (24)
Gap Year/Undecided/Unknown	<1% (1)
Employment	<1% (1)
International Exchange Program Italy	<1% (1)

### CALIFORNIA COLLEGES AND UNIVERSITIES

**California Private:** Chapman (4), Loyola Marymount (3), Pepperdine (1), Point Loma (1), Saint Mary's (2), Santa Clara (2), Stanford (1), U of San Diego (2), U of San Francisco (3), USC (3), University of the Pacific (1)

**California CSU:** Cal Poly Pomona (2), Cal Poly SLO (10), Chico (5), Monterey Bay (1), Sacramento (11), San Marcos (1), Stanislaus (1), San Diego (5), San Francisco (2)

**California UC:** Berkeley (8), Davis (8), Irvine (3), Los Angeles (6), San Diego (6), Santa Barbara (5), Santa Cruz (4)

**California Community Colleges:** American River (5), City College San Francisco (1), Cosumnes River (3), Feather River (1), Folsom Lake (8), Grossmont (1), Sacramento City (1), San Diego Mesa (1), Santa Barbara City College (2), Santa Rosa (1)

### OUT OF STATE COLLEGES AND UNIVERSITIES

**Out-of-State Private:** American (1), Baylor (2), Colby College (1), DePaul (1), Georgetown (1), Gonzaga (2), Grinnell College (1), Harvard (1), Hofstra (1), Mount Holyoke College (1), New York University (4), Northeastern (1), Reed College (1), Regis (1), Rice (1), Sacred Heart (1), Seattle (2), Southern Methodist (2), Syracuse (1), Texas Christian (5), George Washington (1), U of Chicago (1), U of Denver (1), U of Portland (1), Xavier (1)

**Out-of-State Public:** Boise State (1), Clemson (1), Coastal Carolina (1), Colorado State (1), Michigan State (1), Oregon State (1), Purdue (1), Southern Oregon (1), U of Alabama (2), U of Arizona (4), U of Colorado Boulder (4), U of Hawaii (2), U of Maine (1), U of Michigan-Ann Arbor (1), U of Mississippi (3), U of Nevada- Las Vegas (1), U of Nevada-Reno (4), U of North Carolina - Chapel Hill (1), U of Oklahoma-Norman (1), U of Oregon (7), U of Tennessee-Knoxville (2), U of Texas- Austin (2), U of Texas-Dallas (1), U of Utah (2), U of Washington (5), Utah State (1), Winthrop (1)

**Out of Country/International:** University College Dublin (1)

**Military Academies:** United States Naval Academy (1)

### ADMINISTRATION

**Dr. Fadia Desmond** *President*

**Elias Mendoza** *Principal*

**Julie Van Houten** *Assistant Principal*

**Heather Robison Moloney '99** *Assistant Principal*

### COUNSELORS

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### COLLEGE ADVISORS

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