

St. Francis

CATHOLIC HIGH SCHOOL



Viewbook 2017-2018





AT ST. FRANCIS,
WE GRADUATE YOUNG
WOMEN WHO WILL
change the World!





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Welcome!

We are happy that you are considering St. Francis Catholic High School. We hope you get the opportunity to explore our beautiful campus, experience our faith-based community, meet our outstanding faculty and staff, and feel the excitement of our all-girl environment.

We know that choosing the right school is a huge decision. Finding a place that speaks to you and becomes like a second home is something we hope you can discover in St. Francis. We are more than just a school—we are a community that supports young women spiritually, intellectually, creatively, physically, and socially.



We encourage all of our prospective students to spend a shadow day on the St. Francis campus experiencing the advantages of a single-gender classroom, enjoying lunch in Serra Court, and being immersed in the Troubie experience.

We know first-hand that the young women who grace our halls have a once-in-a lifetime experience, one which includes true sisterhood and opportunities for each young woman to discover her own God-given talents to change the world.

It is great to be a St. Francis Troubadour!

In the spirit of Pax et Bonum (Peace and Goodness),

Theresa Rodgers

Theresa Rodgers
President

Elias Mondoza

Elias Mondoza
Principal

Our Mission

St. Francis High School is a Catholic diocesan college preparatory school dedicated to serving young women and their families who seek spiritual growth and academic excellence. We are committed to integrating faith with the learning process, promoting the gospel values of Jesus Christ, building community, and providing opportunities for worship. We strive to help each student develop her gifts and talents to become a model of Pax et Bonum (peace and goodness), through leadership and service.



FAST FACTS

Founded	1940
School Colors	Red & Gold
Mascot	Troubadour, a.k.a "Troubie"
Number of students enrolled	1070
Athletics Section	CIF Sac Joaquin Div. 1 (Delta League)
School Day	8:00am-3:00pm
Dress Code	School Uniform
Number of Honors and AP classes	28
2017-2018 Tuition	\$13,600
Percentage of students receiving tuition assistance	29%
Student/Teacher Ratio	1:15
Average class size	25
Number of middle schools represented	124
Percentage of Class of 2017 attending college	99%
Percentage of Class of 2017 attending 4-year universities	90%
College scholarships received by the Class of 2017	\$34 million
Freshmen entering SFHS from public schools	35%
Advanced Placement pass rate	80.4% (vs. 60.2% global average)
Number of grads who committed to play sports in college in the last 5 years	126
Hours of community service in 2016-2017	30,472 hours
Accrediting organizations	Western Catholic Education Assoc. (WCEA) Western Assoc. of Schools & Colleges (WASC)

THE ST. FRANCIS ADVANTAGE

Why an all-girls school?

All-girls schools provide an environment that gives *every girl* an opportunity to showcase her expanding intellect and talents. Our young women create a culture of respect and support shaped by relationships. This experience allows girls to explore and nurture their interests and talents, preparing them for leadership in our global world. At St. Francis, girls are surrounded by role models. **Every valedictorian, team captain, yearbook editor and theatre techie is a girl!**





What is the all-girls advantage?

Professional research points out a few key areas:

- Greater academic *engagement*. Graduates of all-girls schools spend more time studying, doing homework, tutoring other students, and speaking with teachers outside of class.
- Higher SAT scores. Women who attend single-sex schools tend to do better on the SAT, scoring 28-43 points higher than their coeducational counterparts.
- *Leadership*. Ninety three percent of girls' school grads say they were offered greater leadership opportunities than their peers at co-ed schools, and 80% held leadership positions after graduating from high school.
- Graduates of girls' schools account for a significant percentage of women in leadership positions in industry, academia, public life, and other professions.
- Greater interest in graduate school. Nearly three-fourths of girls' school grads consider college a stepping stone to graduate school and girls' school grads are more than twice as likely to earn a doctoral degree.
- STEM (Science, Technology, Engineering, Math) careers. Graduates of girls' schools are *six times* more likely to consider majoring in math, science, and technology compared to girls who attend coed schools. They are also three times more likely to consider engineering careers.

Research includes *The Girls School Experience: A Survey of Young Alumnae of Single-Sex Schools* (Goodman Research Group, 2006) and *Women Graduates of Single-Sex and Coeducational High Schools: Differences in their Characteristics and the Transition to College* (UCLA Graduate School of Education and Information Studies, 2008).

BE PART OF A COMMUNITY

Where do you feel a sense of belonging?

