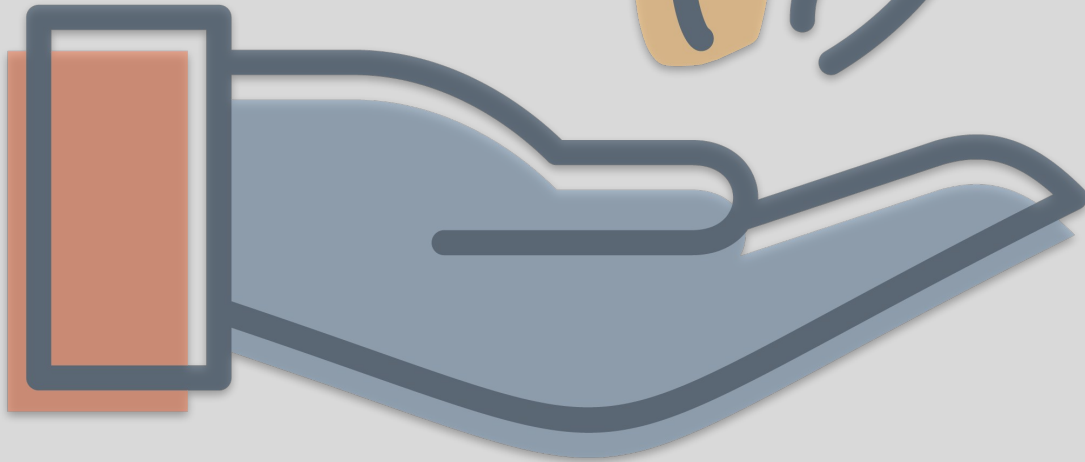




Service Clubs



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A Touch of Kindness

Our Mission: As a daughter of an at home caregiver, it breaks my heart to see the older generation forgotten about and I would love to bring joy to at least one person inside of a care home. It is also very important to remember that you do not know what any of these people have gone through in their life, and that they might have little no visitors. You will be very surprised with how much a smile or a genuine conversation can mean to someone, especially when they haven't felt a deep connection with someone in a long time. Although it may sound hard to relate to the elderly, it is actually shocking how much you have in common with them and how many life lessons you can learn along the way. This will not only teach you things about life, but it will also give another person a second chance at friendship and love.

Description: We would have a meeting once a month and discuss ways to reach out to the elderly community and write letters to our pen pals from an elder care home. When the pandemic goes away I am also planning on organizing a trip to go meet our pen pals and bringing them a care package full of their favorite things.

Meeting Dates and Time: We will meet once a month during lunch time and we will decide a day of the week once we get members and figure out their schedules regarding distance learning.

Club Moderator: Mrs. Kropp
(email:ekropp@stfrancishs.org)
President: Olivia Reed (email:
21reed@stfrancishs.org)

Alaina's Voice!

President: Grace Flesher (22flesher@stfrancishs.org)

Vice president: Lauren Wieser (22wieser@stfrancishs.org)

Moderator: Ms. Harrity (nharrity@stfrancishs.org)

About: Alaina Housley was a victim of the Thousand Oaks shooting at the Borderline Bar and Grill on November 7, 2018. This club is in honor of her, and a branch of the Alaina's voice foundation. Our club will discuss ideas of how we can support our sisters who are struggling with mental health related issues, and we will learn more about different mental health concerns and come up with ideas of how we can support people in our community who are struggling. If you want to learn more about mental health, or just spread some kindness, then you should definitely join:)



Meetings will be once a quarter at 2:10 on Wednesdays, dates TBD

Our Goal: To educate about mental health and improve the mental health of our community through kindness!



The Animal Service and Education Club

Our Mission is to raise awareness and support animal shelters and animals of homeless people. We will address the systemic causes of homeless pets and problems shelters face.

Our Goals are to partner with services such as the Sacramento SPCA, Pets of the Homeless, and Red Rover. We plan to have activities throughout the year such as making no-sew blankets, folding newspapers for shelters, making dog treats and bringing in speakers to educate us about issues surrounding homeless pets. We will also plan weekend service trips as a group, and will provide club members with volunteer opportunities

Presidents:

Isabella Henderson
Olivia Simon
Alaze Benson

Moderator:

Mrs. Hunt

Meeting Date & Time:

ASEC will meet once a month
on Mondays at 2:15-3:00

Emails:

22henderson@stfrancishs.org
22simonoli@stfrancishs.org
22benenson@stfrancishs.org
vhunt@stfrancishs.org

Club Description: Working closely with our sister school in Ghana, we as a school, raise funds for Saint Francis students in Ghana, Africa to achieve the same opportunities we are presented with at SF in Sacramento. In this club, we will discuss creative ways to engage SF to have a closer community with Saint Francis in Ghana. We will also learn about the beautiful Ghanaian culture together, and be introduced to girls our age from our sister school!