Each year, graduating seniors overwhelmingly report that the sense of *sisterhood* is the “best characteristic of St. Francis.” SFHS prides itself on being a community of *faith, excellence, leadership, and service* — with emphasis on community. The culture of community is fostered through formal and informal assemblies and gatherings, an attractive campus with a welcoming courtyard, and a caring and approachable faculty and staff.

“St. Francis is all about sisterhood. We have a great campus, community, and academic program. Everyone is welcome here!”

Anneke Zegers '19

Western Sierra Collegiate Academy





“The St. Francis community is amazing. Everyone is so loving and willing to help in any way. You should never feel alone because you will have so many people that care about you. The sisterhood is a blessing that will carry through high school and stay with you when you graduate.”

Maddie Bisi '18
Holy Spirit

“St. Francis isn’t just a school; we’re a community. But most importantly, we’re a family. You really don’t realize how close the school is until that first freshman overnight, first day of school, first homecoming rally. Incoming students should know that these will be the best four years of their lives.”

Nicole Young '18
St. Mel

Although they come from more than 120 different partner schools, St. Francis students quickly become “*Troubies*” once they arrive on campus. At orientation freshmen meet their senior *Big Sisters*, who will guide them throughout freshman year. After orientation and freshman family Mass, it’s on to the overnight retreat, where freshmen and their Big Sisters spend the night on campus enjoying fun activities, getting to know their new classmates and starting *lifelong friendships*.

We are blessed to have a wonderfully diverse and robust campus community:

Ethnicity:
57% Caucasian
43% non-Caucasian (*American Indian, Asian, Black, Hispanic, Pacific Islander, Multi-Ethnic*)

Partner Schools:
Troubies come from **120** different partner schools. 32% come from public schools.

Religion:
73% Catholic
23% other faiths



IGNITE YOUR PASSION

How will you nurture your talents?

At St. Francis, education extends beyond the classroom walls as our students are encouraged to develop their talents and discover their *passions* in every area of their lives. Whether they are in the science lab, on the playing field, in the studio, or on a service trip, our students encounter countless opportunities for growth in academic and extracurricular programs.



Nearly **70** SFHS students participate in the *Sports Media Club*.

In the last year TroubieTV broadcasts covered more than **80** Troubadour athletic contests and events like the National Signing Day celebrations. TroubieTV gives girls the opportunity to learn broadcast announcing, sports filming, and production. In addition to showing numerous contests from campus and across the Sacramento region, club members meet monthly to hear from speakers in the media industry.



Academic Teams

Academic teams offer great opportunities to learn more about an area of interest, meet classmates, and compete:

Academic Decathlon
Certamen
Mathletes
Mock Trial

Model United Nations
Robotics
Science Olympiad
Speech



Our campus hosts more than **60** student-operated clubs, providing something for everyone. During Club Rush week in September, Serra Court is filled with club representatives and students can meet club members, learn what the clubs do, and join their favorites!

Some of the many clubs on campus include:

Art Club, Adventure Club, Healthy Lifestyles Club, Italian Club, Mad Scientists Club, Patriots Club, Yoga Club, and many more!



EMBRACE TRADITION

What will be your Troubie memories?

One of the most celebrated aspects of St. Francis is our vibrant campus community, which is fostered and enriched by our long-standing traditions and diverse student activities. St. Francis encourages its students to not only reach out academically, but socially – to explore *new horizons*, to get involved in global concerns, and to help shape ideas and technologies of the future. Nearly all St. Francis girls participate in some form of campus life, helping them nurture their *talents*, develop new interests and life skills, and ignite their passions.

SFHS has a number of traditions that are central to our Catholic identity, including school-wide Masses, prayer services, retreats, and service projects.



There are also many St. Francis traditions that build *community*, celebrate the Troubie *sisterhood*, and make high school a fun-filled four years. Some of our most cherished traditions include:

Mascots

While all St. Francis students are Troubadours, each class chooses a mascot to represent the class during their four years at SF. The class mascot and class colors are incorporated into a jersey worn by all students during Spirit Week and on other occasions. **Current mascots include Squirt, Thumper, Pearl and Simba.**

Honor Guard

The Seniors select an underclassman to carry on their legacy or "honor" at St. Francis after they graduate. Honor Guards accompany graduates at the Farewell Mass.

Father-Daughter Dance

Nearly 1,000 fathers and daughters turn out for the biggest dance of the year!

Freshman Overnight Retreat



Our new Troubies spend the night at St. Francis the weekend before classes begin — getting to know each other, exploring the campus, and having a great time.

Invite a special relative to campus to have lunch, meet your friends, and see our beautiful campus.



Lunch with a Parent/Grandparent Day

Mom Prom

A night of dancing, desserts, and memory making for Troubies and their mother figures.

Birthdays

When you celebrate your birthday at St. Francis, expect your friends to greet you with delicious treats and maybe even balloons. Birthdays are kind of a big deal here!

Open Dances, Junior Prom & Senior Ball

Troubies enjoy formal and informal dances for all class years at St. Francis.

SWAP Day

"Switch With A Parent" Day is one of our most memorable traditions because students get the day off and parents attend class in their place! Some of the parents can even be seen in full St. Francis uniform.

St. Francis is known for the over-the-top, crazy competition of Spirit Week. Classes compete against each other in a canned food drive, wacky sports, and decorating the gym. It all leads to a fantastic Homecoming dance at the end of the week.

Spirit Week and Homecoming



St. Francis Feast Day



This community celebration includes Mass and plenty of food, games, costume contests and prizes.

LEAD THE WAY

What will your future hold?



Empowered and self-assured, our students gain *confidence* and *poise* that last a lifetime. They tackle academic challenges, explore creative and athletic outlets, and enjoy countless opportunities to become *leaders*.

“High school is the time to experience new things and step out of your comfort zone in order to truly get a feel for what you want to do. Everyone at St. Francis is free to express themselves openly. Being crazy and unique is considered to be quite normal at St. Francis. Everyone truly finds where they fit in, and what makes them special. You develop strong friendships that will last forever with people who will always be there to support you.”

Saleena Ordorica '18

St. Joseph



“With the help of SFHS, you have the ability to be the best person you could possibly be.”

Cristina Morales '19

St. John Notre Dame



 sfhsAlumnae



Kayla Wehner, a graduate of Twelve Bridges Middle School, played water polo, was on the swim team all four years and was a member of Model United Nations team at St. Francis. As a youth group leader at her church, she participated in many mission trips to Central America where she served those most in need. Kayla received the United States Navy ROTC Scholarship for the University of Southern California where she will study international relations and foreign affairs.



Kayla Wehner

CLASS OF 2017 VALEDICTORIAN

“Everybody is welcome at St. Francis, and whatever your passion is, you can pursue it. The girls at St. Francis are supportive, not judgmental. There are so many different opportunities at SFHS, and there is a place for everybody. Whether you like the arts, sports, clubs, or academic teams, you will find friends with the same interests and thrive with the help of caring teachers and coaches. The St. Francis administration does not just care about your academic success, they are also there to support you through all aspects of life.”



“St. Francis is unique because it gives you a chance to do everything,” said Wehner. “It is something I really like about the school. With everything you do, you are really able to perform your best. There are friends there to support you along with the coaches and teachers. They are always willing to invest in you in every area, from sports to school to lunches and academics. It is all there and it is fantastic.”

Each of our students become a part of a tradition of extraordinary women — *10,000+ alumnae* of St. Francis who live and work in our community, our nation, and throughout the world. St. Francis graduates have a proud history of nearly 100% college placement at the nation’s finest colleges and universities. Their experiences at St. Francis put their dreams within reach. *#TroubiesForLife*

ACADEMICS

How will you succeed?

As a college preparatory institution, St. Francis provides its students with rigorous academic programs that inspire them to strive for excellence in all areas of their lives. Every young woman at St. Francis receives a *personal* academic experience as a result of the *engaging* instruction and challenging curriculum offered by our exceptional educators. After spending four years in St. Francis' enriching academic environment, our graduates are prepared to enter the world as *lifelong learners*.

1:1 with Google

All St. Francis students are provided a school-issued Chromebook to be used both at school and at home. The Chromebook is a tool that will help advance learning and make the educational experience, in and out of the classroom, a more dynamic one. The objectives of the Chromebook program are to:

- Achieve the 21st-century learning goals of critical thinking, communication, collaboration, and creativity.
- Harness the power of Google Apps for Education.
- Provide educational resources including app-based note taking and organization.
- Inspire creativity and hands-on learning.