Main Goal: My main goal this year is to make this club more than just finding ways to raise money to send over to our sister school. I was given the opportunity to visit the school last November so I got to be immersed in Ghanaian culture; however, I still only know what I experienced and I would love to learn more about the culture with the members of this club.

Ghana Club

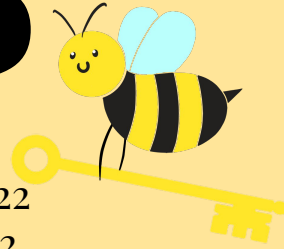


President: Emma Houle
22houle@stfrancishs.org
Moderator : Mr. Tholcke
stholcke@stfrancishs.org

Meetings: I plan on meeting with the club on the first Monday of every month at 2:30 unless other conditions change this.



KEY CLUB



CLUB DESCRIPTION: Key Club is an international, student-led organization that provides its members with opportunities to provide service, build character and develop leadership!

YOUR LEADERS:

Prez - Isabela Tuazon '22

VP - Anna Karlshoej '22

Secretary - Aubrey Spowart '23

Treasurer - Laila Hadid '22

Editor - Caroline Murdoch '22

Moderator - Mrs. Ferrara































VALUES: Leadership, character building, caring, inclusiveness

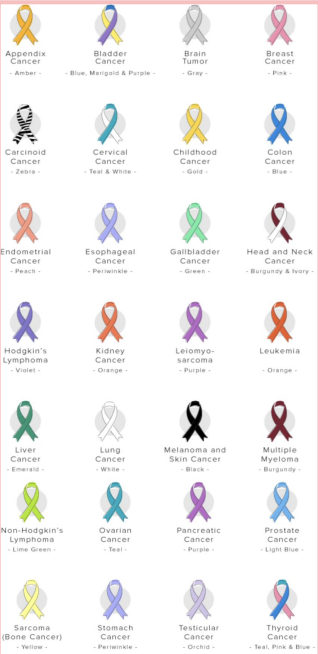
OUR VISION: We are caring and competent servant leaders transforming communities worldwide

OUR MOTTO: *Caring- Our way of life.*

The Hope Project

Our Mission: The Hope Project is a club that spreads awareness and provides Troubies with information about the cancers that specific months celebrate. Cancer is the leading cause of death in the U.S. and 2 people die of cancer every 9 minutes. These statistics are NEED to be talked about. Spreading awareness about these cancers is extremely important because knowledge truly is power. This means that understanding the disparity of these critical situations will help Troubies to take action and promote advocacy.

| Calendar of Cancer Awareness Months | | | |
|--|---|---|--|
| January | February | March | April |
|  Cervical Cancer | National Cancer Prevention Month  Gallbladder/Bile Duct Cancer |  Colorectal Cancer  Kidney Cancer  Multiple Myeloma |  Testicular Cancer  Esophageal Cancer  Head & Neck Cancer |
| May | June | July | August |
|  Melanoma and Skin Cancer  Brain Cancer  Bladder Cancer |  National Cancer Survivor Month |  Sarcoma/ Bone Cancer | |
| September | October | November | December |
|  Childhood Cancer  Uterine Cancer  Leukemia  Lymphoma  Ovarian Cancer  Prostate Cancer  Thyroid Cancer |  Breast Cancer  Liver Cancer |  Pancreatic Cancer  Lung Cancer  Stomach Cancer  Carcinoid Cancer  Honoring Caregivers |  <p>WE'RE IN BUSINESS TO END CANCER 1-888-348-HOPE www.choosehope.com</p> |



This club will also be working closely with the Leukemia and Lymphoma Society and members will learn how they can take action and promote awareness about cancer. You can take part in the fight against cancer!

President: Anna Karlshoej
Vice President: Isabela Tuazon
Moderator: Mrs. Stone



Mission Statement:

The goal of our club is to grant the wish of a child participating in the Make-A-Wish program. Participants of the club will be asked to raise awareness to the goal and ideas of Make-A-Wish. As club members, you would also be asked to come up with ideas for fundraising, and would participate in granting a wish to a child.

Meeting Times:

The Make-A-Wish will be **meeting twice a month, from 2:15-3:00 on Mondays.**

Presidents:

Evelyn Stacy & Manasi Chintalapathi

Moderator:

Sister Mariana

Emails: 22stacy@stfrancishs.org

22chintalapathi@stfrancishs.org

mmcglynn@stfrancishs.org

Saint John's Program for Real Change Service Club

Saint John's Service Club is a club that partners with Saint John's Program for Real Change to serve the community of mothers and children at the shelter found at Saint John's. We have been working on special ways to contribute through distance learning such as starting a pen pal program with the children and making craft kits for them. The goal of this club is to give back and make a difference in the community while knocking out some service hours in a fun and rewarding way!

Club Leaders: Grace Bashore, Thalia Bower, Emma Giordano, Andrea Kustic

Club Moderator: Señora Vargas
(evargas@stfrancishs.org)

Meetings: quarterly, 2:30, days TBD