C-STEM

St. Francis has partnered with UC Davis to become a C-STEM (Computing, Science, Technology, Engineering, and Mathematics) school. C-STEM is a UC approved educational preparation program for undergraduate admission to all UC campuses. In addition to our extensive Science and Mathematics courses, we offer the following STEM coursework:

- AP Computer Science A
- AP Computer Science Principles
- C Programming (C-STEM)
- Applied Chemistry and Technology
- Biotechnology
- Digital Photography
- Digital Film

St. Francis prepares students for the collegiate experience from the moment they walk through our doors. Our *modified block schedule* closely models what students will encounter when they move on to college. Each class meets three times a week, once for 90 minutes and twice for 55 minutes. We offer an eight block schedule, with most students taking seven classes per semester. That allows for one *free block* that can be used for studying, extracurricular activities, meeting with teachers, or catching up with friends.



Academic Support Resources

St. Francis students are offered a variety of academic support programs to meet their college and career readiness goals:

- ***Troubie Success:*** This three-semester course for freshmen begins in the summer before freshman year and helps students overcome academic challenges and maximize their personal strengths. With a focus on English and Math, students gain study skills and academic content knowledge to support their progress all four years at St. Francis.
- ***Study Skills:*** This semester class is designed to support students in all of their coursework. Troubies learn effective study and test-taking skills and hone their organizational and time management techniques to ensure success across all subject areas.
- ***CSF Tutoring:*** California Scholarship Federation (CSF) tutors offer peer tutoring throughout the school day and after school in all subject areas. Students can be matched with a peer who has successfully completed coursework in the subject area and receive one-on-one assistance and support.
- ***Formal Education Program:*** St. Francis affirms that students with learning differences are given the opportunity to receive a quality Catholic education in a caring environment. For students with documented learning differences, we offer a Formal Education Plan (FEP) which provides appropriate in-class interventions based on the unique learning styles of each student.

Graduation Requirements

Each semester course is worth 5 credits and yearlong courses are 10 credits.

English	4 years (40 credits)
Theology	4 years (40 credits)
Mathematics.....	3 years (30 credits)
Science.....	3 years (30 credits)
Social Studies.....	3 ½ years (35 credits)
Modern & Classical Languages	2 years (20 credits)
Visual & Performing Arts	1 year (10 credits)
Physical Education*	3 semesters (15 credits)
Health.....	1 semester (5 credits)
Electives.....	2 semesters (10 credits)

**Students who play a sport at St. Francis may have their PE requirement waived in the semester in which they compete.*

For more information about our graduation requirements, please visit: www.stfrancis.org/graduation-requirements



AP and Honors Classes

SFHS offers 28 Advanced Placement and Honors Classes:

AP

English Literature & Composition
 Spanish 4
 Spanish Literature
 French 4
 Chemistry
 Biology
 Calculus AB
 Calculus BC
 Studio Art
 US History
 World History
 American Government & Politics
 Computer Science
 Computer Science Principles
 Art History

Honors

Great Books
 American Literature
 French 3
 Spanish 3
 Italian 4
 Latin 4
 Biology
 Chemistry
 Physics
 Geometry
 Algebra 2
 Precalculus

In 2017, **367** St. Francis students completed 606 AP exams, with 80.4% pass rate (*compared with 62.3% of students in California and 60.2% of students globally*).



College Acceptance Stats

99% The percentage of 2017 grads who are attending college immediately after graduation

\$34 million The value of scholarships offered to the 244 members of the Class of 2017

90% The percentage of 2017 grads attending four-year universities

39% The percentage of 2017 grads attending a school out of state

Over the last 5 years, St. Francis students have been accepted at more than **225** different colleges. College acceptances over the last 5 years include:

American University
 Arizona State University
 Baylor University
 Berklee College of Music
 Boise State University
 Boston College
 Boston University
 Brown University
 Bryn Mawr
 California Institute of Technology
 California Polytechnic State University, San Luis Obispo
 California State Polytechnic University, Pomona
 California State University, all campuses
 Case Western Reserve University
 Chapman University
 Claremont McKenna College
 Clemson University
 Colorado State University
 Columbia University
 Cornell University
 Creighton University
 Dartmouth College
 DePaul University
 Duke University
 Embry-Riddle Aeronautical University
 Emory University
 Fordham University
 Georgetown University
 Gonzaga University
 Harvard University
 Harvey Mudd College
 Hawaii Pacific University
 Howard University
 James Madison University
 King's College London
 Lewis & Clark College
 Louisiana State University
 Loyola Marymount University
 Loyola University Chicago
 Loyola University New Orleans
 Marquette University

Massachusetts Institute of Technology
 Michigan State University
 Mount Holyoke College
 New York University
 Northeastern University
 Northern Arizona University
 Occidental College
 Oregon State University
 Pepperdine University
 Pitzer College
 Pratt Institute
 Princeton University
 Purdue University
 Quinnipiac University
 Regis University
 Rensselaer Polytechnic Institute
 Rutgers, The State University of New Jersey
 Saint Mary's College of California
 San Diego State University
 San Francisco State University
 Santa Clara University
 Scripps College
 Seattle University
 Seton Hall University
 Sonoma State University
 Spelman College
 Stanford University
 Syracuse University
 Texas A&M University
 Texas Christian University
 The Catholic University of America
 The George Washington University
 The Ohio State University
 The University of Alabama
 The University of Arizona
 The University of Iowa
 The University of North Carolina at Chapel Hill
 The University of Texas, Austin
 Tulane University
 United States Air Force Academy
 United States Military Academy - Army

United States Naval Academy
 University of British Columbia
 University of California, all 9 campuses
 University of Chicago
 University of Colorado at Boulder
 University of Denver
 University of Edinburgh
 University of Hawaii at Manoa
 University of Idaho
 University of Kentucky
 University of Miami
 University of Michigan
 University of Minnesota
 University of Mississippi
 University of Nebraska at Lincoln
 University of Nevada, Las Vegas
 University of Nevada, Reno
 University of Notre Dame
 University of Oklahoma
 University of Oregon
 University of Pennsylvania
 University of Portland
 University of Puget Sound
 University of San Diego
 University of San Francisco
 University of South Carolina
 University of Southern California
 University of St. Andrews
 University of the Pacific
 University of Virginia
 University of Washington
 Vanderbilt University
 Villanova University
 Washington State University
 West Texas A&M University
 West Virginia University
 Whitman College
 Willamette University
 Worcester Polytechnic Institute
 Yale University

GUIDANCE & WELLNESS

Resources and Support

With *eight* counselors on site, our Guidance & Wellness Departments assist St. Francis students as they navigate SFHS, discern their goals, and plan for their futures. Students are assigned one consistent counselor to work with during their entire high school experience. This *four-year connection* nurtures our students as they transition through the academic and social expectations of high school. It also makes the college counseling process more personal and enables each SF student to find the best *individual* college fit. In addition to our four class counselors, St. Francis has two college advisors and two wellness counselors.



"The staff always supports you and wants to recognize you for your achievements. My teachers will meet me one-on-one any time to go over material with me. This is so special, it shows me that the teachers love to teach and want to help me to succeed!"

Emily Travis '19
Presentation

The Guidance & Wellness Departments provide:

- College counseling
- Academic advising
- Standardized testing sequence and preparation
- Small-group guidance sessions
- Personalized one-on-one guidance meetings
- Wellness counseling
- Troubie College Day for students and parents
- Guidance Night for Parents (all 4 years)
- Paying for College Workshop
- Individualized high school guidance counselor letters of recommendation created for each senior
- College fairs and college representative visits on SFHS campus during the school day
- Coordination with families to create Formal Education Programs for students with diagnosed learning differences

For a complete listing by grade, visit www.stfrancis.org/guidance.



"St. Francis is a place where you will get love and support from your teachers and classmates. We're encouraged to achieve our full academic potential while maintaining a balance with our social and spiritual needs."

Yasmine Mahmoudieh '18
Cavitt Junior High



"The teachers at St. Francis really care about your success as an individual and take time to help you when you are struggling. The faculty is filled with caring people who are always there for you."

Penelope Zavala '18
St. Ignatius

ATHLETICS

Skill and Technique

Our Athletic programs emphasize the total education of the young woman by fostering team-building, self-discipline, and *confidence* on and off the court and field. Nearly *46%* of our students participate in one or more of the *12 sports* available on campus, with most competing at regional and state levels.

With one of the top female sports programs in our Section and the state, SFHS consistently produces college-level athletes. In the last four years, *126* students committed to play collegiate sports, including *19* members of the Class of 2017.



91 Section Titles

St. Francis has won more CIF Sac-Joaquin Section titles than any other girls' sports program in the area, participating in the highly competitive Delta League. In 2016 our basketball team was the Northern California Division 1 Champion!



Team Sports

Fall

- Cross Country
- Golf
- Tennis
- Volleyball
- Water Polo

Winter

- Basketball
- Soccer

Spring

- Diving
- Lacrosse
- Softball
- Swimming
- Track and Field

 [SFHS.Athletics](https://www.facebook.com/SFHS.Athletics)

 [sfhstroubies](https://www.instagram.com/sfhstroubies)

 [SFHSSacSports](https://twitter.com/SFHSSacSports)



THE ARTS

Expression and Creativity

The Arts programs at St. Francis Catholic High School impart students with lifelong skills by inviting them to *express* themselves, cultivate their *imaginations*, and find *inspiration* in the world around them.



This year St. Francis held the second Arts Recognition Ceremony to celebrate those graduates who committed to the Arts by majoring in an Art form in college. We honored **21** graduates from the Class of 2017 who chose college majors including Fine Arts, Photography, Graphic Design, Art History, Musical Theatre, Screenwriting, Dance, Technical Theatre, Film, Acting, and Music Education.

St. Francis students enjoy courses in the following performing arts:

- ♥ Concert Choir
- ♥ Chamber Singers
- ♥ Show Choir
- ♥ Orchestra
- ♥ Theatre Arts
- ♥ SF Players
- ♥ Apprentice Dance
- ♥ Dance Company
- ♥ Intermediate Dance Techniques



Our *500-seat* theatre and the Black Box performance space provide wonderful options for Troubies. Interested students can go behind the scenes and work with the technical director on sets, lights and sound. The fall musical and spring play are extracurricular and students do not need to be enrolled in an arts course to audition or work on the crew.



Visual Art course offerings include:

- ♥ Painting
- ♥ Drawing
- ♥ Figure Sculpting
- ♥ Digital Photography & Film
- ♥ AP Studio Art
- ♥ Art History



"As an incoming freshman, you will be supported and shown the ropes- don't worry about making mistakes! St. Francis is a safe place for you to try new things and find new talents and interests."

Grace Conlin '18

Stella Maris Academy, La Jolla



CAMPUS MINISTRY

Service in Action

Campus Ministry is a focal point of the Troubie experience at St. Francis Catholic High School. The SFHS Campus Ministry office strives to assist each student along their own *personal faith journey* and foster a campus community that shares in the mission of the global Catholic Church.

 SFHSministry

 sfhsministry

 sfhstroubies



Christian service allows our students to expand their worldview, *explore* their gifts and talents, and *directly serve* others through work that emulates the life and ministry of Jesus Christ and our patron, St. Francis of Assisi. The service hour requirement for SFHS students is based on grade level:

- Freshmen - 10 hours
- Sophomores - 15 hours
- Juniors - 20 hours
- Seniors - 30 hours



In the 2016-2017 school year, Troubies logged *30,472 hours of service* to non-profit organizations locally and across the country.

SFHS students in their junior year can participate in *service trips* to destinations including New Orleans, New York (the Bronx), San Diego, San Francisco, Winnebago, Nebraska and other locations.



“You really grow in your faith while at St. Francis. Through theology classes, Masses and retreats, I have truly grown in my spirituality, and I’ve become much closer to God than I was before coming here. I believe many new students will go on the same spiritual journey.”

Natalie Bourgeois '17
Bradshaw Christian School

TROUBIE PRIDE IS ALIVE!



What do Troubies wish people knew about their school?

"St. Francis High School is the best learning environment you could ask for. The array of course options, caring teachers, rigorous academics at every level, and the all-girls setting helps you strive to be your best self in everything you do."

Sophia Nguyen '18

Merryhill Prep



Caitlin Cook '19

Holy Trinity

"When students come to St. Francis, it's not just a high school but a family."



"I chose to attend St. Francis after seeing the way the girls greeted me as an eighth grader when I first visited the campus. Even without being a part of the school yet, I was treated with care and felt a true sisterhood. St. Francis girls stand out to me both at school and in public – always kind, and young women who look to change the world and make it a better place. Through this, and of course the amazing school pride all girls at SF successfully demonstrate, I personally felt St. Francis was the best fit for me athletically, academically, and spiritually and I have enjoyed every moment spent as a student at SFHS."

Tallulah Bajar '19

Holy Spirit

"There is so much to be a part of at St. Francis that no girl ever has to worry about finding a place where she belongs, because above all else, every girl belongs to the Troubie sisterhood - and not just for high school, but for the rest of her life."

Kimberly Riley '20

St. Mary

"Most high schools don't have such school spirit and sisterhood. It is not considered lame or bad to dress up on spirit days, to yell the loudest during the rallies, or to sing at the top of your lungs. St. Francis offers

Carson Killer '20

St. Alban's Country Day

you a place where you can wholeheartedly be yourself without worrying about being 'cool.' This is what makes it unique."

Want to learn more about becoming a Troubie?

www.stfrancishs.org/admissions • admissions@stfrancishs.org • (916) 737-5040